



Administration Team

Principal: Mr. Huck

Vice Principals:

- > Ms. Davies (A-G)
- > Mr. Lait (H-N & International)
- ➤ Mr. Dubé (O-Z)



Counsellors

Ms. Barbour (A-D) Ms. Hogan (E-La) Ms. Kadin (Le-Re) Ms. Fafard (Ri-Z)



Semester System

Semester 1 - September - January

• 4 courses (2 academic/2 electives)

Semester 2 - February - June

• 4 courses (2 academic/2 electives)



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:55 welcome bell	8:55 welcome bell	8:55 welcome bell	8:55 welcome bell	8:55 welcome bell
9:00 – 10:22	9:00 - 10:22	9:00 - 10:22	9:00 - 10:22	9:00-10:08
<mark>Block A</mark>	Block B	<mark>Block A</mark>	<mark>Block B</mark>	<mark>Block A</mark>
10:22-10:28	10:22-10:28	10:22-10:28	10:22-10:28	10:08 – 10:14
Class Change	Class Change	Class Change	Class Change	Class Change
10:28- 11:50	10:28- 11:50	10:28- 11:50	10:28- 11:50	10:14 - 11:22
Block B	Block A	Block B	Block A	<mark>Block B</mark>
11:50-12:30	11:50-12:30	11:50-12:30	11:50-12:30	11:22-12:00
Lunch	Lunch	Lunch	Lunch	Lunch
12:25 welcome bell	12:25 welcome bell	12:25 welcome bell	12:25 welcome bell	11:55 welcome bell
12:30- 1:52	12:30- 1:52	12:30- 1:52	12:30- 1:52	12:00 - 1:08
Block C	Block D	Block C	Block D	Block C
1:52 - 1:58	1:52 - 1:58	1:52 – 1:58	1:52 - 1:58	1:08 - 1:14
Class Change	Class Change	Class Change	Class Change	Class Change
1:58 – 3:20	1:58 - 3:20	1:58 - 3:20	1:58 - 3:20	1:14 - 2:23
Block D	Block C	Block D	Block C	Block D



