

École Secondaire
Belmont
Secondary School



GRADE 9
COURSE SELECTION GUIDE
2020 - 2021

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<http://belmont.sd62.bc.ca>

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INFORMATION FOR PARENTS AND STUDENTS

Belmont Secondary School offers an outstanding range of academic and elective courses for all students. The course description booklet provides details for students about the courses offered. The choices students make ultimately determines how the timetable is constructed each year. It may not always be possible to offer all the courses listed in the booklet. For example, if a course has insufficient enrollment, it will not be offered. Students may need to be flexible in adjusting to alternate course selections they will be asked to list along with their choice selections. **Make course selections carefully and please be aware that requests for course changes after the timetable is built will only be granted in exceptional circumstances.**

Students, please consult with your parent/guardian as you make your course selections for next year. Our Counsellors will meet with students during and after course selection to ensure they have chosen the appropriate courses in order to meet the [graduation requirements as per the Ministry of Education](#).

Thanks for your support through this process.

Mr. Jim Lamond
Principal



Belmont's Original Crest from 1947

Our Mission is.....

Belmont strives to be a community where people feel inspired, acknowledged and supported. Through rich and diverse programs, within an environment of mutual respect, and in cooperation with the community, we will foster the attitudes, skills and knowledge which encourage individuals to risk the untried, and to be independent, life-long learners and productive citizens.

PROGRAM PLANNING INFORMATION

Belmont Counselling Department - Counsellors are an integral part of the academic advising process. Students should meet with their assigned counsellor to plan their programs and review graduation requirements.

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Course Selection - Students in Grades 9, 10 and 11 **MUST** carry full timetables and are **NOT** permitted to have unassigned blocks in their timetables, except for very exceptional circumstances approved by the Principal. Each Grade 9, 10 and 11 student will enroll in a minimum of eight courses. **Grade 12 students will enroll in 8 courses, and undertake a full course load until graduation requirements have been addressed.**

Course Changes - Students should meet with their counsellors prior to the start of the new school year to finalize their course selection. Not all course requests can be accommodated.

Repeating Courses - Students who have failed required courses will be re-scheduled into those courses to meet graduation requirements. Students who have completed a correspondence or summer school course should inform their counsellor to ensure that marks have been recorded and credits have been assigned.

Post-Secondary Admissions - When selecting courses, students should research post-secondary requirements to ensure they are making suitable course selections. Current post-secondary calendars are available online.

Class Size Limitations - When space in classes is limited, priority will be given to students needing the course to meet graduation or post-secondary admission requirements. Students wishing to upgrade previously attempted courses may be admitted depending on availability of space; students may need to consider online or summer school alternatives.

New Registrations – School District #62 Registration is now available online. Please follow this link to register your child, [Student Registration](#).

A **Vice-Principal** will review all applications to determine admission. Upon admission, new students will meet with a counsellor for course selection.

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HOME AND SCHOOL COMMUNICATION

Belmont Secondary School values real-time and up-to-date communication with our students and their caregivers. We are a busy and vibrant school, with amazing student and community opportunities happening throughout the year. Belmont School has several methods to connect with the larger community to ensure that everyone is kept in the loop. The communication tools and links below are the four main methods that the school will send out notifications and news.

- Belmont APP <https://belmont.appazur.com/>
- Belmont Bulletin <https://belmontbulletin.blog/>
- Belmont Website <http://belmont.web.sd62.bc.ca/>
- Twitter <https://twitter.com/belmontsd62?lang=en>

Building Relationships

Regular home and school communication is important to children’s learning. When teachers and parents talk together about student progress, children do better in school.

Developing a strong, positive relationship with your student’s teacher works in everyone’s favour. When caregivers and teachers communicate well and work together, everyone comes out ahead—the student, the caregivers, and the teacher.

Each September offers new opportunities for student success. Beginning the school year on solid and positive footing sets the tone for the rest of the school year. Students, families/guardians and teachers can work together to help children get a good start.

A vital part of building strong relationships within the school is a clear understanding of events and opportunities occurring at the school. Please make use of the above listed methods of communication.

We value communication with our Belmont families as we work together to support students.

Communicating Student Absences:

Please call our attendance line or email letting us know your child is away due to an excused absence or going to be late or leave early. We mark these as excused absences. We will send an email at the end of each day to parents outlining any unexcused absences. Emails do not go home for excused absences.

Attendance Line: **250-478-5501 follow prompts**
email: **belmont@sd62.bc.ca**

To keep up-to-date regarding your student’s progress or if you need to share important information with your student’s teachers, please feel free to email teachers directly.

<http://belmont.web.sd62.bc.ca/parents/teacher-contact-info/>

GRADE NINE COURSE PLANNING

Each Grade 9 student is required to take the following courses:

ENGLISH PROGRAM

English 9
 Social Studies 9
 Mathematics 9
 Science 9
 Physical and Health Education 9
 Career Education 9
 Elective 1 _____
 Elective 2 _____
 Elective 3 _____

FRENCH IMMERSION PROGRAM

English 9
 Sciences Humaines 9
 Mathématiques 9
 Sciences 9
 Physical and Health Education 9
 Career Education 9
 Français Langue 9
 Elective 1 _____
 Elective 2 _____

SPECIAL PROGRAMS

Application Required - see links below

AVID 9 (1 elective)	Baseball 9 Academy (1 elective)	Softball 9 Academy (1 elective)	Hockey 9 Academy (1 elective)
<u>AVID Application</u>	<u>Baseball Academy Application</u>	<u>Softball Academy Application</u>	<u>Hockey Skills Academy Application</u>

