# This week in The Raven's Nest



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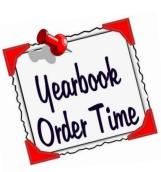


# September 25-29, 2023

We would like to acknowledge the traditional territories of the Coast Salish, specifically Esquimalt Nation and Songhees Nation on which Ecole Royal Bay Secondary is built, and the nations that SD62 works with, Beecher Bay SCIA'NEW Nation, T'Sou-ke Nation, and Nuu-chah-nulth Pacheedaht Nation to the west.

We recognize the territory, the First Nations peoples, and thank them for sharing this beautiful land. Hych'ka - Coast Salish Kleco Kleco - Nuu-chah-nulth





Reminder to go to your School Cash Online account to purchase your 2023-2024 yearbook !

### WEEK of: September 25-29, 2023

Monday

Tuesday

Wednesday

Thursday

Friday

#### What's inside!

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#### **Important dates to Remember**

October 2	National Day of Truth & Reconciliation—no school
October	Canadian University Event
October 4	PAC meeting @ 6:30 pm
October 9	Thanksgiving—no school
October 12	Fire Drill #2 @ 2:00 pm
October 17	Retakes for School Photos
October 19	Great BC Shake Out @ 10:10
October 20	NID - Provincial Pro– D no school
October	UVic/Camosun Parent Information Session
Oct 30 - Nov 2	Assessments
November 1	Take your Kids to Work Day—Grade 9
November 1	PAC Meeting @ 6:30 pm
November 7	Hold and Secure Drill @ 9:30 am
November 6	Post Secondary BC Visit
November 13	Remembrance Day—no school
November 30	Music Concert
Nov 21– Dec 7	Grad Photos
November 21	Fire Drill # 3 @ 9:20 am
November 23	Early Dismissal 3 Hrs—Learning Conferences
November 24	NID—Pro-D—no school
December 6	PAC Meeting @ 6:30 pm
December 21	Winter Formal
December 22	Santa Breakfast
December 22	Last Day before Winter Break
Dec 25– Jan 5	Winter Break
January 8, 2024	School Reopens

#### **RBSS Contacts**

Mike Huck - Principal mhuck@sd62.bc.ca

<u>Tanya Phillips -</u>Vice-Principal <u>tphillips@sd62.bc.ca</u> Students A to G

<u>Martin Lait -</u> Vice-Principal <u>mlait@sd62.bc.ca</u> Students H to N +International

<u>Ryan Dube -</u> Vice-Principal rdube@sd62.bc.ca Students O to Z

<u>Tebeth Barbour -</u> Counsellor tbarbour@sd62.bc.ca Students A to El

<u>Kim Hogan</u> – Counsellor <u>khogan@sd62.bc.ca</u> Students Em to Jc + International

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<u>Wendy Cooper -</u> Counsellor wcooper@sd62.bc.ca Students Ph to Z

Lindsay Lockhart English Skills Development (ESD) <u>llockhart@sd62.bc.ca</u>

Meagan MacPherson Na'tsa'maht Indigenous Education Support Teacher

mmacpherson@sd62.bc.ca

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# From the Admin.

#### Dear Parents/Guardians of Grade 9 Students,

We are excited to share some important updates regarding our efforts to support your child's academic journey and career development here at RBSS.

#### Student MyEdBC Portal Setup:

In our ongoing commitment to enhancing the educational experience for our students, the admin team and careers department have been visiting all Grade 9 classes supporting students with setting up their Student MyEdBC Portal accounts. This portal is a valuable platform that will enable your child to access report cards, make course selections, see their graduation status and review graduation assessment results.

#### Take Your Student To Work Day (November 1, 2023):

We are also excited to announce our participation in the "Take Your Student To Work Day" program, scheduled for November 1, 2023. This initiative provides an excellent opportunity for students to gain insights into various careers and workplaces. Students will have the chance to observe professionals in action and learn about potential career paths they may be interested in pursuing.

#### **Consent Forms:**

In the coming days, your child will be bringing home consent forms for their participation in Take Your Student To Work Day. To ensure your child's involvement, please complete the form and have your student return it to either the Career Commons or their Block A teacher prior to November 1, 2023. Your support in facilitating this valuable experience is greatly appreciated.

#### Core Competency Self Reflection and Goal Setting Folders:

We have also been working closely with our students to help them establish Core Competency Self Reflection and Goal Setting folders. Throughout the school year, your child's teachers will create dedicated time and space for students to engage in self-reflection and set personal goals. These folders will serve as a valuable tool to track progress and growth in various competencies, fostering personal development and academic success.

