

This week in The Raven's Nest



École Royal Bay Secondary School

3500 Ryder Hesjedal Way
Victoria, BC V9C 0J6
royalbay@sd62.bc.ca T: 250-474-2377



February 12-16, 2024

We would like to acknowledge the traditional territories of the Coast Salish, specifically Esquimalt Nation and Songhees Nation on which Ecole Royal Bay Secondary is built, and the nations that SD62 works with, Beecher Bay SCIA'NEW Nation, T'Sou-ke Nation, and Nuuchahnulth Pacheedaht Nation to the west.

We recognize the territory, the First Nations peoples, and thank them for sharing this beautiful land. Hych'ka – Coast Salish Kleco Kleco – Nuuchahnulth



Outstanding Fees:

Please check your school Cash Online account

pay your outstanding school fees

[SchoolCashOnline.com](https://www.schoolcashonline.com): Welcome

Thanks in advance for your attention to this.

WEEK of:

February 12-16, 2024

- | | |
|-----------|--|
| Monday | • Academy Reg. Opens @ 8 AM |
| Tuesday | • Wellness Centre (9:30—3:30 pm)
• GR 9 Immunizations |
| Wednesday | • GR 9 Immunizations |
| Thursday | • Wellness Centre (9:30—3:30 pm) |
| Friday | • PRO D—No School |

What's inside!

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Important dates to Remember

February 10	Chinese New Year—Year of the Dragon
February 12	Academy Registration Opens for 2024/25
February 13	Grade 9 Immunizations
February 14	Grade 9 Immunizations
February 16	PRO D—No School
February 19	Family Day—No School
Feb 27—Mar 3	Healthy Relationships & Consent Workshops
February 27—28	Online Voting for RBSS Valedictorian
February 28	Pink Shirt Day
March 1	Deadline to Purchase Yearbooks
March 6	PAC Meeting @ 6:30 pm
March 7	Lockdown Drill @ 11 am
March 7	Forte (Concert Band/Choir/SM Ensemble) @ 7 pm
March 13	GRAD Comments and Fees Due!
March 15	Last Day of School before Springbreak
March 18—28	Springbreak—No School
March 29	Good Friday—No School
April 1	Easter Monday—No School
April 2	Day in Lieu of March 29 STAT—No School
April 3	PAC Meeting @ 6:30 pm
April 3	School Reopens
April 18	Term 3 Ends
April 19	PRO D—No School
April 22	Term 4 Begins
April 25	Fire Drill #5 @ 2:15 pm
May 1	PAC Meeting @ 6:30 pm
May 4	Dry GRAD Carnival
May 8—11	RBSS Musical in Theatre
May 16	Fire Drill #6 @ 9:20 am
May 17	Pro D - NO School
May 20	Victoria Day - NO School
May 28	GRAD Rehearsals @ UVic

RBSS Contacts

Mike Huck - Principal

mhuck@sd62.bc.ca

Tanya Phillips -Vice-Principal

tphillips@sd62.bc.ca

Students A to G

Martin Lait - Vice-Principal

mlait@sd62.bc.ca

Students H to N +International

Ryan Dube - Vice-Principal

rdube@sd62.bc.ca

Students O to Z

Tebeth Barbour - Counsellor

tbarbour@sd62.bc.ca

Students A to E

Kim Hogan – Counsellor

khogan@sd62.bc.ca

Students Em to Jc + International

Christina Kadin - Counsellor

ckadin@sd62.bc.ca

Students Jd to Pg

Wendy Cooper - Counsellor

wcooper@sd62.bc.ca

Students Ph to Z

Lindsay Lockhart

English Skills Development (ESD)

llockhart@sd62.bc.ca

Meagan MacPherson

Na'tsa'maht Indigenous
Education Support Teacher

mmacpherson@sd62.bc.ca

RBSS PAC Corner

Meetings will be held the 1st Wednesday
of each month at 6:30 pm
in the Learning Commons

