

Belmont Wellness Centre

2024 Summer Hours

Appointment & Drop-in Welcome

Call: 250-519-3580

Monday	Nurse Practitioner 9:00-3:00	Public Health Nurse 9:00-10:30	
Tuesday		Public Health Nurse 1:30-3:00	
Wednesday	CLOSED	CLOSED	CLOSED
Thursday	Nurse Practitioner 9:00-3:00 <small>(July 18th alternate weeks)</small>		
Friday	Nurse Practitioner 9:00-3:00	Public Health Nurse 9:00-10:30	

Youth Services provided through 25 years of age

Nurse Practitioner Services:

- ✓ Mental health & wellness
- ✓ Illness
- ✓ Sports Injury

Public Health Nurse Services:

- ✓ Birth Control
- ✓ STI testing & treatment (all ages)
- ✓ Sexual decision making and relationships
- ✓ Pregnancy testing and options
- ✓ Healthy lifestyle