

# This week in The Raven's Nest



## École Royal Bay Secondary School

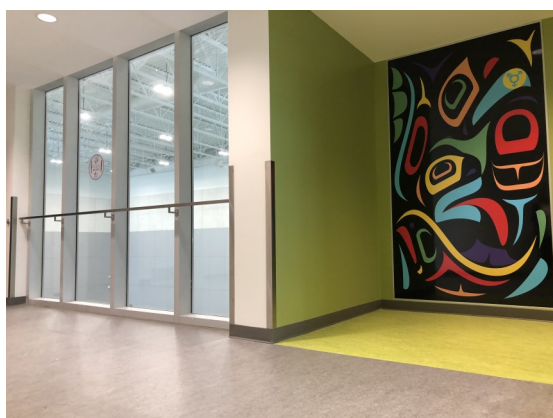
3500 Ryder Hesjedal Way  
Victoria, BC V9C 0J6  
royalbay@sd62.bc.ca T: 250-474-2377



## November 21 to November 25, 2022

We would like to acknowledge the traditional territories of the Coast Salish, specifically Esquimalt Nation and Songhees Nation on which Ecole Royal Bay Secondary is built, and the nations that SD62 works with, Beecher Bay SCIA'NEW Nation, T'Sou-ke Nation, and Nuuchah-nulth Pacheedaht Nation to the west.

We recognize the territory, the First Nations peoples, and thank them for sharing this beautiful land. Hych'ka – Coast Salish Kleco Kleco – Nuuchah-nulth



### This week :

Monday	Grad Photos
Tuesday	Wellness Centre 9:30-3:00 Grad Photos
Wednesday	Grad Photos
Thursday	Wellness Centre 9:00-3:00 Grad Photos Early Dismissal
Friday	NID—Pro— D—no school

### What's inside!

Page 2	Admin Staff Info, Important Dates
Page 3	From the Admin
Page 4	PAC and Ravenous Café
Page 5 & 6	Around the Raven's Nest
Page 7	From the Learnings Common
Page 8 & 9	10 000 Tonight
Page 10-13	Grad Corner
Page 14-15	Counsellors' Corner
Page 16-17	Careers Department

## **Important dates to Remember:**

Nov 21– Dec 2	Grad Photos
November 22	Fire Drill # 3 @ 9:20 am
November 24	Early Dismissal 3 Hrs—Learning Conferences
November 25	NID—Pro-D—no school
November 30	Careers 10 “Life Skill Symposium”
November 30	10 000 Tonight
December 1	Music Program’s Winter Concert @ 7:00 pm
December 7	PAC Meeting @ 6:30 pm
December 13 & 14	Winter Dance Performance @ 7:00 pm
December 14	RB Lacrosse Alumni Game @ 3:30 pm
December 15	Winter Formal
December 16	Santa Breakfast
December 16	Last Day before Winter Break
Dec 19– Jan 2	Winter Break
January 3, 2023	School Reopens
January 4	PAC Meeting @ 6:30 pm
January 16-20	Capstone Presentations
January 19 & 20	Grade 9 Immunization Clinic
January 23– 27	Literacy 10, Numeracy 10 and Literacy 12 Assessments
January 30-February 3	Grad Photos Retakes
January 31	Term 2 and Semester 1 End
February 6	School Planning Day—no school
February 7	Report Cards published in MyEd
February 9	Fire Drill at 9:20 am
February 17	NID Tri District Pro– D—no school
February 20	Family Day—no school
March 1	PAC Meeting @ 6:30 pm
March 8—11	Black Wing Theatre Production
March 17	Last Day before Spring break
April 3	School reopens
April 7	Good Friday
April 10	Easter Monday
April 20	Early Dismissal 3 hours—Learning Conferences

## **RBSS CONTACTS**

### **Mike Huck - Principal**

[mhuck@sd62.bc.ca](mailto:mhuck@sd62.bc.ca)

### **Tanya Phillips -Vice-Principal**

[tphillips@sd62.bc.ca](mailto:tphillips@sd62.bc.ca)

Students A to G

### **Martin Lait - Vice-Principal**

[mlait@sd62.bc.ca](mailto:mlait@sd62.bc.ca)

Students H to N +International

### **Mark Johnston - Vice-Principal**

[mjohnston@sd62.bc.ca](mailto:mjohnston@sd62.bc.ca)

Students O to Z

### **Tebeth Barbour - Counsellor**

[tbarbour@sd62.bc.ca](mailto:tbarbour@sd62.bc.ca)

Students A to Ei

### **Kim Hogan – Counsellor**

[khogan@sd62.bc.ca](mailto:khogan@sd62.bc.ca)

