

# This week in The Raven's Nest



## École Royal Bay Secondary School

3500 Ryder Hesjedal Way  
Victoria, BC V9C 0J6  
royalbay@sd62.bc.ca T: 250-474-2377



## January 30 to February 3, 2023

We would like to acknowledge the traditional territories of the Coast Salish, specifically Esquimalt Nation and Songhees Nation on which Ecole Royal Bay Secondary is built, and the nations that SD62 works with, Beecher Bay SCIA'NEW Nation, T'Sou-ke Nation, and Nuuchah-nulth Pacheedaht Nation to the west.

We recognize the territory, the First Nations peoples, and thank them for sharing this beautiful land. Hych'ka – Coast Salish Kleco Kleco – Nuuchah-nulth



### This week :

Monday	GRAD Photo Retakes
Tuesday	Wellness Centre 9:30-3:00 GRAD Photo Retakes 2nd Semester Start
Wednesday	PAC Meeting GRAD Photo Retakes
Thursday	Wellness Centre 9:00-3:00 GRAD Photo Retakes Grade 8 Parent Info Night
Friday	GRAD Photo Retakes

### What's inside!

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## Important dates to Remember:

January 30-February 3	Grad Photos Retakes
January 30	"I" Day
January 31	2nd Semester Start
February 1	PAC Meeting @ 6:30 pm
February 2	Grade 8 Parent Info Night
February 6	School Planning Day—no school
February 7	Report Cards published in MyEd
February 9	Fire Drill at 9:20 am
February 10	GRAD Ski Trip
February 17	NID Tri District Pro– D—no school
February 20	Family Day—no school
March 1	PAC Meeting @ 6:30 pm
March 8—11	Black Wing Theatre Production
March 17	Last Day before Spring break
April 3	School reopens
April 5	PAC Meeting @ 6:30 pm
April 7	Good Friday
April 10	Easter Monday
April 20	Early Dismissal 3 hours—Learning Conferences
April 20	Report cards published in My Ed
April 21	NID—Professional Development -no school
April 24—28	Assessments
April 25	Term 3 Ends
April 26	Term 4 Begins
May 3	PAC Meeting @ 6:30 pm
May 6	Dry Grad Carnival
May 16	Fire Drill at 9:20 am
May 22	Victoria Day—no school
May 29	NID—Pro– D Day—no school
June 4	Grad at UVic
June 7	PAC Meeting at 6:30 pm
June 23	Prom At The Crystal Gardens

## RBSS CONTACTS

### Mike Huck - Principal

[mhuck@sd62.bc.ca](mailto:mhuck@sd62.bc.ca)

### Tanya Phillips -Vice-Principal

[tphillips@sd62.bc.ca](mailto:tphillips@sd62.bc.ca)

Students A to G

### Martin Lait - Vice-Principal

[mlait@sd62.bc.ca](mailto:mlait@sd62.bc.ca)

Students H to N +International

### Mark Johnston - Vice-Principal

[mjohnston@sd62.bc.ca](mailto:mjohnston@sd62.bc.ca)

Students O to Z

### Tebeth Barbour - Counsellor

[tbarbour@sd62.bc.ca](mailto:tbarbour@sd62.bc.ca)

Students A to Ei

### Kim Hogan – Counsellor

[khogan@sd62.bc.ca](mailto:khogan@sd62.bc.ca)

Students Em to Jc + International

### Christina Kadin - Counsellor

[ckadin@sd62.bc.ca](mailto:ckadin@sd62.bc.ca)

Students Jd to Pg

### Wendy Cooper - Counsellor

[wcooper@sd62.bc.ca](mailto:wcooper@sd62.bc.ca)

Students Ph to Z



# From the Admin



## École Royal Bay Secondary School

3500 Ryder Hesjedal Way  
Victoria, BC V9C 0J6

Tel: 250-474-2377  
Fax: 250-478-5099  
royalbay@sd62.bc.ca

**Welcome/Bienvenue to Semester Two at École Royal Bay Secondary!!**

**Dear Royal Bay Families,**

**Semester Two starts for all grades 9-12 on Tuesday, January 31<sup>st</sup> (all students full day).**

The information included in this package will assist you and your family in preparing for the second semester of the 2022/23 school year. Remember to check our [RBSS Website](#) regularly for more information and updates. We will also send out more information during the last two weeks of January through our RBSS App [RBSS APP](#), and the January issues of the Raven's Nest.

