

This week in The Raven's Nest



École Royal Bay Secondary School

3500 Ryder Hesjedal Way
Victoria, BC V9C 0J6
royalbay@sd62.bc.ca T: 250-474-2377



April 17-21, 2023

We would like to acknowledge the traditional territories of the Coast Salish, specifically Esquimalt Nation and Songhees Nation on which Ecole Royal Bay Secondary is built, and the nations that SD62 works with, Beecher Bay SCIA'NEW Nation, T'Sou-ke Nation, and Nuu-chah-nulth Pacheedaht Nation to the west.

We recognize the territory, the First Nations peoples, and thank them for sharing this beautiful land. Hych'ka - Coast Salish Kleco Kleco - Nuu-chah-nulth



This week: April 17-21, 2023

Monday	Term 4 Begins
Tuesday	Wellness Centre 9:30-3:00
Wednesday	
Thursday	Wellness Centre 9:00-3:00 Early Dismissal 3 hours— Learning Conferences Report Cards Published in My Ed
Friday	NID—Professional Development No School



What's inside!

Page 2	Admin Staff Info, Important Dates
Page 3	From the Admin
Page 4	PAC and Ravenous Café
Page 5	Around the Raven's Nest
Page 6	Athletics/Teams
Page 7	This and That
Page 8-13	Grad Corner
Page 14	Scholarship Opportunities
Page 15-17	Careers Department
Page 18	Counsellors' Corner

Important dates to Remember:

April 17	Term 4 Begins
April 20	Early Dismissal 3 hours—Learning Conferences
April 20	Report cards published in My Ed
April 21	NID—Professional Development -no school
April 24—27	Assessments
April 29	Hack-a-thon
May 3	PAC Meeting @ 6:30 pm
May 3	AP Exams
May 6	Dry Grad Carnival
May 9	AP Exams
May 16	Fire Drill at 9:20 am
May 18	GR 10 On the Line: Your Life, Your Choice
May 22	Victoria Day—no school
May 24	Indigenous Graduation Event in Theatre
May 29	NID—Pro- D Day—no school
June 1	Grad Rehearsal @ UVIC
June 4	Grad at UVic
June 7	PAC Meeting at 6:30 pm
June 23	Prom At The Crystal Gardens



RBSS Contacts:

Mike Huck - Principal

mhuck@sd62.bc.ca

Tanya Phillips - Vice-Principal

tphillips@sd62.bc.ca

Students A to G

Martin Lait - Vice-Principal

mlait@sd62.bc.ca

Students H to N +International

Ryan Dube - Vice-Principal

rdube@sd62.bc.ca

Students O to Z

Tebeth Barbour - Counsellor

tbarbour@sd62.bc.ca

Students A to E

Kim Hogan - Counsellor

khogan@sd62.bc.ca

Students Em to Jc + International

Christina Kadin - Counsellor

ckadin@sd62.bc.ca

Students Jd to Pg

Wendy Cooper - Counsellor

wcooper@sd62.bc.ca

Students Ph to Z



From the Admin

Student Learning Conferences:

On April 20th, we look forward to welcoming families into the building for Student Learning Conferences from 2-4 pm and 5-7 pm. If families are unable to make it into the building, there is an option for MS Teams meetings. When scheduling face to face meetings, **please allow 10 min between appointment times to allow time to move to your next meeting** as teachers will be conducting their conferences out of their classrooms.

When you arrive to the school for student learning conferences, teacher names and room numbers will be posted at the front entrance of the school.

The student learning conferences booking calendar opened on April 3rd.

Please click [HERE to book your conference time](#).

Please be sure to select the teacher that you wish to meet with, as step one with booking.

Also reference the attached, '[How to Guide](#)'

April 20th Bell Schedule:

<u>Bell Schedule</u>	<u>Block Rotation</u>
Block B	9:00 - 9:40
Block A	9:45 - 10:25
BREAK	10:25 - 10:40
Block D	10:40 - 11:20
Block C	11:25 - 12:05

NOTE: The first busses for student pick-up start arriving at RBSS is at 12:20 pm.

Graduation Assessments:

The following students will be writing assessments during the week of **April 23-26, 2023:**

- Grade 10 students who are in Semester 2 Math 10 (Numeracy 10)
- Grade 10 students who are in Semester 2 English 10 (Literacy 10)

Any Grade 12 students who have not yet written their NME 10, LTE 10, LTE 12 OR would like to rewrite.

