This week in The Raven's Nest



École Royal Bay Secondary School

3500 Ryder Hesjedal Way Victoria, BC V9C 0J6 royalbay@sd62.bc.ca T: 250-474-2377



December 4—8, 2023

We would like to acknowledge the traditional territories of the Coast Salish, specifically Esquimalt Nation and Songhees Nation on which Ecole Royal Bay Secondary is built, and the nations that SD62 works with, Beecher Bay SCIA'NEW Nation, T'Sou-ke Nation, and Nuu-chah-nulth Pacheedaht Nation to the west.

We recognize the territory, the First Nations peoples, and thank them for sharing this beautiful land. Hych'ka - Coast Salish Kleco Kleco - Nuu-chah-nulth



YEARBOOKS On Sale Nou!

ATTENTION PARENTS: Don't forget to order your student's copy of the 2023-2024 yearbook! COPIES ARE LIMITED! Order yours now by scanning the QR CODE HERE >>>>



YEARBOOK: \$60 | GRAD MEMORY BOX: \$15

What's inside!

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WEEK of:

December 4-8, 2023

Monday

- Tuesday Wellness Centre (9:30—3:30 pm)
- Wednesday

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- Thursday
- Winter Music Concert in Theatre

Wellness Centre (9:30-3:30 pm)

PAC Meeting @ 6:30 pm

Friday

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Important dates to Remember

Nov 21– Dec 7	Grad Photos
December 6	PAC Meeting @ 6:30 pm
December 7	Winter Music Concert
December 21	Winter Formal
December 22	Santa Breakfast
December 22	Last Day before Winter Break
Dec 25– Jan 5	Winter Break
January 8, 2024	School Reopens
January 10	PAC Meeting at 6:30 PM
January 24—25	Grad Assessments
January 24—26	GRAD Photo Retakes
January 29	Semester 1 Ends
January 30	Semester 2 Begins
February 9	Fire Drill #4 @ 9:20 am
February 16	PRO D—No School
February 19	Family Day—No School
February 28	Pink Shirt Day
March 6	PAC Meeting @ 6:30 pm
March 7	Lockdown Drill @ 11 am
March 15	Last Day of School before Springbreak
March 18—28	Springbreak—No School
March 29	Good Friday—No School
April 1	Easter Monday—No School
April 2	Day in Lieu of March 29 STAT—No School
April 3	School Reopens
April 18	Term 3 Ends
April 19	PRO D—No School
April 22	Term 4 Begins
April 25	Fire Drill #5 @ 2:15 pm
May 1	PAC Meeting @ 6:30 pm
May 4	Dry GRAD Carnival

RBSS Contacts

Mike Huck - Principal mhuck@sd62.bc.ca

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Lindsay Lockhart English Skills Development (ESD) <u>llockhart@sd62.bc.ca</u>

<u>Meagan MacPherson</u> Na'tsa'maht Indigenous Education Support Teacher

mmacpherson@sd62.bc.ca

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RBSS PAC Corner

Meetings will be held the 1st Wednesday of each month at 6:30 pm in the Learning Commons PAC meetings for 2023-2024:

> Dec 6, 2023 Jan 10, 2024 Feb 7, 2024 Mar 6, 2024 Apr 3, 2024 May 1, 2024 June 5, 2024

2023-2024 PAC

Executive Members

President:	Caroline Aked
Vice President:	Nevada Kaludjer
Treasurer:	Melissa Da Silva
Secretary:	Nicole Blanchard
SPEAC Rep	Allison Hyatt
Communications Officer:	Tiffany Magionas

PAC email: royalbaypac@gmail.com



PAC's Peninsula Co-op number 134056



December 4—8, 2023

	<u>ltem</u>	Monday	Tuesday	Wednesday	<u>Thursday</u>
HOT SIDE	Hot Main	French Toast with Bacon & Fruit	Tacos al Pastor	Lasagna	Pulled Pork Poutine
	Vegetarian	French toast with Fruit	Tacos	Lasagna	Poutine
COLD	Wrap	Trio	Chipotle Chicken	Greek Wrap	Turkey
SIDE	Appie	Honey Garlic Wings	Honey Garlic Wings	Honey Garlic Wings	Honey Garlic Wings
BAKING	Desserts	Lava Cake/Banana Choc Chip Muffins with Streusel Topping	Lava Cake/Banana Choc Chip Muffins with Streusel Topping	•	Lava Cake/Banana Choc Chip Muffins with Streusel Topping

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From the Admin

TASK Update!

