## This week in The Raven's Nest



### École Royal Bay Secondary School

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## December 5 to December 9, 2022

We would like to acknowledge the traditional territories of the Coast Salish, specifically Esquimalt Nation and Songhees Nation on which Ecole Royal Bay Secondary is built, and the nations that SD62 works with, Beecher Bay SCIA'NEW Nation, T'Sou-ke Nation, and Nuu-chah-nulth Pacheedaht Nation to the west.

We recognize the territory, the First Nations peoples, and thank them for sharing this beautiful land. Hych'ka - Coast Salish Kleco Kleco - Nuu-chah-nulth





What's inside!

### This week :

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Wednesday	PAC Meeting @ 6:30	Page 9	From the Learnings Common
	Music Winter Program @ 7:00	Page 10 & 11	This & That
Thursday	Wellness Centre 9:00-3:00	Page 12	Athletics and Teams
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#### Important dates to Remember:

December 7	Music Program's Winter Concert @ 7:00 pm
December 7	PAC Meeting @ 6:30 pm
December 13 & 14	Winter Dance Performance @ 7:00 pm
December 14	RB Lacrosse Alumni Game @ 3:30 pm
December 15	Winter Formal
December 16	Santa Breakfast
December 16	Last Day before Winter Break
Dec 19– Jan 2	Winter Break
January 3, 2023	School Reopens
January 4	PAC Meeting @ 6:30 pm
January 16-20	Capstone Presentations
January 19 & 20	Grade 9 Immunization Clinic
January 23– 27	Literacy 10, Numeracy 10 and
	Literacy 12 Assessments
January 30-February 3	Grad Photos Retakes
January 31	Term 2 and Semester 1 End
February 6	School Planning Day—no school
February 7	Report Cards published in MyEd
February 9	Fire Drill at 9:20 am
February 17	NID Tri District Pro- D-no school
February 20	Family Day—no school
March 1	PAC Meeting @ 6:30 pm
March 8—11	Black Wing Theatre Production
March 17	Last Day before Spring break
April 3	School reopens
April 7	Good Friday
April 10	Easter Monday
April 20	Early Dismissal 3 hours—Learning Conferences
April 20	Report cards published in My Ed
April 21	NID—Professional Development -no school
April 24—28	Assessments
April 25	Term 3 Ends
April 26	Term 4 Begins
May 3	PAC Meeting @ 6:30 pm

#### **RBSS CONTACTS**

Mike Huck - Principal mhuck@sd62.bc.ca

<u>Tanya Phillips -</u>Vice-Principal <u>tphillips@sd62.bc.ca</u> Students A to G

<u>Martin Lait -</u> Vice-Principal <u>mlait@sd62.bc.ca</u> Students H to N +International

<u>Mark Johnston -</u> Vice-Principal <u>mjohnston@sd62.bc.ca</u> Students O to Z

<u>Tebeth Barbour -</u> Counsellor tbarbour@sd62.bc.ca Students A to El

<u>Kim Hogan</u> – Counsellor <u>khogan@sd62.bc.ca</u> Students Em to Jc + International

<u>Christina Kadin</u> - Counsellor <u>ckadin@sd62.bc.ca</u> Students Jd to Pg

<u>Wendy Cooper -</u> Counsellor wcooper@sd62.bc.ca Students Ph to Z



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## From the Admin

### 10 000 Tonight

École Royal Bay would like to thank the our Leadership students and staff, the many volunteer drivers, collectors, sorters and counters to help us achieve our goal of 10,000 food items collected in one night.

November 30 was incredible! Our students came out in force and fully put their energy into supporting our community through their initiative, school and community engagement.

#### Royal Bay was able to collect more than 20,000 food items- well surpassing the goal of 10,000 food items.

Students, parents, and staff canvased our community and went door to door collecting items for the local food banks. It was amazing to witness the energy, smiles and sense of community that warmed the night. Students spent the evening collecting, sorting and preparing packages for delivery to the local food banks.

Royal Bay has done this every year since we opened in 2015. 10,000 Tonight has become an event that we as a school look forward to each year. Our students do an incredible job representing the school, the communities and their families. We are still counting and will have a final tally next week.

