

# This week in The Raven's Nest



## École Royal Bay Secondary School

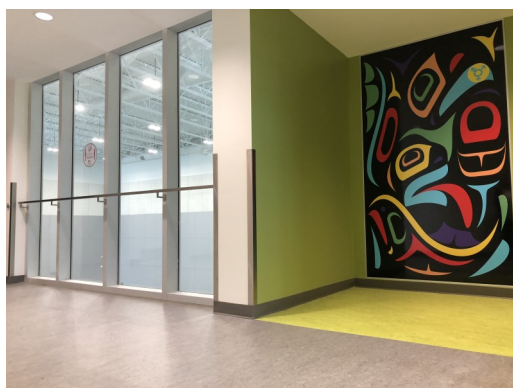
3500 Ryder Hesjedal Way  
Victoria, BC V9C 0J6  
royalbay@sd62.bc.ca T: 250-474-2377



### May 19-23, 2025

We would like to acknowledge the traditional territories of the Coast Salish, specifically Esquimalt Nation and Songhees Nation on which Ecole Royal Bay Secondary is built, and the nations that SD62 works with, Beecher Bay SCIA'NEW Nation, T'Sou-ke Nation, and Nuuchah-nulth Pacheedaht Nation to the west.

We recognize the territory, the First Nations peoples, and thank them for sharing this beautiful land. Hych'ka – Coast Salish Kleco Kleco – Nuuchah-nulth



**REMINDER**  
**PROM Fee & Forms**  
**Due by**  
**Friday, May 23, 2025**

### Calendar of Events for the WEEK

- |           |   |                        |
|-----------|---|------------------------|
| Monday    | • | Victoria Day—No School |
| Tuesday   | • |                        |
| Wednesday | • |                        |
| Thursday  | • |                        |
| Friday    | • | Prom Fee and FORMS Due |
| Saturday  | • |                        |

### What's inside!

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## Important dates to Remember

May 19	Victoria Day—No School
May 23	Prom Fee and FORMS Due
May 26	NIE GRAD Ceremony @ RBSS Theatre
May 27	GRAD Rehearsals at UVic
June 4	PAC Meeting @ 6:30 pm
June 8	GRAD Commencement Ceremony @ UVic
June 11—12	Copernican Days
June 12	FRIMM GRAD Ceremony @ RBSS Theatre
June 20	PROM at Crystal Gardens
June 24	Last Day of Classes
June 25-26	"I" Days
June 26	Semester 2/Term 4 Ends
June 26	Last Day of School
June 26	Final Report Cards Published



## ÉRBSS Contacts

### **Mike Huck - Principal**

[mhuck@sd62.bc.ca](mailto:mhuck@sd62.bc.ca)

### **Stephanie Davies -Vice-Principal**

[smdavies@sd62.bc.ca](mailto:smdavies@sd62.bc.ca)

Students A to G

### **Martin Lait - Vice-Principal**

[mlait@sd62.bc.ca](mailto:mlait@sd62.bc.ca)

Students H to N + International

### **Ryan Dube - Vice-Principal**

[rdube@sd62.bc.ca](mailto:rdube@sd62.bc.ca)

Students O to Z

### **Tebeth Barbour - Counsellor**

[tbarbour@sd62.bc.ca](mailto:tbarbour@sd62.bc.ca)

Students A to D

### **Kim Hogan – Counsellor**

[khogan@sd62.bc.ca](mailto:khogan@sd62.bc.ca)

Students E - La

### **Christina Kadin - Counsellor**

[ckadin@sd62.bc.ca](mailto:ckadin@sd62.bc.ca)

Students Le—Re

### **Rachelle Fafard - Counsellor**

[rfafard@sd62.bc.ca](mailto:rfafard@sd62.bc.ca)

Students Ri—Z

### **Lindsay Lockhart**

English Skills Development (ESD)

[llockhart@sd62.bc.ca](mailto:llockhart@sd62.bc.ca)

### **Meagan MacPherson**

Na'tsa'maht Indigenous Education  
Support Teacher

[mmacpherson@sd62.bc.ca](mailto:mmacpherson@sd62.bc.ca)

