

Belmont Wellness Centre

July & August 2025

Appointment & Drop-in Welcome

250-519-3580

Monday	Nurse Practitioner 9:00-3:00	Public Health Nurse 9:00-10:30
Tuesday	Nurse Practitioner 9:00-3:00	Public Health Nurse 1:30-3:00
Wednesday	CLOSED	CLOSED
Thursday	No appointments	No appointments
Friday	Nurse Practitioner 9:00-3:00	Public Health Nurse 9:00-10:30

Youth Services provided through 25 years of age

Physician & Nurse Practitioner Services:

- ✓ Mental health & wellness
- ✓ Illness
- ✓ Sports Injury

Public Health Nurse Services:

- ✓ Birth Control
- ✓ STI testing & treatment (all ages)
- ✓ Sexual decision making & relationships.
- ✓ Pregnancy testing & options
- ✓ Healthy lifestyle

'Excellent care-for everyone, everywhere, every time'

June 23 2025

