This week in The Raven's Nest



École Royal Bay Secondary School

3500 Ryder Hesjedal Way Victoria, BC V9C 0J6 royalbay@sd62.bc.ca T: 250-474-2377



December 18-22, 2023

We would like to acknowledge the traditional territories of the Coast Salish, specifically Esquimalt Nation and Songhees Nation on which Ecole Royal Bay Secondary is built, and the nations that SD62 works with, Beecher Bay SCIA'NEW Nation, T'Sou-ke Nation, and Nuu-chah-nulth Pacheedaht Nation to the west.

We recognize the territory, the First Nations peoples, and thank them for sharing this beautiful land. Hych'ka - Coast Salish Kleco Kleco - Nuu-chah-nulth



YEARBOOKS On Sale Nou!

ATTENTION PARENTS:

Don't forget to order your student's copy of the 2023-2024 yearbook! COPIES ARE <u>LIMITED!</u> Order yours now by scanning the QR CODE HERE >>>>



YEARBOOK: \$60 | GRAD MEMORY BOX: \$15

WEEK of:

December 18-22, 2023

Monday

Tuesday • Wellness Centre (9:30—3:30 pm)

Dance Performance @7 PM

Wednesday • Dance Performance @ 7 PM

Thursday • Wellness Centre (9:30—3:30 pm)

Winter Formal

Friday • Santa Breakfast

• Last Day of School before Winter Break

What's inside!

Page 2	Admin Staff Info, Important Dates
Page 3	PAC, Ravenous Café
Page 4-6	From the Admin
Page 7	Around the Raven's Nest
Page 8-9	Grad Corner
Page 10	Reminders
Page 11-12	Raven Nation
Page 13-15	Career's Department
Page 16	Counselors Corner
Page 17	Wellness
Page 18-20	This and That

Ecole Royal Bay Secondary "TOGETHER WE ARE MORE"

Page 1

Important dates to Remember

December 19 Dance Performance in Theatre
December 20 Dance Performance in Theatre

December 21 Winter Formal
December 22 Santa Breakfast

December 22 Last Day before Winter Break

Dec 25– Jan 5 Winter Break
January 8, 2024 School Reopens

January 10 PAC Meeting at 6:30 PM

January 12 GRAD Bottle Drive
January 24—25 Grad Assessments

January 24—26 GRAD Photo Retakes

January 25 Jazz Night in the Theatre @ 7 pm

January 26 GRAD Ski Trip to Mt. Washington

January 29 Semester 1 Ends
January 30 Semester 2 Begins

February 9 Fire Drill #4 @ 9:20 am

February 13 Grade 9 Immunizations
February 14 Grade 9 Immunizations

February 16 PRO D—No School

February 19 Family Day—No School

February 28 Pink Shirt Day

March 6 PAC Meeting @ 6:30 pm

March 7 Lockdown Drill @ 11 am

March 7 Forte (Concert Band/Choir/SM Ensemble) @ 7 pm

March 15 Last Day of School before Springbreak

March 18—28 Springbreak—No School
March 29 Good Friday—No School

April 1 Easter Monday—No School

April 2 Day in Lieu of March 29 STAT—No School

April 3 School Reopens
April 18 Term 3 Ends

April 19 PRO D—No School

RBSS Contacts

Mike Huck - Principal

mhuck@sd62.bc.ca

Tanya Phillips - Vice-Principal

tphillips@sd62.bc.ca
Students A to G

Martin Lait - Vice-Principal

mlait@sd62.bc.ca

Students H to N +International

Ryan Dube - Vice-Principal

rdube@sd62.bc.ca

Students O to Z

Tebeth Barbour - Counsellor

tbarbour@sd62.bc.ca

Students A to El

Kim Hogan - Counsellor

khogan@sd62.bc.ca

Students Em to Jc + International

Christina Kadin - Counsellor

ckadin@sd62.bc.ca
Students Jd to Pg

Wendy Cooper - Counsellor

wcooper@sd62.bc.ca
Students Ph to Z

Lindsay Lockhart

English Skills Development (ESD)

llockhart@sd62.bc.ca

Meagan MacPherson

Na'tsa'maht Indigenous Education Support Teacher

mmacpherson@sd62.bc.ca

RBSS PAC Corner

Meetings will be held the 1st Wednesday of each month at 6:30 pm

in the Learning Commons

PAC meetings for 2023-2024:

Jan 10, 2024

Feb 7, 2024

Mar 6, 2024

Apr 3, 2024

May 1, 2024

June 5, 2024

2023-2024 PAC

Executive Members

President: Caroline Aked
Vice President: Nevada Kaludjer
Treasurer: Melissa Da Silva
Secretary: Nicole Blanchard
SPEAC Rep Allison Hyatt
Communications Officer: Tiffany Magionas

PAC email: royalbaypac@gmail.com



PAC's Peninsula Co-op number 134056







December 18-22, 2023





From the Admin







Winter Formal

We are looking forward to our Aviary being transformed into a ballroom to host the Grade 12 Winter Formal on Thursday, December 21. Please note students are <u>NOT</u> permitted to be dropped off at the event in a limo.

We are fortunate to have our RCMP liaison officers at the doors to welcome students. This is a school event and as such students will not be permitted entrance if under the influence of drugs or alcohol. Failure to abide by the school code of conduct will influence students' ability to participate in future grad events.















From the Admin con't

Congrats to the Jr. Girls Basketball Team

The junior girls basketball team emerged victorious with an impressive 3-0 record at the VIU tournament in Nanaimo last weekend.

Overcoming injuries and navigating a small roster the team's determination and resilience played a crucial role in their success. Congratulations, girls!







Cozy Soup Workshop

Harris, Jayden, Josh, Campbell and Carly in partnership with Reimaging Westshore welcomed members of the Royal Bay community into our Home Economics kitchen to teach food literacy skills through a cozy soup workshop. This was Carly's passion project through her Senior Food Studies class supported by Ms. Ruff.





Gingerbread Building/Decorating

Royal Bay Ambassadors and International Students enjoyed gingerbread decorating. Fun was had by all as students navigated the architectural feat of building gingerbread houses with a sugar shortage. We had some very creative designs.

Thank you to Ms. Wong and Ms. Pardell for providing this opportunity for our students.

Around the Raven's Nest!

CHOOSING COURSES FOR NEXT YEAR

It's almost that time of year again!!

Course Selections will begin in January 2023. Each grade will be invited to an Assembly in the Theatre which will talk about Grad requirements, required courses and the vast array of electives Royal Bay has to offer.

Next, students will have time to discuss course selection options with their parents and counsellors. Below is the BC Graduation Sheet for both the English and French stream.

Finally, each grade level will have the opportunity to choose their courses online. Classes will be called down and counsellors will be there to guide them through the process.

Course Update: Students graduating this year will need to have an Indigenous-Focused course completed. Courses that will fulfill this requirement are English First Peoples 11 or 12, BC First Peoples 12 and Contemporary Indigenous Students 12.

