# This week in The Raven's Nest



# École Royal Bay Secondary School

3500 Ryder Hesjedal Way Victoria, BC V9C 0J6 royalbay@sd62.bc.ca T: 250-474-2377

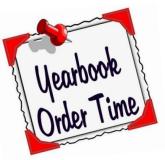


# October 9-13, 2023

We would like to acknowledge the traditional territories of the Coast Salish, specifically Esquimalt Nation and Songhees Nation on which Ecole Royal Bay Secondary is built, and the nations that SD62 works with, Beecher Bay SCIA'NEW Nation, T'Sou-ke Nation, and Nuu-chah-nulth Pacheedaht Nation to the west.

We recognize the territory, the First Nations peoples, and thank them for sharing this beautiful land. Hych'ka - Coast Salish Kleco Kleco - Nuu-chah-nulth





Reminder to go to your
School Cash Online account
to purchase your
2023-2024
yearbook!

### WEEK of:

October 9-13, 2023

Monday Thanks Giving—No School

Tuesday

Wednesday PAC Meeting @ 6:30 pm

Thursday Fire Drill @ 2:15 pm

Friday

### What's inside!

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Ecole Royal Bay Secondary "TOGETHER WE ARE MORE"

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# **Important dates to Remember**

October 9	Thanksgiving—no school
October 12	Fire Drill #2 @ 2:00 pm
October 17	Retakes for School Photos
October 19	Great BC Shake Out @ 10:10
October 20	NID - Provincial Pro– D no school
Oct 30 - Nov 2	Assessments
November 1	Take your Kids to Work Day—Grade 9
November 1	PAC Meeting @ 6:30 pm
November 7	Hold and Secure Drill @ 9:30 am
November 6	Post Secondary BC Visit
November 13	Remembrance Day—no school
November 30	Music Concert
November 30 Nov 21– Dec 7	Music Concert Grad Photos
Nov 21– Dec 7	Grad Photos
Nov 21– Dec 7 November 21	Grad Photos Fire Drill # 3 @ 9:20 am
Nov 21– Dec 7 November 21 November 23	Grad Photos  Fire Drill # 3 @ 9:20 am  Early Dismissal 3 Hrs—Learning Conferences
Nov 21– Dec 7 November 21 November 23 November 24	Grad Photos  Fire Drill # 3 @ 9:20 am  Early Dismissal 3 Hrs—Learning Conferences  NID—Pro-D—no school
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Nov 21– Dec 7 November 21 November 23 November 24 December 6 December 21 December 22	Grad Photos  Fire Drill # 3 @ 9:20 am  Early Dismissal 3 Hrs—Learning Conferences  NID—Pro-D—no school  PAC Meeting @ 6:30 pm  Winter Formal  Santa Breakfast

# **RBSS Contacts**

#### Mike Huck - Principal

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#### Tanya Phillips - Vice-Principal

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Students A to G

#### Martin Lait - Vice-Principal

mlait@sd62.bc.ca

Students H to N +International

#### Ryan Dube - Vice-Principal

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Students O to Z

#### Tebeth Barbour - Counsellor

tbarbour@sd62.bc.ca

Students A to El

#### Kim Hogan - Counsellor

khogan@sd62.bc.ca

Students Em to Jc + International

#### **Christina Kadin** - Counsellor

ckadin@sd62.bc.ca

Students Jd to Pg

#### Wendy Cooper - Counsellor

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Students Ph to Z

#### Lindsay Lockhart

English Skills Development (ESD)

llockhart@sd62.bc.ca

Meagan MacPherson Na'tsa'maht Indigenous Education Support Teacher

mmacpherson@sd62.bc.ca



# Reminder to Parents the Parking Expectation:

As you may be aware, two portables have been installed in the staff parking lot. This has resulted in the loss of a number of staff parking stalls and one of the exits to this lot. With over 150 staff members and only 130 parking stalls available, we encourage all members of our school community to consider alternative transportation options, such as walking, taking public transport, or cycling to school whenever possible.

To address the after-school traffic congestion, we kindly request your cooperation in considering the following suggestions:

- Choosing Alternative Meeting Spots: We ask that you make arrangements with your student(s) for a meeting spot other than the staff lots and the front of the school. Please note that parents are NOT permitted to park in staff lots.
- 2. **Arriving at 3:30 PM Mon-Thur, 2:30 PM Fri:** If you are picking up your students after school, we suggest arriving 10 minutes after the bell to allow time for the majority of students to clear the building and use the crosswalk. This will help alleviate congestion during the peak dismissal period. We understand that time may vary for each family, but arriving a bit later can significantly ease the traffic situation.
- 3. **NO Idle Zone**: While waiting for your student, turn your vehicle off.