ELECTIVE COURSES

Cosmetology 9	Concert Band 9	French 9
Introduction to Esthetics	Concert Choir 9	Japanese 9
Food Studies 9	Introduction to Drumline 9	Spanish 9
Textiles 9	Introduction to Guitar 9	NOTE: Students are encouraged to take a second language as an elective to keep as many post-secondary choices open as possible.
Information Technology 9	Introduction to Music Composition 9	
Metalwork 9	Introduction to Piano 9	
Woodwork 9	Dance 9: Performance	
Athlete Training 9	Dance 9: Company	
Sports Performance 9 - (Basketball, Football, Rugby, Volleyball)	Hip Hop & Conditioning 9	
Lifesaving 9	Drama 9	
Outdoor Education 9	Film Making 9	
Rock Climbing 9	Ceramics & Sculpture 9	
Sustainability 9	Combined Drawing, Painting & Digital Media 9	
ACADEMIC OPTIONS	Visual Arts 9	
Math 9 Introduction (consults with teacher)	Yearbook 9	

COURSES OFFERED OUTSIDE OF THE TIMETABLE

Leadership 9 - yearlong

REQUIRED GRADE 9 COURSES

ENGLISH 9

MEN--09

Recommended Prerequisite: English 8

Description: The English 9 course is designed to build students' skills in the areas of reading and writing, speaking and listening, viewing and representing through various activities and strategies in order to strengthen their literacy and critical thinking. Students will explore each of the choice areas: Composition, Creative Writing, Focused Literary Studies, New Media, and Spoken Language in preparation to enter their preferred areas of choice in English 10.

SCIENCE 9

MSC--09

Recommended Prerequisite: Science 8

Description: This required course is designed to expose students to a variety of topics in the areas of Biology, Chemistry and Physics. The Scientific Method is incorporated as students develop an understanding of the role of science in their surroundings. These topics include elements, the Periodic Table, compounds, chemical formulas, static electricity, current, electric circuits, power, cell reproduction, reproduction in living organisms, solar radiation, ecosystems and sustainability.

SOCIAL STUDIES 9

MSS--09

Recommended Prerequisite: Social Studies 8

Description: The new curriculum will concentrate on the period from 1750-1919, and will include European, Asian, North American and First Nations topics. Social Studies skills introduced in Grade 8 are refined in Grade 9 through an examination of concepts such as: revolution, nationalism, industrialization, colonialism and imperialism. Concepts and skills, together with the discussion of contemporary issues, culminate in the students' ability to transfer knowledge to a real-life situation. Teachers and students have greater opportunity to explore a variety of topics and First Nations issues will be a central theme of the new program.

PHYSICAL AND HEALTH EDUCATION 9

MPHE-09

Recommended Prerequisite: None

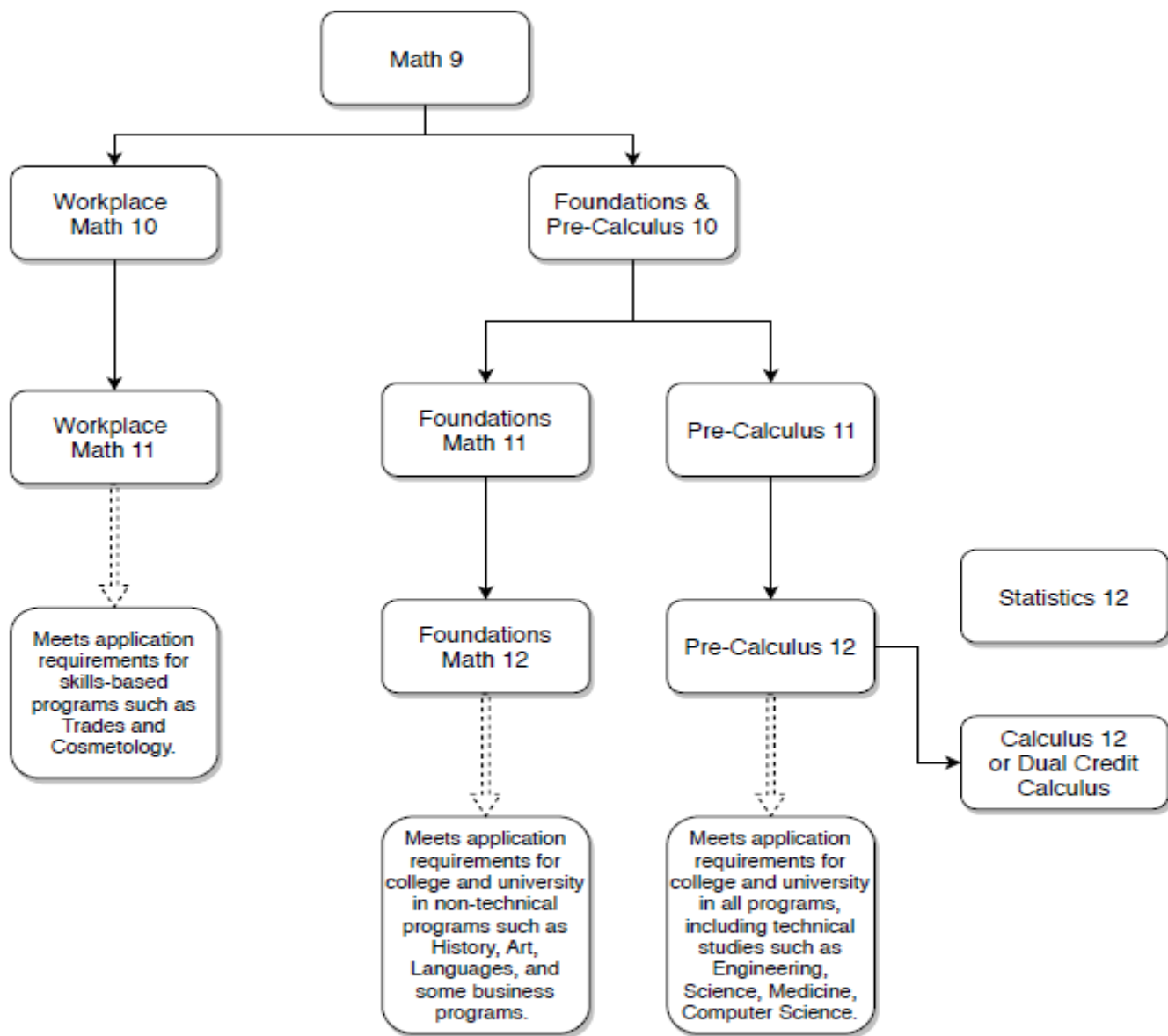
Description: The goal of the PE program is to expand the student's application, understanding and proficiency and leadership qualities through a variety of physical activities. Skills, knowledge, appreciation of team and individual sports, dance, theory, and knowledge related to healthy living will be explored.