If you have any questions or require additional information about any of these initiatives, please do not hesitate to reach out to our careers department or the school administration.

# **Reminders**

# Reminder to Parents the Parking Expectation:

As you may be aware, two portables have been installed in the staff parking lot. This has resulted in the loss of a number of staff parking stalls and one of the exits to this lot. With over 150 staff members and only 130 parking stalls available, we encourage all members of our school community to consider alternative transportation options, such as walking, taking public transport, or cycling to school whenever possible.

To address the after-school traffic congestion, we kindly request your cooperation in considering the following suggestions:

- 1. **Choosing Alternative Meeting Spots:** We ask that you make arrangements with your student(s) for a meeting spot other than the staff lots and the front of the school. Please note that parents are NOT permitted to park in staff lots.
- 2. Arriving at 3:30 PM Mon-Thur, 2:30 PM Fri: If you are picking up your students after school, we suggest arriving 10 minutes after the bell to allow time for the majority of students to clear the building and use the crosswalk. This will help alleviate congestion during the peak dismissal period. We understand that time may vary for each family, but arriving a bit later can significantly ease the traffic situation.
- 3. NO Idle Zone: While waiting for your student, turn your vehicle off.

# Student Emergency Release Form:

Reminder to return the salmon colored **student emergency release form** that was given to students to bring home at the beginning of September. This form is <u>NOT</u> used to update contact information. Students can hand the completed form to the office or it can be scanned and emailed to <u>royalbay@sd62.bc.ca</u>

Extra forms are available in the office.

# Student Contact Information:

It is important for the school to have current and accurate email addresses and phone numbers for all parents/ guardians, as well as emergency contact people in the instance that we cannot reach a parent or guardian.

Please ensure that contact details are up to date in the Parent Portal. If any updates need to be made please email the office staff with the changes at royalbay@sd62.bc.ca

Access Parent Portal: https://www.sd62.bc.ca/parents-students/myed-bc-portal

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# Grad Corner







# **GRAD** Lanyards

"Grad Lanyards are still available!! Only \$5 – CASH!" "Act quickly!! Only a limited number available."

"Drop by Mr. Burgess' room (2115) with the cash for pick-up"



**The Dry Grad Carnival Committee** will have the first meeting mid to late November. Please keep your eye on the Raven's Nest in Early November for the date and time. We are always looking for enthusiastic parents (of ANY grade) to join our team!

If you are interested, please email: rbparentgradcommittee@gmail.com

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# **Senior Sunrise**

Approximately 80 Royal Bay Grad students ventured down to the Lagoon at 6:30am to watch the sunrise. It was a bit chilly, but everyone bundled up in blankets and drank hot chocolate!!



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### **RBSS PAC Corner**

Meetings will be held the 1 <sup>st</sup> Wednesday		
of each month at 6:30 pm		
in the Learning Commons		
PAC meetings for 2023-2024:		

Oct 4, 2023 Nov 1, 2023 Dec 6, 2023 Jan 10, 2024 Feb 7, 2024 Mar 6, 2024 Apr 3, 2024 May 1, 2024 June 5, 2024

#### 2023-2024 PAC

#### **Executive Members**

President:	Caroline Aked	
Vice President:	OPEN	
Treasurer:	Melissa Da Silva	
Secretary:	OPEN	
SPEAC Rep	OPEN	
Communications Officer:	OPEN	

PAC email: royalbaypac@gmail.com



PAC's Peninsula Co-op number 134056



#### September 25-29, 2023

	Item	<u>Monday</u>	Tuesday	<u>Wednesday</u>	<u>Thursday</u>
		Fettucine Alfredo	Roast Chicken Leg with	Loaded Baked Potato	Shepherds Pie
HOT SIDE	Hot Main		Mediterranean Salad	Soup	
		Fettucine Alfredo	Roast Squash Tart with	Loaded Baked Potato	Marinated Grilled Zucchini
	Vegetarian		Mediterranean Salad	Soup	& Tomato Salad
		Turkey	Ham	Chicken Bacon	Trio
COLD SIDE	Wrap				
		Bruschetta	Bruschetta	Bruschetta	Bruschetta
	Appie				
		Banana Bread/	Banana Bread/ Brownies	Banana Bread/ Brownies	Banana Bread/ Brownies
BAKING	Desserts	Brownies			

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## **Careers Department**



Are you interested in mental health initiatives? Do you want to earn training as a student mentor?

#### Then Here4Peers is for you!

School-based training will be provided to prepared you to present to Dunsmuir students

To sign up, see Ms. Huculak in the Career Commons.

