

This week in The Raven's Nest



École Royal Bay Secondary School

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Victoria, BC V9C 0J6
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May 15-19, 2023

We would like to acknowledge the traditional territories of the Coast Salish, specifically Esquimalt Nation and Songhees Nation on which Ecole Royal Bay Secondary is built, and the nations that SD62 works with, Beecher Bay SCIA'NEW Nation, T'Sou-ke Nation, and Nuu-chah-nulth Pacheedaht Nation to the west.

We recognize the territory, the First Nations peoples, and thank them for sharing this beautiful land. Hych'ka - Coast Salish Kleco Kleco - Nuu-chah-nulth



This week: May 15-19, 2023

Monday

Tuesday Wellness Centre 9:30-3:00
Fire Drill

Wednesday

Thursday Wellness Centre 9:00-3:00
GR10 On the Line: Your Life, Your Choice

Friday



What's inside!

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Important dates to Remember:

May 16	Fire Drill at 9:20 am
May 18	GR 10 On the Line: Your Life, Your Choice
May 22	Victoria Day—no school
May 24	Indigenous Graduation Event in Theater
May 29	NID—Pro- D Day—no school
June 1	Grad Rehearsal @ UVIC
June 4	Grad at UVic
June 7	PAC Meeting at 6:30 pm
June 8	Athletic Banquet
June 15	Final Music Concert 7 PM in Theatre
June 23	Prom At The Crystal Gardens



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Students Ph to Z



From the Admin

We have had a very busy May so far this year. It seems that when schools get closer to the end of the year, the business and the events of the student community ramp up. We have had several events in the last week that celebrate the achievements of our incredible students.

Dry Grad Carnival May 6th

The Dry Grad Carnival put on by parent volunteers each graduation season has become a favourite annual event that helps celebrate the formal ending of our grade 12's public education. Through the hard work and dedication of our Parent Advisory Council and the Dry Grad Committee, the school is able to host a safe, inclusive and fun event for our graduating students. This year we had hundreds of grads participate and enjoy the evening as a community celebrating the achievements of their grad class. From the casino, the carnival games, food and the hypnotist and prizes our grade 12's had a wonderful time. Next Up...Uvic Convocation Ceremonies on June 4th.



2023 Dance Showcase with SD62 Middle School Students

Yesterday the Royal Bay Dance Academy and classes were joined by Dunsmuir, Belmont and Spencer dance students for a festival style performance in the theatre, and then a master class in the big gym. We welcomed roughly two hundred middle school students into the school to join in our dance community and participate in a super fun event. Thanks to Robyn White and Jillian Lemmon for hosting and setting up this experience for our students and school.



Moosehide Campaign March May 11, 2023

Yesterday a group of Royal Bay Students attended the Moosehide Campaign March downtown at the Mungo Martin House, near the Royal BC Museum. Teachers Lindsay Lockhart and Meagan Barber participated in the march to end violence with roughly 30 Royal Bay students. It was a powerful reminder that we all have a role in supporting each other and making our communities safe and inclusive for all.



From the Admin, cont.



Brooke F. will be representing British Columbia on the Team BC Under 19 women's softball team at the North American Indigenous Games in Halifax this July. Congratulation, Brooke!

Thank You

A HUGE thank you to Caroline Aked and Marianne Chase for their organization and leadership, as well, to the numerous volunteers who gave their time on Friday and Saturday in order to make the 2023 Dry Grad Event, Carnival, such a success. This event is a Royal Bay tradition and we are grateful to the people and business that support this event. Our grads had a fantastic time and walked away with some amazing prizes.

Dunsmuir Grade 7 Classes Visits RBSS for Skills Exploration

Mentored by the RBSS Technology Education Teachers and RBSS students, Grade 7s from Dunsmuir had the opportunity to engage in hands-on activities and explore the various tools and equipment used in the trades. Thank you to our Tech Ed Teachers: Mr. Craven, Ms. Doyle, Mr. Evans and Mr. Sorenson for putting this event together, along with funding from Skilled Trades BC.