CAREER EDUCATION 9

MCE--09

Description: Career Education 9 is integrated in the core subject areas and students will meet the required curriculum through cross-curricular activities in English 9, Math 9, Socials 9 and Science 9. Career Education 9 offers students many opportunities to explore and develop personal interests, passions, and competencies while making connections with learning opportunities necessary for success in school, in the workplace, and in their daily lives.

Mathematics @ Belmont



Thinking about switching pathways?
 Each math pathway has very different course content!
 For example, it is expected that students going into Foundations 11 or Pre-Calculus 11 are confident with the material covered in Foundations & Pre-Calculus 10. If you wish to switch from Workplace to Foundations (or Pre-Calculus), please speak to a math teacher about options.

GRADUATION REQUIREMENTS & POST-SECONDARY ADMISSIONS

To graduate, all students **MUST** complete a Grade 10 Mathematics course as well as another math course at the Grade 11 or 12 level. You might need more than just Math 11 if you plan to attend a post-secondary program. Depending on the school you attend, there could be many Mathematics options available to you, including upgrading if necessary. Students and parents are encouraged to research the admission requirements for post-secondary programs of study as they vary by institution and by year. For specific program requirements, you should contact the specific institution you are interested in.

Frequently Asked Questions by parents:

Your child's education choices after high school depend, in part, on the courses they take in high school. To make an informed decision about which course is best suited for your child, you need to find out as much as you can about each pathway. Parents need to remember that **grade 10 has two courses but there are three pathways in grade 11 to 12**. *Students who choose Grade 10 Workplace Mathematics are strongly recommended to take Foundations and Pre-Calculus Math 10 before attempting to move to the Foundations stream.*

My daughter/son wants to study University Sciences but her teacher has recommended the Foundations stream. What should she/he do?

While Pre-Calculus 11 or 12 will be required for University Science and Engineering programs, it is important to understand the teacher's recommendation. Foundations may have been recommended because your child found the Foundations and Pre-Calculus 10 course overwhelming. It may also be that your child's learning style is better suited to a less theory based course like the Foundations stream. A student can take Foundations Math 11 to improve their skills and understanding, and then take Pre-Calculus 11 the following semester, while still receiving credit for both courses.

Can my child get into university or college without Pre-Calculus 11 or 12?

Yes. There are many different combinations of courses and programs that will allow a student to go to college or university. The specific Math courses that are required by colleges and universities depend entirely on the program a student wants to enter. Some entrance requirements include calculus math courses (Pre-Calculus pathway) and others do not require calculus courses (Foundations pathway). It is crucial that you check the university or the college to find out which Math courses are needed for entry so that you choose the correct path.

What happens if we change our mind about the course decision that we have made?

Your son/daughter should choose the courses that best fit his/her **current** skill level, his/her **current** math interest and best fit his/her **current** post-secondary direction. If, after high school, your son/daughter changes career paths and realizes that he/she needs Pre-Calculus 11 or 12 instead of the Foundations courses taken, or Foundations courses instead of the Workplace Mathematics courses taken, colleges and universities will offer these or equivalent courses for upgrading.

In the event a student obtains a C or less it is recommended that these students either repeat the course to strengthen skills or switch pathways.

Students are responsible for researching entrance requirements for their post-secondary programs and career plans as they vary by institution and by year. Please visit post-secondary institution websites on an ongoing basis to determine requirements for individual programs.

Mathematics 9

MMA--09

Recommended Prerequisite: Math 8

Description: This required course will cover powers and exponents, rational numbers, algebra, polynomials, linear equations, graphing, proportional reasoning, statistics in society, and financial literacy. It will lead towards fulfilling the prerequisites for entry into college, university, technical school or vocational school. Please see the flow chart above outlining the pathways available to students after successful completion of Math 9.

In order to be successful in Foundations of Mathematics and Pre-Calculus 10, **a C+ or better in Math 9 is strongly recommended.**

Assessment: Assignments, quizzes, tests and projects

Final Examination: In-class final exam

Required Equipment: Scientific Calculator

Introduction to Mathematics 9

MMA--09INT

Introduction to Math 9 is a stepping stone to Math 9. Student selection for Intro Math 9 is based on teacher recommendation. Students enrolled in Intro 9 will also be enrolled in Math 9.