The RBSS 10,000 Tonight evening was a huge success – it truly showed the Raven Spirit and how as a collective we can accomplish great things. We are very proud of our students.



Alex H., Olivia H., and Riley P. out collecting food items in the community for 10 000 Tonight

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## From the Admin, cont.

## Career Life Education 10 Life Skills Symposium

On November 30th, our semester one Career Life Education students had the opportunity to engage in a number of short seminars that focused on life skills. Topics included basic bike repair, banking, life after secondary school,

basic car maintenance, sewing, dog training, etc.

A huge shout out to our many community volunteers that visited the school to share their knowledge.





on ed ng, ool, sewing, dog many community

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#### **RBSS PAC Corner**

Meetings will be held the 1<sup>st</sup> Wednesday of each month at 6:30 pm in the Learning Commons PAC meetings for 2022-2023

> December 7, 2022 January 4, 2023 February 1, 2023 March 1, 2023 April 5, 2023 May 3, 2023 (elections) June 7, 2023

#### 2021-2022 PAC Executive Members:

President:

Treasurer:

Secretary:

Vice President: Kim Strandlund

Salome Crowley

**Michelle Alexander** 

Melissa Da Silva

SPEAC Rep

Paula Wilson Kari Moslehi

Communications Officer: Caroline Aked

PAC email: royalbaypac@gmail.com









	ltem	Monday	Tuesday	Wednesday	Thursday
	Hot main	Cheesy garlic melts with roast veg soup	Beef and noodle stir fry	Chicken Marbella on rice	Roast lamb with perogie and veg
HOT SIDE		· · ·			
	Vegetarian	Cheesy garlic melts with roast veg soup	Black bean veg stir fry	Veggie rice pilaf	Squash gnocchi
	Wrap	Pastrami	Turkey	Hummus and pickled veg	Ham
COLD SIDE	Appie	Chicken wings	Chicken wings	Chicken wings	Chicken wings
BAKING	Desserts	Banana bread/ Angel food cake	Banana bread/ Angel food cake	Banana bread/ Angel food cake	Banana bread/ Angel food cake
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#### **Governor General Award Winners**

Rebecca Parson is École Royal Bay Secondary's recipient of the Governor General's Academic Medal for 2021/2022. Rebecca graduated last year with an incredible GPA and academic record. Aside from being a very strong and engaged student, Rebecca is also a committed citizen of our communities, both in school and locally. Rebecca spent a lot of time in our soccer academy and was a strong athletic representative of our school and community, reaching provincial level soccer with Juan De Fuca Soccer Association.

Rebecca is currently attending the University of Victoria studying Humanities, navigating her first year in Post-Secondary. Aside from earning the Governor General's Academic Medal, Rebecca was also the recipient of several academic scholarships through UVic. Rebecca has also participated in a number of outdoor activities in the past couple summers which have included, hiking the West Coast Trail and a month long paddling trip in the islands north of Tofino.



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## Around the Raven's Nest!

#### What's Cooking in Home Economics and Culinary Arts!

We offer learning opportunities that focus on everyday life. Our courses are part of the Applied Design, Skills and Technology (ADST) offerings at RBSS. This semester we are teaching Grades 9-12 Food Studies and Grades 10-12 Culinary Arts, Grade 9 Textiles and Fashion Design, Grade 12 Housing and Living Environments and Grade 12 dual credit Child Development and Caregiving/Camosun Psych 154 - Interpersonal Relationships. We are also continuing to build out our school garden. More details below!

#### FOOD STUDIES







Senior Food Studies students have practicing food preparation skills and designing food products and packaging.

#### CHILD DEVELOPMENT and CAREGIVING/PSYCH 154



The Dual Credit students have been developing their communication skills and applying them towards relationship scenarios. Students recently designed 'zines on communication issues.

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## Around the Raven's Nest!, cont.



TEXTILE STUDIES

In Term 1, students in Textiles learned fashion design techniques and quilting methods. Here is Katy, Lauren, and Candela (grade 9 students) posing in front of a class

display of quilted fashion plates that involved both of these activities.

More recently, grade 9 students have been working on sewing stuffed polar bears



by hand, while the grade 10-12 class has been researching fashion history and creating prototypes on

wooden mannequins. Here is Hailey (grade 12) problem solving her design.