# Student Emergency Release Form:

Reminder to return the salmon colored **student emergency release form** that was given to students to bring home at the beginning of September. This form is <u>NOT</u> used to update contact information. Students can hand the completed form to the office or it can be scanned and emailed to <u>royalbay@sd62.bc.ca</u>

Extra forms are available in the office.

# Student Contact Information:

It is important for the school to have current and accurate email addresses and phone numbers for all parents/guardians, as well as emergency contact people in the instance that we cannot reach a parent or guardian.

Please ensure that contact details are up to date in the Parent Portal. If any updates need to be made please email the office staff with the changes at <a href="mailto:royalbay@sd62.bc.ca">royalbay@sd62.bc.ca</a>

Access Parent Portal: https://www.sd62.bc.ca/parents-students/myed-bc-portal

# Reminders cont

# Relationship with Homes in Royal Bay

Please be aware that our school has been receiving complaints from home owners in the community about students transiting though their private property.

As part of our good relations and support of the Royal Bay community, it is important that students use public side walks only to travel to and from school.

Moving through private gardens and roadways has caused residents some concern and these neighbours have done their best to address students individually and respectfully.

With thanks for your support and respect of the wishes of our neighbours,

# School Photos: Online Orders Only

If your student had their photo taken, during school photo day on Sept 14, they will receive their proofs from their BI-A Homeroom teacher on Tuesday Oct 3. Alternatively, you can view proofs at <a href="mailto:mylifetouch.ca">mylifetouch.ca</a> using your student's student ID number (your student should know this number).

If you plan to order school photos, please use the <u>mylifetouch.ca</u> portal to view your student's proofs, order photos, and process payment. If you process your order prior to Oct 9, the photos will be delivered to the school and distributed via your student's homeroom teacher. Orders processed after this date will be shipped to your home address.

School Photo Retakes: Oct 17



# Social Justice 12 & BC First Nations 12 Class

Our SJ 12 classes will be doing a few school wide projects, and we need your help.

As part of the homelessness unit, our school will be partnering with social agencies and helping to get purses full of toiletries and other necessaries' to people in need around town.

We are looking to collect:

- any used purses you are not using
- toiletries (soap, body wash, shampoo, conditioner, toothpaste, toothbrushes, toilet paper, tampons, pads, face cloths, towels, etc)
- socks, tuques, scarves, mittens, gloves

Our BC First Peoples 12 class will also support be supporting bringing awareness and action for Missing and Murdered Indigenous Women and Girls (MMIWG). As part of this initiative, we are looking for red dresses. It doesn't matter the size (toddler to adult).

Thank you so so much for reading this post and helping out anyway you can.

# **Grad Corner**









"Grad Lanyards are still available!! Only \$5 – CASH!"

"Act quickly!! Only a limited number available."

"Drop by Mr. Burgess' room (2115) with the cash for pick-up"



**The Dry Grad Carnival Committee** will have the first meeting mid to late November. Please keep your eye on the Raven's Nest in Early November for the date and time. We are always looking for enthusiastic parents (of ANY grade) to join our team!

If you are interested, please email:

rbparentgradcommittee@gmail.com

# Royal Bay Ravens Cross Country team







Levi placed in 2nd, with Frida taking 4th and Charlotte coming in 12th Payton Hedda and Jaymi also represented Royal Bay at the annual University of Victoria meet.

The cross-country team is heading to their next meet on October 11th for the

Cedar Hill Classic hosted by SMUS. LET'S GO RAVENS!!!!



# **RBSS PAC Corner**

# 2023-2024 PAC

#### **Executive Members**

Meetings will be held the 1<sup>st</sup> Wednesday of each month at 6:30 pm

in the Learning Commons

PAC meetings for 2023-2024:

Nov 1, 2023

Dec 6, 2023

Jan 10, 2024

Feb 7, 2024

Mar 6, 2024

Apr 3, 2024

May 1, 2024

June 5, 2024

President: Caroline Aked
Vice President: Nevada Kaludjer
Treasurer: Melissa Da Silva

Secretary: OPEN

SPEAC Rep Allison Hyatt
Communications Officer: Tiffany Magionas

Any one interested in the position of Secretary for PAC please reach out through the email below.