Description: Introduction to Mathematics 9 is a course designed for students who have difficulties in Math and need to solidify their basic skills before proceeding to Mathematics 9 or Workplace Mathematics 10. Introductory Mathematics 9 reviews basic numeracy skills, reinforces many of the concepts developed in Math 7 and 8 (operations with negative numbers, fractions, decimals, order of operations) and introduces material to prepare the student for Mathematics 9 (rational numbers, exponents, algebra and geometry). This course is offered in the first semester so that students can take Mathematics 9 in the second semester.

Assessment: Assignments, quizzes, tests and projects

Required Equipment: Scientific Calculator

ELECTIVES

ART

CERAMICS AND SCULPTURE 9

XLDCA09CS

Recommended Prerequisite: A passion for art!

Description: Explore the textural world of clay as you sculpt and construct vessels as well as other architectural forms using basic hand-building methods of slab and coil. Students will also receive instruction of throwing on the potter's wheel – a challenging and exciting process! The course will include glazing (and other methods of finishing clay), kiln use, tool manipulation and preparation for display. Students who work well independently and are open to a variety of possibilities as well as to teacher suggestions, will enjoy this creative course.

MIXED MEDIA ARTS 9

XLDCB09DPD

Recommended Prerequisite: A passion for art!

Description: This course combines traditional drawing and painting with digital media in order to expose students to innovative ways of making art. Some of the media that students may explore includes acrylic paint, ink, charcoal, spray painting, photography, and Adobe Photoshop. Students will also use technology to create a digital art portfolio, prints of their work, and an artist website with the goal of extending art practices beyond the classroom.

Assessment: Projects, personal growth, and completion of art portfolio

Associated Course Fee: \$30

VISUAL ARTS 9

MVA--09

Description: This is a project-based course where students learn new techniques as they develop and create works of art. Some of the media and materials that students may explore include charcoal, paint, spray paint, printmaking, mixed media, ceramics, and sculpture (these may vary from year to year). Emphasis will be given to creative and critical thinking and exploring different modes of communication.

Assessment: Personal artistic development, studio projects, and sketchbook or planning assignments.

YEARBOOK 9

XYB--09

The goal of this course is to produce the school's annual yearbook. The yearbook will be produced on computers.

In this course, students will:

- ♦ Become familiar with Photoshop and InDesign from the Adobe Creative Cloud Suite.
- ♦ Learn elements of graphic design.
- ♦ Acquire skills in photography, page layout, presentation, etc.
- ♦ Improve their written and oral communication skills.
- ♦ Practice their organizational and leadership skills as they plan and carry out the various activities associated with producing a yearbook.

Editors and section heads will form the leadership core who will work with other students inside and outside of class time to complete the yearbook on time and on budget.

This course is designed for students who are self-starters and who are independent and responsible workers. Students who take this course will acquire skills which will be invaluable for entering the workforce or going on to post-secondary education.

Assessment: Based on student contribution to the yearbook in terms of page designs and photography, class assignments, and other projects once the yearbook is completed.

BUSINESS AND COMPUTER TECHNOLOGY

INFORMATION TECHNOLOGY 9

MADIT09

Recommended Prerequisite: None

Description: This course is designed to provide students with a wide range of computer literacy skills. Students will develop knowledge and skills in keyboarding, computer fundamentals, business applications, use of the Internet, and web site design. Possible applications include All the Right Type, Microsoft Office (Word, Excel, PowerPoint, Access), HTML, GIMP, Scratch, Dreamweaver and Flash.

DANCE

DANCE 9: PERFORMANCE

MDNC-09

Recommended Prerequisite: none

Description: Dance 9 Performance classes are open to all grade 9 students, of any gender, with or without previous dance training. This course exposes students to many different dance styles including, but not limited to, jazz, lyrical, hip hop and contemporary. This course aims to enable each student to develop his or her dance technique, muscular strength, flexibility, fitness level and performance skills daily. Students will be required to present learned choreography at several performances during the school year.

DANCE 9: COMPANY

XD---09A

This course runs yearlong with one block in each semester (Dance 9: Advanced and PE9 Dance)

Prerequisite: Previous Dance experience and a successful audition (held in March of 2020).

Description: *DANCE COMPANY is open to Grade 9 to 12 students with advanced dance skills.* Auditions will be held among the applicants to select those with the skill level required for this course. Students are to submit the application form at this link [Belmont Advanced Dance Application Form](#). Applications will be due February 28, 2020, with auditions being held March 2020. Dancers in this class will learn and refine advanced technique in jazz, ballet, hip hop and contemporary. Each student will be encouraged to develop his or her own dance technique, muscular strength, fitness level, flexibility and performance skills. Dancers will participate in the Greater Victoria Performing Arts Festival as well as other community performances. A costume package fee for this course will be charged.

Assessment: Daily Participation, Skill and Technique Tests, Choreography Tests, Performance Evaluations, Self-Assessment, Festival performance and Final Show

Final Exam: January and May Dance Shows

HIP HOP AND CONDITIONING 9

XLDCE09HHC

Recommended Prerequisite: None

Description: Our dance department is excited to offer a new semester class of Hip Hop and Conditioning open to all students in grades 9 to 12, who have a passion for hip hop dance. In this class we will explore the different versions of hip hop in today's dance world: Hip Hop, Breakdance, Contemporary Hip hop, and Street Funk. Dancers will be expected to work on improving their coordination, muscle strength, flexibility, fitness level and dance skills daily. The class will have the opportunity to compete in a local hip hop competition.

Assessment: Daily Participation, Skills Tests, Self-Assessments, Choreography Tests and Final Performance.

HOME ECONOMICS

Home Economics is a practical subject area focusing on two main fields of learning:

- ❖ Foods and Nutrition
- ❖ Textile Studies and Studio Arts

These subjects allow students to enjoy their learning experiences by equipping them with basic skills that can be transferred to general life, be that at home, school or work.