Students Em to Jc + International

### **Christina Kadin - Counsellor**

[ckadin@sd62.bc.ca](mailto:ckadin@sd62.bc.ca)

Students Jd to Pg

### **Wendy Cooper - Counsellor**

[wcooper@sd62.bc.ca](mailto:wcooper@sd62.bc.ca)

Students Ph to Z



# From the Admin



## École Royal Bay Secondary School

3500 Ryder Hesjedal Way  
Victoria, BC V9C 0J6

Tel: 250-474-2377

Fax: 250-478-5099

royalbay@sd62.bc.ca

**Dear RBSS Students and Parents/Guardians,**

We are looking forward to everyone completing Term One (November 10<sup>th</sup>) and the beginning of Term Two on November 14<sup>th</sup>. Make sure that you have been in contact with your student's teachers and that you have a clear idea of how your student has been progressing in their courses. If you have any questions or concerns, please work with the teacher or reach out to the supports listed below.

**Reports for Term One will be published in the [RBSS MyEd Family Portal](#) on November 18<sup>th</sup> by 4pm.**

### **Student Learning Conferences:**

On November 24<sup>th</sup>, we look forward to welcoming families into the building for Student Learning Conferences from 2-4 pm and 5-7 pm. Please note that if it is difficult to meet face to face, we do still have MS teams (virtual meetings) as an option. Please indicate your preferred method for meeting when you book your appointments.

Book student learning conferences [HERE](#)

Please be sure to select the teacher that you wish to meet with, as step one with booking. Also reference the attached, 'How to Guide'.

### **Bell Schedule for November 24<sup>th</sup> Early Dismissal and Learning Conferences**

<u>Bell Schedule</u>	<u>Block Rotation</u>
Block B	9:00 – 9:40
Block A	9:45 – 10:25
BREAK	10:25 – 10:40
Block D	10:40 – 11:20
Block C	11:25 – 12:05

### **Semester Breakdown – 2022/2023**

<b>Semester 1</b>	<b>Sept. 7 – Jan. 31</b>
Term 1	Sept. 7 – Nov. 10
Term 2	Nov. 14 – Jan. 27

<b>Semester 2</b>	<b>Jan. 31 – June 23</b>
Term 3	Jan. 31 – April 14
Term 4	April 17 – June 23

### **November 24<sup>th</sup> Busses and Student Pick-Up**

This first busses for student pick-up start arriving at RBSS is at 12:20 pm.

## RBSS PAC Corner

## 2021-2022 PAC Executive Members:

Meetings will be held the 1<sup>st</sup> Wednesday of  
each month at 6:30 pm

in the Learning Commons

### **PAC meetings for 2022-2023**

December 7, 2022

January 4, 2023

February 1, 2023

March 1, 2023

April 5, 2023

May 3, 2023 (elections)

June 7, 2023

President: Michelle Alexander

Vice President: Kim Strandlund

Treasurer: Salome Crowley

Secretary: Melissa Da Silva

SPEAC Rep Paula Wilson  
Kari Moslehi

Communications Officer: Caroline Aked

PAC email: [royalbaypac@gmail.com](mailto:royalbaypac@gmail.com)



HOT SIDE	<u>Item</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>
	Hot main	BBQ pork Ramen	French toast with bacon and hash browns	Schnitzel with spaetzle and veg	Closed for student learning conferences
	Vegetarian	Veggie Ramen	French toast with fruit salad and hash browns	Root veg schnitzel with spaetzle	
COLD SIDE	Wrap	Ham	Roast beef	Turkey	
	Appie	Swedish meatballs	Swedish meatballs	Swedish meatballs	
BAKING	Desserts	Hot milk cake/ Chocolate pudding parfait	Hot milk cake/ Chocolate pudding parfait	Hot milk cake/ Chocolate pudding parfait	



# Around the Raven's Nest!



The Concert Choir and the Concert Band 9/10 had a wonderful trip to the Comox Valley Concert Band/Concert Choir Festival this week. They performed very well and received wonderful adjudication for both groups.

The bus trips are always fun: singing, improv rapping, facials, joke telling and playing chicken and Marco Polo in the pool.

Lots of laughter.

Thank you to Mr. Whitney, Mr. Szabo, Mr. Sample, Mrs. Hudson and Mrs. McEachern for chaperoning. We are all looking forward to the next festival trip in April.