PAC email: <a href="mailto:royalbaypac@gmail.com">royalbaypac@gmail.com</a>



PAC's Peninsula Co-op number 134056

#### **RBSS ATHLETICS**

To keep our school community informed of what's happening with athletics, I've created an Athletics Webpage. Hopefully this will be a place you can direct parents/guardians/students/staff/etc. to learn more about our athletics programming at RBSS.

https://sites.google.com/sd62learns.org/royal-bay-athletics/home

On it, we'll do our best to keep an updated practice and game schedule, information about teams, and have included the following links:

- Our brand-new Athletics Handbook which outlines all of our policies and procedures for school teams
- Forms: student-athlete participation, parent/guardian agreement, medical information, CRC/Driver's Abstract info, and more.
- Contact info for athletic directors, coaches, and administration
- An Alumni section to highlight our student-athlete's accomplishments throughout our history







#### **GRADE 10 GIRLS VOLLEYBALL & Lacrosse Academy Action**

The Grade 10 Girls Volleyball Team won 4 out of 6 sets in their league play this week, taking Oak Bay in 2 straight sets and splitting with PCS and Stelly's. With excellent communication, tough serving, and dynamic defense, this team is off to great things! Wish them luck this weekend in the Camosun Jr. Girls Tournament!

The Boy's Lacrosse Academy hit the pitch late last week for an annual intersquad game to start off the season. It was a super event enjoyed by **all**!

# **Thank You to our Sponsors**











# **Careers Department**

# Leadership Opportunity

Are you interested in mental health initiatives?

Do you want to earn training as a student

# Then Here4Peers is for you!

School-based training will be provided to prepared you to present to Dunsmuir students



Here4Peers is an evidencebased project designed and led by trained professionals.







#### Parents & Student Supporters

Join our virtual Parents as Education & Career Coaches (PECC) Workshop to learn how you can help support your student in planning for their future. The information will be especially helpful for families with students in Grades 10-12.

Sessions are engaging and informative, and include a website tour followed by a Q&A.

#### Topics include

- B.C.'s post-secondary education landscape, including institutions and credentials
- Programs, admission requirements, and application dates
- rivigrains, autinspirit requirements, and application dates
   Costs of post-secondary and financial aid options
   Career exploration resources
   Using the EducationPlannerBC website to save and compare programs through My List
   Applying for admission through EducationPlannerBC

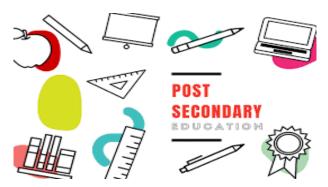
EducationPlannerBC with SD 61,62,63,64 – Victoria, Sooke, Saanich, Gulf Islands Wednesday, November 8, 2023 6:30 – 8:00 p.m.

Register here . Registration is required. For more information, contact: support@educationplannerbc.ca



www.EducationPlannerBC.ca

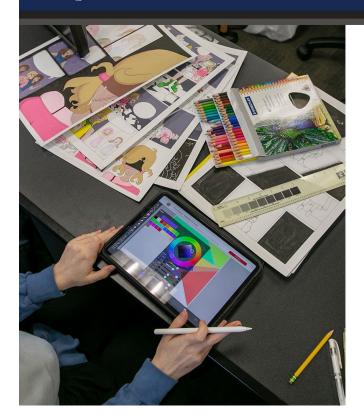




Post-Secondary visits are happening this fall! If your child is wondering about admissions and registration for post-secondary education, please have them visit the Career Commons or listen to the announcements for upcoming presentations and opportunities.



# Information Session



# Digital Production, Writing and Design Digital Communication Comics & Graphic Novels

Wed, October 25 6:30-7:30pm

Camosun College, Lansdowne Campus, Young Building 317

Visit us to find out more about courses and programs for career paths in:

Animator Storyboard artist Video / online game development Cartoonist Comic book / graphic novel / webcomic creator Graphic designer Web designer Digital / Multimedia Journalist Photographer Videographer Film / TV / video production Social Media Curator / Strategist Digital Media Developer Communications Liaison Communications Assistant Communications & Engagement Coordinator Digital Asset Curator Digital Content Specialist Digital Storyteller Digital Marketing



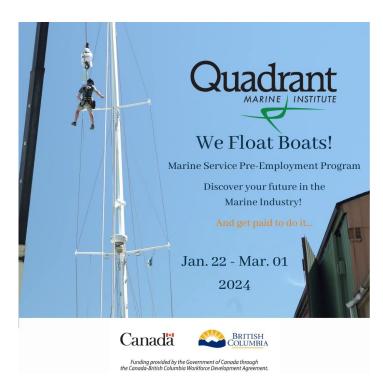


# Counsellors' Corner









# Counsellors' Corner con't

# Connect and Learn

For families and caring adults who are parenting a child or youth with mental health and/or substance use challenges.