FOOD STUDIES 9

MADFS09

Recommended Prerequisite: None

Description: This course is for grade 9 and 10 students taking Foods for the first time. Learn to make delicious meals, fabulous desserts, tasty snack foods, and develop your passion for cooking as well as advancing your cooking skills and knowledge. Experience cultural food preparation and celebration. Explore food trends, nutrition, and food systems to make wise choices for a healthy lifestyle.

Assessment: Food labs, projects

Course Fee: TBD

TEXTILES 9

MADT-09

Recommended Prerequisite: None

Description: Interested in learning about sewing and other fiber arts techniques, but don't know where to start? Have some sewing skills already, but want to build on them and explore some new ideas? Then this is the course for you. We will be learning a variety of sewing techniques covering both the "fashion" and "fiber arts" areas. This will include construction techniques, project planning and design, and social and cultural influences on our fashion and fiber choices. Note: This course may be offered in conjunction with the Textiles 10-12 courses, dependent upon enrollment.

Assessment: Projects

Course Fee: TBD

LANGUAGES

FRENCH 9

MFR--09

Recommended Prerequisite: French 8

Description:

- An introductory course that emphasizes basic French communication skills
- Emphasis on listening, speaking, reading and writing in French
- Students will learn French through an experiential model that may include gesture
- Themes may include: extracurricular activities, food, family, celebrations, school
- Cultural study on global French language usage

Assessment: Based on speaking, listening, reading and writing.

Final examination: In class

JAPANESE 9

MJA--09

Recommended Prerequisite: None

Description: This course will cover the following topics:

- Basic conversation and communication skills
- Reading and writing of HIRAGANA characters
- Additional learning via movies, animé, games, role-playing
- Cultural activities - calligraphy, origami, tea ceremony,

Assessment: Based on participation, projects, oral and written work, quizzes and tests.

Final examination: In class

SPANISH 9

MSP--09

Recommended Prerequisite: None

Description: A fun and creative introductory class that develops basic Spanish skills:

- Basic conversation and communication skills in Spanish language
- Emphasis on building basic vocabulary, pronunciation and interpersonal communication skills
- A communicative/ experiential approach that incorporates gesture and holistic learning techniques
- Project-based exploration of Spanish culture including making Mexican food
- Themes may include family, school, sports, food, travel and extracurricular activities

Assessment: Students will be offered a variety of ways to express their understanding of the Spanish language and Latino culture. All four aspect of language learning will be assessed (speaking, listening, reading and writing).

Final Exam: In class

MUSIC

Please note that Performance Ensembles operate in a cohort fashion with designated supplementary blocks. The purpose of the second block is to provide a structure for the variety of learning opportunities and activities that occur outside of conventional classes/rehearsals.

CONCERT BAND 9

XBA--09Y

Recommended Prerequisite: Band 8 or permission of the Instructor. Beginners are welcome.

Description: This is a **Year Long performance-based ensemble**. Within the Concert Band setting (woodwinds, brass and percussion), musical and instrumental skills will be developed through the rehearsal and performance of music from diverse styles including present day, classical and traditional Concert Band works. The ensemble rehearses together twice a week with the goal of becoming a cohesive musical unit through both individual and group effort. Students' understanding of music theory will continue to be developed throughout the course.

Extracurricular rehearsals and festival/community performances may be required at times throughout the year.

Assessment: Written work, playing tests, sectionals, practice records, performance and participation.

Final Examination: None

Material Cost: Instrument rental (some instruments are available through the school). \$150/year. Percussionists – annual fee will be \$20 for school year. Uniform rental required. Students must purchase any other supplies such as reeds, valve oil, sticks, etc.

CONCERT CHOIR 9

XC---09

CHAMBER CHOIR 9

XLDCG09CC

Recommended Prerequisite: No experience necessary.

Description: Experience the feeling of singing as part of an ensemble. This **Year Long performance-based ensemble** focuses on contemporary vocal music and offers both an excellent entry-level class for passionate new singers, as well as a home for those with an established love of singing. All that is needed is a love of singing and the desire to make friends and develop one's musicianship! Festival, school, and community performances throughout this year may require occasional extracurricular rehearsals. Through a wide variety of choral styles, students will gain confidence, vocal technique, and skill singing 3 and 4-part harmony.

Assessment: Written work, ear training, vocal tests, sectionals, practice records, participation and performance.

Final Examination: None

Material Cost: Uniform rental required.

INTRODUCTION TO DRUMLINE 9

MMU—09DRL

Recommended Prerequisite: Middle School music experience or permission of the instructor.

Description This is an introductory course (for Grade 9-10 students). Build your musicianship, percussion technique and ability to groove in a group setting. This course is set around the percussion instruments of the drumline (snare, quad-toms, bass drums, cymbals, and auxiliary percussion instruments). Through rehearsal and home practice, students will develop the musical understanding and technique to play infectious and challenging grooves as a tight-knit ensemble. There is a strong emphasis on developing rhythm and note reading abilities and general musical knowledge.

Assessment: Written work, playing tests, practice records, listening assignments, performance and participation.

Final Examination: None

Material Cost: \$45. Students may choose to purchase specific sticks and drumline practice pads.

INTRODUCTION TO MUSIC COMPOSITION 9

XLDCH09MCT

Recommended Prerequisite: Some music experience.

Description: This is an introductory course (for Grade 9-10 students) to Music Composition, in both the classical and contemporary mediums. This course will compliment other musical training that can lead to a profession and/or life-long enjoyment. This course will also study music theory, ear training, dictation, composition, and arranging.