Results from this sitting will be posted in MyEdBC on June 6, 2023.

For more information, resources, and practice exams:

[Grade 10 Literacy \(LTE 10\)](#)

[Grade 10 Numeracy \(NME 10\)](#)

[Grade 12 Literacy \(LTE 12\)](#)



Congratulations to our Royal Bay athletes, Avery S., Maika P., Charlotte W., Lauren M., Maya W. and Jordan P. for being selected and playing in the South Vancouver Island Basketball Association Rising Stars All Star Games last weekend.
Great job, athletes!

RBSS PAC Corner

Meetings will be held the 1st Wednesday of
each month at 6:30 pm
in the Learning Commons

PAC meetings for 2022-2023

May 3, 2023 (elections)
June 7, 2023

PAC's Peninsula Co-op number 134056



2022-2023 PAC Executive Members:

President: Michelle Alexander
Vice President: Kim Strandlund
Treasurer: Salome Crowley
Secretary: Melissa Da Silva
SPEAC Rep: Paula Wilson
Kari Moslehi
Communications Officer: Caroline Aked
PAC email: royalbaypac@gmail.com



April 17-21, 2023

HOT SIDE	<u>Item</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>
	Hot Main	Baked Penne and Cheese	Poutine	Hot Turkey Sando with Salad	Closed
	Vegetarian	Baked Penne and Cheese	Poutine	Quiche with Salad	
COLD SIDE	Wrap	Ham	Smoked Meat	Trio	
	Appie	Shrimp Cocktail	Shrimp Cocktail	Shrimp Cocktail	
BAKING	Desserts	Chocolate Milk Cake/ Butter Tart	Chocolate Milk Cake/ Butter Tart	Chocolate Milk Cake/ Butter Tart	

Around the Raven's Nest!

Science at Royal Bay



Lily and Ella are staying safe and having fun during the Liver Enzyme Lab



Ms. Funk's Life Science 11 class made cell models with cake - YUM



Sophia Bittencourt



Fuga Kimata and Mick Opassamkajom



On April 4, Ms. Furdal's Marine Biology Class went on an unforgettable trip to the Vancouver Aquarium and the Planetarium



L'Acid-Base Lab est fantastique dans la classe French Immersion Science 10 de Mme Exley



Science 9 students, Jaden, Breckyn and Cole performing the Ionic and Covalent compounds lab.



For international Women's day, Ms. Acacia's Science classes and Ms. Funk's fantastic poster find, teamed up to create this great display in the third floor cooridor.



Mrs. Vink with her priorities in order says, 11 more weeks!!! (actually 10 when you're reading this)

Marine Biology 10 seaweed project

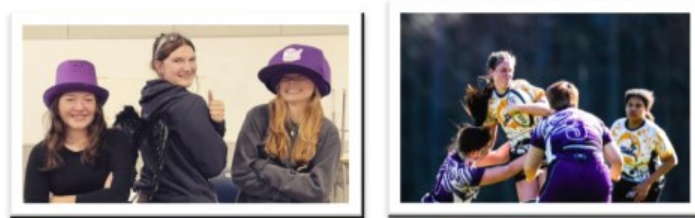


Athletics /Teams



RAVENS GIRL'S RUGBY

y Girls took on the Shawnigan Lake Stags in a thrilling game of two halves last week. Shawnigan jumped out to an early lead with 3 quick tries. Big physical games from Maren, Isaac and Jade. The second-half attack came out with a vengeance with two big scores from Maren and Belle. After it was all said and done the final score was 52-12 for the Provincial Champions. The woman of the game was Maddy with Corel being Raven of the match, Leilani Top Player of the Forwards and Belle being BIG TIME Player of the Match. Girls' next game is against **Brentwood at 2:45 pm Tuesday at Royal Bay....** come and support our 15's girls.



Ravens Jr. & Sr. Boys Rugby

Jr. Boys took on both Esquimalt and Claremont this week in their first game of the season. The boys came out with an exciting tempo pushing Esquimalt backwards with a solid attack from Kai who set up a streaking Keane for one of our first tries of the year but came up short 24-15. Big games from Vaan, Dallen and Jeremy. They finished the day with a tough loss from a powerhouse team Claremont.

