## This week in The Raven's Nest



# École Royal Bay Secondary School

3500 Ryder Hesjedal Way Victoria, BC V9C 0J6 royalbay@sd62.bc.ca T: 250-474-2377



# March 6 - 10, 2023

We would like to acknowledge the traditional territories of the Coast Salish, specifically Esquimalt Nation and Songhees Nation on which Ecole Royal Bay Secondary is built, and the nations that SD62 works with, Beecher Bay SCIA'NEW Nation, T'Sou-ke Nation, and Nuu-chah-nulth Pacheedaht Nation to the west.

We recognize the territory, the First Nations peoples, and thank them for sharing this beautiful land. Hych'ka - Coast Salish Kleco Kleco - Nuu-chah-nulth



Page 12 & 13

Page 14

## This week:

Monday
--------

Tuesday Wellness Centre 9:30-3:00

Wednesday Pajama Game @ 7 pm in Theatre

Thursday Wellness Centre 9:00-3:00

Pajama Game @ 7 pm in Theatre

Friday Naval Reserves: Table in Aviary

during Lunch

Pajama Game @ 7 pm in Theatre

## What's inside!

Page 2	Admin Staff Info, Important Dates
Page 3 & 4	From the Admin
Page 5	PAC and Ravenous Café
Page 6	Around the Raven's Nest
Page 7	Black Wing Theatre Company
Page 8	Athletics/Teams
Page 9 & 10	Grad Corner
Page 11	Scholarship Opportunities

Ecole Royal Bay Secondary "TOGETHER WE ARE MORE"

Page 1

Careers Department

Counsellors' Corner

## **Important dates to Remember:**

March 8-11

Black Wing Theatre Company Presents The Pajama Game
March 10

Naval Reserve—Table in Aviary during Lunch
March 14

Year Book Pre Orders Deadline
March 15

Grade 10 Life Skills Symposium

March 17

Last Day before Spring break

April 3

School reopens

April 5

PAC Meeting @ 6:30 pm

April 7 Good Friday

April 10 Easter Monday

April 20 Early Dismissal 3 hours—Learning Conferences

April 20 Report cards published in My Ed

April 21 NID—Professional Development -no school

April 24—28 Assessments
April 25 Term 3 Ends
April 26 Term 4 Begins

May 3 PAC Meeting @ 6:30 pm

May 6 Dry Grad Carnival

May 16 Fire Drill at 9:20 am

May 22 Victoria Day—no school

May 24 Indigenous Graduation Event in Theatre

May 29 NID—Pro- D Day—no school

June 1 Grad Rehearsal @ UVIC

June 4 Grad at UVic

June 7 PAC Meeting at 6:30 pm

June 23 Prom At The Crystal Gardens

## **RBSS Contacts:**

Mike Huck - Principal

mhuck@sd62.bc.ca

Tanya Phillips - Vice-Principal

tphillips@sd62.bc.ca

Students A to G

Martin Lait - Vice-Principal

mlait@sd62.bc.ca

Students H to N +International

Ryan Dube - Vice-Principal

rdube@sd62.bc.ca
Students O to Z

**Tebeth Barbour -** Counsellor

tbarbour@sd62.bc.ca
Students A to El

Kim Hogan - Counsellor

khogan@sd62.bc.ca

Students Em to Jc + International

**Christina Kadin** - Counsellor

ckadin@sd62.bc.ca
Students Jd to Pg

Wendy Cooper - Counsellor

wcooper@sd62.bc.ca

Students Ph to Z



# From the Admin



## Congratulations to Elie and Jack P. !

Recently, Grade 9 Elie & Grade 11 Jack competed in the BC Provincial Wrestling Competition. Amongst stiff competition Jack placed 2nd in the Province while his younger sister Elie – in her first crack at the Provincials -finished 5th! Both Elie and Jack are serious athletes and train a lot on their own time in pursuing their athletic passions. We are super proud of them and how they represent the school and their sport while they are out on these competitions.













# From the Admin con't....



**RBSS Hits the Trails 2023!** The RBSS Mountain Bike Club is up and running again after a short winter break. The snow derailed the ride this Thursday, but the buzz is out there. We are hoping to build off our success of last year and have more riders come out. Rides are planned for Thursdays after school. Supported by several staff members and parent volunteers, our club has space for all levels. All wheels stay on the ground and a lot of fun can be had by all. We are getting ready for the BC High School Mountain Bike Festival being hosted in Casltegar, BC in late May.

#### **RIDE DETAILS**

- Thursday 3:30-5:30 pm
- Leave RBSS by 3:35 pm (Meet at front parking lot to organize rides)
- Finish ride at 5:30 pm \*





#### **RIDES**

• We need support with rides, so if your parent/other is able to help please let Mr. MacRae know.

#### **WAIVERS and ATTENDANCE**

- All students need to have a waiver signed by parents/guardian before participating. Pick up from Mr. MacRae in RM 2108.
- Please let Mr. MacRae know if you will be attending by email ( <u>rmacrae@sd62.bc.ca</u> ) or dropping by RM 2108 in the AM or RM 3103 in the PM. We need to make sure we will have ride coverage.
   Get the word out to your friends that may want ride with us!

