

This week in The Raven's Nest



École Royal Bay Secondary School

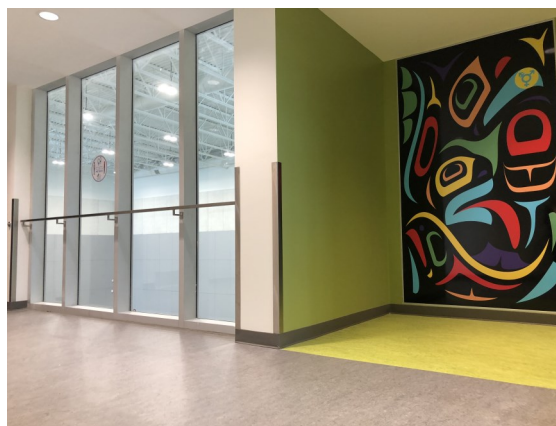
3500 Ryder Hesjedal Way
Victoria, BC V9C 0J6
royalbay@sd62.bc.ca T: 250-474-2377



January 9 to January 13, 2023

We would like to acknowledge the traditional territories of the Coast Salish, specifically Esquimalt Nation and Songhees Nation on which Ecole Royal Bay Secondary is built, and the nations that SD62 works with, Beecher Bay SCIA'NEW Nation, T'Sou-ke Nation, and Nuuchah-nulth Pacheedaht Nation to the west.

We recognize the territory, the First Nations peoples, and thank them for sharing this beautiful land. Hych'ka – Coast Salish Kleco Kleco – Nuuchah-nulth



This week :

Monday

Tuesday Wellness Centre 9:30-3:00

Wednesday

Thursday Wellness Centre 9:00-3:00

Friday

What's inside!

Page 2	Admin Staff Info, Important Dates
Page 3	PAC and Ravenous Café
Page 4	Learning Commons
Page 5, 6	Around the Raven's Nest
Page 7	This & That
Page 8, 9, 10,	Grad Corner
Page 11	Careers Department
Page 12	Counselor Corner

Important dates to Remember:

January 19 & 20	Grade 9 Immunization Clinic
January 24-26	Capstone Presentations
January 23– 27	Literacy 10, Numeracy 10 and Literacy 12 Assessments
January 30-February 3	Grad Photos Retakes
January 30	“ I “ Day
January 31	Term 2 and Semester 1 End
February 2	Grade 8 Parent Info Night
February 6	School Planning Day—no school
February 7	Report Cards published in MyEd
February 9	Fire Drill at 9:20 am
February 17	NID Tri District Pro– D—no school
February 20	Family Day—no school
March 1	PAC Meeting @ 6:30 pm
March 8—11	Black Wing Theatre Production
March 17	Last Day before Spring break
April 3	School reopens
April 7	Good Friday
April 10	Easter Monday
April 20	Early Dismissal 3 hours—Learning Conferences
April 20	Report cards published in My Ed
April 21	NID—Professional Development -no school
April 24—28	Assessments
April 25	Term 3 Ends
April 26	Term 4 Begins
May 3	PAC Meeting @ 6:30 pm
May 6	Dry Grad Carnival
May 16	Fire Drill at 9:20 am
May 22	Victoria Day—no school
May 29	NID—Pro– D Day—no school
June 4	Grad at UVic
June 7	PAC Meeting at 6:30 pm
June 23	Prom At The Crystal Gardens

RBSS CONTACTS

Mike Huck - Principal

mhuck@sd62.bc.ca

Tanya Phillips -Vice-Principal

tphillips@sd62.bc.ca

Students A to G

Martin Lait - Vice-Principal

mlait@sd62.bc.ca

Students H to N +International

Mark Johnston - Vice-Principal

mjohnston@sd62.bc.ca

Students O to Z

Tebeth Barbour - Counsellor

tbarbour@sd62.bc.ca

Students A to Ei

Kim Hogan – Counsellor

khogan@sd62.bc.ca

Students Em to Jc + International

Christina Kadin - Counsellor

ckadin@sd62.bc.ca

Students Jd to Pg

Wendy Cooper - Counsellor

wcooper@sd62.bc.ca

Students Ph to Z



RBSS PAC Corner

2022-2023 PAC Executive Members:

Meetings will be held the 1st Wednesday of
each month at 6:30 pm

in the Learning Commons

PAC meetings for 2022-2023

February 1, 2023

March 1, 2023

April 5, 2023

May 3, 2023 (elections)

June 7, 2023

President: Michelle Alexander

Vice President: Kim Strandlund

Treasurer: Salome Crowley

Secretary: Melissa Da Silva

SPEAC Rep Paula Wilson
Kari Moslehi

Communications Officer: Caroline Aked

PAC email: royalbaypac@gmail.com



	<u>Item</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>
HOT SIDE	Hot main	Pesto pasta bake	Molletes with side salad	Smoked salmon rice bowl	Butter chicken
	Vegetarian	Pesto pasta bake	Molletes with side salad	Rice bowl	Lentil Dahl
COLD SIDE	Wrap	Turkey	Ham	Steak	Pastrami
	Appie	Steak canape	Steak canape	Steak canape	Steak canape
BAKING	Desserts	Malva pudding/flan with whip cream	Malva pudding/flan with whip cream	Malva pudding/flan with whip cream	Malva pudding/flan with whip cream

From the Learning Commons

Are grey skies getting you down? Need to turn that frown upside down? Come check out this month's theme chosen to help you escape to warm and tropical locations.



Emails will be going home this week and next week as we have over 200 overdue books! Please check in with your student if you receive one of these emails.

Next book club date is January 13th!



Around the Raven's Nest!

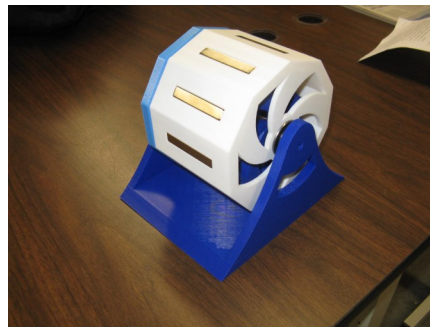
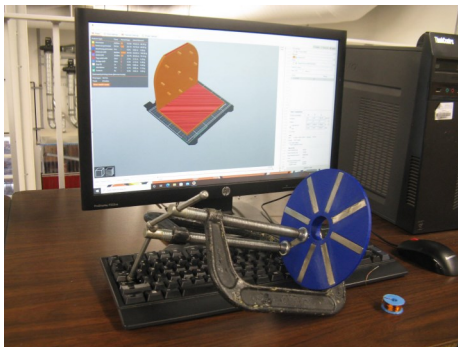
Royal Bay Shop Classes – Technology Education

Engineering 11-12

This semester the engineering class has been working to create an electrical generator. Usually students would repurpose a generator/alternator, or order something that is suitable for the task. Instead they have been challenged with making their own from scratch. They researched a variety of different designs and chose one that they thought would work well with their access to, and ability regarding manufacturing methods. 3d printing, metal, and wood form the majority of the made parts.

The challenge was to not only to produce power, but to make a quantity and type of power that would be useful in charging a cell phone. If the grid was down due to a disaster or weather occurrence, they could theoretically use their generator to charge their phone so they could communicate with others to receive or provide help.

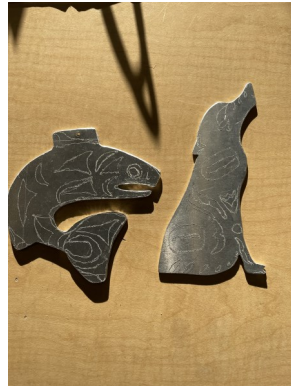
The generators are coming together but have not been thoroughly tested yet. They are finding the task complicated and challenging, and they are still unsure if their designs were an appropriate choice for the task given. They may not work at all, marginally provide results, or work well, but the results are going to be the same; the experiences gleaned from the process would mean that if they built another iteration it would likely be better!



Around the Raven's Nest!, cont.

Metal 9-12

So far this semester in the Metal 9-10 classes, students have completed a variety of projects relating to sheet metal, fabrication and welding. The remaining projects that students will be completing will cover both machining and leatherworking. Standout projects included in these images highlight the hard work, creativity and attention to detail of students work.