Congratulations to Kyan B. on realizing his goal of starting his Carpentry Apprenticeship. Kyan is graduating this year, and is already starting his path on becoming a Red Seal Carpenter. Kyan participated in the RBSS TASK program last year, learning skills and creating connections that have allowed him to transition in the work force and apprenticeship programs in his grade 12 year. Below is a picture of Kyan on the jobsite working alongside his father Chris. We are super proud of Kyan working to achieve his goals!

Attached is a brief description of the TASK program should this inspire more students to enroll in the RBSS TASK program for the upcoming semester.





Naomi El-Nahas is École Royal Bay Secondary's recipient of the Governor General's Academic Medal for 2022/2023.

Naomi graduated with last year with an incredible 4.0 GPA and academic record. Aside from being a very strong an engaged student Naomi is also a committed citizen of our communities, both in school and locally. Naomi was known for her exceptional work ethic during her time at Royal Bay. She was dedicated to helping others in and out of the school environment, being a piano teacher at JDF since she was 13 and volunteering within the Japanese community.

Naomi is currently attending the University of British Columbia, navigating her first year in Post-Secondary in General Sciences. Aside from earing the Governor General's Academic Medal, Naomi was also the recipient of several academic scholarships through UBC and other agencies.

We would like to acknowledge all the hard work and dedication to her education that Naomi demonstrated over her time at Royal Bay. We are proud to call her one of our own and wish her luck as she continues her education at UBC.

Attention Grade 11 & 12's!

If you're interested in a career in trades...WE HAVE THE PROGRAM FOR YOU!!!

TASK (Trades Awareness Skill & Knowledge) will help you make an informed decision about which trade would be the best fit for you. TASK is a "hands on" program in partnership with Camosun College that focuses on four trade areas: **carpentry, metal trades, electrical and plumbing**. Students will get practical experience building a variety of projects such as; Sheds, Car Ports, Garages, etc. Upon successful completion of the Trades Awareness Program, students will receive Industry Training Authority (ITA) C.O.R.E. certification from Camosun College. To ensure students are "job ready", students will also take entry-level industry certifications and go out on a work placement for two weeks. This program is one full semester and will give students up to 28 high school credits. Please contact Ms. Phillips or Mr. Huck, or your councilor if interested.

The TASK Program has been very successful since coming to the SD 62 high schools several years ago. A large amount of our students have successfully transitioned straight from this program into local industry jobs, often earning ITA apprenticeships, full time employment and post-secondary training at Camosun subsidized by the school district.

This year more than any other might be the right time to make this decision. If you're interested, please connect with Ms. Phillips <u>tphillips@sd62.bc.ca</u> or connect with their school counsellor. This is a fantastic program – don't miss out on an opportunity that be life changing!

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10,000 Tonight

École Royal Bay would like to thank the our Leadership students and staff, the many volunteer drivers, collectors, sorters and counter to help us achieve our goal of 10 000 food items collected in one night. Last night was incredible! Our students came out in force and fully put their energy into supporting our community. Through their initiative, school and community engagement **Royal Bay was able** to collect more than 20,000 food items- well surpassing the goal of 10,000 food items. Students, parents, and staff canvased our community and went door to door collecting items for the local food banks. It was amazing to witness the energy, smiles and sense of community that warmed the night. Students spent the evening collecting, sorting and preparing packages for delivery to the local food banks. Royal Bay has done this every year since we opened in 2015. 10,000 Tonight has become an event that we as a school look forward to each year. Our students do an incredible job representing the school, the communities and their families. We are still counting and will have a final tally next week. The RBSS 10,000 tonight evening was a huge success – it truly showed the Raven Spirit and how as a collective we can accomplish great things. We are very proud of our student.



From the Admin con't

As we cruise into **December**, the students and staff at École Royal Bay Secondary would like you to be aware of some upcoming events for our school community.

RBSS is incredibly proud of our **Fine Arts Department (FAD).** Students and staff can always be counted on to put on amazing performances. The FAD is busy putting together shows and events for students, staff and visitors over the next couple of weeks.

- December 7 Music Program's Winter Concert @ 7pm
- December 19 and 20 Dance Academy Winter Dance Performances @ 7:00 pm
- December 6 Annual District Academies Showcase performance with Dunsmuir Dance Academy in support of Goldstream Food Bank @ RBSS

Our **Athletics programs** are back in action. So far we have had great showings from our soccer and volleyball teams and Lacrosse Academies. In fact our Boy's Senior Soccer AAA team finished 2nd in the Province this past weekend in Burnaby – an incredible achievement! Basketball is also well underway, as are drop in Rugby skill sessions. We have also had representation in several individual athletic pursuits like golf, swimming, wrestling and skiing.