Everyone will be making a piece of clothing in the weeks to come. Here is Regan (grade 9) who is excited to cut out her skirt pattern!



#### GROWING GARDEN

We have harvested many different foods from our garden this fall. Here are students digging out more beds for growing food.



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## From the Learning Commons



Each book title contains the numbers to represent the days remaining until winter break!

## **Book Club Upcoming Date:**

December 16th

Room 1192



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## This and That



Feeling like giving to people in need this season while also getting new clothing, jewelry and other accessories?

Come visit Royal Thrift, a non-profit thrift store located in RBSS's aviary in front of the library. Donations for Royal Thrift are open now. Please check posters posted around Royal Bay Secondary School to

know what items are accepted .

All profits and donations will be given to the Salvation Army Victoria to help those in need this holiday season.

The store will be open during lunch December 5th, 7th, 8th, 12th, 13th and 14th. Help support a community by donating and shopping at Royal Thrift.



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## This and That, cont.

/ EDUCATIONAL TOURS

Royal Bay is going to ...

Belize

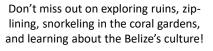




We are thrilled to announce that our trip has been approved by the school board!



http://www.eftours.ca/2553776vw



To learn more about the trip, visit Ms. Funk and Ms. Vink, or go online to the trip page.





"FAMILY NIGHT OF LACROSSE".

We have an alumni game December 14<sup>th</sup> from 5-6pm, followed by our purple vs white game at 6-7pm between our grade 11 and 12's.

# **Athletics / Teams**



The girl's lacrosse team went to the Spartan Shootout on Friday last week for the first tournament of the 2022-23 season.

It was our first opportunity to test our skills against some strong teams from across British Columbia.

Our first game against New Westminster was a hard-fought physical and skillwise battle. Westminster got on top of Royal Bay Ravens, but the girls put in a strong three-goal performance.

In the second game versus Claremont, the girls started slow but gained momentum through the hard-working play of Macy, Alyssa, Abigail, Lainey and Isabelle potting 5 goals with strong goaltending by Maren.

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# Music Notes







Royal Bay Concert choir performed at the Inaugural Colwood Council Meeting, Welcoming the new Mayor of Colwood, David Kobayashi.

The students received positive feedback from those in attendance.



Well, done to all!





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## Winter Formal

To attend Winter Formal 2022 grads will need to <u>have handed in BOTH their permission form</u> <u>and payment in to the office.</u>



Payments can be in cash, cheque (payable to SD62) or school cash online.

> Submissions have been extended <u>All forms and payments are due</u>

<u>Thursday, December 8, 2022.</u>

No exceptions







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# **Grad Corner**





## 2023 Grad's Important Dates/Deadlines

Thursday, Dec. 15	Winter Formal
Jan. 30– Feb. 3, 2023	Grad Photo Re-Takes
Friday, February 10	Valedictorian Nomination packages sent to <u>mlait@sd62.bc.ca</u>
Tuesday, March 7	Online Voting for Valedictorian
Wednesday, March 15	Grad Comments and Grad Ceremony graduation fee due!
Saturday, May 6	Dry Grad Carnival at RBSS
Tuesday, May 23	Grad Rehearsal at UVic
Sunday, June 4	Grad Ceremony at UVic
Friday, June 23	Prom at The Crystal Gardens

## **Counsellors'** Corner



It's really tough to be going through hard stuff with a child or youth who is struggling with their mental health and they end up in crisis – and we want to help you. We know what it's like because we've been there.

#### TOPICS

Foundation

Session 1 & 2: How to Support a Safety Plan at Home Session 3: How to Take Care of Yourself and Family After a Crisis Session 4: How to Find the Resources You Need

There is no cost to families. Registration is required: www.familysmart.ca/workshops

Region: South Island

Dates: November 14, 16, 21, 23 Times: 12:00pm- 1:00pm

Dates: December 12 & 14 Times: 5:00- 7:00 pm

Dates: January 23 & 25 Times: 9:00- 11:00 am

Help for the Hard Times workshops are facilitated by parents with lived experience. The workshops are hosted online and include a one-on-one video conference or phone call with a Facilitator.





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## **Careers Department**



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