### **Student Course Schedules for Semester Two**

Students will receive their Semester Two schedules on Tuesday, January 31<sup>st</sup> in their first Block of the day (B Block Classes). B Block Class lists will also be posted in the Aviary for students to identify their B Block class and teacher.

Students will also be able to access their schedule via the student/family portal [MyEd Student Portal](#). A reminder the MyEd instructions can be found on our web page [RBSS Family Portal Instructions](#). Counsellors will be the first week of February (9:30am to 12pm and 1pm to 3pm) to meet with students for the following reasons:

- Incomplete schedule
- Grad credit concerns

### **Tuesday, January 31<sup>st</sup>**

#### **Block order BADC**

- School begins at 9:00am, lunch from 11:50 – 12:30, school ends at 3:20pm
- All Students are to proceed to their B Block Class. B Block class lists will be posted in the Aviary, and staff will be available to help support student transitions. Students will also receive a paper schedules in their B Block classes.

Please find our full bell schedule [RBSS Bell Schedule](#)

<b><u>Bell Schedule for Tuesday, Jan. 31</u></b>	<b><u>Block Rotation</u></b>
Block B	9:00 – 10:22
BREAK	10:22 – 10:28
Block A	10:28 – 11:50
Lunch	11:50 – 12:30
Block D	12:30 – 1:52
BREAK	1:52 – 1:58
Block C	1:58 – 3:20

## RBSS PAC Corner

Meetings will be held the 1<sup>st</sup> Wednesday of  
each month at 6:30 pm

in the Learning Commons

**PAC meetings for 2022-2023**

**February 1, 2023**

**March 1, 2023**

**April 5, 2023**

**May 3, 2023 (elections)**

**June 7, 2023**

*PAC's Peninsula Co-op number 134056*



## 2022-2023 PAC Executive Members:

President: Michelle Alexander

Vice President: Kim Strandlund

Treasurer: Salome Crowley

Secretary: Melissa Da Silva

SPEAC Rep Paula Wilson  
Kari Moslehi

Communications Officer: Caroline Aked

PAC email: [royalbaypac@gmail.com](mailto:royalbaypac@gmail.com)



We will be back in a few weeks.....

stay tuned for our menu!

# Around the Raven's Nest!



## from the English Department.....

As per usual, it's been a *busy* semester in the English Department. Students have read, reflected, discussed, analyzed, written, collaborated, created, laughed, viewed, responded to, investigated, and evaluated a huge variety of written and visual text from Grades 9 through to 12. In addition, all Grade 10 and 12 students completed their LTE assessments in either November or January. Both are necessary for graduation.

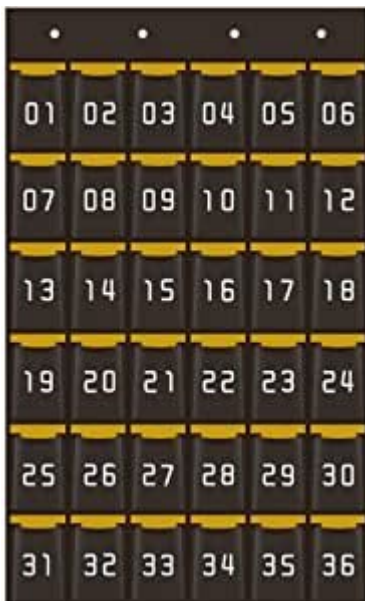
In Semester Two, a number of Royal Bay's English teachers are piloting the "Cell Phone Hotel" (already in wide use in District #61 high schools). When students enter these classrooms, they will put their phones in a numbered pocket. A 2017 University of Texas study showed that "the mere presence of one's smartphone reduces available cognitive capacity and impairs cognitive functioning". The study also found that also found that "it didn't matter whether a person's smartphone was turned on or off, or whether it was lying face up or face down on a desk. Having a smartphone within sight or within easy reach reduces a person's ability to focus and perform tasks because part of their brain is actively working to not pick up or use the phone."

Like you, we want every student to have every opportunity to learn to the best of their ability and to increase their capacity to focus on a specific task, be it close reading a rigorous text, interacting with their peers on a group project or discussion, or writing a thoughtful response. We invite you to open the following links to read more about these studies.