## **Congratulations to our AMAZING Music Department!**

École Royal Bay Secondary music concerts are always super cool events for the school and the community. Our March 1<sup>st</sup> Winter Concert was no different. The students and staff do a great job representing our music program and the school. The Theatre was full and the music was incredible. Some of the best parts of the school year is being able to witness these students showcase their talents and passion for music. The students and staff put a lot of time and effort into learning the pieces and improving their skills - clearly all the work pays off. What a great evening!



## **RBSS PAC Corner**

Meetings will be held the 1<sup>st</sup> Wednesday of each month at 6:30 pm

in the Learning Commons

PAC meetings for 2022-2023

April 5, 2023 May 3, 2023 (elections) June 7, 2023

# 2022-2023 PAC Executive Members:

President: Michelle Alexander

Vice President: Kim Strandlund

Treasurer: Salome Crowley

Secretary: Melissa Da Silva

SPEAC Rep Paula Wilson

Kari Moslehi

Communications Officer: Caroline Aked

PAC email: <a href="mailto:royalbaypac@gmail.com">royalbaypac@gmail.com</a>



PAC's Peninsula Co-op number 134056







## March 6—10, 2023

HOT SIDE	<u>Item</u>	Monday	Tuesday	Wednesday	Thursday
	Hot Main	Ramen	Root veg soup with root veg chip, crispy onions and herb oil	Burrito	Meatball sando with Caesar
	Vegetarian	Ramen	Root veg soup with root veg chip, crispy onions and herb oil	Burrito	Falafel bowl
COLD	Wrap	Ham	Pastrami	Chicken bacon ranch	Trio
SIDE	Appie	Lox on toast	Lox on toast	Lox on toast	Lox on toast
BAKING	Desserts	Marmalade cake/apple turnovers	Marmalade cake/apple turnovers	Marmalade cake/apple turnovers	Marmalade cake/apple turnovers

Ecole Royal Bay Secondary "TOGETHER WE ARE MORE"

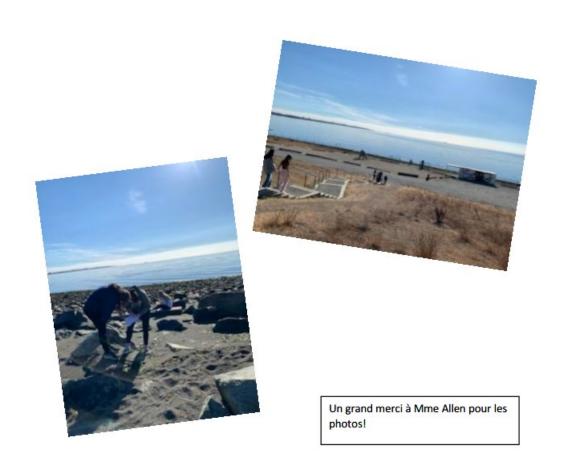
Page 5

# **Around the Raven's Nest!**

## Le nid des corbeaux - French Immersion Department

Our 2<sup>nd</sup> semester is off to a flying start with students completing courses in Français langue, Sciences humaines, Sciences naturelles and l'éducation à la carrière! We have welcomed two new teachers to the department recently, please join Ashleigh, William and Chris in welcoming Natalie Reynolds and Tessa Exley!

Our inaugural group, this year's grade 10s, has just completed their course selection for their grade 11 year at ÉRBSS... you'll be interested to know that they will only need to complete two FRIMM courses next year as their high school experience gets one step closer to the finish line. Once in grade 12, they will only have one more to go!



# **RBSS Black Wing Theatre Company Presents.....**



# **Athletics / Teams, cont.**



### ATHLETIC CLOTHING FOR SALE! SUPPORT OUR SCHOOL TEAMS!!



#### PURCHASE ONLINE VIA THE LINK BELOW:

https://store.passionsports.ca/RBAthletics/shop/home



- 1 VISIT OUR ONLINE LINK
- 2 PURCHASE YOUR ITEMS (through online payment)
- 3 ITEMS DELIVERED 3 WEEKS AFTER STORE CLOSING

Questions? Email Mr. Hobson - bhobson@sd62.bc.ca



# **Grad Corner**



## "Grad 2023 T-shirts available for sale for \$20

2 colour options are offered in sizes SM to X-large

See Mr. Burgess in room 2146 to purchase

Cash or cheque (payable to SD62) only!



# 2023 Grad's Important Dates/Deadlines

Wednesday, March 15 Online Voting for Valedictorian

Wednesday, March 15 Grad Comments

Wednesday, March 15 Grad Ceremony Graduation Fee due!

Saturday, May 6 Dry Grad Carnival at RBSS

Thursday, June 1 Grad **Rehearsal** at UVic

Sunday, June 4 Grad **Ceremony** at UVic

Friday, June 23 Prom at The Crystal Gardens

# **Grad Corner**



\*\*\*\*\*\*\*\*\*\*

Why buy a grad tux or dress when you can borrow one?

