



Supporting your wellness journey: School District 62 Wellness Centres

School District 62 Wellness Centres provide easy access to health and wellness services with a focus on youth up to 25 years of age. Our physicians, nurse practitioner, public health nurses and Discovery Youth & Family Substance Use counsellors are here to support your wellness journey.

The Wellness Centres are located at Belmont Secondary School, Royal Bay Secondary School and Edward Milne Community School.

To book an appointment, please call or drop-in to speak with the Medical Office Assistant (MOA).

Appointments are made on a first come, first served basis, with limited capacity for advance booking. *Hours of operation for our Wellness Centres change each January, July and September.* Check the school website or call **250-519-3580** to find out about availability at your site of choice.

The MOA will speak with you to ensure we are able to support the service you seek. We are also dedicated to ensuring you understand your rights to privacy and confidentiality – if you have questions or would like more information, please speak with any Wellness Centre staff.