PAC meetings for 2023-2024:

Mar 6, 2024

Apr 3, 2024

May 1, 2024

June 5, 2024

2023-2024 PAC

Executive Members

President:	Caroline Aked
Vice President:	Nevada Kaludjer
Treasurer:	Melissa Da Silva
Secretary:	Nicole Blanchard
SPEAC Rep	Allison Hyatt
Communications Officer:	Tiffany Magionas

PAC email: royalbaypac@gmail.com



February 12-16, 2024



PAC's Peninsula Co-op number 134056

	<u>Item</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>
HOT SIDE	Hot Main	Creamy Pesto Linguini with Garlic Bread	Chicken Quesadilla with Rice	Beef Stew with Yorkshire Pudding	Perogies
	Vegetarian	Creamy Pesto Linguini with Garlic Bread	Bean Quesadilla with Rice	Spanakopita	Perogies
COLD SIDE	Wrap	Ham	Turkey	Salami	Grilled Chicken
	Appie	Pakoras with Chutney	Pakoras with Chutney	Pakoras with Chutney	Pakoras with Chutney
BAKING	Desserts	Carrot Cake/ Worms in Dirt	Carrot Cake/ Worms in Dirt	Carrot Cake/ Worms in Dirt	Carrot Cake/ Worms in Dirt

From the Admin

We are pleased to share the following information with you. The Ministry of Education and Child Care, in partnership with adolescent Clinical Psychologist, Dr. Hayley Watson, will be hosting free virtual sessions on youth substance use for parents/guardians, caregivers and caring adults. Dr. Watson will provide valuable insights, practical tips, and resources to equip participants with the tools needed to guide their children and youth toward making positive choices when it comes to substance use.

Key Takeaways for Participants:

- Learn why children/teenagers are drawn to substances.
- Understand what causes and maintains substance use disorder and needs.
- Increase your child's ability to make positive choices about substances.
- Acquire practical conversation tools for discussing substances in the home.

Participants must register in advance due to limited capacity. Session dates are:

February 20, 6:00 – 7:30 pm PST - [Click here to Register](#)

February 22, 6:00 – 7:30 pm PST – [Click here to Register](#)

February 28, 6:00 – 7:30 pm PST - [Click here to Register](#)

Please share within your community and email the Mental Health and Substance Use Branch at educ.mentalhealth@gov.bc.ca with any questions.

Sincerely,

Student Wellness and Safety Team

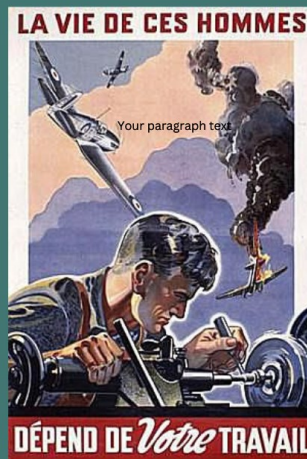
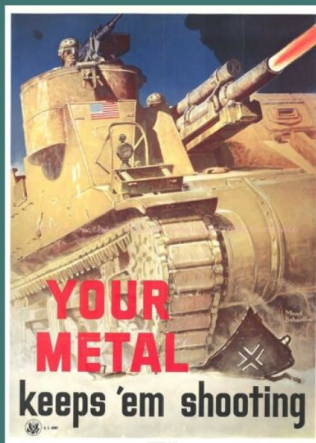
Ministry of Education and Child Care



Around the Raven's Nest!



SOCIAL STUDIES



Reminders



Reminder Grade 9 & 10 Immunizations

In December, immunization consent packages for grade 9 students were sent home from the school. If you have not already done so, discuss the information in the consent package with your child and include them in the decision to provide consent for immunization. Please return the completed consent form to the school in a sealed envelope as soon as possible.

Immunizations will be provided at the school for grade 9 students on **Feb 13 and 14, 2024**.

Grade 9 students can make an informed decision about immunization regardless of their parent/guardian/representative decision to consent or refuse immunization.

