

# Wellness Centre @ Royal Bay

Youth Health Clinics Hours  
September 7<sup>th</sup> to December 21<sup>st</sup> 2023  
appointments & drop-in available  
call:250-519-3580

<b>Monday</b>	Discovery Counselling by appointment only: Theresa Kauffman
<b>Tuesday</b>	Physician: Dr. Corene Boe 9:30 to 3:30pm (Sept 19 <sup>th</sup> start)
<b>Wednesday</b>	Discovery Counselling by appointment only: Theresa Kauffman
<b>Alternating Thursdays</b>	Public Health Nurse 9:00 to 11:00am (Sept 7 <sup>th</sup> start)
<b>Friday</b>	CLOSED

**Clients up to 25 years of age:**

**Physician Services:**

- ✓ Mental health & wellness
- ✓ Illness
- ✓ Sports Injury

**Public Health Nurse Services:**

- ✓ Birth Control
- ✓ STI testing & treatment
- ✓ Sexual decision making and relationships
- ✓ Pregnancy testing and options
- ✓ Healthy lifestyle