Sr. Boy played Esquimalt and Belmont walking away with a tough loss from the cross-town rivals Belmont 24-5. They came out looking fast and quick against Esquimalt but a score from the Dockers with no time left put them ahead for the win 24-17.

The boys are back at it next **Tuesday at Home kicking off at 4 pm.**

Special thank you to

Arrowsmith
Road Maintenance Ltd.



basic
ROCK PRODUCTS LTD.



This and That



Qualia Global Scholars

Congratulations to **Humra K.** who was accepted into the **Qualia Global Scholars Program at Stanford University.**

Humra is a grade 10 student who is passionate about technology. Humra will be joining a community of pre-college students who will have the opportunity to work with and learn from some of the most exceptional minds in the world through this virtual program. An unprecedented number of applications from students around the world were received and Humra's acceptance to this competitive program reflects her hard work, dedication, and passion for her academic pursuits.

École Royal Bay is incredibly proud of you Humra!

Led by Stanford University mentors, Qualia Global Scholars is a selective academic enrichment summer program for talented high school and middle school students around the world.



**Stanford
University**



Book Club Students

Our Book Club dates are:

Fri. April 14th

Fri. April 28th

Fri. May 12th

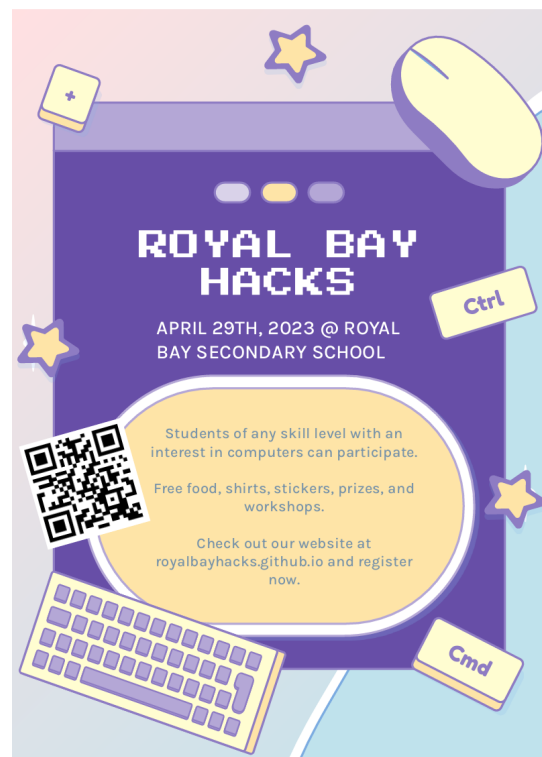
Fri. May 26th

at lunch in Room 1192



BELIZE!

We are 1 year away from the RBSS Belize Trip and we have space for 10 more students! Join us for an amazing 8 day trip during Spring Break 2024. There will be ancient ruins, jungle ziplining, cave tubing, snorkeling & good times with friends. Visit the website to see the entire itinerary or See Ms. Vink or Ms. Funk for more info. You can sign up using the QR code above or go to Eftours.ca/enroll Enrollment Number 2553776VW

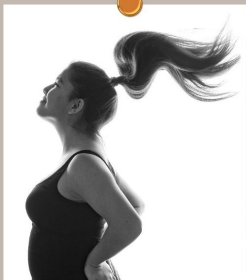


Grad Corner




2023 ROYAL BAY
INDIGENOUS
VALEDICTORIAN

Tanisha Spiller
NiiMass
"one that grows on you"
Gitxsan



Tanisha Spiller:
Honour Roll Student
Actor
Dancer
Activist
Role Model

**GRAD 2023
VALEDICTORIANS**



**THE STUDENT CHOICE VALEDICTORIANS THIS YEAR ARE
HELENA VALDERRAMA ESPINOSA AND AUDRIK CARPIO.**

**WE ARE VERY PROUD OF THE GRADS WHO PUT THEIR
NAMES FORWARD AND KNOW THAT THE STUDENTS CHOSEN
BY THEIR PEERS WILL DO A GREAT JOB REPRESENTING
THE GRAD CLASS OF 2023.**



Grad Corner



"Grad 2023 T-shirts available for sale for \$20

2 colour options are offered in sizes SM to X-large

See Mr. Burgess in room 2146 to purchase

Cash or cheque (payable to SD62) only!