- Basketball Referee Clinic November 25 from 8 am 3 pm
- Battle of the Bay Basketball Tournament @ RBSS November 30, December 1 & 2 at RBSS
- Lacrosse trips to Denver and Seattle
- Lacrosse Alumni Game December 20 @ 3:30 pm

Grad Events

- Our Grade 12 Grad Class of 2023 will have a Winter Formal Event on December 21 from 5:30 to 9:30 pm
- Butchart Gardens December 8
- Krispy Cream Fundraiser November 21 December 8

School Events

- 10,000 Tonight November 29 5 9 pm (Super Successful 20,000 plus items collected!)
- Grade 10 Careers Symposium November 30 afternoon
- Santa's Breakfast December 22 starting at 8:00 am

We are looking forward a positive and busy three weeks until the Holiday Break!

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Around the Raven's Nest!





Culinary Arts Students have been busy preparing tasty and nutritious lunches for school.



Grade 9 Home Economics classes have been designing comics on ethical issues related to food.



Senior Food Studies students recently finished designing new food products and packaging.

Textiles students have been sewing aprons, shakets and creating costumes for the upcoming theatre production.



Family Studies students have been designing products and services for those considering parenting.



The Garden Club has been harvesting food and helping to winterize the beds this fall.



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GRAD Lanyard⁹



"Grad Lanyards are still available!! Only \$5 – CASH!"
"Act quickly!! Only a limited number available."
"Drop by Mr. Burgess' room (2115) with the cash for pick-up"

Winter Formal Consent Form for 2023!



Form and payment **must** be <u>handed in and paid</u>

Winter-Formal-Consent-Form-2023

• sd62.schoolcashonline

Scholarship Information for Grads:

Here is the link to the *Royal Bay Scholarship website*. It provides a list of scholarships, organized by months, as well as information about writing scholarship resumes, cover letters and essays.

https://royalbay.web.sd62.bc.ca/students/scholarships/

Another useful link *RBSS 2023/24 Scholarship Google Classroom*.

Not only does it contain the Scholarship website, but it is also where announcements and other useful and related information are posted.

https://classroom.google.com/c/NTIOMDY1NDIOMzc5? cjc=gcasrkx



RBSS Grad Photos booking calendar is now open.

Go to: Schedule.prestigeportraits.ca to book your sitting.

Please note that all sittings will occur at the following location:

Prestige Portraits Studio

#104 - 1740 Island Hwy, Victoria V9B 1H8

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Grad Corner con't



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Grade 10 Girls Volleyball

Thank you to the Royal Bay family for all the support and encouragement this year for our team. The girls had a fantastic time in Surrey last weekend competing in the BC championships. They came 24th in the tournament, losing some very close games in the second day.overall it was an immensely successful season for this team. Thank you once again to our sponsors for the new uniforms. See you next season!

Thank You to our Sponsors



The Royal Bay athletics department is beginning a new recognition tradition where we are going to honour junior and senior athletes of the month. These athletes demonstrate commitment, hard work, leadership, and consistent performance in their sport. All athletes have been nominated and chosen by the staff from our athletics programs. This month we would like to recognize:



Easton M.

Easton began the difficult task of pulling double duty to start off the school year as a member of both the Senior Boys Soccer and Junior Boys Volleyball teams. Fortuantely, he was able to handle the workload, being named a captain of the volleyball team and was a key contributor playing with and against older students in soccer.

Farrah, the libero for the Junior Girls vollevball team, was steady in her dedication, attitude, and effort for the girls volleyball team. Well done Farrah!



Mya W.

Mya started off the school year with a bang, accepting a scholarship to play basketball for UNBC! However, where she earned this honour was through her hard work, commitment, and solid teamwork on the volleyball court. Congrats Mya!!

Matteo S.

Captain of the Senior Boys Volleyball team, Matteo earned this award through his persistent dedication, leadership, and amazingly positive attitude. Early on it was clear what the team's motto was: when in doubt, set Matteo!

ATHLETES **OF THE** MONTH



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Farrah R.





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LEVI V.

Levi consistently shows up with a positive mindset and strong work ethic. He has had a leadership impact already in the lacrosse academy by taking classmates under his wing and teaching them all about face-off techniques and tactics. Levi helps with field setup and take-down almost every class, without being asked. Levi has competed in several cross-country races with the Ravens. Levi placed 10th at the island finals race and successfully qualified for provincials!

GRAYSON M.

play D1 Lacrosse.

Grayson is always

and as a leader. He constantly spends time on

his own at the field, and

him. He works hard no

matter what and is

classroom as well.

skills and is the

encourages others to join

focused on doing so in the

Grayson is committed to

helping others hone their

consummate team player,

always setting the tone in

practice and in games.