For more information visit HealthLinkBC: [The Infants Act, Mature Minor Consent and Immunization](#).

Public Health will be offering catch-up immunizations to **Grade 10** students who missed their Grade 9 immunizations in the 2022-2023 school year. Only students who have a paper consent form signed by their parent/guardian/representative from the 2022-2023 school year (Grade 9) will be offered immunizations.

Contact the West Shore Health Unit at 250-519-3490 if you have any questions.

SAVE A LIFE GET NALOXONE TRAINING



Learn how to prevent an overdose and respond to a drug poisoning from youth leaders who understand the issues. The session includes:

- How to recognize an overdose
- What to do if you see one and how to help
- How to administer Naloxone (a fast-acting drug that temporarily reverses the effects of an opioid overdose)
- What's available in our community to help reduce substance use related harm and support youth health

**February 20, 2024
4 Sessions Available in Learning Commons**




Scan the Code to Sign-up

This is an Island Health and Youth H.O.P.E. Mission initiative being hosted by SD62 and delivered by the amazing team at Youth H.O.P.E. Mission, an award-winning local youth initiative. Learn more about these change makers and their work at <https://youthhopemission.sed62.com/>

ATTENTION

LAST CHANCE


PARENTS:
Our 2023-2024 yearbook is back and better than ever! This is the LAST CALL for those of you who want to purchase this special school keepsake for your student. **ACT FAST!**
Copies are LIMITED!
PRICE: \$60.00
DEADLINE: MARCH 1, 2024



SCAN TO ORDER!!

Book Club Dates for January & February

Friday, Jan. 19
Friday, Feb. 2 and Feb. 23
At lunch in the Learning Commons!





2024 GRAD

Important Dates/Deadlines

February 21	Online Voting for Valedictorian
February 26	GRAD Comment & Fee Form Handed Out
March 13	GRAD Comment & Ceremony Fee Due
April 3	PROM Consent Form Handed Out
April 3	Dry Grad Carnival Form Handed Out
April 3	GRAD Ceremony Ticket Request Form Handed Out
April 24	GRAD Ceremony Ticket Request Form Due
May 1	PROM Consent Form & Payment Due
May 4	Dry GRAD Carnival
May 28	GRAD Rehearsals @UVic
June 2	GRAD Ceremony @UVic 11 & 2 pm
June 14	PROM @Crystal Gardens (Tentative)



GRAD Lanyards

“Grad Lanyards are still available!! Only \$5 – CASH!”

“Act quickly!! Only a limited number available.”

“Drop by Mr. Burgess’ room (2115) with the cash for pick-up”



GRAD SKI TRIP

This year's Grad ski to Mt. Washington was a huge success!

Thank You!

The Grad Council and Grad Class of 2024 would like to thank the following staff members for chaperoning:

LINDSAY LOCKHART

MEAGAN MACPHERSON

ROBIN WRIGHT



The Grad Council would also like to thank our remarkable administration team for their continued support, particularly

Tanya Phillips & Mike Huck



GRAD BOTTLE DRIVE

THANK YOU TO EVERYONE WHO DONATED
TO THE GRAD BOTTLE DRIVE!!



This and That



Debate Club Fundraiser

For all your chocolate-y Easter needs, Royal Debate Club is bringing the joy of Purdy's to Royal Bay! Log on to purdys.com and when you've finished your shopping make sure to enter the code for Royal Bay Debate Club fundraising (**61307**). Your orders will arrive in their own Purdy's bag and will be ready for pickup March 31st.

Campaign Name: **RBSS Debate Club**

Fundraising Code: **61307**

Last Day to Order: **18 March 2024**

Date of Pickup: **31 March 2024**

Proceeds go towards the Debate and Model UN Club and supporting these students in their initiatives.

Email Sara Checkley (scheckley@sd62.bc.ca) if you have any questions!

Thank you for your support!



