## **Royal Bay Wellness Centre**

## Clinics Hours September 5<sup>th</sup> to December 12<sup>th</sup>, 2024

Monday	Discovery Counselling appointment only
Tuesday	Physician 9:30- 1:00
Wednesday	Discovery Counselling appointment only
Thursdays	Public Health Nurse (alternate Thursdays beginning Sept 5 <sup>th</sup> ) 9:30-11:00
Friday	CLOSED

Call: 250-519-3580 Appointment & Drop-in Welcome Clients provided through 25 years of age

## Physician Services & Nurse Practitioner Services:

- ✓ Mental health & wellness
- ✓ Illness
- ✓ Sports Injury

## Public Health Nurse Services:

- ✓ Birth Control
- ✓ STI testing & treatment (all ages)
- ✓ Sexual decision making & relationships
- ✓ Pregnancy testing & options
- ✓ Healthy lifestyle