<https://news.utexas.edu/2017/06/26/the-mere-presence-of-your-smartphone-reduces-brain-power/>

<https://nationalpost.com/news/broken-classrooms-why-teachers-and-parents-dont-stand-a-chance>

One of our new Cell Phone Hotels!





# Around the Raven's Nest!, cont.

## Some photos of our English students...

Ms Checkley's English 11 class studied *12 Angry Men*.



Kierney and Charlotte practice their Capstone presentation.

Ms. ten Hove's English 9 class in their collaborative groupings.



# Athletics /Teams



The senior girls basketball team went 4-0 this past weekend and won the Brentwood College tourney. They beat Brentwood in the finals 45-42 and also beat Dover Bay, Alberni, and Brentwood again in the pool play portion of the tourney. Jordan Prete, Mya Willing, Taylor Reeve and Amber Brown were all “players of the game” in the tourney. It was a hard fought final for the team and their grit showed in the second half after being down as much as 14 points.

Looking forward to the week ahead and running our own tournament on Feb 3<sup>rd</sup> and 4<sup>th</sup>.



Unlike the Vancouver Canucks, the Junior A girls basketball team earned back-to-back wins this week! Defeating Reynolds 37-18 Tuesday afternoon and then showing up last night to pull off a very hard earned 43-42 victory over PCS! The girls continue to play with heart and for one another! Special shout out to Maika for her game winning basket at the buzzer!



# Athletics /Teams, cont.

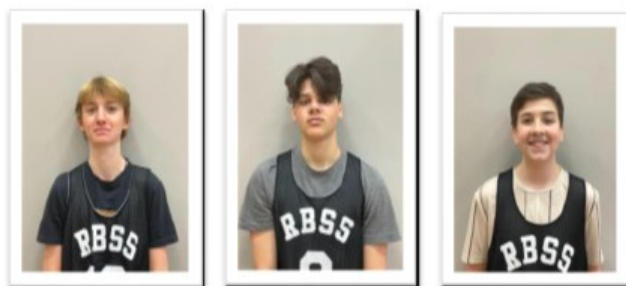
## ***The Mighty 9''s took on EMCS in an SD62 clash!***

Royal Bay from the tip-off took an early lead with Easton and Nolan making quick buckets and pushing the Ravens to a first-quarter lead of 13-2.

The second quarter continued with Atharva and Kia extending the lead to 20. Strong rebounding by Max and Dalton slowed the Wolverine's offence while Nick and Aaron helped secure the boards but also added some big blocks. The second half had Jackson open up a further lead while Keifer added some fast break buckets.

The final ended up 57-18 for the Mighty Ravens! The top scorer was Jackson with 18 and Easton with 11.

The Ravens' next game is Monday night against first-place Mount Doug at home at 5:55 pm.



**Come out and support your RAVENS who have secured a playoff spot!**





# Athletics /Teams, cont.



**ATHLETIC CLOTHING FOR SALE! SUPPORT OUR SCHOOL TEAMS!!**



**PURCHASE ONLINE VIA THE LINK BELOW:**

**<https://store.passionsports.ca/RBAthletics/shop/home>**

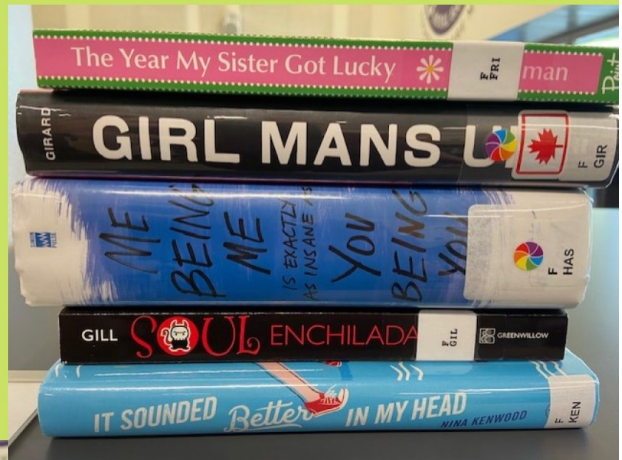


- 1 - VISIT OUR ONLINE LINK**
- 2 - PURCHASE YOUR ITEMS (through online payment)**
- 3 - ITEMS DELIVERED 3 WEEKS AFTER STORE CLOSING**

**Questions? Email Mr. Hobson - [bhobson@sd62.bc.ca](mailto:bhobson@sd62.bc.ca)**

## Greetings from the Learning Commons

Grade 10 English students participated in a fun final activity for their poetry unit. Students created poems using the spines of books from the library.