2023 Grad's Important Dates/Deadlines

Thursday, April 20

Thursday, April 20

Saturday, May 6

Friday, May 12

Thursday, June 1

Sunday, June 4

Friday, June 23

Carnival Form and Payment Due

Grad Ceremony Ticket Request Form & Payment Due

Dry Grad Carnival at RBSS

Prom Consent Form and Payment Due

Grad **Rehearsal** at UVic

Grad **Ceremony** at UVic

Prom at The Crystal Gardens

Grad Corner con't



CALLING ALL PARENTS, GRANDPARENTS, TEACHERS ETC

ROYAL BAY SECONDARY

DRY GRAD CARNIVAL

Saturday, May 6th 6:15pm-1am



REQUEST FOR VOLUNTEERS

In order for Royal Bay's Seventh Annual Dry Grad Carnival to be successful, we need approximately **75** volunteers to work a variety of stations throughout the evening. The shifts are from 6:15pm - 8:45pm and 8:30pm - 10:45pm. We are looking for parents, grandparents, etc... from **ANY** grade willing to volunteer their time to ensure the Carnival runs safely & smoothly. Let's give the grads of 2023 an amazing and memorable event!!

Please email RBSSdrygradvolunteer@gmail.com if you can help! Please indicate approximately what time of the evening you can help out, as well as how many hours you would be willing to volunteer.

Don't miss out on being a part of this awesome event!

Thank you in advance for your support!

Parent Grad Committee

Grad Corner con't

Magic Wand

Why buy a grad tux or dress when you can borrow one?

Complete Outfits Including:

Like new dresses, suits, tuxedos, shoes, and accessories.

- ★ Thanks to Magic Wand, I had an unforgettable grad
- ★ I had an awesome grad with your beautiful dress
- ★ My son looked spectacular!
- ★ Thanks for a 'magical' graduation – you made my prom the best



To book an appointment, contact:

Elizabeth: esurerus@telus.net

The **Magic Wand** is a non-profit organization that offers an eco-friendly and inexpensive alternative to prom outfits for boys and girls. A small fee for cleaning will be charged.

www.themagicwandproject.com



Grad Corner con't



at Crystal Gardens

June 23, 2023

Photo at Parliament Buildings 5:00 pm

(Note: Photo will be at the back steps due to construction)

Arrival at Crystal Gardens 5:30- 6:15 pm

Dinner 6:45 pm

Dance starts at 8:00 pm

Event concludes at 10:30 pm

Important Info:

- Tickets will be on sale from April 3 - May 12, 2023 (forms were handed out April 3rd & available for pick up from the office. NO LATE SALES.
- The ticket sales are a two-part process, the office must have **BOTH** the parent/guardian signed purple form (pick up from the school office) as well as proof of school cash online payment, cash or cheque payable to SD62.
- Graduates will NOT be able to attend without BOTH parts - payment and signed form.
- Please note that parent/guardian will need to escort their student to the event.

We want to ensure that all grads have the ability to participate in Grad events. If the cost is inhibitory, please contact your VP or school counsellor; through the Affordability Fund, we are able to support families.

Grad 2024



PRICING

Hoodies: \$65
Crewnecks: \$60

2024 GRAD CLOTHING

PRICING

1/4 Zip: \$55
Joggers: \$55

- Grad clothing forms are available in Mr. Burgess' room (2146) and the office.
- Forms MUST be filled out regardless of payment method.
- Payment through cash, school cash online and cheques payable to SCHOOL DISTRICT #62, brought in to the office or room 2146.

Careers Department - Scholarships



Scholarship Opportunities UPCOMING SCHOLARSHIPS

For more Scholarship information

please visit École Royal Bay Secondary School Website

<https://sites.google.com/sd62learns.org/rbssscholarships/getting-started>

Elementary School PAC Bursaries

Deadline: April 19, 2023

Middle School PAC Bursaries

Deadline: April 19, 2023

Secondary School PAC Bursaries

Deadline: April 19, 2023

Premier's International Scholarship Program

Deadline: April 20, 2023

Canadian World Education Society Scholarship

Deadline: April 19th, 2023

Colwood Women's Institute Scholarship Application

Deadline: April 19th, 2023

Farmer Construction Apprenticeship Sponsorship

Deadline: April 19th, 2023

Frank Gower Memorial Bursary

Deadline: April 19th, 2023

Gablecraft Homes

Deadline: April 19th, 2023

Iris Reis Memorial Scholarship

Deadline: April 19th, 2023

Juan de Fuca Masters Football Club Scholarship

Deadline: April 19th, 2023

Gesslein Mini Excavating Ltd.