RBSS PAC Corner

Meetings will be held the 1st Wednesday of
each month at 6:30 pm

in the Learning Commons

PAC meetings for 2022-2023

June 7, 2023

PAC's Peninsula Co-op number 134056



2022-2023 PAC Executive Members:

President: Michelle Alexander

Vice President: Kim Strandlund

Treasurer: Salome Crowley

Secretary: Melissa Da Silva

SPEAC Rep: Paula Wilson
Kari Moslehi

Communications Officer: Caroline Aked

PAC email: royalbaypac@gmail.com



May 15-19, 2023

	<u>Item</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>
HOT SIDE	Hot Main	Burrito	Sushi Bowl	Pozole	Veg Wellington with Side Salad
	Vegetarian	Burrito	Sushi Bowl	Pozole	Veg Wellington with Side Salad
COLD SIDE	Wrap	Trio	Ham	Smoked Meat	Steak
	Appie	Mozzarella Stick and Marinara	Mozzarella Stick and Marinara	Mozzarella Stick and Marinara	Mozzarella Stick and Marinara
BAKING	Desserts	Red Velvet Cup Cakes/ Vanilla Ice Cream	Red Velvet Cup Cakes/ Vanilla Ice Cream	Red Velvet Cup Cakes/ Vanilla Ice Cream	Red Velvet Cup Cakes/ Vanilla Ice Cream

Around the Raven's Nest!

Royal Bay Shop Classes – Technology Education

Try a Trade- Grade 7 Exploration

In early May Royal Bay hosted the entire grade 7 population from Dunsmuir Middle School in the shop spaces. Students rotated through four trades focussed areas including metal/welding, wood/joinery, electronics/electrical, and construction. The students built a wood base for a candle holder in the woodshop, and then deburred and welded around the periphery of a piece of pipe. The pipe was fit in the centre of the wood base; it's appearance like a melted candle. In the construction area students made a porcupine by nailing and screwing several pieces of wood together, modelling the spines, body, feet, head, and eyes using basic construction methods. In the electrical area students breadboarded a small circuit, programmed a microcontroller to output a custom light show, and practiced soldering components into a printed circuit board. What really stood out was how Royal Bay students from all grade levels stepped up to make this event a success. They volunteered their time and expertise; sharing what they know and inspiring younger students to possibly follow them into the shop spaces at Royal Bay.

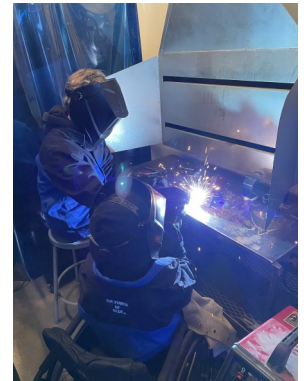


Grade 9 and 10 Woodworking

The grade 9 and 10 woodworking classes at Royal Bay have also been busy building a selection of projects that are new this year:

Grade 9- Couch Butler

Students go through the Stock Break Out procedure learning new techniques throughout the project. Students use the mitre saw, jointer, thickness planer, table saw, and drill press. They learn proper glue up methods for assembly and construction to make the project last. This project is an excellent addition to your living room or as a side table next to your bed.



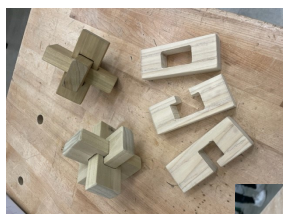
Grade 10- Side table

Students use their past knowledge of hand cut joinery plus the addition of using machinery to accomplish similar joinery. Students hand cut an edge cross-lap and cross lap joint for the table supports. For machine joinery, students cut the rabbet, mortise, and tenon on each table leg and cross supports. Creating the shelf and top uses a combination of techniques to accomplish either a round or square look depending on the student's choice.