UPCOMING Scholarship Opportunities

February & Early March

SCHOLARSHIPS

For more Scholarships, visit: [Ecole Royal Bay Secondary School Scholarship Website](#)

Pathway to Teacher Education Scholarship - BC Ministry of Education

Deadline: February 15, 2024

British Columbia School Trustees Association

Deadline: February 29, 2024 3:00pm

Women's Cyber Security Scholarships

Deadline: February 29, 2023

BCCPAC Educational Award

(Note: Children of current BCCPAC board members, staff, or contractors are not eligible to apply for this award.)

Deadline: February 28, 2024

BC Boys Basketball Association

Deadline: February 23, 2024 by 4 p.m.

Peninsula CO-OP Scholarships

UVIC Students = Apply between February 15th - May 1st, yearly

Lionel High School Chemistry Scholarship

Deadline: March 1, 2024

SEG Scholarship

Deadline: March 1, 2024

Sooke Teachers' Association Scholarships

Deadline: March 8, 2024

RE/MAX Quest for Excellence

Deadline: March 13, 2024

Daneen Skilling Scholarship for Studies in Occupational Health and Safety

Deadline: March 15, 2024

BC Principals' and Vice-Principals' Association (BCPVPA) Scholarship

Deadline: March 18, 2024

SCHOLARSHIP OPPORTUNITY

Study in UK North America is pleased to announce up to 3 exclusive £20,000 (approximately \$34,100) scholarships for students who study at the University of Exeter. Only students applying for Business or Computer Science undergraduate or postgraduate degrees in the 2024 intake through SI-UK will be eligible.

If your students would like to apply for one of these programs for the opportunity of receiving this cost-of-living scholarship then please [contact SI-UK](#) as soon as possible and we will get the application process started. If you have any questions about us, the University of Exeter or the scholarship please let us know.

What does the scholarship include?

Available to both Undergraduate and Postgraduate Business or Computer Science students, this scholarship includes:

- £20,000 (Approximately \$34,100) towards living costs
- Awarded in cash, post-enrolment and payments divided over the year
- Year 1 only if awarded to an Undergraduate student

Scholarship eligibility requirements

To be eligible for the University of Exeter Business or Computer Science Scholarship applicants must:

- Apply for Undergraduate or Postgraduate Taught programs in the Business School or Computer Science
- Or a combined course where a minimum of at least 50% of credits are taken in either the Business School or Computer Science
- Be Canadian & a resident of Canada
- Be applying for September 2024 entry
- Meet all standard admissions entry requirements
- Selection will be based solely on academic merit with up to 3 scholarships available
- The deadline for this scholarship is July 1st but we advise early applications

SCHOLARSHIP OPPORTUNITY con't

Scholarship eligibility requirements

The deadline for this scholarship is July 1st but we advise early applications

If you or your students have any questions about these requirements then speak with a [Consultant](#) who will be able to confirm details with the university.

Apply through SI-UK

To apply for the Business or Computer Science Scholarship, please contact a UK University [Consultant](#) by calling directly or by clicking the button below.

[Contact Us](#)

Attention Parents:

Are you a member of the **BC General Employees Union (BCGEU)**?

Your student is eligible to apply for a number of scholarships offered by the BCGEU.

For a list of the general eligibility requirements, scholarships, and FAQs, please visit their website:

<https://nupge.ca/scholarship-faq/#note-YW>

All applications are due by midnight on Thursday, February 15th, 2024.

- Ms. ten Hove is available during C Block to guide students through the process.

Careers Department



The Naval Experience Program

One year. Fully paid. Adventure awaits!

Who is this program for?

Not sure if the Royal Canadian Navy is for you? This is the perfect way to find out. The Naval Experience Program is for anyone seeking adventure, meaningful employment, and who is willing to try something new but only looking for a one-year commitment at this point. Think of it as a Navy "gap year" except it's fully paid and can lead to amazing career opportunities.

What is the program?

This new, one-year program is aimed at providing Canadians with exposure to the Royal Canadian Navy.