# ÉRBSS PAC Corner!

## Meetings!

Meetings will be held the 1<sup>st</sup> Wednesday of each month at 6:30 pm in the Learning Commons

*Upcoming PAC meetings for 2024-2025:*

- June 4



*PAC's Peninsula Co-op number  
134056*

## 2024-25 Executives!

President:	Sahye Guandique Cummings
Vice President:	Mary-Anne Showers
Treasurer:	Melissa Da Silva
Secretary:	Tara Campbell
SPEAC Rep	Allison Hyatt
Communications Officer:	Sahye Cummings

PAC email: [royalbaypac@gmail.com](mailto:royalbaypac@gmail.com)

## Thank You from PAC!

We want to extend our heartfelt thanks to the Royal Bay Secondary Community for their generous support of the PAC Bursary over the past year. From the Beverage and Burger night we hosted at the school in December to the two Bake Sales we set up at the school this spring, we raised enough money for three \$500 Bursaries. The recipients have been selected by the PAC Bursary committee, and they will be announced at the Grad Ceremony on June 8th.

Thank you to everyone who donated, helped, or contributed in any way. Your support made all the difference!

For returning parents, keep your eyes open for next years' Bursary fundraising events.

Thank you,

ERBSS PAC



**May 19-22, 2025**

	<u>Item</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>
<b>HOT SIDE</b>	<b>Hot Main</b>	<b>Closed</b>	Spaghetti with Rose Tuesday Sauce	Sloppy Joe's with Coleslaw	Spanakopita with Greek Salad
	<b>Vegetarian</b>		Spaghetti with Rose Tuesday Sauce	Sloppy Joe's with Coleslaw	Spanakopita with Greek Salad
<b>COLD SIDE</b>	<b>Wrap</b>		Ham	Turkey	Salami
	<b>Appie</b>		Fish Cake with Tartar Sauce	Fish Cake with Tartar Sauce	Fish Cake with Tartar Sauce
<b>BAKING</b>	<b>Desserts</b>		Brownies/ Cheese-cake	Brownies/ Cheese-cake	Brownies/ Cheese-cake

# From the COUNSELLORS!

## What is Mindfulness & How can it Help me?

“Mindfulness means paying attention in a particular way; on purpose, in the present moment, and non-judgmentally.”

— Jon Kabat-Zinn

Mindfulness is the practice of paying full attention to the present moment without judgment. It involves being aware of your thoughts, feelings, and surroundings in a calm and accepting way. For those dealing with anxiety, mindfulness can be a powerful tool to manage stress.

By focusing on breathing, body sensations, or simple daily activities, we can learn to quiet our racing thoughts and feel more grounded. Practicing mindfulness regularly—through meditation, journaling, or mindful walking—can help reduce anxiety, improve focus, and build emotional resilience. It's a healthy way to stay calm and in control, especially during overwhelming moments.

For a list of helpful mindfulness exercises and resources, please visit the Anxiety Canada website below.

<https://www.anxietycanada.com/articles/mindfulness-exercises/>

## Arts in the Community

MAY 29 - 30



**RBSS STUDENT ART EXHIBITION**  
@ ROYAL BAY SECONDARY SCHOOL IN THE  
CONFERENCE ROOM  
**GALLERY HOURS: THURS 3:30-4:30**  
**& FRI 2:30-3:30 THEN 6:15-8:15**