3-piece puzzle

This project is an extra. While students are waiting in line to use a machine, or they have just glued up their tabletop and can't do anything until its dried, we add an extra project. This project can be done at any time throughout the term and uses different techniques and machines than their main project to add more variety, skill, and confidence in the woodshop.



Around the Raven's Nest, cont.

CONSTRUCTION TASK PROGRAM

Hosted at Royal Bay Secondary School
in partnership with Camosun College
and Skilled Trades BC

WHAT IT IS

- Full semester, all-day, hands-on, cohort TASK program (TASK=Trades Awareness, Skills, & Knowledge).
- Project-based curriculum
- Open to all SD62 grade 11 students (10s and 12s will be considered if seats go unfilled).
- Carpentry focus plus additional trades which may include Welding, Electrical, Sheet Metal, Plumbing/Pipe Trades, and Automotive.
- Instruction and support from both Royal Bay and Camosun instructors.

WHERE, WHEN, & TIMING

- Hosted at Royal Bay Secondary School.
- Several weeks are spent in Camosun shops.
- Runs in both semesters 1 & 2.

CREDITS

- Up to 12 secondary credits can be earned, which may include:
 - Woodwork, Math, Skilled Trades Exploration (STX), and WEX (3 to 4-week work experience placement taking place in January 2024).
- Plus 8 dual-credits from Camosun College.

HOW TO APPLY

- Visit your school's Career Centre TODAY to learn more and pick up an application (DUE May 15, 2023).

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EDUCATION
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CAMOSUN
SIP



AUTOMOTIVE TASK PROGRAM

Hosted at Belmont Secondary School
in partnership with Camosun College
and Skilled Trades BC

WHAT IT IS

- Full semester, all-day, hands-on, cohort TASK program (TASK=Trades Awareness, Skills, & Knowledge).
- Open to all SD62 grade 11 students (10s and 12s will be considered if seats go unfilled).
- Automotive focus plus additional trades which may include Welding, Electrical, Sheet Metal, Plumbing/Pipe Trades, and Heavy Duty Mechanics.

WHERE, WHEN, & TIMING

- Hosted at Belmont Secondary School.
- Runs in semester 1; from September 5, 2023 to January 26, 2024.
- Timing is variable:
 - 10:30am to 4:30pm when at Belmont.
 - 9am to 3pm for the portion at Camosun (3 to 4 weeks).

CREDITS

- Up to 12 secondary credits can be earned, which may include:
 - Automotive, Math, Skilled Trades Exploration (STX), and WEX (3 to 4-week work experience placement taking place in January 2024).
- Plus 8 dual-credits from Camosun College.

HOW TO APPLY

- Visit your school's Career Centre TODAY to learn more and pick up an application (DUE May 15, 2023).

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Athletics /Teams

Ravens Girls Rugby

The girls had their final game against powerhouse Vanier from Courtney on Tuesday playing for 2nd place in the division. It was a game for the ages from the kickoff to the final whistle. The Vikings came out with a fast attack which challenged the Ravens, but the physicality of the girls stifled the visitor's attack. The battle of the breakdown was back and forth with Maddy pilfering multiple possessions and slowing the ball down all game. This didn't slow down the Vike's attack and they made it 14-0 at the half.

The second half saw the level pick up again with the Ravens coming out with thundering tackles from Teagan, Aria and Tory. The speed of the game increased, and Reanna made quick work of some would-be defenders with Charlotte's electric footwork creating multiple line breaks. The surging attack headed but Leilani and Coral saw go forward with Anna finding Belle for our first try. The conversion from Fancy made the scoreline 14-7 for the visitors.



The Vikes pushed back and now it was on, but the Ravens made multiple line breaks through a tired defence but couldn't convert. When it was all said and done the Vikings scored 2 late tries for a final score of 32-7 for the visitors.