## Around the Raven's Nest!, cont.

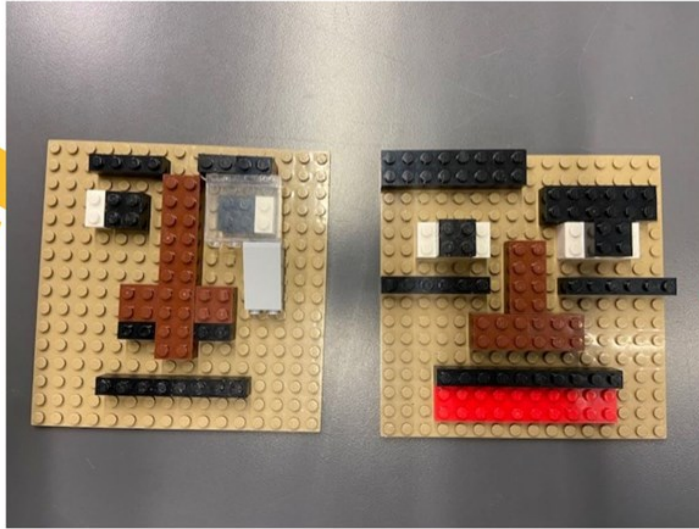


*Our dance classes are hard at work preparing for their winter shows coming up on December 13 and 14th!*



# From the Learning Commons

## FROM THE LEARNING COMMONS



Want to see more creative photos like these? Consider donating your used LEGO to the Royal Bay Learning Commons. We have a small amount and are actively seeking more!

### **Book Club Upcoming Dates:**

December 2<sup>nd</sup>, December 16th

Room 1192





ROYAL BAY SECONDARY SCHOOL PRESENTS

# 10,000 TONIGHT



**DOOR to DOOR COLLECTION  
ACCEPTING NON-PERISHABLE ITEMS &  
MONETARY DONATIONS**

**NOV 30th  
5-9 PM**

VISIT THE SCHOOL WEBSITE  
FOR MORE INFORMATION OR  
TO DONATE ONLINE



Goldstream Food Bank

**VISIT: [www.royalbay.web.sd62.bc.ca](http://www.royalbay.web.sd62.bc.ca)**

Made with PosterMyWall.com

School cash on line link for cash donations:

[School cash on line—10 000](#) Tonight Donations



# This and That

## 10,000 TONIGHT is Back!

We are excited to announce that 10,000 Tonight is officially back on **Wednesday, November 30<sup>th</sup>** **from 5 – 9 PM** at Royal Bay Secondary.

Students will be going door to door around Colwood asking for non-perishable food items or monetary donations (cash or cheque) to help support the Goldstream Food Bank during this holiday season. As we know, the need in our community is greater than ever. This even has played a major role in helping support our local food bank for 15+ years, ever since it's inception in 2006.

There are some key ways that you can provide support:

**VOLUNTEER!** We need drivers (50 of them!) to help take our volunteers on routes throughout the community. There is also a need for volunteers to help sort and organize when it arrives back at Royal Bay. Sign up through our google form to provide your support via this link: <https://forms.gle/ZexjGprA6XLwaqSc6>

**BRING IN FOOD!** We will have a drop-off box located in the aviary for students to bring in their non-perishable food item donations over the next couple of weeks.

- **DONATE!** We accept cash donations, cheques (payable to the Goldstream Food Bank Society or School District 62), or you can choose to donate directly online via the link to our school cash online system).

<https://sd62.schoolcashonline.com/Fee/Details/14546/137/False/True> (No account needed to donate! All donations completed in increments of \$10).

**SPREAD THE WORD.** Do you have a business that would be willing to donate? We are looking for door prizes for our volunteers as well as donations that can go to the food bank (either non-perishable items or monetary donations). We can also send you posters to put up to help raise awareness!

For more information, please contact Brian Hobson ([bhobson@sd62.bc.ca](mailto:bhobson@sd62.bc.ca)) or Robyn White ([rwhite@sd62.bc.ca](mailto:rwhite@sd62.bc.ca))

Thank you in advance for your support!!



# Grad Corner

## RBSS Grad Wear

**TAKE THE COMPLETED ORDER FORM & PAYMENT TO MR.BURGESS IN ROOM 2146**

**OR DROP FORM & PAYMENT OFF AT THE SCHOOL OFFICE.**

**LAST DAY TO ORDER CLOTHING IS WEDNESDAY, NOVEMBER 30, 2022**



**ALL CHEQUES MUST BE PAYABLE TO SCHOOL DISTRICT #62**

[Graduation Forms | Royal Bay \(sd62.bc.ca\)](https://sd62.bc.ca)





## *Winter Formal*



*To attend Winter Formal 2022 grads will need to have handed in BOTH their permission form and payment in to the office.*

*Payments can be in cash, cheque (payable to SD62) or school cash online.*



*All forms and payments are due  
Friday, December 2, 2022.*

*No exceptions*



*Grads only*



# Grad Corner



## ONLINE BOOKING OPEN NOW

### School Name:

**Royal Bay Secondary**

**Date(s):** November 21-December 2  
Monday through Friday

**Time:** 8:30AM – 8:50PM

### Location: Trailer\*

\*Our trailer is accessible only by stairs. If a student requires assistance or a different location, please let Lifetouch know so we can make arrangements.