EVERY MONTH, WE HOST EVENTS FOR FAMILIES CALLED 'IN THE KNOW'.

WE WATCH A VIDEO AND SHARE EXPERIENCES AND STRATEGIES THAT

HELP IN THE HARD MOMENTS. WE HELP FOCUS ON STRENGTHENING OUR

UNDERSTANDING AND CONNECTION WITH OUR KIDS.

#### Working Together: Families and Schools

When our kids struggle with their mental health, challenges can often have a great impact on their school experience. As parents it can be really hard to know where to begin. How do we take the first step and let the school know what is going on for our family? What are the supportive options that are available to my child? We might even worry that we will be judged for the difficulties our child is facing.

Come together with other families to watch this 30 minute video presentation followed by a 45 minute facilitated discussion by a FamilySmart Parent Peer Support Worker.



Cost: Free of Charge

#### Date(s):

Tuesday, October 3, 2023, 6:30pm (PST) Wednesday, October 11, 2023, 6:00pm (PST) Thursday, October 12, 2023, 12:00pm (PST) Tuesday, October 17, 2023, 6:30pm (PST) Thursday, October 26, 2023, 6:00pm (PST)

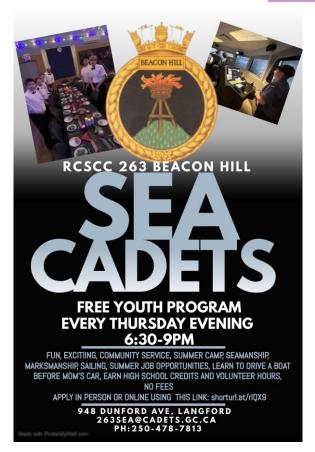
Registration required:

www.familysmart.ca/events

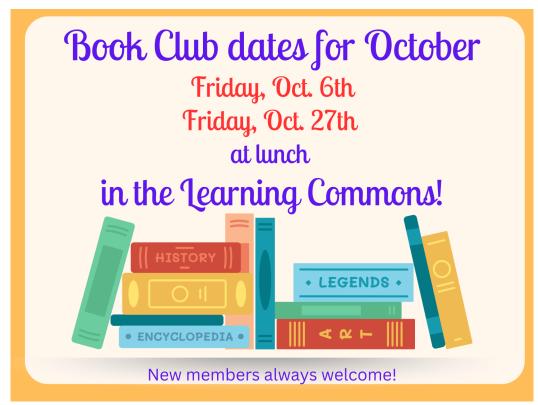




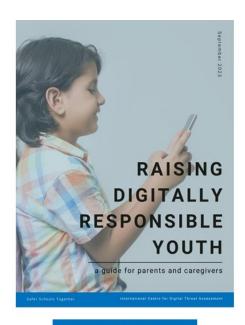
# This and That







# This and That



GET YOUR COPY NOW

complimentary access to download

# Raising Digitally Responsible Youth - A Parent's Guide

#### Wellness Centre @ Royal Bay

Youth Health Clinics Hours September 7<sup>th</sup> to December 21<sup>st</sup> 2023 appointments & drop-in available call:250-519-3580

Monday	Discovery Counselling by appointment only: Theresa Kauffman
Tuesday	Physician:
	Dr. Corene Boe
	9:30 to 3:30pm (Sept 19 <sup>th</sup> start)
Wednesday	Discovery Counselling by
	appointment only:
	Theresa Kauffman
Alternating	Public Health Nurse
Thursdays	9:00 to 11:00am (Sept 7 <sup>th</sup> start)
Friday	CLOSED

# Clients up to 25 years of age:

#### Physician Services:

- Mental health & wellness
- ✓ Illness
- ✓ Sports Injury

#### Public Health Nurse Services:

- ✓ Birth Control
- ✓ STI testing & treatment
- Sexual decision making and relationships
- Pregnancy testing and options
- ✓ Healthy lifestyle

'Excellent care-for everyone, everywhere, every time

August 2023





# **SPRING BREAK IN BELIZE!**

We are 6 months away from the RBSS Belize Trip and we have space for 10 more students! Join us for an amazing <u>8 day</u> trip during Spring Break 2024. There will be ancient ruins, jungle ziplining, cave tubing, snorkeling & good times with friends. Visit the website to see the entire itinerary or See Ms. Vink or Ms. Funk for more info. You can sign up using the QR code above or go to Eftours.ca/enroll Enrollment Number 2553776VW Grade 9-12 welcome!