This was the most successful season for our girls who narrowly missed out on a provincial bid. Mr. Barkwill would like to thank all the girls for their passion, dedication and effort this season and a special thank you to our international students from Germany, Austria, Mexico, Spain and Italy along with our one graduate student Maddy who will represent our Thunder Indigenous team along with the Vancouver Island Tide team with multiple others.

SPECIAL THANK YOU TO OUR SPONSORS We couldn't have done it without you!

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ROCK PRODUCTS LTD.



Athletics /Teams, cont.

Royal Bay Girls Win Sisters Annual Lacrosse Invitational



Our Royal Bay girl's lacrosse team headed down to Oregon this past weekend for the SALI. The two-day tournament started with a tough match against the local team Sisters Lax. The Ravens' attack came out firing on Saturday dominating the attack with a final score of 10 – 5 for The Bay. The aggressiveness continued into the late afternoon game despite the rain with Summit Lacrosse having no answer for Isabelle and Raquel's quick footwork and sharpshooting alongside solid goaltending from Clara. By sundown on Saturday Royal Bay sat in second place on the table.

The Ravens started early Sunday with a game against the top-of-the-table team out of Bend. The toughest game of the week saw strong games from Georgia, Maya and Rosie who lead the Ravens to a 9-5 win securing the top seed into the playoffs. The table was tight with the second, third and fourth place teams all having a 2-1 record which would see a rematch against Bend. This time Bend came out with some defending adjustments but that wasn't enough as Macy, Hannah and Mia made easy work of the Oregon team with a 10-4 final which also saw Haydin make 9 big saves.

The Ravens had a quick turnaround with the final being played just two hours later against Evergreen. With such a potent attack the Evergreen coach added a defender trying to stifle Raven's scoring but with little success with Abby, Alisa and Macy leading the attack with a 10-goal performance only to be supported with a strong defensive shift from the backend and big-time saves from Haydin. When it was all said and done the Ravens at the final whistle secured a 10-2 win to raise the SALI trophy.



This and That



YEARBOOK 2023

YEARBOOK UPDATE: ATTENTION PARENTS

Did you miss the pre-order for yearbooks and still want one?

There are approximately **20** books left for sale and they are first come first serve so order quickly if you want one. Books are \$55, they can be purchased with the link below or cash/cheque to the office.

<https://sd62.schoolcashonline.com/>

Brought to you by:

 STA Sooke Teachers' Association  SPEAC Sooke Parents' Education Advisory Council

Please join us!

BC BLANKET EXERCISE:
EXPLORING HISTORICAL
RELATIONSHIPS BETWEEN
INDIGENOUS AND
NON-INDIGENOUS PEOPLES

Time: 6:30-8:30 pm
Audience: SD 62 Parents
Facilitator: Brother Rick, SD62 Indigenous Role
Model and Royal Bay Elder in Residence
Babysitting will be available on-site by RSVP ONLY

- May 15th - at EMCS - Library
- May 18th - at Royal Bay - Library

THANK YOU
FOR RSVPING

<https://sooketeachers.org/bc-blanket-exercise-rsvp/>

Movie Night!

Showing *The Princess Bride*

May 18, 7pm to 9pm
in the RBSB Aviary

\$5
Per person

Come to the aviary any Wednesday, Thursday,
or Friday between Wednesday, May 3rd and
Thursday, May 18th to purchase tickets!

Snacks available
by donation

All proceeds go to supporting displaced people in Türkiye
and Syria from recent earthquakes.

Grad Corner



at Crystal Gardens

June 23, 2023

Photo at Parliament Buildings 5:00 pm

(Note: Photo will be at the back steps due to construction)

Arrival at Crystal Gardens 5:30– 6:15 pm

Dinner 6:45 pm

Dance starts at 8:00 pm

Event concludes at 10:30 pm

Important Info:

- Tickets sales have been extended until May 31, 2023
- The ticket sales are a two-part process, the office must have BOTH the parent/guardian signed purple form (pick up from the school office) as well as proof of school cash online payment, cash or cheque payable to SD62.
- Graduates will NOT be able to attend without BOTH parts - payment and signed form.
- Please note that parent/guardian will need to escort their student to the event.