Congrats Grayson!

Grayson recently officially

committed to attending the University of Denver to

improving, both athletically



ATHLETES OF THE MONTH OCTOBER

HARLYN B.

Harlyn has been an outstanding leader and attacker over the course of the Grade 9 girls volleyball season. She played a huge role in helping lead the girls to the league finals and a fantastic end result, capturing a 3rd consecutive league championship. She's an outstanding teammate, volleyball player and community member. Well done Harlyn!



MACKENZIE W.

As captain and starting setter for the Senior Girls Volleyball team, Kenzie shoulders a lot of responsibility. Fortunately, she thrives in these roles and demonstrates all the qualities you would want in a role model: kindness, respect, inclusivity, and commitment. She managed to overcome a tricky injury to help lead her team to the Island Championships and was valued as much for her skill on the court as she was for her leadership off it. Well done Kenz!

Careers Department



The Naval Experience Program

One year. Fully paid. Adventure awaits!

Who is this program for?

Not sure if the Broyal Canadian Navy is for you? This is the perfect way to find out. The Naval Experience Program is for anyone seeking adventure, meaningful, employment, and who is willing to try something new Juit roly looking for a one-year committenet at this point. Think of it as a thory gap year' except it is fully paid and can lead to amazing career opportunities.

What is the program?

This new, one-year program is almed at providing Canadians with exposure to the Royal Canadian Navy.

Candidates will receive or participate in:

- A general Navy onboarding period A four-week Naval Environmental Training Program (including Damage Control School) followed by periods at sea
- Opportunities to shadow a number of Navy jobs and exposure to a wide variety of skills both ashore and at sea
- Visits to units, ships/submarines and bases Opportunities for additional Navy training A full salary
- All qualifications earned and time-in-service will count towards a future military career.

Basic training takes place at a Canadian Forces Leadership and Recruiting School. The rest of the program takes place in Halfax, Nova Social or Esquinable, British Catumbia, and participants can make their coastal preference known early in the application process. Participants will have free accommodations with meals included (taxable benefit). When?

Where is it held?

The Naval Experience Program is offered continuously. There are no cut-off dates, and applicants can begin the program year-round.

Why?

Unlike other entry plans, the Naval Experience Program gives participants the opportunity to shadow a variety of Navy jobs before applying for a trade.

At the end of the program, participants will have the choice to continue serving in the Navy (full or part-time), transfer to another element, or leave the Navy, no strings attached.

For those who choose to stay, they will apply for a trade based on their preference and qualifications, and for those who choose to leave, they liget an amazing experience and something great to put on their resume.

One year. Fully paid. Adventure awaits!

Scan the QR code for more information.



Are You Interested In Trades?

The Trades Awareness (TASK) is a "hands on" program and is offered in partnership with Camosun College. TASK exposes interested students to various construction and mechanical trades as they explore units in carpentry, electrical, plumbing and metal trades. The program also provides students with industry certifications such as:

- First Aid
- Safety Star
- WHIMIS
- Fall Arrest

Work experience is also a key component of the TASK Program and gives students an opportunity to develop employability skills which may lead to a paid job and an apprenticeship. Classes and training will take place at Royal Bay Secondary School, Camosun College and off-site depending on the projects.

Applications now available in the Career Commons.

Soroptimist Leadership

Institute



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www.sivw.ca

Careers Department con't



ADULTING 101: PERSONAL FINANCE FOR STUDENTS PREPARING FOR COLLEGE & UNIVERSITY

A Zoom-based financial literacy workshop for grade 10-12 students from UVIC's Gustavson School of Business

Surveys routinely show Canadians <u>struggle</u> with their finances—over half <u>are within \$200</u> of not being able to cover their bills and debt payments.

High school and university students in Canada particularly face struggles. Rising student debt, increasing housing costs, and surging inflation are barriers to success for students from Canada and abroad. *Generation Z* not only faces the burdens of climate change, the pandemic, and global uncertainty—but costs alone are a barrier to progress in careers and life.

So, how can students prepare for the costs of "*adulting*" and identify opportunities while at university?

The Gustavson School of Business at UVic invites all grade 10-12 students to join a free financial literacy workshop. Dr. Michael King leads this interactive session for students to strengthen and prepare their financial footing to enter university life. This workshop will give you a taste of Gustavson and finance through a fun and engaging session.