Wood 9-10

In woodshop 9 students constructed mallets. They used chisel and mallet to cut the mortice and tenon that supports the head, and then transitioned to machine tools to shape the head and handle. A spokeshave was used to give the handle some contour so it fits comfortably in the user's hand. Some students also built band-sawn reindeer that could be used as an ornament or gift. Patterns were placed on both the front and side of a piece of wood. After both patterns were cut out, a rough 3d reindeer is sanded to completion. Grade 10s built tables. A cutting board top with classic mortice and tenon joinery teach skills and prepare them to choose a personal project in grade 11/12 that suits their skill level and interest.



This and That



Winter Youth Programs

Here is a sampling of some of our new youth programs starting in January 2023. Programs available for viewing on December 2; registration opens December 8. Register at explore.wspr.ca > [explore/book](https://explore.wspr.ca) our programs.

Youth Fitness Foundations

10-14 Years

This program is designed for youth looking to live an active and healthy life by developing a fitness foundation, with a focus on *fun*! This program will develop strength and cardio conditioning, as well as build on physical literacy skills, speed, and agility through exercises, games and activities. All levels welcome.

Tuesdays, 3:45 – 4:45PM

January 10 – February 28 | \$61.76

March 7 – April 25 | \$46.32

Youth Indoor Pickleball

9-15 Years

Come learn to play the sport everyone is talking about! Pickleball is a racket/paddle sport that combines elements of tennis, badminton, and ping-pong. It's easy to learn and a blast to play! Sessions include a lesson and playing component. Paddles provided.

Tuesdays, 5:30 – 6:30PM

January 31 – February 21 | \$42

Pottery for Youth

12-15 Years

Fun with mud! Hand building, modelling and construction are introduced during this creative course. Students will also experience the challenge of throwing on the potter's wheel. All finished pieces will be fired in our kilns and be ready for pick up approximately 3-4 weeks after the course ends.

Saturdays, 11:00AM – 12:00PM

Feb 25 – Mar 18 | \$80

Youth Indoor Dodgeball

10-14 Years

Come play dodgeball at JDF! Each week participants will get the chance to play a variety of styles of dodgeball, such as Doctor, Bench Ball, "Fireball" and more! All levels welcome – no experience necessary.

Tuesdays, 7:00 – 8:00PM

January 24 – March 14

\$84





Grad Corner



2023 Grad's Important Dates/Deadlines

Jan. 30– Feb. 3, 2023

Grad Photo Re-Takes

Friday, February 10

Valedictorian Nomination packages sent to
mlait@sd62.bc.ca

Tuesday, March 7

Online Voting for Valedictorian

Wednesday, March 15

Grad Comments and Grad Ceremony
graduation fee due!

Saturday, May 6

Dry Grad Carnival at RBSS

Tuesday, May 23

Grad Rehearsal at UVic

Sunday, June 4

Grad Ceremony at UVic

Friday, June 23

Prom at The Crystal Gardens

Grad Corner



ONLINE BOOKING OPEN NOW

Royal Bay Secondary Retakes

Date(s): January 31-February 2, 2023

Time: 8:30AM – 8:30PM

Location: Trailer*

*Trailer is available only by stairs. If a student requires assistance or a different location, please let Lifetouch know so we can make arrangements.

GOOD TO KNOW:

- A \$30 sit fee will be due at the time of your appointment in either cash or check if you are scheduling for an original session.
- If needing retakes, please bring your proof package so we may help you leave satisfied!
- You may include a plus-one or pet for one photo if your school allows.
- Please arrive to your appointment wearing your outfit of choice. For the cap & gown photos, it is suggested to bring a scoop or V-neck top to wear under the gown unless wearing a collared top with a tie.

PLAN A PREPARE FOR YOUR SESSION AT:
<https://schedule.prestigeportraits.ca/schedule/home.html?BC&Victoria>



If you have any further questions regarding booking an appointment or what to expect, please contact us:

qvarea@lifetouch.com



If you have any further questions regarding booking an appointment or what to expect, please contact us:

qvarea@lifetouch.com

FREQUENTLY ASKED QUESTIONS:

What do I bring?