BC Graduation Requirements

GRADE 10 REQUIREMENTS	CREDITS	
☐ Language Arts 10	4	
□ Social Studies 10	4	Total Credits:
☐ Science 10	4	
□ a Math 10	4	(min. 24)
☐ Physical and Health Education 10	4	
☐ Career Life Education 10	4	
GRADE 11 REQUIREMENTS		
☐ Language Arts 11	4	
□ a Social Studies 11 or 12	4	
	_	
a Science 11 or 12	_ 4	Total Credits:
□ a Math 11 or 12	4	
☐ Career-Life Connections A 12	2	(min. 16)
GRADE 12 REQUIREMENTS		I
☐ English 12	4	
☐ Gr 12 Course	4	
☐ Gr 12 Course	4	Total Credits:
	4	
☐ Gr 12 Course	4	(min. 20)
☐ Career-Life Connections B 12	2	
INE ARTS & or APPLIED SKILLS REQUIREMENTS		
Arts Education or ADST (Applied Design, Skills and Technology) Gr 10, 11 or 12 Course	4	(min, 4)
DDITIONAL COURSES		
	4	
Gr 10, 11 or 12 Course	4	
☐ Gr 10, 11 or 12 Course	4	Total Credits:
☐ Gr 10, 11 or 12 Course	4	
☐ Gr 10, 11 or 12 Course	4	(min. 16)
	1	
□ Numeracy Assessment 10		TOTAL CREDITS
☐ Literacy Assessment 10		- STATE STATE OF
☐ Literacy Assessment 12		

BC Graduation Requirements for French Immersion / Francophone Dual Dogwood

GRADE 10 REQUIREMENTS	CREDITS	
☐ Language Arts 10	4	
☐ Français langue 10	4	Total Credits:
☐ Sciences humaines 10	4	Total credits.
☐ Sciences 10	4	
□ a Math 10	4	(min. 28)
☐ Physical and Health Education 10	4	
Éducation à la vie professionnelle 10 (FCLE-10)	4	
GRADE 11 REQUIREMENTS		
☐ Language Arts 11	4	
☐ Langue et culture de la Francophonie 11 FLCF	1.	
•	4	Total Credits
☐ Exploration en sciences humaines et sociales 11	4	
a Science 11 or 12	_ 4	(min. 22)
□ a Math 11 or 12	_ 4	, ,
☐ Career-Life Connections A 12	2	
GRADE 12 REQUIREMENTS	-	
☐ English 12	4	
☐ Français langue 12	4	Total Credit
Gr 12 Course	4	
Gr 12 Course	4	(min. 22)
Gr 12 Course	4	(min. 22)
☐ Career-Life Connections B 12	2	
NE ARTS & or APPLIED SKILLS REQUIREMENTS		
		Ι
☐ Arts Education or ADST (Applied Design, Skills and Technology) ————————————————————————————————————	4	(min. 4)
DDITIONAL COURSES		· · ·
	T	Ι
☐Gr 10, 11 or 12 Course	4	
☐ Gr 10, 11 or 12 Course	4	Total Credit
☐ Gr 10, 11 or 12 Course	4	(min. 16)
☐ Gr 10, 11 or 12 Course	4	, ,
	'	
Évaluation de numératie de la 10e année Literacy Assessm		TOTAL CREDIT
☐ Évaluation de littératie de la 10e année ☐ Literacy Assessm ☐ Évaluation de littératie de la 12e année	ent 12	Min. = 92



December 21 Winter Formal

December 22 Santa Breakfast

January 12 GRAD Bottle Drive

January 24 – 26 GRAD Photo Retakes

January 26 GRAD Ski Trip to Mt. Washington

Valedictorian Nominations Packages Due

Online Voting for Valedictorian

GRAD Comments & Grad Ceremony Gradation Fee Due!

May 4 Dry GRAD Carnival

May 28 GRAD Rehearsals @UVic

June 2 GRAD Ceremony @UVic 11 & 2 pm

June 14 PROM @Crystal Gardens (Tentative)

Grad Corner

GRAD Lanyards



"Grad Lanyards are still available!! Only \$5 – CASH!"

"Act quickly!! Only a limited number available."

"Drop by Mr. Burgess' room (2115) with the cash for pick-up"







Reminders

Reminder Immunization Packages are Due by Dec 20th:

Recently, immunization consent packages for grade 9 students were sent home from the school. If you have not already done so, discuss the information in the consent package with your child and include them in the decision to provide consent for immunization. Please return the completed consent form to the school in a sealed envelope by **Dec 20, 2023**.

Immunizations will be provided at the school for grade 9 students on Feb 13 and 14, 2023.