Run  
Man Run Run  
Like the Run  
Man Run Run  
Like the Run  
Run Run Run  
Run Run Run

And the winner was....





# Grad Corner



## 2023 Grad's Important Dates/Deadlines

Jan. 30– Feb. 3, 2023	Grad Photo Re-Takes
Friday, February 10	Valedictorian Nomination packages sent to <a href="mailto:mlait@sd62.bc.ca">mlait@sd62.bc.ca</a>
Friday, February 10	Grad Ski Trip to Mt. Washington
Tuesday, March 7	Online Voting for Valedictorian
Wednesday, March 15	Grad Comments and Grad Ceremony graduation fee due!
Saturday, May 6	Dry Grad Carnival at RBSS
Tuesday, May 23	Grad Rehearsal at UVic
Sunday, June 4	Grad Ceremony at UVic
Friday, June 23	Prom at The Crystal Gardens

# Grad Corner



## ONLINE BOOKING OPEN NOW

### Royal Bay Secondary Retakes

**Date(s):** January 31-February 2, 2023

**Time:** 8:30AM – 8:50PM

**Location:** Trailer\*

\*Trailer is available only by stairs. If a student requires assistance or a different location, please let Lifetouch know so we can make arrangements.

## GOOD TO KNOW:

- A \$30 sit fee will be due at the time of your appointment in either cash or check if you are scheduling for an original session.
- If needing retakes, please bring your proof package so we may help you leave satisfied!
- You may include a plus-one or pet for one photo if your school allows.
- Please arrive to your appointment wearing your outfit of choice. For the cap & gown photos, it is suggested to bring a scoop or V-neck top to wear under the gown unless wearing a collared top with a tie.

BRING A PREPARED FOR YOUR SESSION AT:  
<https://schedule.prestigeporraits.ca/schedule/home.html?BC&Victoria>



If you have any further questions regarding booking an appointment or what to expect, please contact us:

**qvarea@lifetouch.com**



## FREQUENTLY ASKED QUESTIONS:

### What do I bring?

Please arrive to your appointment wearing your outfit of choice. For the cap & gown photos, it is suggested to bring a scoop or V-neck top to wear under the gown unless wearing a collared top with a tie. You may include a plus-one or pet if your school allows.

### What do I bring for retakes?

Please arrive to your appointment wearing your outfit of choice. Please also bring your proof package so the photographer and you can see what needs to be corrected so you may leave satisfied! We will focus on the images you wish to purchase, giving more time to achieve the look you desire!

### What if my name does not appear on the list when booking?

If you run into any problems when booking your appointment online, please reach out to us here at Lifetouch. We will manually add you in to the system and can help book the appointment for you.

### How will I get my photos afterwards?

You will receive an email containing an access code to view your proofs online approximately 1 week after your images are received by the lab. You will then receive the physical proof package in the mail approximately 2 weeks after your photo date.

### Who can I contact regarding photo order inquiries?

If you have any inquiries regarding access codes, proof whereabouts, photo orders, etc., please reach out to our Prestige Customer Service Experts by phone (1-888-878-1847) or through live chat on [shop.prestigeporraits.ca](https://shop.prestigeporraits.ca) (click on Chat with an Expert in the bottom right-hand corner).



If you have any further questions regarding booking an appointment or what to expect, please contact us:

**qvarea@lifetouch.com**



# Grad Corner



“Grad 2023 T-shirts will be available for sale for \$ 20.00 starting this week.

Two colour options are offered in sizes small to X-large.

See Mr. Burgess in room 2146 to purchase.

Cash or cheque (payable to SD62) only!”



# GRAD 2023

## MT. WASHINGTON SKI TRIP

*On February 10th, 2023, Royal Bay Secondary's Grad Leadership class is organizing a Ski Trip to Mount Washington.*

There are 4 different options to support each person's interests or needs.

You are required to fill out the documents and waivers for the option you will select.