Here4Peers is an evidencebased project designed and led by trained professionals.





#### Parents & Student Supporters

Join our virtual Parents as Education & Career Coaches (PECC) Workshop to learn how you can help support your student in planning for their future. The information will be especially helpful for families with students in Grades 10-12.

Sessions are engaging and informative, and include a website tour followed by a Q&A.

- B.C.'s post-secondary education landscape, including institutions and credentials

- B.C.'s post-secondary education landscape, including institutions and credentials Programs, admission reguimemnts, and application dates Costs of post-secondary and financial aid options Career exploration resources Using the EducationPlannerBC website to save and compare programs through My List Applying for admission through EducationPlannerBC

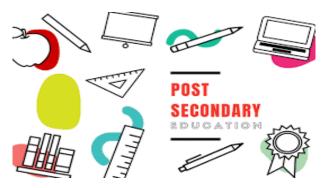
EducationPlannerBC with SD 61,62,63,64 – Victoria, Sooke, Saanich, Gulf Islands Wednesday, November 8, 2023 6:30 – 8:00 p.m.

#### MS Teams

Register here . Registration is required. For more information, contact: support@educationplannerbc.ca

**Education**PlannerBC

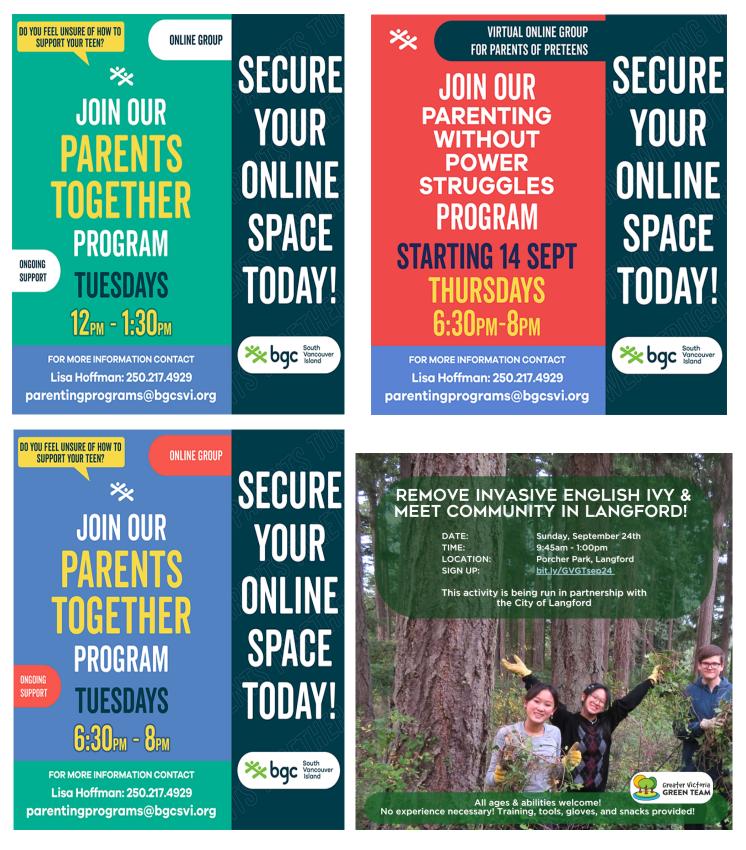
www.EducationPlannerBC.ca



Post-Secondary visits are happening this fall! If your child is wondering about admissions and registration for post-secondary education, please have them visit the Career Commons or listen to the announcements for upcoming presentations and opportunities.

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# Counsellors' Corner



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# Counsellors' Corner con't

# intheknow Connect and Learn

For families and caring adults who are parenting a child or youth with mental health and/or substance use challenges.

EVERY MONTH, WE HOST EVENTS FOR FAMILIES CALLED 'IN THE KNOW'. WE WATCH A VIDEO AND SHARE EXPERIENCES AND STRATEGIES THAT HELP IN THE HARD MOMENTS. WE HELP FOCUS ON STRENGTHENING OUR UNDERSTANDING AND CONNECTION WITH OUR KIDS.

#### Mental Health and Preparing for the Transition to Post Secondary

It can be an exciting time for our kids when they are deciding how and when to pursue post secondary opportunities after high school. When our young people have had challenges to their mental health this transition can sometimes be met with additional concerns. What can be put in place before school starts? Is it okay to take fewer courses?

Come together with other families to watch this 30 minute video presentation followed by a 45 minute facilitated discussion by a FamilySmart Parent Peer Support Worker.