Assessment: Participation and written work.

Final Examination: None

INTRODUCTION TO GUITAR 9

XGUIT09

Recommended Prerequisite: No experience necessary.

Description: This is an introductory course for Grade 9-12 students. A step-by-step method geared towards the absolute beginner. Starting with the basics, students will learn chords, scales, popular riffs, theory, strumming patterns, finger picking, bass lines, note reading, symbols and technical terms, rhythm, maintenance and ear training. The course is structured to teach student to be knowledgeable musicians and to enjoy the opportunity to play great, classic music. The Blues and contemporary songs are used throughout the course to aid in developing technique and facility on the guitar.

Assessment: Written work, Playing tests, practice records and participation.

Final Examination: In Class

Material Cost: Students provide an acoustic guitar.

INTRODUCTION TO PIANO 9

XLDCA09PIA

Prerequisite: No experience necessary.

Description: This is an introductory course for Grade 9-12 students. A step-by-step method geared towards the absolute beginner. Students will learn the basics: melody and chords, hand and finger positioning, theory, composition, symbols and technical terms, sight reading and ear training.

Assessment: Playing tests, written work, practice records and participation.

Final Examination: In Class

Materials Cost: Piano or keyboard for home practice is an asset

PHYSICAL AND HEALTH EDUCATION

ATHLETE TRAINING 9

XLDCA09AT

Recommended Prerequisite: None

Description: This course is geared towards student-athletes interested in developing explosive and functional strength as well as improving speed & agility for their respective sports. The class has a significant power-lifting component.

ROCK CLIMBING 9

XLDCA09RC

Recommended Prerequisite: None

Description: This course aims to help every climber, at every level, develop a well-rounded set of skills and techniques to climb with power, passion and motivation. Students will explore a variety of rock climbing styles and techniques to increase strength, fitness, flexibility, and most importantly, to have fun! Course content will include **bouldering***, **top rope****, rope belaying, equipment setup and risk management. Other content may include route setting, lead climbing and outdoor climbing (availability dependent).

***Bouldering** - a climbing style done on low walls where no rope is required. Route sequences are generally short, dynamic, and require a combination of horizontal, diagonal, or vertical movements.

****Top rope** - a climbing style done on high walls where the climber is attached to a **rope** passing up and through an anchor system, and down to a **belayer**. Routes sequences are generally long and require mostly vertical movement.

Assessment: Personal growth, skill development, effort and participation

Fee: TBD

SPORTS PERFORMANCE 9 - BASKETBALL

XLDCE09BB

Recommended Prerequisite: None

Description: This course is geared towards the basketball player who wishes to improve performance. This will be a multi-graded class. Students will work on basic skills, strategies, and concepts related to these two games. Additionally, students will be able to train using a variety of methods such as weights, and plyometrics to improve performance.

Assessment:

- Term Projects 40%, Participation (BEAP) 20%, Fitness standards 20%
- Students will have input towards the evaluation process 20%

SPORTS PERFORMANCE 9 - FOOTBALL

XLDCE09FB

Recommended Prerequisite: None

Description: This course is geared towards the football player who wishes to improve performance. This will be a multi-graded class. Students will work on basic skills, strategies, and concepts related to these two games. Additionally, students will be able to train using a variety of methods such as weights, and plyometrics to improve performance.

Assessment:

- Term Projects 40%, Participation (BEAP) 20%, Fitness standards 20%
- Students will have input towards the evaluation process 20%

SPORTS PERFORMANCE 9 - RUGBY

XLDCE09RU

Recommended Prerequisite: None

Description: This course is geared towards the rugby player who wishes to improve performance. This will be a multi-graded class. Students will work on basic skills, strategies, and concepts related to these two games. Additionally, students will be able to train using a variety of methods such as weights, and plyometrics to improve performance.

Assessment:

- Term Projects 40%, Participation (BEAP) 20%, Fitness standards 20%
- Students will have input towards the evaluation process 20%

SPORTS PERFORMANCE 9 - VOLLEYBALL

XLDCE09VB

Recommended Prerequisite: None

Description: This course is geared towards the volleyball player who wishes to improve performance. This will be a multi-graded class. Students will work on basic skills, strategies, and concepts related to these two games. Additionally, students will be able to train using a variety of methods such as weights, and plyometrics to improve performance.

Assessment:

- Term Projects 40%, Participation (BEAP) 20%, Fitness standards 20%
- Students will have input towards the evaluation process 20%

TECHNOLOGY EDUCATION

Woodwork and metalwork are offered at the grade 9 level. Students can take one or both of these classes. Interested students can take them as a 'stand-alone' addition to their regular classes or as part of a program leading to a possible apprenticeship.

METALWORK 9

MADM-09

Recommended Prerequisite: A passion for hands-on learning

Description: An introduction to the "riveting" world of metalwork fabrication. Students begin with learning project layout and measurements techniques. Students fabricate projects through a variety metalwork processes including sheet metal fabrication, machining, welding, forge work and jewelry fabrication. Students also examine a variety of metalwork related careers.

Assessment: The evaluation for Metalwork 9 will be based on the following:

- Successful completion of all safety tests
- Safe and respectful metalworking shop etiquette at all times
- Evidence that student used metalwork shop time wisely on project development, towards project completion. Completion of a variety of assigned projects through the use of both hand tools and power equipment
- Quality of completed projects

Final Examination: None

Course Fee: \$30 – Covers cost of material for all assigned projects – further cost will be incurred for students who make additional projects.

