

Royal Bay Wellness Centre

Appointments call: 250-519-3580

Sept to Dec 2025

Monday	Discovery Counselling
Tuesday (start Sept 23)	Physician 9:30 to 2:00pm
Wednesday	Discovery Counselling
Thursdays (2 nd & 4 th weeks)	Public Health Nurse 9:00-12:00pm
Friday	CLOSED

Clients provided through 25 years of age

Physician Service:

- ✓ Mental health & wellness
- ✓ Illness
- ✓ Sports Injury

Public Health Nurse Service:

- ✓ Birth Control
- ✓ STI testing & treatment (all ages)
- ✓ Sexual decision making & relationships
- ✓ Pregnancy testing & options
- ✓ Healthy lifestyle

'Excellent care-for everyone, everywhere, every time'

Sept 12 2025