# **Culture Fest**

**May 29<sup>th</sup> from 4pm to 6pm**

**In the Aviary**



**Celebrating the diversity and cultures  
of our school**  
**~Free food and entertainment~**

# 2025 GRAD Important Dates/Deadlines

November 8	Winter Formal Form Handed Out
November 13	Winter Formal Registration — OPENS
November 27	Winter Formal Fee Due no later than this Date—LIMITED SPACE
December 5	Butchart Gardens
December 10-22	GRAD Photos
December 19	Winter Formal
January 17	GRAD Ski Trip to Mt. Washington
January 28	GRAD Friendship Group Photos
January 29	GRAD Photo Retakes
February 10	GRAD Comment & Ceremony Fee Form Handed Out
February 21	GRAD Bottle Drive
February 21	GRAD Comment & Ceremony Fee Due no later than this date
March 3	Dry Grad Carnival Form Handed Out
April 1 (Revised Date)	Valedictorian Nominations Packages Due by Noon
April 2 (Revised Date)	PROM Consent Form Handed Out
April 2 (Revised Date)	GRAD Ceremony Ticket Request Form Handed Out
April 7 (Revised Date)	Short List Announced for Valedictorian
April 16	GRAD Ceremony Ticket Request Form Due no later than this date
April 17	Dry Grad Carnival Form and Payment Due no later than this date
April 30 (Revised Date)	Submit Valedictorian Videos Due by Noon
May 3	Dry GRAD Carnival
Mid May (Revised Date)	Online Voting for Valedictorian
Mid May (Revised Date)	Valedictorian Announced
May 23	PROM Consent Form & Payment Due no later than this date
May 27	GRAD Rehearsals @UVic
June 8	GRAD Ceremony @UVic 11 & 3 pm
June 12	FRIMM GRAD Celebration @ Royal Bay
June 20	PROM @Crystal Gardens



## Royal Bay's 2025 Indigenous Valedictorians

We're so proud to announce **Nina Boylan** (she/her) and **Matthew Warren** (he/him) as Royal Bay's 2025 Indigenous Valedictorians.

Nina and Matthew were thoughtfully chosen for this important honour by Elders and teachers who recognized their leadership, strength, and the positive impact they've made in our school community.

**Nina**, from the Ahousaht First Nation, is graduating a whole year early—something that speaks volumes about her determination and love of learning. She's passionate about Indigenous education and has worked hard to reconnect with and celebrate her culture. Nina's goal is to become an Education Assistant so she can support Indigenous students and help create learning environments where all kids feel seen and supported.

**Matthew**, from Sc'ianew First Nation, is deeply proud of where he comes from and brings that connection into everything he does. He leads with quiet strength and a big heart—whether he's sharing knowledge, supporting school events, or encouraging others to take pride in who they are. He's also a strong Lahal player and a passionate skateboarder, always showing up with energy and creativity. Looking ahead, Matthew plans to pursue a career in business, where he hopes to build a future that reflects his values and community ties.

Nina and Matthew have both made a lasting mark on Royal Bay. They show up for others, embrace who they are, and lead in ways that are grounded, genuine, and full of care.

We're honoured to celebrate their achievements and can't wait to see all the amazing things they'll do next.



# TAKE TIP TOP'S PROM PLEDGE

WIN BIG WITH  
EVERY SUIT PURCHASE



### STUDENTS SAVE ON PROM

STUDENTS GET PANTS FOR FREE WITH ANY SUIT JACKET PURCHASE. PLUS, COMPLETE THE LOOK WITH A DRESS SHIRT AND TIE FOR \$20.25\*

### PLUS A CHANCE TO WIN \$10,000†

STUDENTS THAT PURCHASE TIP TOP SUITS ARE AUTOMATICALLY ENTERED!

### \$25 DONATION FOR EVERY SUIT PURCHASED‡

SCHOOLS EARN A \$25 DONATION\* FOR EVERY SUIT PURCHASED BY THEIR STUDENTS. THE MORE SUITS PURCHASED, THE MORE YOUR SCHOOL GETS BACK!

### PLUS A CHANCE TO WIN \$5,000†

SCHOOLS ARE AUTOMATICALLY ENTERED INTO THE CONTEST JUST BY JOINING TIP TOP'S PROM PLEDGE!