#### **Complete Outfits Including:**

Like new dresses, suits, tuxedos, shoes, and accessories.

- Thanks to Magic Wand, I had an unforgettable grad
- I had an awesome grad with your beautiful dress
- My son looked spectacular!
- Thanks for a 'magical' graduation you made my prom the best





To book an appointment, contact: Elizabeth: <a href="mailto:esurerus@telus.net">esurerus@telus.net</a>

The **Magic Wand** is a non-profit organization that offers an ecofriendly and inexpensive alternative to prom outfits for boys and girls. A small fee for cleaning will be charged.

www.themagicwandproject.com

\*\*\*\*\*\*\*





# Scholarship Opportunities UPCOMING SCHOLARSHIPS

For more Scholarship information

## please visit École Royal Bay Secondary School Website

https://sites.google.com/sd62learns.org/rbssscholarships/getting-started

Sooke Teachers' Association Scholarships

Deadline: March 10, 2023

RE/MAX Quest for Excellence Deadline: March 13, 2023

Daneen Skilling Scholarship for Studies in Occupational Health and Safety

Deadline: March 15, 2023

John Evans Female Engineering Scholarship

Deadline: March 17, 2023

Girl Guides of Canada Deadline: Mid March, 2023

VIU President's Entrance Scholarship for High School Students

Deadline: March 30, 2023

VIU Chancellor's Entrance Scholarship for Aboriginal Students

Deadline: March 30, 2023

Construction Foundation of BC Grants and Funding

Deadline: March 30, 2023

Freda Smith Memorial Bursary Deadline: March 31st, 2023

Jaymie-Lynn Robertson Memorial Bursary

Deadline: March 31, 2023

**Power Pioneers Community Service Award** 

Due: March 31, 2023

**West Shore Community Response Network Award** 

Due: March 31, 2023

# **Careers Department**



# Admissions Advisor Drop-in

DO YOU HAVE QUESTIONS ABOUT CAMOSUN COLLEGE PROGRAMS OR YOUR NEXT STEPS?

Connect with an Admissions Advisor on Monday, March 13th from 11:00am - 1:00pm



Scan the QR code to sign up for an appointment!







A Special Thank You to Our Event Sponsors!

Cost of registration: FREE

BIG WHEEL

BURGER Relaxation

# Careers Department cont.



TECHNOLOGY IS REVOLUTIONIZING OUR WORLD, AND THOSE WHO CODE, HOLD THE POWER OF CHANGE IN THEIR HANDS.

Register today!



IN PARTNERSHIP WITH:







#### April 8th, 2023 | 10 am - 3 pm University of Victoria

Come discover the digital skills that will drive tomorrow's coolest communications, maginative innovations and essential societal enhancements.

Open to girls and non-binary youth in grades 6-12, Go CODE Girl will introduce you to the wide range of career possibilities available in the rapidly-growing fields of technology, computing and software engineering.









You can work evenings, weekends, and summer for the Navy in an occupation of your choice.

Join us at lunch in the Aviary 10th March 2023







Calling ALL youth artists in SD62...doodlers, sketch artists, graffiti masters, graphic designers.....

YOU design it and we will have the winning piece for each of the three categories below created into stickers to be used in <u>Substance Use education</u> across SD62 Secondary schools.

We are looking to ignite conversation, direct youth to important health information and highlight local resources that youth can access in our community (may use QR codes within the sticker).

- Harm Reduction & Safety (ex: Naloxone, Safety information)- \$100 Prize
- Reducing Stigma around Mental Health & Substance Use \$100 Prize
- Linking youth to community resources (ex: Belmont Wellness Centre, Discovery Counselling, BC Foundry...)- \$100 Prize

All Applicants MUST connect with YAT facilitators with their intention to submit & to receive details. Artists may choose to focus on one, two or all three categories. Ask about the \*\$50 BONUS project\*!! Krystal kirste@islandhealth ca: appershall@islandhealth.ca

DEADLINE TO SUBMIT: April 5th, 2023 @ 1700

# Counsellors' Corner



It's <u>really tough</u> to be going through hard stuff with a child or youth who is struggling with their mental health and they end up in crisis – and we want to help you. We know what it's like because we've been there.

#### TOPICS

Session 1 & 2:

How to Support a Safety Plan at Home

Session 3:

How to Take Care of Yourself and Family After a

Crisis

Session 4:

How to Find the Resources You Need

There is no cost to families. Registration is required: www.familysmart.ca/workshops

Region: South Island

Dates: December 12 & 14, 2022

Times: 5:00-7:00 pm

Dates: January 23 & 25, 2023

Times: 9:00- 11:00 am

Dates: February 21 & 23, 2023

Times: 4:00- 6:00 pm

Dates: March 6, 8, 13, 15, 2023

Times: 12:00- 1:00 pm

Help for the Hard Times workshops are facilitated by parents with lived experience. The workshops are hosted online and include a one-on-one video conference or

phone call with a Facilitator.