Grade 9 students can make an informed decision about immunization regardless of their parent/guardian/representative decision to consent or refuse immunization.

For more information visit HealthLinkBC:

The Infants Act, Mature Minor Consent and Immunization.

Public Health will be offering catch-up immunizations to Grade 10 students who missed their Grade 9 immunizations in the 2022-2023 school year. Only students who have a paper consent form signed by their parent/guardian/representative from the 2022-2023 school year (Grade 9) will be offered immunizations.

Contact the West Shore Health Unit at 250-519-3490 if you have any questions.





Please take the time to enjoy the hard work of **Jennah M., Sharon P., and Payton D.,** Athletic Leadership students who have developed our first ever "Alumni of the Month" recognition project. Each month, a small write-up will be shared through the Raven's Nest about various alumni who are enjoying success in their sport of choice at the post-secondary level. They've done an outstanding job with their first entry; We look forward to reading about more of our alumni in the future.





Basketball season is in full swing, with many highlights coming within the first three weeks of league play

- HUGE CONGRATS to our Senior Boys Basketball team for their 2nd place finish in the "Battle of the Bay" tournament hosted at Royal Bay on December 1st/2nd. The boys began the tournament with a thrilling win in front of a jam-packed gymnasium, with Shema G. and Daniel B. hitting some clutch shots to will the team to victory. While the final didn't finish with a storybook ending, the coaching staff were very pleased with how the players competed early in the season.
- SHOUT OUT to our Grade 9 boys basketball team for their 2nd place finish at Shawnigan Lake this past weekend. The boys lost a nail biter in the final to Oak Bay by only a single point. Well done!
- The Junior Girls, Junior Boys, and Senior Girls have also kicked off their league play and look forward to competitive games in the coming weeks/months.

LOOKING TO KEEP UP TO DATE ON WHAT'S HAPPENING IN THE WORLD OF ROYAL BAY SPORTS TEAMS?

WEBSITE: https://sites.google.com/sd62learns.org/royal-bay-athletics/home





ALUMNI OF THE MONTH - ALEC BILLINGS

I attend Johns Hopkins University and I major in political science. I've been playing Lacrosse since I was 7 years old with all my boys from Wishart elementary school. It all started with wall ball at recess. The balance for me with academics and sports came easier than most



would think. It's simple, if you don't compete in the class, you don't compete in the field. If that doesn't keep you motivated, I don't believe being a student athlete is for you. The process was smoother for me then most and I say this with the most appreciation for my coach Lucas MacNeill and coach Curt Malawsky as they were my main communication for getting coaches on my phone. I committed to Cornell University early, but my soon to be coach now switched to be a blue Jay which is a once in a lifetime opportunity and I ran with it. The only difference between college and high school lacrosse is the drive every player has. Everybody wants to win; each team,

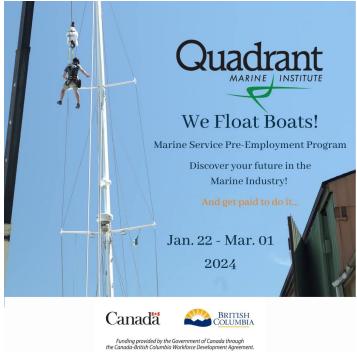
each coach, each member of the training staff, and you face more competitive and bigger, faster athletes. The biggest challenge from post-secondary for me has to be in the classroom. University is hard and, at one of the most prestigious university universities in the world, the standard is high here and living up to it is a dream and a nightmare at the same time. Royal Bay, what an adventure that was! The part I miss the most easily would be the kids I grew up with, seeing them every day, and just laughing and enjoying each other's company day in and day out.



Alec Billings is a member of the grad class of 2021 and 4-year member of the Boys Lacrosse academy at Royal Bay. He was one of an astonishing thirteen total Royal Bay students who committed to play NCAA Lacrosse that year from the academy.