SCAN TO LEARN MORE ABOUT  
TIP TOP'S PROM PLEDGE AND PERKS  
FOR YOU AND YOUR SCHOOL

#TIPTOPPROM



\* SELECT STYLES ONLY. † STUDENTS THAT PURCHASE A TIP TOP SUIT AND PRESENTS/APPLIES THE SCHOOL'S UNIQUE IDENTIFIER CODE DURING CHECK OUT IN-STORES/ONLINE WILL BE AUTOMATICALLY ENTERED INTO THE CONTEST. THE \$5,000 SCHOOL ENHANCEMENT CONTEST AND \$10,000 FUTURE READY CONTEST ARE SUBJECT TO ADDITIONAL TERMS AND CONDITIONS, AND CAN BE FOUND HERE: [HTTPS://WWW.TIPTOP.CA/PAGES/PROM-CONTESTS-TERMS-CONDITIONS](https://www.tiptop.ca/pages/prom-contests-terms-conditions). ‡ \$25 DONATION PROVIDED PER QUALIFYING STUDENT SUIT PURCHASE, UP TO A MAXIMUM TOTAL DONATION OF \$2,500 PER SCHOOL DURING THE PROGRAM PERIOD.



## Magic Wand

Why buy a grad tux or dress when you can borrow one?

**Complete Outfits Including:**

**Like new dresses, suits, tuxedos, shoes, and accessories.**

- ★ Thanks to Magic Wand, I had an unforgettable grad
- ★ I had an awesome grad with your beautiful dress
- ★ My son looked spectacular!
- ★ Thanks for a 'magical' graduation – you made my prom the best



To book an appointment, contact:

**Elizabeth:** [esurerus@telus.net](mailto:esurerus@telus.net)

The **Magic Wand** is a non-profit organization that offers an eco-friendly and inexpensive alternative to prom outfits for boys and girls. A small fee for cleaning will be charged.

[www.themagicwandproject.com](http://www.themagicwandproject.com)





# GRAD 2025 BBQ PARTY

at lunch-time outside the Library

11:50am - 12:30pm



FREE for  
Grads

Hamburgers, Hotdogs, Juice Boxes, Chips & Veg. Options

**Friday, MAY 23**

Questions: See Burgess

**This is FREE to  
all RBSS Grads**

# GRAD 2026 CLOTHING

You can now purchase your items on-line in 3 easy steps:

1. Scan the QR code on the right or go online to  
<https://royalbaysecondary.itemorder.com/>
2. Choose your items and add them to your cart
3. Securely checkout with your credit card



**Online Store Deadline: Monday May 19th, 2025 (11:59pm PDT)**

Sizing  
Samples in  
Rm 2115  
Questions?  
Go see  
Burgess



Clothing  
will be  
devivered  
June 16th



## Ravens Jr. Girls Soccer

A huge congratulations to the junior girls' soccer team for their incredible season and island championship! The girls were one of the highest-seeded teams going into the final tournament last Thursday and were able to take home the trophy! This is the first time a Royal Bay Junior Girls soccer team has won the island championships, so congratulations to all the girls!



## Ravens Rugby

The Girls 7s team delivered their strongest performances of the season at the Island Championship on Monday and Tuesday. In two hard-fought battles, they narrowly fell 12-10 to Oak Bay and 12-7 to QMS, showing grit and determination throughout. The highlight of the tournament came in a dominant 47-17 win over crosstown rivals Belmont, where the team's skill, pace, and teamwork were on full display. It was a proud showing to cap off a season of steady improvement. The Island all-stars were Maja, Macey and Belle.



## THANK YOU TO OUR PROUD SPONSORS

**pizza pizza**

Proud Sponsor of Royal Bay Athletics  
& Athlete of the Month

**GALAXYMOTORS / RV**

**seaspan**  
VICTORIA SHIPYARDS

**ROYAL BAY**

**Acera**  
INSURANCE





## ISLAND CHAMPIONS Ravens Golf

On Wednesday, the Royal Bay Ravens golf team made school history by winning the Island Championships at Morningstar Golf & Country Club in Parksville. The Carson, Tzari, Cohen, Anson, and Vienna team delivered an outstanding performance to claim the school's first-ever Island title. Their hard work, focus, and teamwork paid off in a big way, earning them a spot at the upcoming Provincial Championships. The Ravens will now represent the Island at Shuswap National Golf Course, where they'll compete against the province's best. Congratulations to the team on this historic achievement!

