

Royal Bay Wellness Centre

Clinics Hours January 8th to June 28th 2024

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| Monday | Discovery Counselling appointment only |
| Tuesday | Physician 9:30- 2:30 |
| Wednesday | Discovery Counselling appointment only |
| Thursdays | Public Health Nurse (start Jan 11 th) 9:30-11:00 Nurse Practitioner (start Jan 18 th) 9:00-3:00 Public Health Nurse and Nurse Practitioner alternate Thursdays |
| Friday | CLOSED |

Clients provided through 25
years of age

Physician Services & Nurse Practitioner Services:

- ✓ Mental health & wellness
- ✓ Illness
- ✓ Sports Injury

Public Health Nurse Services:

- ✓ Birth Control
- ✓ STI testing & treatment (all ages)
- ✓ Sexual decision making and relationships
- ✓ Pregnancy testing and options
- ✓ Healthy lifestyle

Call: 250-519-3580
Appointment & Drop-in Welcome

'Excellent care-for everyone, everywhere, every time'

January 2024