Cost: Free of Charge

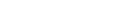


Date(s):

Tuesday, September 12, 2023, 6:00pm (PST) Wednesday, September 13, 2023, 6:30pm (PST) Tuesday, September 19, 2023, 6:30pm (PST) Thursday, September 21, 2023, 12:00pm (PST) Thursday, September 28, 2023, 6:00pm (PST)

Registration required:

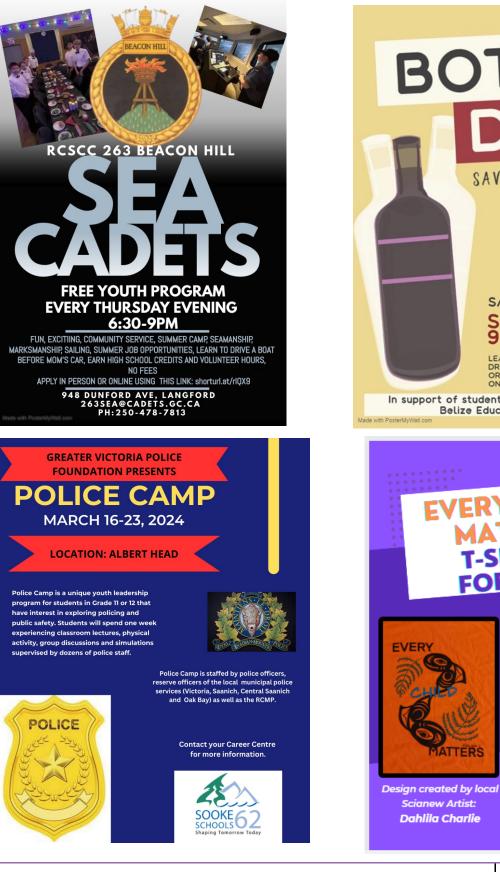
www.familysmart.ca/events





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# This and That



BOTTLE SAVE YOUR EMPTICS! WERE COMING TO GET SATURDAY SEPTEMBER 23, 9am - 1:30pm LEAVE EMPTIES AT THE END OF YOUR DRIVEWAY BY 9AM WITH THIS FLYER OR DROP OFF WITH US AT THE SCHOOL ON THE 23RD! In support of students at Royal Bay Secondary -Belize Educational Tour 2024 **v CHILD** T-SHIRTS FOR SALE What you Need to Know... \$20 for Adults \$10 for Students Purchase During Lunch in the Aviary OR in Room 2123

 All Proceeds go to Indigenous Programing at RBSS.

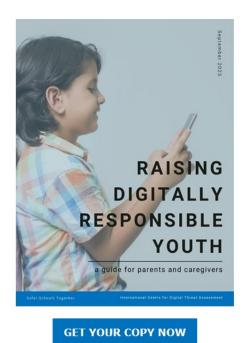
**BUY ONE NOW!** 

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ATTERS

# This and That



Yo Septem	s Centre @ Royal Bay uth Health Clinics Hours ber 7 <sup>th</sup> to December 21 <sup>st</sup> 2023 ntments & drop-in available call:250-519-3580
Monday	Discovery Counselling by appointment only: Theresa Kauffman
Tuesday	Physician: Dr. Corene Boe 9:30 to 3:30pm (Sept 19 <sup>th</sup> start)
Wednesday	Discovery Counselling by appointment only: Theresa Kauffman
Alternating Thursdays	Public Health Nurse 9:00 to 11:00am (Sept 7 <sup>th</sup> start)
Friday	CLOSED

'Excellent care-for everyone, everywhere, every time

#### Clients <u>up to 25</u> years of age:

#### **Physician Services:**

- ✓ Mental health & wellness
- ✓ Illness
- ✓ Sports Injury

#### Public Health Nurse Services:

- ✓ Birth Control
- ✓ STI testing & treatment
- Sexual decision making and relationships
- ✓ Pregnancy testing and options
  ✓ Healthy lifestyle

complimentary access to download

#### Raising Digitally Responsible Youth - A Parent's Guide





## **SPRING BREAK IN BELIZE!**

We are 6 months away from the RBSS Belize Trip and we have space for 10 more students! Join us for an amazing <u>8 day</u> trip during Spring Break 2024. There will be ancient ruins, jungle ziplining, cave tubing, snorkeling & good times with friends. Visit the website to see the entire itinerary or See Ms. Vink or Ms. Funk for more info. You can sign up using the QR code above or go to Eftours.ca/<u>enroll Enrollment</u> Number 2553776VW Grade 9-12 welcome!



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