Deadline: April 19th, 2023

Pardell Electric Scholarship

Deadline: April 19th, 2023

Rotary Club of Westshore Sunrise Scholarship

Deadline: April 19th, 2023

Vancouver Island Soap Works Kindness & Compassion Scholarship

Deadline: April 19th, 2023

West Shore Developers Association Bursary Application

Deadline: April 19th, 2023

West Shore Lions Club: Lion H. Ralph Day Bursary

Deadline: April 19th, 2023



Careers Department



MIDDLE SCHOOL TRADES EXPLORATION SUMMER PROGRAMS

Open to all students from our partnership school districts born between 2009 – 2011.

Registration Opens Wednesday April 5

JULY 4-7 PROGRAMS

- Pipe Trades
- Welding: Mind over Metal

JULY 10-14 PROGRAMS

- Indigenous Woodworking
- Sheet Metal
- Women Trades Sampler

Generously sponsored by Camosun and Industry \$50 / student

On site at Camosun College Interurban, 16 seats per program




For more information and to register, go to:
camosun.ca/dual-credit



LEARNING to lead

MINERVA

THE PROGRAM

Learning to Lead™ is a 4-week (1 session/week) leadership program open to self-identified girls in high school. Participants gain confidence through interactive workshops and activities within a safe and supportive community.

Participants attend 2-hour Zoom sessions once a week for 4 weeks.

WHAT YOU'LL LEARN

Learning to Lead™ focuses on:

- Self-knowledge
- Being a leader
- Increasing confidence
- Being authentic
- Creating connections

SPRING 2023 DATES

Group 1: Tuesdays, 3:30-5:30pm (April 4, 11, 18, 25)

Group 2: Wednesdays, 6-8pm (April 5, 12, 19, 26)

Thanks to our generous sponsors, Learning to Lead™ is offered at no cost to participants.

Stay tuned for Fall programming!

JOIN US!

We are looking for youth who are ready to learn more about themselves, grow their confidence, and connect with other amazing young people from across the province.

50 participants will be selected to attend each 4-week program. Indigenous youth are encouraged to apply.

To nominate a student, please contact **Vib Wadhwa (Youth Programs Coordinator, Minerva BC)** at vibhuti@minervabc.ca

Learn more and apply at: minervabc.ca/learning-to-lead/



npowercanada

BRITISH COLUMBIA

TRANSFORMING TECH CAREERS. TRANSFORMING LIVES.



A career in tech will take you where you want to go

Looking for a job? Begin your tech career by completing one of our online programs in only 3 months, for free!



Junior IT Analyst



Junior Data Analyst

Learn the best and latest digital skills, programs and techniques. Earn industry approved certifications and train for today's fast-paced, solution focused tech environment. Graduates receive job placement support to launch your tech career. Programs are fully funded and are no cost for participants.

A career in tech can change everything.

Apply now

npowercanada.ca/programs/

Classes run Monday - Friday
Location: Online Classroom Environment

Call our Outreach Team: 604.495.0580 (x2)
or email at: outreach@npowercanada.ca



Program delivery and funding partners:



CAREER FAIR 2023

EXPLORE OVER 90 JOB AND CAREER EXHIBITS



APRIL 27, 2023

ARCHIE BROWNING ARENA

TBD

For more information, visit the Career Commons



SCAN THE QR CODE TO SIGN-UP

Careers Department cont.

ISLAND IGNITE
JULY 7-9, 2023
VICTORIA, B.C.

A WEEKEND FOR FEMALE YOUTH IN GRADES 11 & 12 TO BE
ENGAGED, ENCOURAGED, AND EMPOWERED
THROUGH FIREFIGHTING!