Careers Department







THE WORLD LOOKS **DIFFERENT FROM HERE**

Bachelor of Commerce at UVIC

Are you innovative, creative, and considering business?

If you want to make a difference, develop your global mindset, and gain work experience in a vibrant learning culture, BCom is the degree for you! Students graduate from the Gustavson BCom Program feeling confident, assured and excited about their future. Come to this information session to find out more.



Please contact Danielle Huclak for more details: dhuculak@sd62.bc.ca









Careers Department con't

GREATER VICTORIA POLICE FOUNDATION PRESENTS

POLICE CAMP

MARCH 16-23, 2024

LOCATION: ALBERT HEAD

Police Camp is a unique youth leadership program for students in Grade 11 or 12 that have interest in exploring policing and public safety. Students will spend one week experiencing classroom lectures, physical activity, group discussions and simulations supervised by dozens of police staff.



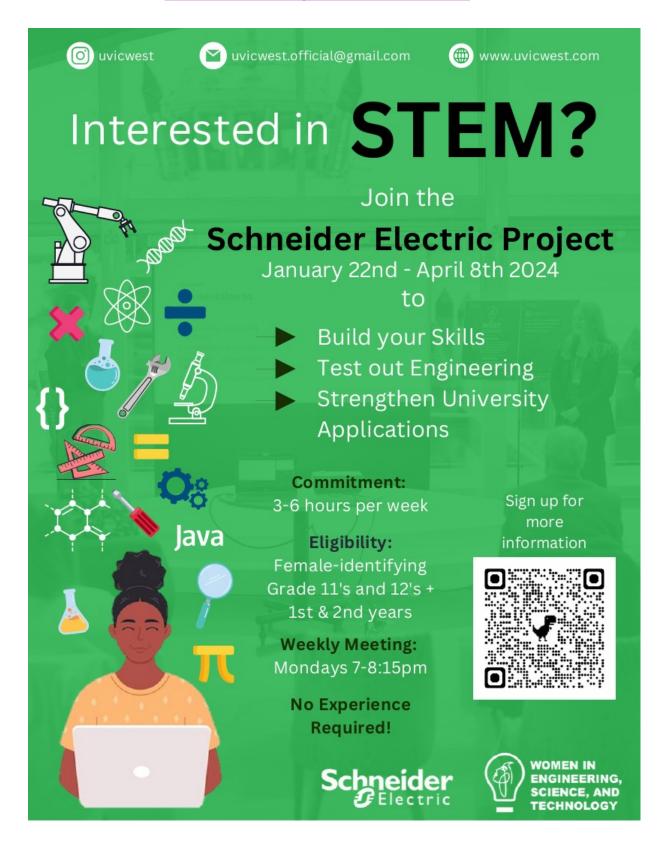
Police Camp is staffed by police officers, reserve officers of the local municipal police services (Victoria, Saanich, Central Saanich and Oak Bay) as well as the RCMP.



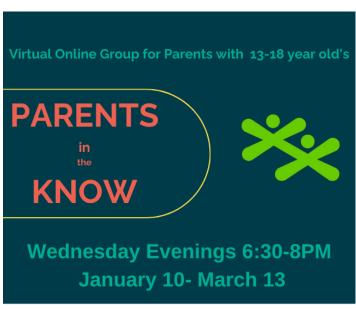
Contact your Career Centre for more information.