# **Poster Contest!**

Fire Prevention Week™ 2023











Fire Prevention Week runs from October 8 to 14, 2023 and the theme is:

#### Cooking safety starts with YOU. Pay attention to fire prevention™

Fire Prevention Week is a great time to discuss fire and burn prevention with the people in your community and is an opportunity for students to win some fantastic prizes.

Bringing the important message of fire and burn prevention into schools and classrooms helps to save lives and prevent painful burn injuries and lifelong suffering. We thank you for all your efforts and the work that you do to share these messages.

The annual **Fire Prevention Week Poster Contest** is open to all students from kindergarten to grade 12 who are attending an Indigenous, public, or independent school in British Columbia.

For full contest rules see next page or visit www.gov.bc.ca/FirePreventionWeek

#### Contest Timeline

- October 23 –. Deadline for sending completed entry forms to the BC Professional Fire Fighters'
  Burn Fund. Entries will be divided into the grade indicated on the entry form, so please complete it
  accurately!
- Week of November 27 Winners will be chosen.
- · Beginning of December Winners will be announced.
- January 2024 Prizes will be presented.

If you have any questions or comments, please email them to OFC@gov.bc.ca

# **Legion 91 Connection**



Royal Canadian Legion Prince Edward Branch 91 Cordially Invites

Westshore
Teachers & Teacher/Librarians
to a
Remembrance Resource
Sharing Session
Tuesday, October 24, 2023
4pm - 6pm
Snacks & Beverages Provided
Location: 761 Station Ave. Langford, BC

Agenda:
Welcome & Introductions
Classroom Activity Presentation by Youth Coordinator
Review Resources on Display
Share your favorite resources / activities
Bring your favorite resources to share
Resource Acquisition Discussion
Remembrance Contests updates

Please RSVP no later than Wed., October 18, 2023
To Gerry Brennan at legion91youthcoordinator@gmail.com



Lest We Forget







#### Royal Canadian Legion Branch 91 Langford, BC Youth Connections 2023-24 Calendar of Events



June & Sept. 2023

\*Share Calendar with Schools in Westshore Area

October \*National Youth Remembrance Contests Promotion (formerly Remembrance Poster/Literary Contests)

for more information visit

 $\underline{\text{https://legionbcyukon.ca/remembrance/youth-remembrance-contest/}}$ 

and

 $\underline{\text{https://www.legion.ca/communities-youth/youth-education/remembrance-contests}}$ 

October \*October 24 – Remembrance Resources Sharing Session 4-6 pm

Hosted by Branch 91 – RSVP by October 18

\*Oct. 25 – Legion Poppy Campaign begins – Volunteers wanted (Community Service

\*Oct. 25 - Raising of Poppy Flag at City Halls in Westshore (times TBA)

November \*National Youth remembrance Contests Deadlines (TBA)

Contact Legion Branch 91 for details

\*Nov. 5-11 – Veterans' Week

\*Nov. 11 - Remembrance Day Parade & Ceremony – Veterans' Memorial Park

\*Nov. 13 – Valentines for Veterans (V4V) Project begins – notices to teachers \*Nov. 30 – Deadline for Registration for Valentines for Veterans (see poster info)

\*Dec. 1 – Deadline for V 4 V registration forms to Legion or Youth Coordinator

\*Week of Jan. 15 – Pick up date for V 4 V from participating schools

February \*Feb. 14 – Valentines Day

April \*Apr. 1 – Legion Branch 91 Bursary Application Deadline for Grads (see Branch 91 Website)

\*April 9 - Vimy Ridge Candlelight Vigil – Veterans Memorial Park – dusk –

(specific time TBA)

August Royal Canadian Legion Nation Youth Track & Field Championships (dates TBA)

FOR MORE INFORMATION ON THESE AND OTHER YOUTH CONNECTIONS OPPORTUNITIES

call (250)-478-1828

or email Gerry Brennan - legion91youthcoordinator@gmail.com