Candidates will receive or participate in:

- A general Navy onboarding period
- A four-week Naval Environmental Training Program (including Damage Control School) followed by periods at sea
- Opportunities to shadow a number of Navy jobs and exposure to a wide variety of skills both ashore and at sea
- Visits to units, ships/submarines and bases
- Opportunities for additional Navy training
- A full salary

All qualifications earned and time-in-service will count towards a future military career.



Where is it held?

Basic training takes place at a Canadian Forces Leadership and Recruiting School. The rest of the program takes place in Halifax, Nova Scotia or Esquimalt, British Columbia, and participants can make their coastal preference known early in the application process. Participants will have free accommodations with meals included (taxable benefit).

When?

The Naval Experience Program is offered continuously. There are no cut-off dates, and applicants can begin the program year-round.

Why?

Unlike other entry plans, the Naval Experience Program gives participants the opportunity to shadow a variety of Navy jobs before applying for a trade.

At the end of the program, participants will have the choice to continue serving in the Navy (full or part-time), transfer to another element, or leave the Navy, no strings attached.

For those who choose to stay, they will apply for a trade based on their preference and qualifications, and for those who choose to leave, they'll get an amazing experience and something great to put on their resume.

One year. Fully paid. Adventure awaits!

Scan the QR code for more information.



THE WORLD LOOKS DIFFERENT FROM HERE

Bachelor of Commerce at UVIC

Are you innovative, creative, and considering business?

If you want to make a difference, develop your global mindset, and gain work experience in a vibrant learning culture, BCom is the degree for you! Students graduate from the Gustavson BCom Program feeling confident, assured and excited about their future. Come to this information session to find out more.

Register using this QR Code:



Please contact Danielle Hudlak for more details: dhudlak@sd62.bc.ca



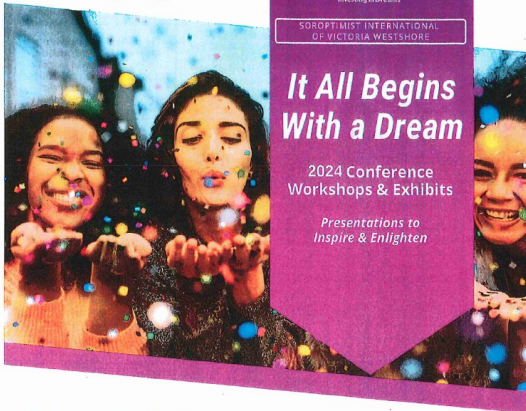
uvic.ca/gustavson



@gustavsonuvic

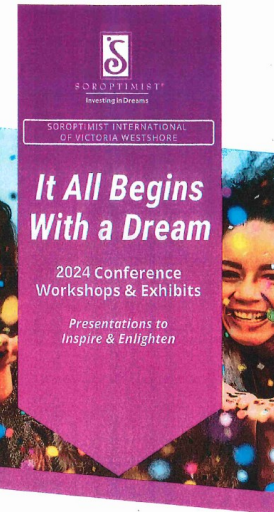


DREAM IT • BE IT
CAREER SUPPORT
for girls



A unique opportunity for girls and young women, transgender, and non-binary youth aged 15 – 25 to explore their dreams and discover their potential.

Cost of registration: FREE



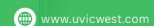
Date: Tuesday, March 5th, 2024
Time: 8:30am - 1:30pm
Venue: Chiefs and Petty Officers Mess
Address: 1575 Lyall Street in Esquimalt

Visit the Career Commons to register.

A Special Thank You to Our Event Sponsors!



SOROPTIMIST
FOUNDATION
OF CANADA



Interested in STEM?