## Ravens Track Team

Congratulations to the following students who represented Royal Bay this Wednesday at the Lower Island Track and Field Championships. We had 17 athletes compete in 9 different events, and nearly everyone broke a personal best and proudly represented Royal Bay. Exceptional results include 1<sup>st</sup> place Jr. Girls Shot Put, Makenzi; 3<sup>rd</sup> place Jr. Girls 1500m Racewalk, Valerie; 2<sup>nd</sup> place Sr. Girls 100m and 4<sup>th</sup> place 200m, Maika Parreno; 2<sup>nd</sup> place Sr. Boys Discus, Joshua; 3<sup>rd</sup> place Jr. Girls Steeplechase, Klaara; 4<sup>th</sup> place Jr. Girls 1500m Racewalk, Brenda; 4<sup>th</sup> place Jr. Girls 3000m, Gabrielle; and 3<sup>rd</sup> place Jr. Boys 3000m, Max.



## THANK YOU TO OUR PROUD SPONSORS

**pizza pizza**

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**GALAXYMOTORS / RV**

**seaspan**  
VICTORIA SHIPYARDS

**ROYAL BAY**

**Acera**  
INSURANCE



### THE HISTORY BEHIND THE IDEA

The alumni of the month is a concept created by students in our athletic leadership class. Originally an idea brought forward by Grade 12 student Jennah M., it has been slowly worked on over the past year by Grade 11s Taya W. and Kaylee S. and now reimaged.

Some interviews were conducted in previous years and are now being shared (with updates if available) to our wider school community.

If your family has a previous Royal Bay Grad who wishes to share their stories about participating in post-secondary sports, please email Mr. Hobson ([bhobson@sd62.bc.ca](mailto:bhobson@sd62.bc.ca)) or reach out to our Instagram team [@rbssathletics](#)

### PURPOSE?

1. To highlight the achievements of notable students who have moved onto post-secondary sports.
2. To provide the Royal Bay school community with information about life at post-secondary, particularly as it relates to balancing sport, academics, and everything in between.
3. To strengthen and build up the connections between past and present, serving to build a better sense of what it means to be a Royal Bay Raven.





## RYAN SCOVILLE



### RECRUITMENT

The recruiting process was very simple and straightforward for me, but it was tedious and it took a lot of hours. The biggest thing is just making a list of schools you want to attend and emailing all those coaches so you have lots of options to choose from.

### THE SWITCH

Moving from Victoria to Hobbs was super easy and I never felt homesick. Playing college golf in the United States has been my goal since I was about 14, so now that I had the opportunity to live that out there is no other emotion than happiness. Of course, I missed my dog, and family but I knew I would see them at Christmas time so I would keep in touch and use the time to focus on myself and my friends here.

In 2023-24, I went to the University of the Southwest in Hobbs, NM and was on the men's golf team. I played golf on and off throughout my early childhood and started getting serious and competing in tournaments when I was 11. The biggest challenge I faced was definitely just getting through those rough patches that all athletes go through. I just made sure to keep reminding myself how good I was and how much better I could get, also making sure to play for myself and not to please other people.



# Royal Bay



## Athletic Clothing Garage Sale



- New Shirts
- Vintage Jerseys
- Athletics Stickers
- RBSS Socks

**May 28<sup>th</sup> & 29<sup>th</sup> @ LUNCH**  
**Aviary**

Items will be \$5-15

Cash Only



# Scholarship Information!

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Click [HERE](#) to access the *École Royal Bay Scholarship website*.

- It provides a list of scholarships, organized by months, as well as information about writing scholarship resumes, cover letters and essays.

[HERE](#) is another useful link to the *ÉRBSS 2024/25 Scholarship Google Classroom*.

- Not only does it contain the Scholarship website, but it is also where announcements and other useful and related information are posted.

Please email [scholarshiprbss@sd62.bc.ca](mailto:scholarshiprbss@sd62.bc.ca) for any scholarship assistance.