If you pay using School Cash On-line, this form **MUST** still be submitted to Mr. Burgess or to the office.

A parent info night will be on Thursday, January 26, 2023 at 7pm.

All students must pay for a lesson, as it is safety issue and is highly recommended by SD62.

Forms found in the office, Room 2146 and Grade 12 Google Classroom

**Forms are due February 3rd, 2023. NO EXCEPTIONS!**

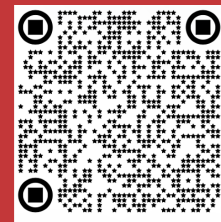
# Careers Department



## Royal Bay Secondary Free Admission On-Site Event

February 2nd

Sign up in your  
Guidance Office today



**GREATER VICTORIA HIRING AND POST-SECONDARY EDUCATION EVENT**  
February 23, 2023, 11:00 A.M. to 3:00 P.M.  
BAY STREET ARMOURY  
715 Bay Street, Victoria, B.C.  
FEATURING 50+ EXHIBITORS & GROWING

**FREE ADMISSION**  
BRING YOUR RESUME  
THANK YOU TO OUR SPONSORS  
Tim Hortons

**BC Corrections**  
gov.bc.ca/BCCorrectionscareers

**IBABC**  
ibabc.org

**FORCES**  
JOBS • EMPLOIS  
CANADIAN ARMED FORCES  
FORCES ARMÉES CANADIENNES  
forces.ca/en

**THE KIWANIS PAVILION**  
Care With Compassion  
kiwanispavilion.ca

**DELTA HOTELS**  
marriott.com  
delta-hotels-marriott.com

**ALLIED UNIVERSAL SECURITY SERVICES**  
jobs.ausecurity.ca

**Broadmead Care**  
Where Love, Life and Living Matter  
broadmeadcare.com/get-involved/work-care

**Fairmont EMPRESS**  
fairmont.com/empress-victoria

**ICBC**  
icbc.com/about-icbc/careers

**CANADA POST**  
canadapost.ca/careers

**SOOKE 62 SCHOOLS**  
sd62.bc.ca/careers

**UCW**  
ucanwest.ca

**Oak Bay**  
Parks, Recreation & Culture  
oakbay.ca/parks-recreation

**CoolAid**  
coolaid.org

**Sonora**  
sonoraesort.com/page/careers

**VANCOUVER ISLAND UNIVERSITY**  
viu.ca

**COMMISSIONAIRES**  
VICTORIA, THE ISLANDS AND YUKON  
commissionaires.ca/en/careers

**Paladin Security**  
paladinsecurity.com/careers

**PHILBROOKS**  
philbrooks.com

**WESTCANA**  
westcana.ca/careers

**FOOTPRINTS**  
footprintssecurity.com/careers

**Sun Life**  
advisorsunlife.ca/vancouverisland

**UNIVERSAL GROUP**  
We provide Peace of Mind  
theuniversalgroup.ca/careers-for-job-opportunities

**Bayshore Home Health**  
bayshore.ca

**BC Transit**  
jobs.bctransit.com

**WAYPOINT**  
waypoint.ca/about-us/join-the-team

**NAVACORD**  
navacord.com

**CMAW**  
cmaaw.ca

**houle**  
houle.ca

**Eton College**  
etoncollege.ca

**virtu by SE Health**  
virtu.ca/about-work-with-us

**COMMUNITY LIVING**  
communityliving-bc.ca

**Building Bridges Community Support**  
support@join-our-team.com  
payment current positions

**E-Comm 9-1-1**  
Helping to Save Lives and Protect Property  
e-comm911.ca

**BRITISH COLUMBIA**  
workbc.ca

**CAN**  
canada.ca/join-us

**BC REGIONAL COUNCIL OF CARIBOOC**  
bccc.ca

**Kulimnik**  
kulimnik.org/en/careers

**elizz**  
elizz.com/career

**Meridian**  
cfmws.ca

**COASTAL COMMUNITY**  
TOGETHER, LET'S DO GREAT THINGS  
ccc.ca

**WCCMT**  
West Coast College of Massage Therapy  
collegeofmassage.com/victoria

**MILESTONE CONTRACTING LTD**  
milestonecontracting.com

**Pacific Coast**  
pacificcoasthealthservices.ca

**greenbricks**

## VIRTUAL GREEN COLLAR FUTURES CONFERENCE

Saturday February 11, 2023

Learn about emerging sustainability career opportunities, education requirements, job prospects and more!  
Counts towards your 30 hour Career Explore requirement

Register by February 8th

**Register by February 8th**

**QR Code**

**Illustration**  
A person standing next to a large screen displaying a virtual conference interface with a person on a video call and a person sitting at a desk.