WOODWORK 9

MADW-09

Recommended Prerequisite: None

Description: An introduction to the exciting world of woodworking. Students will develop woodworking skills using hand and power tools and machinery while building projects out of wood. A variety of project designs and styles will be explored, learning a variety of techniques. Curriculum topics include historical and cultural contexts of wood use, identification, properties, and uses of various wood species, and issues in wood sustainability.

Assessment: The evaluation for Woodwork 10 will be based on the following:

- Successful completion of all safety tests
- Safe shop and woodworking practices including stock breakout techniques using a variety of stationary machines
- Three completed projects using hand tools, portable and stationary power equipment

Final Examination: None

Course Fee: TBD plus cost of materials for individual projects.

DRAMA

DRAMA 9

MDR--09

Recommended Prerequisite: None

This course is an introduction to upper level theatre courses. Students will gain performance experience in improvisation and scripted scene work, developing skills involving voice, movement, character development and will be introduced to various technical aspects and behind the curtain skills involved in theatre production. Drama 9 is a course that requires performance and participation.

Assessment: Based on daily participation in class activities such as warm-ups, improv and scene assignments. Rehearsals are also evaluated daily throughout scene preparation. Class and public performances and presentations will be evaluated as they occur.

FILM MAKING 9

XLDCA09DFT

Recommended Prerequisite: None

In this course students will be required to work in front of, but primarily, behind the camera. Students will be introduced to the practical functions and maintenance of HD video cameras and equipment and develop the skills necessary to participate in film production. Students will work independently and collaboratively on a series of short video productions to develop their skills in pre-production (planning), production (filming) and post-production (editing) where they will learn editing techniques using Adobe Premiere Pro. Students are also required to "read," reflect and write about films from a range of genres viewed in and out of class, focusing on both the narrative and technical aspects of films and their sociocultural relevance from both historical and contemporary perspectives.

Assessment: Based on film analysis and written research assignments; participation and progress in production projects.

Course Materials: Students will be required to purchase a 16GB (32GB preferred) Class 10 SD card for recording video projects.

RECREATIONAL COURSES

LIFESAVING 9

XLDCA09LS

Recommended Prerequisite: Ability to **swim 100m (4 x 25m lengths) continuously** and tread water for 1-minute.

Description: This course takes place at the Westhills Y Aquatic Centre located near the school during the school day. Students can earn Bronze Star, and Bronze Medallion – Pool Option certificates. Students who already possess one or more of these certifications can still join the course if they wish to extend their certification or maintain their skills. **The Bronze Medal awards develop proficiency in lifesaving, resuscitation and water rescue in all water-related environments.**

Assessment: Ongoing, practical and written at pool, homework may be required with additional practice time in pool.

Final examination: Practical exam for each of the Bronze awards; practical exam and written tests to earn NLS certifications.

Course Fee: TBD

OUTDOOR EDUCATION 9

XLDCE09OE

Recommended Prerequisite: None

Description: Outdoor Education 9 is an introductory course that provides students with an exposure to a variety of outdoor experiences and field instruction. Students will learn through group activities, projects and expeditions to build trust and confidence in each other while appreciating the local environment. Depending on the season activities may include: hiking, canoeing, kayaking, skim/paddle boarding, snowshoeing, climbing, orienteering, navigation, survival simulations, and forest games. Students will gain a basic understanding of the knowledge and skills that are required to continue to participate safely in outdoor recreational activities throughout their lifetime as well as develop an attitude and practice of environmental stewardship and sustainability.

Assessment: Classwork, assignments, skills, projects, presentations, practical assessment.

Course Fee: \$150 to cover costs for transportation and additional costs for optional trips/certifications

SUSTAINABILITY 9

XLDCB09SUS

Recommended Prerequisite: None

Description: In this course, students will study the connections between sustainable lifestyle choices, self-sufficiency, healthy foods and a sustainable planet. Students study the 4 pillars of sustainability:

Pillar one: the systematic increase of concentrations of substances extracted from the earth's crust.

Pillar two: the systematic increase of concentrations of substances created by society.

Pillar three: the systematic physical degradation of nature and natural processes.

Pillar four: and in society, conditions that systematically undermine people's capacity to meet their basic human needs.

Students will be also involved in a combination of research, projects, seed to table gardening, sustainability labs and discussions at school and in the local community.

In this course, students will study the connections between sustainable lifestyle choices, self-sufficiency, healthy foods and a sustainable planet. Students will be involved in a combination of research, projects, seed to table gardening, sustainability labs and discussions at school and in the local community.

This course is open to students in grades 9 to 12.

Assessment: In class assignments

COURSES OFFERED OUTSIDE OF THE TIMETABLE

LEADERSHIP 9

XLEAD09Y

*This course will run outside of the timetable. Times & Day to be determined.
Meetings have been one afternoon/after-school, and one morning/before-school.*

Recommended Prerequisite: None

Description: Leadership is a Year Long course designed for students wishing to develop leadership & organizational skills. Public speaking, leadership styles, methods and theory are a part of this course. Students will organize school events and at least one major activity. This course is designed to give students an awareness of social and civic responsibility and an understanding of effective styles and methods of leadership. These courses run outside the timetable throughout the year and will involve volunteer activities. This is a tremendous opportunity for students who want to contribute to the life of the school and community.

Assessment: Participation in all leadership events, written assignments, and self-assessment.

CHOICE PROGRAMS

AVID

Advancement Via Individual Determination (**AVID**) is a program that prepares students in the academic middle for post-secondary eligibility. With a focus on learning organization and study techniques, questioning strategies, critical thinking, career preparation, and writing-to-learn skills, the AVID elective class also includes collaborative tutorials and enrichment activities that make attending college or university seem possible. Typically, AVID targets students with a 2.0 – 3.5 GPA (C to A/B) who have a desire to go to post-secondary and a willingness to challenge themselves. An application and interview typically follow for first-time students interested in selecting AVID for their timetable.