Required Courses

🗖 English 9

□ Math 9 and/or Math 9 Key Concepts

□ Science 9

Social Studies 9

D PE 9

3 Elective Courses

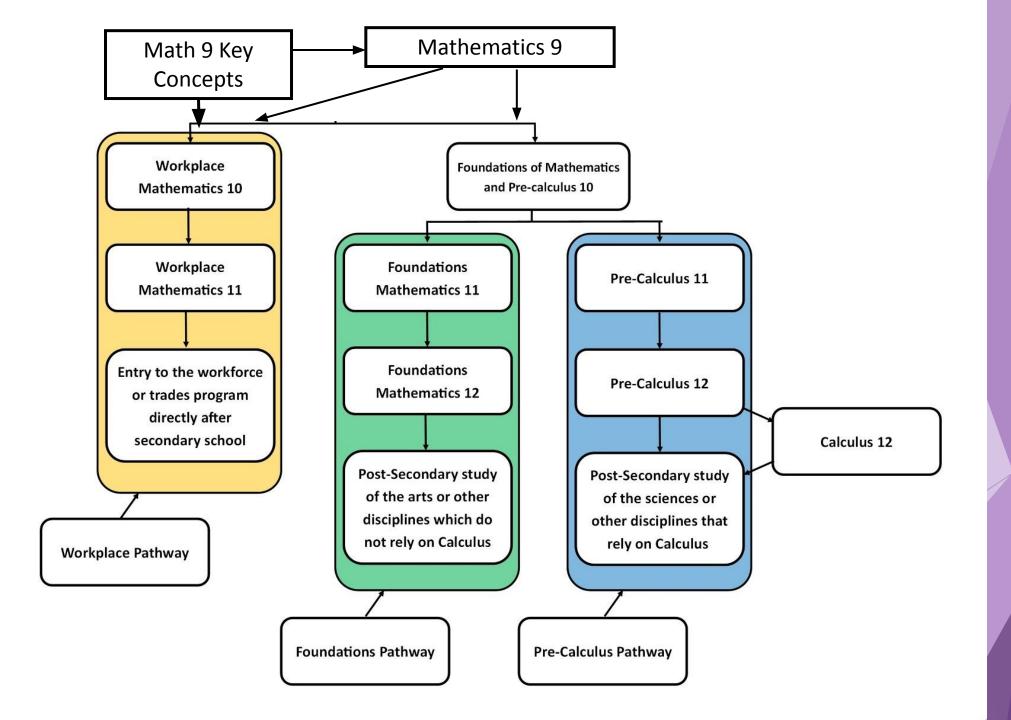
Career Education 9



FRIM Required Courses

English 9

- Mathematiques 9
- Sciences 9
- Science Humaines 9
- □ Francais Langue Seconde 9
- PHE 9
- 2 Elective Courses
- **Education** a la Carriere 9





- > Art
- ≻ Band
- > Jazz Band
- Concert Choir/Vocal Jazz
- Information Technology (computers)
- Dance Foundations
- ≻ Drama
- Stagecraft Costume Design
- > French
- > Spanish

Elective Options

- Home Economics (Foods/Textiles)
- Musical Theatre/Performance Company (Yearlong)
- > Piano
- ⊳ Guitar
- > Outdoor Education
- Metalwork/Drafting
- > Woodwork/Electronics
- > Diversity in Woodwork (Artistic Woodwork)
- > Leadership (Outside the Timetable)
- Stagecraft (Outside the Timetable)



Dance Academy

An absolute blast and a great way to be active all year long - we dance every day from September to June ©



Train and progress your dance skills and technique in Jazz, Hip Hop, Modern, Contemporary, Lyrical and Tap

Learn from guest instructors in a variety of different styles both weekly and monthly

Participate in many performances and field trips to local festivals, competitions, dance conventions, professional performances, and more!

RBSS Soccer Academy



*Programs for both beginner and elite players

*Exhibition games vs other academies

***Opportunities to learn and have fun!**





Royal Bay Girls Lacrosse Academy 2024-25

No Experience needed:

Lacrosse is a team sport: In class you will

- Learn the game, play the game in class Learn Skills: Passing, faceoffs, playing attack, middy or defence Tournaments to USA; Cali, Arizona, Oregon

Learn about Fitness & Strengthening

****International Students welcomed**







Boys' Lacrosse Academy

- Learn to play Canada's National Sport!
- Play 3 days a week in a team environment
- Improve and develop your skills, fitness and athleticism
- Learn from experienced coaches and teachers
- Earn the opportunity to travel to tournaments in Baltimore, Denver, Seattle, California & Arizona!





Mountain Bike Academy

> Develop your biking skills > Learn about sustainable trail development > Learn basic bike maintenance > Develop wilderness first aid skills



- For competitive players with a handicap index under 20
- Two instructional sessions per week at Olympic View with PGA of Canada instruction
- One to two on-course sessions per week at Olympic View
- Golf Academy includes an annual junior membership at Olympic View including club storage

MENTOR SUPPORTSUCCESS LEADER MANAGE MOTIVATION GOALS BUSINESS VISION TEAMWORK EADERSHIP CONTRIBUTION MENTOR RESPONSIBILITY MOTIVATE MANAGEMENT DECISION TEAMCOMMUNICATION SUCCESS

MRC



Course <u>Request</u> Tips

- > Discuss your requests with Parent(s)/Caregivers
- > Choose wisely
- \succ Be sure to choose alternates so we are not choosing for you
- > Discuss with current teachers
- > Refer to Course Request Guide on RBSS website
- > Email your alpha counsellor for next year



Successful Transition

- > Attendance
- \succ Reach out for help right away
- > Homework
- School Clubs
- > Sports Teams
- > Choice Programs (Performance Company, Drama, Band etc.)
- > Leadership



Questions