Careers Department con't

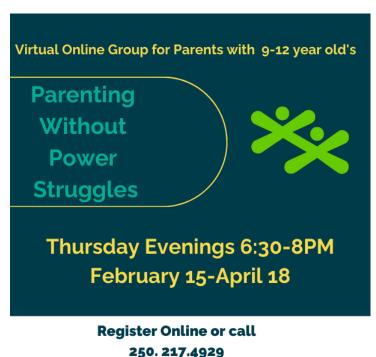


Counsellors' Corner



Register Online or call 250. 217.4929







Wellness Centre

Wellness Centre @ Royal Bay

Youth Health Clinics Hours
September 7th to December 21st 2023
appointments & drop-in available
call:250-519-3580

Monday	Discovery Counselling by appointment only: Theresa Kauffman
Tuesday	Physician: Dr. Corene Boe 9:30 to 3:30pm (Sept 19 th start)
Wednesday	Discovery Counselling by appointment only: Theresa Kauffman
Alternating Thursdays	Public Health Nurse 9:00 to 11:00am (Sept 7 th start)
Friday	CLOSED

Clients <u>up to 25</u> <u>years of age:</u>

Physician Services:

- ✓ Mental health & wellness
- ✓ Illness
- ✓ Sports Injury

Public Health Nurse Services:

- ✓ Birth Control
- ✓ STI testing & treatment
- ✓ Sexual decision making and relationships
- ✓ Pregnancy testing and options
- ✓ Healthy lifestyle

'Excellent care-for everyone, everywhere, every time'

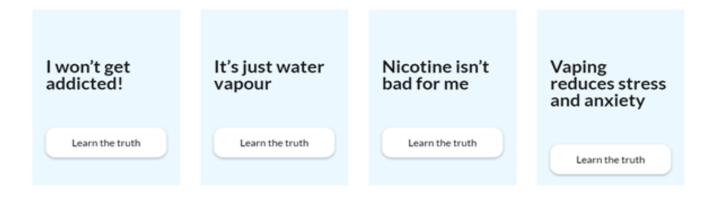
August 2023



This and That

How much do you really know about vaping?

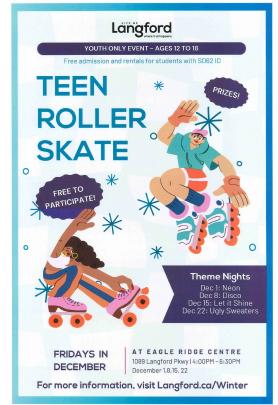
Get the facts on vaping. Read the common myths and learn how vaping affects your health.



Use the following link to learn the facts on vaping:

https://quitnow.ca/vape-free-quitting









Royal Bay Boys Lacrosse Academy

CANUCKS VS BOSTON BRUINS RAFFLE

2 tickets to the Vancouver Canucks vs Boston Bruins game on February 24, 2024 at 4pm including a one night's hotel stay at the Accent Inn Richmond (hotel night can be used anytime)! Prize Donated by RJC Engineering and Accent Inns. Draw date: Thursday December 21, 2023

\$10 donation for each entry
ALL proceeds go towards lacrosse tournament travel costs









JDF Lacrosse News December 2023

jdflacrosse.com







Box Lacrosse REGISTRATION opens December 1st!

Co-ed Division born 2008-2019 Female Division born 2008-2019

New & returning players welcome Register online jdflacrosse.com

Questions regarding registration, kidsport/sport assist funding please email registrar@jdflacrosse.com

Pre-season practices and evaluations January-February Game schedule announced March League games April-June

Try Lacrosse For Free events for new players only. SESSIONS IN January. Register for a spot on our website www.jdflacrosse.com

Check out our website and social media pages for up to date info.

U11-U17 Field Lacrosse Teams

Good luck to our JDF Whalers teams heading to play downs and BC Provincial Championships!

Coaching and Officiating Clinics Opening soon

We are looking for dedicated volunteers to take these clinics. Coaching and officiating can count towards graduation credits for high school students.

Female division coaches and officials info email Dawn Ranns dawn.ranns@jdflacrosse.com

Co-Ed coaching info email Curt Morwick

Co-Ed reffing clinics TBD email Rob Cook if interested rkcook@telus.net

Female Only Box Lacrosse Division

New and returning players of all ages encouraged to sign up. Meet some new friends and see what female only league has to offer. Email our female VP Dawn Ranns with questions or for stick loans. dawn.ranns@jdflacrosse.com