AVID classes at Belmont are linear and paired with an English class.

The following lists are not exhaustive.

AVID 9

In AVID 9, students will be introduced to the following main topics:

- Focused Note-taking
- Binder and Agenda Organization
- Collaborative Study Tutorials
- Basic Study Strategies
- Writing-to-Learn Practices
- Time-Management Techniques
- The Writing Process
- Test-taking Skills
- Active Listening Skills
- Basic Oral Presentation Techniques
- Memory Retention Methods
- Educational Goal Setting
- Post-secondary Options and Offerings
- Career Awareness

FRENCH IMMERSION PROGRAM

Grade 9 students considering this option must have completed the French Immersion Program or equivalent to the end of Grade 8, and are required to register in the following courses as well as two electives:

English 9	MEN--09
Français Langue 9	FFRAL09
Mathématiques 9	FMTHF09
Sciences 9	FSCF-09
Sciences Humaines 9	FSCHF09
Physical and Health Education 9	MPHE-09
Career Education 9	MCE--09

Upon successful completion of the French Immersion Program and of all other graduation requirements, students will receive a Bilingual Dogwood Diploma.

COSMETOLOGY PROGRAM

Cosmetology 9

XLDC09COS

Recommended Prerequisite: None

Description: This course explores the cosmetology industry and will cover shampoo and rinse, hairstyling techniques (braiding, updo, curling iron, blow-dry, finger wave, pin curls, hair shaping, etc.), nail care, skin care, make-up application, career opportunities, and salon sanitation. The course will also cover personal health and nutrition, employment skills, and other topics.

Assessment:

- Theory 40%
- Practical skills 50%
- Professionalism 10%

Final Examination: Theory and Practical

Course Fee: Students are required to purchase a long hair mannequin. Options range from approx. \$75 - \$105.

BELMONT BASEBALL ACADEMY

XLDCE09BAS & MPHE-09BAS

The Belmont Baseball Academy focuses on individual skill development and fitness to help students of all levels develop their baseball and overall athletic skills. The Baseball Academy is designed to provide a positive learning environment in which students work to improve their skill in an area of great passion. It is our goal to use baseball to enhance students' overall school experience by providing opportunities to improve their health, fitness, and self-confidence on a daily basis.

Though the program is centered on baseball, all Belmont Academies have a distinct goal of creating better all-around athletes, leaders, and community members.

Baseball will be one block per semester, running daily throughout the year. Classes will rotate between indoor training, on field training, weight training, and classroom theory. The Baseball Academy also satisfies the PE 9 requirement.

Costs and Registration

The cost of the Baseball program next year will be \$685.⁰⁰ for the full year pending "approval by the School Planning Council and the Board of Education". Students are to register for the class on their school course request form **and** on the district academy website at Belmont Baseball Academy.

If you have any questions at all regarding the program, please contact Kris Walushka at kwalushka@sd62.bc.ca

BELMONT SOFTBALL ACADEMY

XLDCE09SOF & MPHE-09SOF

The Belmont Softball Academy focuses on individual skill development and fitness to help students of all levels develop their softball and overall athletic skills. The Softball Academy is designed to provide a positive learning environment in which students work to improve their skill in an area of great passion. It is our goal to use softball to enhance students' overall school experience by providing opportunities to improve their health, fitness, and self-confidence on a daily basis.

Though the program is centered on softball, all Belmont Academies have a distinct goal of creating better all-around athletes, leaders, and community members.

Softball will be one block per semester, running daily throughout the year. Classes will rotate between indoor training, on field training, weight training, and classroom theory. The Softball Academy also satisfies the PE requirement.

Costs and Registration

The cost of the Softball program next year will be \$685.⁰⁰ for the full year pending "approval by the School Planning Council and the Board of Education". Students are to register for the class on their school course request form **and** on the district academy website at Belmont Softball Academy.

If you have any questions at all regarding the program, please contact Kris Walushka at kwalushka@sd62.bc.ca

BELMONT HOCKEY SKILLS ACADEMY

XLDCE09HOC & MPHE-09HOC

The Belmont Hockey Skills Academy focuses on individual skill development and fitness to help students of all levels develop both their hockey and overall athletic skills. It promotes a healthy lifestyle and strong work habits that are beneficial in hockey and beyond.

Hockey will be one block per semester, running daily throughout the year, rotating between on-ice and off-ice sessions daily. A typical week from Monday to Thursday will include two on-ice sessions and two off-ice training sessions. On Friday's students alternate between in-class Sports & Academic Theory (S.A.T.) and Friday sport days in which students participate in various alternate athletic activities. The Hockey Academy also satisfies the PE9 requirement.

On-ice sessions focus on individual skill development as well as on tactical development and team play. Students will be working on drills that apply to positional skills and game like situations.

Off-ice sessions are designed to develop strength, conditioning, speed, agility and quickness. In season sessions focus on endurance and agility while post-season activities focus on power and explosiveness.

S.A.T activities include nutrition, exercise physiology, sport psychology, hockey history, tactics and much more.

Costs and Registration

The cost of the hockey program next year will be \$1585.⁰⁰ for the full year pending "approval by the School Planning Council and the Board of Education". Students are to register for the class on their school course request form **and** on the district academy website at [Belmont Hockey Skills Academy](#). If you have any questions at all regarding the program, please contact Cam Smith at crsmith@sd62.bc.ca.