Please arrive to your appointment wearing your outfit of choice. For the cap & gown photos, it is suggested to bring a scoop or V-neck top to wear under the gown unless wearing a collared top with a tie. You may include a plus-one or pet if your school allows.

What do I bring for retakes?

Please arrive to your appointment wearing your outfit of choice. Please also bring your proof package so the photographer and you can see what needs to be corrected so you may leave satisfied! We will focus on the images you wish to purchase, giving more time to achieve the look you desire!

What if my name does not appear on the list when booking?

If you run into any problems when booking your appointment online, please reach out to us here at Lifetouch. We will manually add you in to the system and can help book the appointment for you.

How will I get my photos afterwards?

You will receive an email containing an access code to view your proofs online approximately 1 week after your images are received by the lab. You will then receive the physical proof package in the mail approximately 2 weeks after your photo date.

Who can I contact regarding photo order inquiries?

If you have any inquiries regarding access codes, proof whereabouts, photo orders, etc., please reach out to our Prestige Customer Service Experts by phone (1-888-876-1647) or through live chat on shop.prestigeportraits.ca (click on Chat with an Expert in the bottom right-hand corner).



“Grad Lanyards are still available!! Only \$5 – CASH!”

“Act quickly!! Only a limited number available.”

“Drop by Mr. Burgess’ room (2146) with the cash for pick-up”

Grad Corner



“Grad 2023 T-shirts will be available for sale for \$ 20.00 starting this week.

Two colour options are offered in sizes small to X-large.

See Mr. Burgess in room 2146 to purchase.

Cash or cheque (payable to SD62) only!”

Careers Department



Royal Bay Secondary Free Admission On-Site Event

February 2nd

Sign up in your
Guidance Office today



GREATER VICTORIA HIRING AND POST-SECONDARY EDUCATION EVENT
February 23, 2023, 11:00 A.M. to 3:00 P.M.
BAY STREET ARMOURY
715 Bay Street, Victoria, B.C.

FEATURING 50+ EXHIBITORS & GROWING

FREE ADMISSION
BRING YOUR RESUME
THANK YOU TO OUR SPONSORS
Tim Hortons

BC Corrections
gov.bc.ca/BCCorrectionscareers

IBABC
ibabc.org

FORCES
JOBS • EMPLOY
CANADIAN ARMED FORCES
FORCES ARMÉES CANADIENNES
forces.ca/en

THE KIWANIS PAVILION
Care With Compassion
kiwanispavilion.ca

DELTA HOTELS
marriott
delta-hotels-marriott.com

ALLIED UNIVERSAL SECURITY SERVICES
jobs.ausecurity.ca

Broadmead Care
Where Love, Life and Living Matter
broadmeadcare.com/get-involved/work-with-us

Fairmont EMPRESS
fairmont.com/empress-victoria

ICBC
icbc.com/about-icbc/careers

CANADA POST
canadapost.ca/careers

SOOKE 62 SCHOOLS
sd62.bc.ca/careers

UCW
ucanwest.ca

Oak Bay
Parks, Recreation & Culture
oakbay.ca/parks-recreation

COOL AID
coolaid.org

Sonora
sonora.com
sonora.com/careers

VANCOUVER ISLAND UNIVERSITY
viu.ca

COMMISSIONAIRES
VICTORIA, THE ISLANDS AND YUKON
commissionaires.ca/en/careers

Paladin Security
paladinsecurity.com/careers

PHILBROOKS
philbrooks.com

WESTCANA
westcana.ca/careers

FOOTPRINTS SECURITY
footprintssecurity.com/careers

Sun Life
advisorsunlife.ca/vancouverisland

UNIVERSAL GROUP
We provide Peace of Mind
theuniversalgroup.ca/careers-for-job-opportunities