We want to ensure that all grads have the ability to participate in Grad events. If the cost is inhibitory, please contact your VP or school counsellor; through the Affordability Fund, we are able to support families.

2023 Grad's Important Dates/Deadlines

Wednesday, May 31

Thursday, June 1

Sunday, June 4

Friday, June 23


Prom Tickets Sales—Extended

Grad **Rehearsal** at UVic

Grad **Ceremony** at UVic

Prom at The Crystal Gardens

Grad Corner con't



Congrats, Grad!

Commencement photography is coming.

PREPARE:

- 1 Visit events.lifetouch.com
- 2 Sign up and receive notifications when your photos are available

What to expect:

- Everyone will be photographed
- Photos will be online at events.lifetouch.com 2-6 weeks after the ceremony
- Complimentary proofs mailed to graduates
- No obligation to purchase



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Lifetouch.

Grad Class of 2024



PRICING

Hoodies: \$65
Crewnecks: \$60

2024 GRAD CLOTHING

PRICING

1/4 Zip: \$55
Joggers: \$55

- Grad clothing forms are available in Mr. Burgess' room (2146) and the office.
- Forms MUST be filled out regardless of payment method.
- Payment through cash, school cash online and cheques payable to SCHOOL DISTRICT #62, brought in to the office or room 2146.

Grad Class of 2024

ORDER YOUR GRAD 2024 PINNIES



PAYMENT OPTIONS:

- \$40** 1) Cash or Cheque (made out to SD62):
2) School Cash On-line: **\$40**

A paper order form **STILL MUST** be completed.
There is no sizing or nickname option available on
School Cash on-line.

Please submit payment with your completed order
form to Mr. Burgess' room (2146) or the Office.

Careers Department - Scholarships



Scholarship Opportunities UPCOMING SCHOLARSHIPS

For more Scholarship information
please visit École Royal Bay Secondary School Website
<https://sites.google.com/sd62learns.org/rbssscholarships/getting-started>

Peninsula Co-op Scholarships

Camosun students = Apply between May 1st - August 31st

C.U.P.E. Local 459 BURSARY

Deadline: May 15th, 2023

Judy Bourne Memorial Scholarship

Deadline: May 13th, 2023

Health Auxiliary Bursary

Deadline: May 15th, 2023

Rick Thomas Memorial Scholarship

Deadline: May 15th, 2023

Sooke Fine Arts Society Scholarships

Deadline: May 15th, 2023 by 5pm

Jim Hebden Chemistry Bursary

Deadline: May 19th, 2023

The Lou Williamson Scholarship

Deadline: May 19th, 2023

Juan de Fuca Soccer Association Dick Darley Scholarship

Deadline: May 31st, 2023

Harbourside Rotary Scholarship

Deadline: May 31st, 2023

MADD Canada Youth Bursary Fund

Deadline: May 31st, 2023

Theatre BC Scholarships

Deadline: May 31st, 2023



Careers Department



MIDDLE SCHOOL TRADES EXPLORATION SUMMER PROGRAMS

Open to all students from our partnership school districts born between 2009 – 2011.

Registration Opens Wednesday April 5

JULY 4-7 PROGRAMS

- Pipe Trades
- Welding: Mind over Metal

JULY 10-14 PROGRAMS

- Indigenous Woodworking
- Sheet Metal
- Women Trades Sampler

Generously sponsored by Camosun and Industry
\$50 / student

On site at Camosun College Interurban, 16 seats per program




For more information and to register, go to:
camosun.ca/dual-credit



**Looking For Summer Employment
in the Trades?**



link to
find applications and learn more!