Deadline for Applications May 1st, 2023



DETAILS AND APPLICATIONS AT:
WWW.ISLANDIGNITE.COM
OR EMAIL:
INFO@ISLANDIGNITE.COM



ISACA Victoria Chapter Presents
SPRINGBOARD CONFERENCE 2023

An event to provide school / college / university students with
networking opportunities & information about cybersecurity careers.



Join us to network and hear from:

Main Speakers -

- Sherry Rumbolt - Senior Cybersecurity Strategic Advisor, Government of Canada
- Don Costello - Director, Advisory Services at BC Provincial Government
- Ryan Smith - Senior Security Research Program Manager, Microsoft
- Spencer Tickner - Executive Director & Chief Technology Officer, BC Government
- Trace Muldoon - Manager, Governance, Engagement and Awareness, BC Government
- Michael Argast - Co-Founder and CEO, Kobalt.io


Panel Speakers -

- James Jairn - Security Analyst, BC Government
- Avneet Kaur Kahlon - Senior Security Analyst, BC Government

Date - 01 May 2023 | Time - 9:30 am - 03:30 pm PDT
Location: Michèle Pujol Room, University of Victoria

For speaker topics and more information, please visit → 



THE
BEAUTIFUL
MIND | 04.27.23

Learn about how the brain's immune cells link to physical, mental, and societal issues, as well as what it's like pursuing a career in neuroscience, in a series of short, easy-to-understand talks by a diverse group of training researchers from the University of Victoria's Division of Medical Sciences

Speakers @ 6:30 - 8:20 p.m.; in-person reception @ 8:20 - 9 p.m.

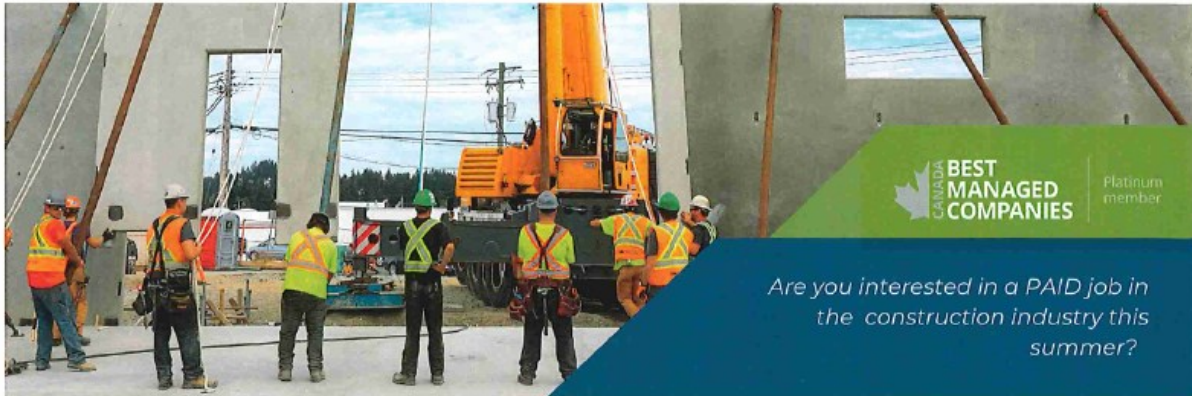
UVic Medical Sciences Building Rm.150 or Zoom

[RSVP at BeautifulMind.eventbrite.ca](https://www.eventbrite.ca/e/rsvp-at-beautifulmind)

Careers Department cont.



**ANYTHING
IS POSSIBLE**



Are you interested in a PAID job in
the construction industry this
summer?

SUMMER YOUTH EMPLOYMENT

JOIN OUR TEAM

CONTACT

US NOW



250-590-7820 VICTORIA
250-756-9665 NANAIMO



108-2770 LEIGH RD-Victoria
2214 McCULLOUGH RD -
Nanaimo



dave.cordick@iwcd.ca
dave.d@iwcd.ca

WWW.IWCD.CA/CAREERS

EARN HIGH SCHOOL CREDITS

Earn hours towards your ITA Youth in Trades Program & start working towards your Apprenticeship while still in highschool. Earn 16 elective credits towards graduation (equals 4 courses) AND get PAID!

BE ELIGIBLE FOR \$1000 AWARD

Register with Industry Training Authority as a Youth Apprentice. Report a total of at least 900 hours to ITA by December 31st of the school year the student turns 19. Maintain a C+ average or better in grade 12 to be eligible.