## Scholarship Awards Currently Open!

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### May-

**Applied Arts Awards-** Deadline: May 23<sup>rd</sup>, 2025

**The Lou Williamson Scholarship-** Deadline: May 23<sup>rd</sup>, 2025

**Alpha Chi Theta Orchid Bursary-** Deadline: May 30<sup>th</sup>, 2025

**The Union of National Employees-** Deadline: May 31<sup>st</sup>, 2025

**Juan de Fuca Soccer Association Dick Darley Scholarship-** Deadline: May 31<sup>st</sup>, 2025

**MADD Canada Youth Bursary Fund-** Deadline: May 31<sup>st</sup>, 2025

**Theatre BC Scholarships-** Deadline: May 31<sup>st</sup>, 2025

**Bernice Harriet Osborne Memorial Basketball Scholarship-** Deadline: May 31<sup>st</sup>, 2025

**4-H British Columbia National Scholarships-** Deadline: May 31<sup>st</sup>, 2025

**Lisa Huus Bursary for People with Physical Disabilities-** Deadline: May 31<sup>st</sup>, 2025

**Rick & Amanda Hansen Scholarship for Youth with Disabilities-** Deadline: May 13<sup>st</sup>, 2025

**Harbourside Rotary Scholarship-** Deadline: May 31<sup>st</sup>, 2025



# Scholarship Awards Currently Open!

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## June-

**Victoria Operatic Society** - Deadline: June 1<sup>st</sup>, 2025

**DeBeers Group Scholarships** - Deadline: June 1<sup>st</sup>, 2025

**Metchosin Foundation Scholarships for Academic Achievement, or Community Service, or Environmental Stewardship** - Deadline: June 13<sup>th</sup>, 2025

**Metchosin Foundation Scholarship - Moralea Milne Beecher Bay (Sc'ianew) Community** - Deadline: June 13<sup>th</sup>

**ICA Diversity Scholarships** - Deadline: June 20<sup>th</sup>, 2025

**The Constable Sarah Beckett Memorial Scholarship** - Deadline: June 25<sup>th</sup>, 2025

**Horatio Alger Vocational and Technical Education Scholarships** - Deadline: June 15<sup>th</sup>, 2025

**Royal Canadian Legion: Sir Percy Lake Memorial Scholarship** - Deadline: June 25<sup>th</sup>, 2025

**BC Council of Forest Industries Forestry Scholarship** - Deadline: June 27<sup>th</sup>, 2025

**Herman Rebneris Student Carpentry Award** - Deadline: June 27<sup>th</sup>, 2025

**Western Inspirational Bursary Award** - Deadline: June 30<sup>th</sup>, 2025

**Royal Canadian Legion Prince Edward Branch 91 Bursary** - Deadline: June 30<sup>th</sup>, 2024

**Association of School Transportation Services of British Columbia Commercial Heavy-Duty Mechanic Scholarship** - Deadline: June 30<sup>th</sup>, 2025