<https://summerworkwestshore.weebly.com/>

**SKILLED
TRADES^{BC}**



ADULTING 101: PERSONAL FINANCE FOR STUDENTS PREPARING FOR COLLEGE & UNIVERSITY

A Zoom-based financial literacy workshop for grade 9 to 12 students from UVIC's Gustavson School of Business

Surveys routinely show Canadians struggle with their finances—over half are within \$200 of not being able to cover their bills and debt payments.

High school and university students particularly face struggles. Rising student debt, increasing housing costs, and surging inflation are barriers to success. Generation Z not only faces the burdens of climate change, the pandemic, and global uncertainty—but costs alone are a barrier to progress in careers and life.

So, how can students prepare for the costs of "adulting" and identify opportunities while at university?

The Gustavson School of Business at UVIC invites students to join a free financial literacy workshop. Dr. Michael King leads this interactive session for students to strengthen and prepare their financial footing to enter university life. This workshop will give you a taste of Gustavson and finance through a fun and engaging session.

This workshop is a good fit if one or more of these apply to you:

- You are in grade 9 to 12, and/or are an international student hoping to study in Canada.
- You want to take responsibility for your financial life, starting with mobile banking and day-to-day spending, and are curious about where to start.
- You have questions about your credit score and how it is used to evaluate you for: mobile phone, credit card, apartment rental, summer job, car loan, and much more.
- You want to build up savings and start investing in stocks, bonds, ETFs...
- You are interested in what a university class might be like

The workshop will be delivered on Zoom, and there are two dates to choose from:

Wednesday, May 17th or Thursday, May 18th

[CLICK HERE TO REGISTER FOR THE SESSION](#)

Contact Recruitment Manager, Daniel Nair, at d12recruit@uvic.ca for more information



uvic.ca/gustavson



@gustavsonuvic




WE'RE HIRING

We are super excited to be part of the
Royal Bay Community
Come Join Us!



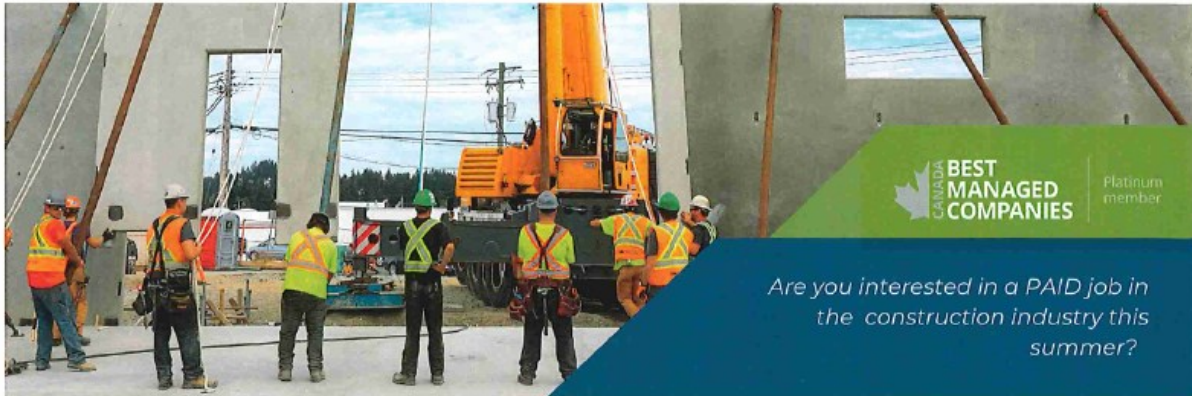
CANADA'S BEST EMPLOYERS

Forbes 2023
POWERED BY STATISTA

Careers Department cont.



**ANYTHING
IS POSSIBLE**



Are you interested in a PAID job in
the construction industry this
summer?

SUMMER YOUTH EMPLOYMENT

JOIN OUR TEAM

CONTACT

US NOW



250-590-7820 VICTORIA
250-756-9665 NANAIMO



108-2770 LEIGH RD-Victoria
2214 McCULLOUGH RD -
Nanaimo



dave.cordick@iwcd.ca
dave.d@iwcd.ca

WWW.IWCD.CA/CAREERS

EARN HIGH SCHOOL CREDITS

Earn hours towards your ITA Youth in Trades Program & start working towards your Apprenticeship while still in highschool. Earn 16 elective credits towards graduation (equals 4 courses) AND get PAID!