TRAINING & JOB SITE EXPERIENCE

This is a special opportunity to introduce you to the field of construction. We will provide a safety orientation & on the job training to help you transition from highschool to work. Get a head start on your career today!

**BUILD YOUR FUTURE & COMMUNITY
WITH US!**

Counsellors' Corner

'intheknow'
connect + learn

RESOURCES

Understanding, Supporting and Connecting with Teens with Depression

WEBSITES:

[Kelty Mental Health Centre: Depression](#)

[Foundry BC: Low Mood & Depression](#)

[BounceBack BC Skill Building Program 13+](#)

[HealthLink BC: Depression in Teens](#)

[CHEO: Helping Your Child or Youth With Depression](#)

[I Had A Black Dog, His Name was Depression](#)

[Living With A Black Dog](#)

PODCASTS:

[Discovery College: Languishing](#)

[Where You Are: When Parenting Gets Tough-How to Support Youth When They Are Struggling](#)

www.familysmart.ca

BOOKS:

Beyond the Blues: A Workbook to Help Teens Overcome Depression by Lisa M. Schab

What to Say to Kids When Nothing Seems to Work by Adele Lafrance, PhD & Ashley Miller, MD

MORE FROM FAMILYSMART:

[Building Connections With Our Kids When It Feels Impossible: Video Resource](#)

[Say Don't Say: What Youth with Mental Health Challenges Really Want from Parents and Caring Adults](#)



It's really tough to be going through hard stuff with a child or youth who is struggling with their mental health and they end up in crisis – and we want to help you. We know what it's like because we've been there.

TOPICS

Session 1 & 2:
How to Support a Safety Plan at Home

Session 3:
How to Take Care of Yourself and Family After a Crisis

Session 4:
How to Find the Resources You Need

Region: South Island

Dates: March 6, 8, 13, 15, 2023
Times: 12:00- 1:00 pm

Dates: April 18 & 20, 2023
Times: 5:00- 7:00 pm

Dates: May 10 & 17, 2023
Times: 10:00 am- 12:00 pm

Dates: June 12 & 14, 2023
Times: 11:00 am- 1:00 pm

There is no cost to families. Registration is required: www.familysmart.ca/workshops

Help for the Hard Times workshops are facilitated by parents with lived experience. The workshops are hosted online and include a one-on-one video conference or phone call with a Facilitator.



EVERY MONTH, WE HOST EVENTS FOR FAMILIES CALLED 'IN THE KNOW'. WE WATCH A VIDEO AND SHARE EXPERIENCES AND STRATEGIES THAT HELP IN THE HARD MOMENTS. WE HELP FOCUS ON STRENGTHENING OUR UNDERSTANDING AND CONNECTION WITH OUR KIDS.

Understanding, Supporting and Connecting with Teens with Depression

Mood rollercoasters are a part of normal development for our teens, but sometimes something more is going on with their mental health. How can we tell the difference? At what point should we intervene? Join us for a conversation with a mental health therapist who supports teens and families, to understand how depression shows up in teens and learn ways of journeying with them through it.

Cost: Free of Charge

Date(s):

Monday April 3, 2023 9:30-11am (PST)
Thursday April 13, 2023 6:30-8pm (PST)
Tuesday April 18, 2023 12-1:30pm (PST)
Wednesday April 26, 2023 5-6:30pm (PST)
Thursday April 27, 2023 6:30-8pm (PST)

Registration required:
www.familysmart.ca/events



NATIONAL CHILD & YOUTH MENTAL HEALTH DAY

Online Event for Parents and Caring Adults with Dr. Ross Greene

Join us to listen to Dr. Ross Greene speak about how Collaborative and Proactive Solutions can help us show our kids we care about them.

Solving problems together creates connection and allows our children to be a part of finding solutions to what is causing their concerning behaviour. Dr. Greene's work reminds us that things go better for everyone, when we solve problems together and that kids do well if they can.

DATE: Thursday, May 4, 2023

TIME: 6:00pm - 8:00pm (PST)

REGISTRATION REQUIRED: familysmart.ca/events

This event is part of FamilySmart's National Child & Youth Mental Health Day celebrations. For more info and resources go to: may7icare.ca