# Careers Department, cont.






Provincial Health Services Authority

## VICTORIA OPEN HOUSE

Do you want to make a difference in cancer care? Join us at BC Cancer – Victoria for an in-person tour to learn and network with Radiation Therapists, Positron Emission Tomography Technicians, and many more exciting healthcare professions in the field of Oncology!

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**JAN 31 | 5:30 - 7:00 pm**  
 BC Cancer - Victoria 2410 Lee Avenue Victoria, BC V8R 6V5  
 Register by Jan 30: [bccancer.bc.ca/hiring-events](https://bccancer.bc.ca/hiring-events)



### A UNIVERSITY OF ALBERTA EXPERIENCE like no other...

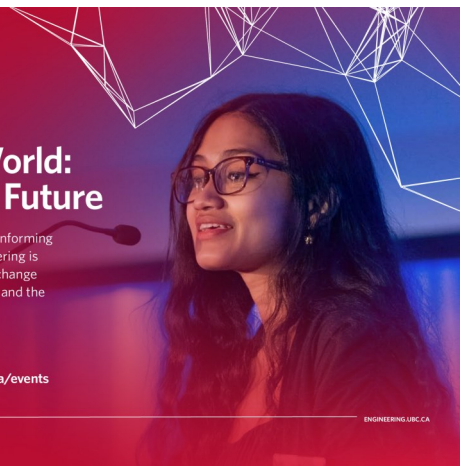
Explore one of Canada's top 5 universities with this one-of-a-kind weekend away.

**Who:** 20 selected grade 11 students across Canada  
**When:** May 26 – 28, 2023  
**Where:** University of Alberta, Edmonton, Alberta

Your adventure will include transportation reimbursement (up to a maximum based on location) and accommodations.

**APPLY BY JANUARY 31, 2023 AT [uab.ca/getaway](https://uab.ca/getaway)**





## Changing the World: Engineering the Future

A virtual event for girls and gender non-conforming folks in grades 10-12. Explore why engineering is an amazing career for those who want to change the world, help improve the lives of others and the environment around us.

**Wednesday, March 1, 2023**  
 6:00 PM - 7:30 PM PT

Sign up online to attend: [engineering.ubc.ca/events](https://engineering.ubc.ca/events)

THE UNIVERSITY OF BRITISH COLUMBIA  
 Engineering  
 Faculty of Applied Science

ENGINEERING.UBC.CA



## Careers Department cont.

To learn more or to apply, scan  
the QR code.

A group of four diverse students (two girls and two boys) are standing and smiling. They are holding a large white rectangular sign in front of them. The sign contains text about the YMCA Summer Student Work Exchange Program. The students are dressed in casual clothing like sweaters, jeans, and sneakers. The background is a solid light beige color.

————— YMCA —————

**Summer Student Work  
Exchange Program**

Travel, work and improve  
your French!

Early bird deadline is February 26th

Your paragraph text

# Counsellors' Corner



It's really tough to be going through hard stuff with a child or youth who is struggling with their mental health and they end up in crisis – and we want to help you. We know what it's like because we've been there.

## TOPICS

Session 1 & 2:

How to Support a Safety Plan at Home

Session 3:

How to Take Care of Yourself and Family After a Crisis

Session 4:

How to Find the Resources You Need

Region: South Island

Dates: December 12 & 14, 2022

Times: 5:00- 7:00 pm

Dates: January 23 & 25, 2023

Times: 9:00- 11:00 am

Dates: February 21 & 23, 2023

Times: 4:00- 6:00 pm

Dates: March 6, 8, 13, 15, 2023

Times: 12:00- 1:00 pm

There is no cost to families. Registration is required: [www.familysmart.ca/workshops](http://www.familysmart.ca/workshops)

Help for the Hard Times workshops are facilitated by parents with lived experience. The workshops are hosted online and include a one-on-one video conference or phone call with a Facilitator.



Foundation