**Team West Coast Triathlon Society Annual Scholarship** - Deadline: June 30<sup>th</sup>, 2025

**Engineers and Geoscientists BC Scholarships** - Deadline: June 30<sup>th</sup>, 2025

**Alpha Chi Theta Orchid Bursary** - Deadline: June 30<sup>th</sup>, 2025

## Summer-

**Canadian Mental Health Association of BC - Scholarships and Bursaries Program** - Deadline: July 9<sup>th</sup>, 2025

**CUPE BC AUBREY BURTON/REG FORD MEMORIAL SCHOLARSHIP** - Deadline: July 1<sup>st</sup>, 2025

**Reflections Scholarship** - Deadline: July 15<sup>th</sup>, 2025

**Bill Freding Memorial Entrance Award - Agriculture Award** - Deadline: July 15<sup>th</sup>, 2025

**Cariboo Chevrolet Buick GMC Award - Agriculture Award** - Deadline: July 15<sup>th</sup>, 2025

**Reflections Scholarship** - Deadline: July 15<sup>th</sup>, 2025

**Brian Fudge Memorial Scholarship** - Deadline: July 15<sup>th</sup>, 2025

**The Looking Glass Foundation Scholarships** - Deadline: July 15<sup>th</sup>, 2025

**Scholarship for Students of Colour** - Deadline: July 15<sup>th</sup>, 2025

**Tommy Douglas Scholarship** - Deadline: July 15<sup>th</sup>, 2025

**NUPGE Scholarship** - Deadline: July 15<sup>th</sup>, 2025

**LGBTQI2S Scholarship** - Deadline: July 15<sup>th</sup>, 2025

**Young Worker Scholarship** - Deadline: July 15<sup>th</sup>, 2025

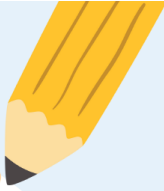

**Scholarship for Indigenous Students** - Deadline: July 15<sup>th</sup>, 2025

**Terry Fox Memorial Scholarship (NUPGE)** - Deadline: July 15<sup>th</sup>, 2025













# BOOK DRIVE

## Books to Prisoners

Social Justice 12 and BC First Peoples 12 Students are collecting donations for Books to Prisoners, a grassroots organization dedicated to providing access to books for incarcerated people in the VIRCC


We are looking for books on the following topics:

- tattoos
- trades
- automechanics
- art, graffiti, drawing
- hiphop, rap
- languages
- Indigeneity
- history, politics
- fitness, strength training
- graphic novels
- science fiction
- fantasy
- colouring books
- dictionaries, thesauruses



Drop off to Lindsay Lockhart  
2123 or 2146

Donations can also be dropped off at  
the main office at Royal Bay



# This and That!



## SD62 Gr. 9-12 Full Credit Summer Learning July 7- Aug 7, 2025 Monday - Friday at Belmont Secondary School

### Registration free of charge for:

- SD62 students entering grade 10-12 in Sept 2024
- current & recent grade 12 students who live within SD62
- recently graduated students (Math/Science/English only)

**ISP Students - contact ISP office for fee information**

### Benefits of Summer Learning:

- creates flexibility in your Sept-June schedule allowing more room for electives
- supports possible early graduation
- allows for focused learning in 1 or 2 subjects
- opportunity to improve course mark or GPA
- fewer people in the building creates a 'small school' environment that many students enjoy

## CLASS SCHEDULE \*

### MORNING: 9AM - 11:30AM

SCIENCE 10  
SOCIAL STUDIES 10  
ACTIVE LIVING 11  
CHEMISTRY 11  
FIRST PEOPLES ENGLISH 11  
FOUNDATIONS OF MATH 11  
PRE-CALCULUS MATH 11  
ACTIVE LIVING 12  
LAW 12  
FIRST PEOPLES ENGLISH 12  
PRE-CALCULUS MATH 12

### AFTERNOON: 12PM - 2:30PM

MATH 9  
ENGLISH 10  
CAREER LIFE EDUCATION 10  
FOUNDATIONS & PRE-CALCULUS 10  
PHE PHYSICAL & HEALTH EDUCATION 10  
WORKPLACE MATH 10  
LIFE SCIENCES 11  
PHYSICS 11  
WORKPLACE MATH 11  
BC FIRST PEOPLES 12 (SOCIAL STUDIES)  
CAREER LIFE CONNECTIONS 12



**\*All classes are offered subject to enrolment. Classes with insufficient enrolment will be cancelled and students will be offered the chance to select an alternate course.**

**Register Online: <https://sd62online.web.sd62.bc.ca>  
phone: 250-391-9002 email: [online@sd62.bc.ca](mailto:online@sd62.bc.ca)**

# Careers Department

**R&B**

## DID YOU KNOW?

YOU CAN GET SCHOOL CREDITS FOR PAID OR VOLUNTEER WORK

100 HOURS OF PAID OR VOLUNTEER WORK

WORK EXPERIENCE 12A AND 12B (4 CREDITS EACH)

ELIGIBLE STUDENTS HAVE COMPLETED GRADE 10

STUDENTS MUST BE REGISTERED BEFORE LOGGING HOURS

SEE YOUR SCHOOL CAREER COMMONS TO SIGN UP

Scan to show expression of interest.



Work Experience 12A & 12B are Ministry recognized electives.