Join the

Schneider Electric Project

January 22nd - April 8th 2024
to

- ▶ Build your Skills
- ▶ Test out Engineering
- ▶ Strengthen University Applications

Commitment:
3-6 hours per week

Eligibility:
Female-identifying
Grade 11's and 12's +
1st & 2nd years

Weekly Meeting:
Mondays 7-8:15pm

**No Experience
Required!**

Sign up for
more
information



Careers Department con't



Located in Victoria, BC



ARE YOU LOOKING FOR SUMMER EMPLOYMENT IN THE TRADES?

APPLY TO THE FEDERAL STUDENT WORK EXPERIENCE PROGRAM (FSWEP) AT THE NAVY'S FLEET MAINTENANCE FACILITY LOCATED IN ESQUIMALT, BC.





WE ARE CIVILIANS PROVIDING QUALITY, TECHNICAL SERVICE IN SUPPORT OF THE ROYAL CANADIAN NAVY FLEET

WE OFFER:

- 8 weeks of paid work experience from **July 4 - August 28, 2024**
- Unique Trades work on Royal Canadian Navy (RCN)
- Various trades experience available: Machinist, Millwright. Various Hull Trades: (Shipwright, Joiner, Painter, Lagger, Electroplater & Rigger). Various Metal Trades: (Metal Fabrication, Sheet Metal & Welder)
If you are unsure which trade you are interested in we request that you narrow your choices to two.
- Potential for future apprenticeship opportunities

Please see your Career Counsellor for further details on how to apply for this program.

Application deadline to apply is April 4, 2024

COME JOIN OUR FAMILY!

VISIT [JOBS.GC.CA](https://jobs.gc.ca)
FOR FUTURE CAREER OPPORTUNITIES

We Serve the Fleet



Counsellors' Corner

Be a champion for youth health ...



... take action and make a difference

YOUTH HEALTH IN OUR COMMUNITY:

Be part of the student team reviewing the SD62 results from the 2023 BC Adolescent Health Survey, then help engage fellow students in taking action to address the youth health issues outlined in the results.

Full-Day Workshop for Students in Grades 10 to 12
February 27, 2024 | 9:30 a.m. to 3:00 p.m.
Lower Clubhouse, West Shore Parks & Recreation
Limited Space Available • Lunch & Snacks Included • Pre-Registration Required

Interested? Contact: candrew@sd62.bc.ca

Hosted in partnership with McCreary Centre Society, School District 62 (Sooke), Island Health, and The Village Initiative.



Hello. My name is Niki Campbell and I am the Education Manager for the BCACC (<https://bcacc.ca/>) - the Association for Counsellors in BC.



I'm getting in touch because part of my role is to create free public presentations, put on by Registered Clinical Counsellors, on topics to help the people in our province with important topics to support the issues that people are facing.

The next one we are offering is titled:

Top 10 Strategies for Caregivers Supporting a Child with Anxiety

This is the registration link:

Counsellors' Corner con't

Virtual Online Group for Parents with 13-18 year old's

PARENTS
in
the
KNOW



Wednesday Evenings 6:30-8PM
January 10- March 13

Register Online or call
250. 217.4929



DO YOU FEEL UNSURE OF HOW TO
SUPPORT YOUR TEEN?

JOIN OUR
PARENTS TOGETHER
PROGRAM

STARTING 13 SEP
TUESDAYS
6:30PM - 8PM


ONGOING
SUPPORT

ONLINE
GROUP

FOR MORE INFORMATION CONTACT
Lisa Hoffman: 250.217.4929
parentingprograms@bgcsvi.org

Virtual Online Group for Parents with 9-12 year old's

Parenting
Without
Power
Struggles



Thursday Evenings 6:30-8PM
February 15-April 18

Register Online or call
250. 217.4929



DO YOU FEEL UNSURE OF HOW TO
SUPPORT YOUR TEEN?

JOIN OUR
PARENTS TOGETHER
PROGRAM

STARTING 13 SEP
TUESDAYS
12PM - 1:30PM

ONGOING
SUPPORT

ONLINE
GROUP

FOR MORE INFORMATION CONTACT
Lisa Hoffman: 250.217.4929
parentingprograms@bgcsvi.org