This workshop is a good fit if one or more of these apply to you:

- You are in grades 10-12
- You want to take responsibility for your financial life, starting with mobile banking and day-to-day spending, and are curious about where to start.
- You have questions about your credit score and how it is used to evaluate you for: mobile
 phone, credit card, apartment rental, summer job, car loan, and much more.
- You want to build up savings and start investing in stocks, bonds, ETFs...
- · You are interested in what a university class might be like

The workshop will be delivered on Zoom on December 12th and 13th.

CLICK HERE TO REGISTER FOR THE SESSION

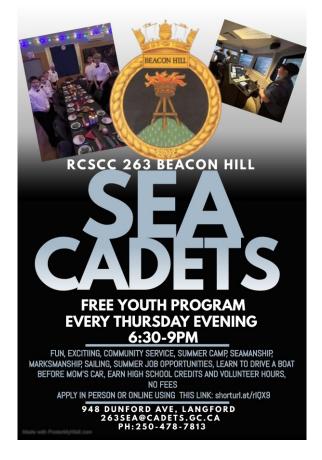
Contact Recruitment Manager, Daniel Nair, at <u>bizrecruit@uvic.ca</u> for more information



Link to Poster: Salesforce

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This and That





Police Camp is a unique youth leadership program for students in Grade 11 or 12 that have interest in exploring policing and public safety. Students will spend one week experiencing classroom lectures, physical activity, group discussions and simulations supervised by dozens of police staff.

POLICE



Police Camp is staffed by police officers, reserve officers of the local municipal police services (Victoria, Saanich, Central Saanich and Oak Bay) as well as the RCMP.

> **Contact your Career Centre** for more information.





THE WORLD LOOKS **DIFFERENT** FROM HERE

Bachelor of Commerce at UVIC

Are you innovative, creative, and considering business?

If you want to make a difference, develop your global mindset, and gain work experience in a vibrant learning culture, BCom is the degree for you! Students graduate from the Gustavson BCom Program feeling confident, assured and excited about their future. Come to this information session to find out more.



Please contact Danielle Huclak for more details: <u>dhuculak@sd62.bc.ca</u>





Wellness Centre @ Royal Bay

September 7th to December 21st 2023 appointments & drop-in available . call:250-519-3580

Monday	Discovery Counselling by appointment only: Theresa Kauffman
Tuesday	Physician: Dr. Corene Boe 9:30 to 3:30pm (Sept 19 th start)
Wednesday	Discovery Counselling by appointment only: Theresa Kauffman
Alternating Thursdays	Public Health Nurse 9:00 to 11:00am (Sept 7 th start)
Friday	CLOSED

Youth Health Clinics Hours

Monday	Discovery Counselling by
	appointment only:
	Theresa Kauffman
Tuesday	Physician:
	Dr. Corene Boe
	9:30 to 3:30pm (Sept 19 th start)
Wednesday	Discovery Counselling by
	appointment only:
	Theresa Kauffman
Alternating	Public Health Nurse
Thursdays	9:00 to 11:00am (Sept 7th start)
,	
Friday	CLOSED

Clients up to 25 years of age:

Physician Services:

- Mental health & wellness
- ✓ Illness
- 🗸 Sports Injury
- **Public Health Nurse** Services:
- ✓ Birth Control
- ✓ STI testing & treatment
- ✓ Sexual decision
- making and relationships
- Pregnancy testing and options
- ✓ Healthy lifestyle

'Excellent care-for everyone, everywhere, every time'

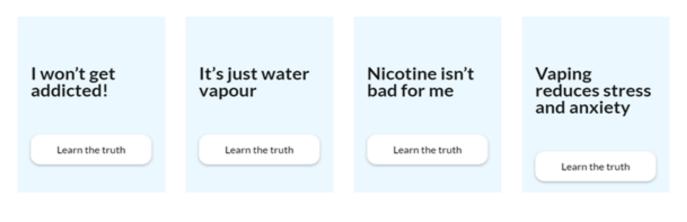


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This and That con't

How much do you really know about vaping?

Get the facts on vaping. Read the common myths and learn how vaping affects your health.



Use the following link to learn the facts on vaping:

https://quitnow.ca/vape-free-quitting



Legion 91 Connection





A Langford Legion Branch 91 Youth Connections Initiative For all Westshore School Students

Prepare a Valentine for Veterans/Military Personnel and the Langford Legion will distribute them to recipients in the area. Enjoy creating a card with Valentines-themed artwork and a brief, sincere message/poem of appreciation/thanks for service.

Register with Langford Legion to participate by December 8, 2023 *Valentines will be picked up January 16, 2024* Please have Valentines in envelope with Teacher, School and Grade(s

Contact Gerry Brennan (Youth Coordinator) <u>legion91youthcoordinator@gmail.com</u> OR the Langford Legion Branch 91 at (250)-478-1828 to register.