## UVIC REGISTRATION 101

### ARE YOU PLANNING TO ATTEND UVIC IN SEPTEMBER 2025

There will be a registration info session held at Royal Bay Secondary on May 22nd at lunch in room 1173 A




## CAMOSUN COLLEGE REGISTRATION 101

### ARE YOU PLANNING TO ATTEND CAMOSUN IN SEPTEMBER 2025

There will be a registration info session held at Royal Bay Secondary on May 22nd at lunch in room 1173 B




*Calling All Technology & Engineering Enthusiasts...*

### TEAC 105 - EXPLORATIONS IN TECHNOLOGY



EXPLORES FOUR TECHNOLOGIES THROUGH INQUIRY, PROBLEM SOLVING & PROJECT-BASED LEARNING!

Civil Engineering

Electronics

Mechanical Engineering

Computer Science

#### WHAT WOULD YOU LEARN?

Civil Eng.	Identify various civil engineering projects and the role that civil engineering plays in each. Apply civil engineering methods and calculations to a simple design and civil engineering project.
Mechanical Eng.	Demonstrate simple 3D CAD modeling skills, basic shop skills and safety techniques, and identify the design elements associated with the completion of a small mechanical engineering project.
Electronics	Create a simple electronics circuit, describe simple micro-controller programming concepts, and list the elements of and build a small electronics project.
Computer Sci.	Use a programming language to examine the fundamentals of software design and development.



#### Course Details

**Structure:** 3 hours per week, for 12 weeks  
**Start Dates:** Fall Session (Sept 19 to Dec 12, 2025)  
 Winter Session (Jan 30 to May 15, 2026)  
**Time:** Fridays: 3:00 – 5:00pm  
**Delivery:** On Campus, Face to Face Classes  
**Cost:** Students are responsible for paying the registration (EPBC) fee –\$47  
**Eligibility:** Open to students in Gr 11–12 from our partnership school districts  
**Prerequisites:** None



To apply or receive more information, see your high school careers team!







THE UNIVERSITY  
OF BRITISH COLUMBIA  
Department of Orthopaedics  
Faculty of Medicine

## Women in Orthopaedics (WORTH) Workshop

*Want to learn more about careers in healthcare or engineering?*

This workshop is open to all young women (grades 10-12), including women-identifying individuals and non-binary and gender non-conforming students.

**Sign up using the QR code below!**

**WHEN:** SATURDAY, JUNE 7, 2025 | 8:30AM-3PM  
**WHERE:** BC CHILDREN'S HOSPITAL, VANCOUVER\*



\* EXACT LOCATION WILL BE SENT OUT AFTER CONFIRMATION



**ALERT First-Aid**

**JUL & AUG DATES**

# Paramedic Camp

**AGES 13-17**



**REGISTER NOW:**  (250) 595-5323  [ALERTFIRSTAID.COM](https://www.alertfirstaid.com)

**DATES:** JUL 14 -18 & 21-25 OR AUG 11-15 & 18-22

Take action and create change when you volunteer at MS Walk on May 25.

**2025 Victoria MS Walk**  
Cadboro-Gyro Park  
Opening ceremonies at 10am



**Skills for Your Future,  
Impact for Today.**

Join MS Canada as an event day volunteer!

# MS WALK



# Wellness Centre Schedule!

## Royal Bay Wellness Centre

**Clinics Hours**  
January 7<sup>th</sup> to June 26<sup>th</sup> 2025

<b>Monday</b>	Discovery Counselling appointment only
<b>Tuesday</b>	Physician 9:30- 2:00
<b>Wednesday</b>	Discovery Counselling appointment only
<b>Thursdays</b>	Public Health Nurse 9:30-11:00
<b>Friday</b>	CLOSED

**Call: 250-519-3580**  
**Appointment & Drop-in Welcome**

Clients provided through 25  
years of age

### **Physician Services & Nurse Practitioner Services:**

- ✓ Mental health & wellness
- ✓ Illness
- ✓ Sports Injury

### **Public Health Nurse Services:**

- ✓ Birth Control
- ✓ STI testing & treatment (all ages)
- ✓ Sexual decision making & relationships
- ✓ Pregnancy testing & options
- ✓ Healthy lifestyle

*'Excellent care-for everyone, everywhere, every time'*

July 2024