BE ELIGIBLE FOR \$1000 AWARD

Register with Industry Training Authority as a Youth Apprentice. Report a total of at least 900 hours to ITA by December 31st of the school year the student turns 19. Maintain a C+ average or better in grade 12 to be eligible.

TRAINING & JOB SITE EXPERIENCE

This is a special opportunity to introduce you to the field of construction. We will provide a safety orientation & on the job training to help you transition from highschool to work. Get a head start on your career today!

**BUILD YOUR FUTURE & COMMUNITY
WITH US!**

Counsellors' Corner



RESOURCES

Understanding, Supporting and Connecting with Teens with Depression

WEBSITES:

[Kelty Mental Health Centre: Depression](#)

[Foundry BC: Low Mood & Depression](#)

[BounceBack BC Skill Building Program 13+](#)

[HealthLink BC: Depression in Teens](#)

[CHEO: Helping Your Child or Youth With Depression](#)

[I Had A Black Dog, His Name was Depression](#)

[Living With A Black Dog](#)

PODCASTS:

[Discovery College: Languishing](#)

[Where You Are: When Parenting Gets Tough-How to Support Youth When They Are Struggling](#)

BOOKS:

Beyond the Blues: A Workbook to Help Teens Overcome Depression by Lisa M. Schab

What to Say to Kids When Nothing Seems to Work by Adele Lafrance, PhD & Ashley Miller, MD

MORE FROM FAMILYSMART:

[Building Connections With Our Kids When it Feels Impossible: Video Resource](#)

[Say Don't Say: What Youth with Mental Health Challenges Really Want from Parents and Caring Adults](#)

www.familysmart.ca



It's really tough to be going through hard stuff with a child or youth who is struggling with their mental health and they end up in crisis – and we want to help you. We know what it's like because we've been there.

TOPICS

Session 1 & 2:

How to Support a Safety Plan at Home

Session 3:

How to Take Care of Yourself and Family After a Crisis

Session 4:

How to Find the Resources You Need

There is no cost to families. Registration is required: www.familysmart.ca/workshops

Region: South Island

Dates: March 6, 8, 13, 15, 2023
Times: 12:00- 1:00 pm

Dates: April 18 & 20, 2023
Times: 5:00- 7:00 pm

Dates: May 10 & 17, 2023
Times: 10:00 am- 12:00 pm

Dates: June 12 & 14, 2023
Times: 11:00 am- 1:00 pm

Help for the Hard Times workshops are facilitated by parents with lived experience. The workshops are hosted online and include a one-on-one video conference or phone call with a Facilitator.



Counsellors' Corner, cont.

Parenting without Power Struggles

Thursdays, 6:30-8pm

A co-facilitated group support, parent education program for parents of preteens (ages 9 - 12)

Parents in the Know

Wednesdays 6:30-8 pm

A co-facilitated group support, parent education program for parents of teens (ages 13-19)

Parents Together

Tuesdays 12-1:30pm or 6:30-8pm Ongoing

This program for parents of teens (13-25) provides ongoing group support and parent education. Parents may stay in the group as long as they feel they need support and help in their daily parenting.

All the groups cover a variety of topics including:

- Attachment and relationship-based practices
- Communication and 6 critical messages
- Developmental changes in pre-adolescence
- Adolescent brain development
- Boundaries, and turning over responsibility as appropriate
- Self-care - taking back your life
- Adolescent mental health
- Substance use and teens
- Connection and understanding
- Capacity building
- Technology

Working towards independence!

A few spaces available in the spring parenting groups.

Parents can register for a group by filling out an online registration form here:

<https://bgcsvi.org/programs/parenting/>