Bayshore Home Health
bayshore.ca

BC Transit
jobs.bctransit.com

WAYPOINT
waypoint.ca/about-us/join-the-team

NAVACORD
navacord.ca

CMAW
cma.ca

houle
houle.ca

Eton College
etoncollege.ca

virt.be.ca/about-work-with-us

COMMUNITY LIVING
COMMUNITY LIVING
communityliving-bc.ca

Building Bridges Community Support
support.org/join-our-team/employment-current-positions

E-Comm 9-1-1
helping to Save Lives and Protect Property
e-comm911.ca

COLIMTRA
colimtra.ca

WorkBC.ca
workbc.ca

CAN
canada.ca

BC REGIONAL COUNCIL OF CARPENTERS
bccr.ca

Kulmank
kulmank.com

elizz
elizz.com/career

Merle Williams
merlewilliams.ca

COASTAL COMMUNITY
coastalcommunity.ca

WCCMT
West Coast College of Massage Therapy
collegeofmassage.com/victoria

MILESTONE CONTRACTING LTD
milestonecontracting.com

Pacific Coast Health Services
pacificcoasthealthservices.ca

BC REGIONAL COUNCIL OF CARPENTERS
bccr.ca

Kulmank
kulmank.com

Parents as Education & Career Coaches Workshop

Parents & Student Supporters

Come join our virtual Parents as Education & Career Coaches (PECC) Workshop to learn how you can help support your student in planning for their future. The information will be especially helpful for families with students in Grades 10-12.

Sessions are engaging and informative, and include a Q&A.

Topics include

- B.C.'s post-secondary education landscape, including institutions and credentials
- Program and admission requirements & key dates
- Financial assistance options & scholarships
- Navigating resources and the application process through our website

Register Now

EducationPlannerBC with SD61 - Victoria, SD63 - Saanich, SD62 - Sooke

Wednesday, January 11, 2023

6:30 - 8:00 p.m.

MS Teams

Register [here](#), registration is required.

Scan here
to register!



For more information, contact:

Colleen McNamee, cmcnamee@saanichschools.ca - SD63 - Saanich

Lindsay Johnson, ljohnson@sd61.bc.ca - SD61 - Victoria

Dante Di Ponio ddiponio@sd62.bc.ca, SD62 - Sooke

Every journey looks a little different.



www.EducationPlannerBC.ca

Counsellors' Corner



It's really tough to be going through hard stuff with a child or youth who is struggling with their mental health and they end up in crisis – and we want to help you. We know what it's like because we've been there.

TOPICS

Session 1 & 2:
How to Support a Safety Plan at Home

Session 3:
How to Take Care of Yourself and Family After a Crisis

Session 4:
How to Find the Resources You Need

Region: South Island

Dates: December 12 & 14, 2022
Times: 5:00- 7:00 pm

Dates: January 23 & 25, 2023
Times: 9:00- 11:00 am

Dates: February 21 & 23, 2023
Times: 4:00- 6:00 pm

Dates: March 6, 8, 13, 15, 2023
Times: 12:00- 1:00 pm

There is no cost to families. Registration is required: www.familysmart.ca/workshops

Help for the Hard Times workshops are facilitated by parents with lived experience. The workshops are hosted online and include a one-on-one video conference or phone call with a Facilitator.



EVERY MONTH, WE HOST EVENTS FOR FAMILIES CALLED 'IN THE KNOW'. WE WATCH A VIDEO AND SHARE EXPERIENCES AND STRATEGIES THAT HELP IN THE HARD MOMENTS. WE HELP FOCUS ON STRENGTHENING OUR UNDERSTANDING AND CONNECTION WITH OUR KIDS.

Self Harm: There is Always Help, There is Always Hope

Learn with us! Hear Kim Leifso a clinical counsellor and Ciara, a young person with lived experience; talk about what they know and have experienced with self-harm.

Come together with other families to watch this 30 minute video presentation followed by a facilitated discussion by a FamilySmart Parent Peer Support Worker.

Cost: Free of Charge

Date(s):
Monday January 9, 2023 12-130pm (PST)
Thursday January 12, 2023 5-630pm (PST)
Tuesday January 17, 2023 630-8pm (PST)
Monday January 23, 2023 630-8pm (PST)
Wednesday January 25, 2023 930-11am (PST)

Registration required:
www.familysmart.ca/events