## GOOD TO KNOW:

- You may include a plus-one or pet for one photo if your school allows.
- Please arrive to your appointment wearing your outfit of choice. For the cap & gown photos, it is suggested to bring a scoop or V-neck top to wear under the gown unless wearing a collared top with a tie. You may include a plus-one or pet if your school allows.
- See FAQ for more information.

PLAN & PREPARE FOR YOUR SESSION AT  
<https://schedule.prestigeporraits.ca/schedule/home.html?BC&Victoria>



If you have any further questions regarding booking an appointment or what to expect, please contact us:

**604-294-1005**



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**604-294-1005**

## FREQUENTLY ASKED QUESTIONS:

### What is included in the sit session?

The Deluxe Sit Session includes 10 to 12 poses. Students will receive a diploma folio and a copy of the grad composite.

### What do I bring?

Please arrive to your appointment wearing your outfit of choice. For the cap & gown photos, it is suggested to bring a scoop or V-neck top to wear under the gown unless wearing a collared top with a tie. You may include a plus-one or pet if your school allows.

### What if my name does not appear on the list when booking?

If you run into any problems when booking your appointment online, please reach out to us here at Lifetouch. We will manually add you in to the system and can help book the appointment for you.

### How will I get my photos afterwards?

You will receive an email containing an access code to view your proofs online approximately 1 week after your images are received by the lab. You will then receive the physical proof package in the mail approximately 2 weeks after your photo date.

### Who can I contact regarding photo order inquiries?

If you have any inquiries regarding access codes, proof whereabouts, photo orders, etc., please reach out to our Prestige Customer Service Experts by phone (1-888-876-1647) or through live chat on [shop.prestigeporraits.ca](https://shop.prestigeporraits.ca) (click on Chat with an Expert in the bottom right-hand corner).



“Grad Lanyards are now available!! Only \$5 – CASH!”

“Act quickly!! Only a limited number available.”

“Drop by Mr. Burgess’ room (2146) with the cash for pick-up”





# Grad Corner



## 2023 Grad's Important Dates/Deadlines

Nov. 28—Dec. 2	Grad Photos
Thursday, Dec. 15	Winter Formal
Jan. 30– Feb. 3, 2023	Grad Photo Re-Takes
Friday, February 10	Valedictorian Nomination packages sent to <a href="mailto:mlait@sd62.bc.ca">mlait@sd62.bc.ca</a>
Tuesday, March 7	Online Voting for Valedictorian
Wednesday, March 15	Grad Comments and Grad Ceremony graduation fee due!
Saturday, May 6	Dry Grad Carnival at RBSS
Tuesday, May 23	Grad Rehearsal at UVic
Sunday, June 4	Grad Ceremony at UVic
Friday, June 23	Prom at The Crystal Gardens

# Counsellors' Corner



It's really tough to be going through hard stuff with a child or youth who is struggling with their mental health and they end up in crisis – and we want to help you. We know what it's like because we've been there.

## TOPICS

Session 1 & 2:  
How to Support a Safety Plan at Home  
Session 3:  
How to Take Care of Yourself and Family After a Crisis  
Session 4:  
How to Find the Resources You Need

Region: South Island  
Dates: November 14, 16, 21, 23  
Times: 12:00pm- 1:00pm  
Dates: December 12 & 14  
Times: 5:00- 7:00 pm  
Dates: January 23 & 25  
Times: 9:00- 11:00 am

Help for the Hard Times workshops are facilitated by parents with lived experience. The workshops are hosted online and include a one-on-one video conference or phone call with a Facilitator.

There is no cost to families. Registration is required: [www.familysmart.ca/workshops](http://www.familysmart.ca/workshops)



EVERY MONTH, WE HOST EVENTS FOR FAMILIES CALLED 'IN THE KNOW'. WE WATCH A VIDEO AND SHARE EXPERIENCES AND STRATEGIES THAT HELP IN THE HARD MOMENTS. WE HELP FOCUS ON STRENGTHENING OUR UNDERSTANDING AND CONNECTION WITH OUR KIDS.

## It's Never Too Late: Healing Parent-Child Relational Stress Using Emotion Focused Family Therapy (EFFT)

When we experience relationship challenges with our children, it can be stressful for all involved, leaving parents confused, frustrated, even walking on eggshells. Dr. Adele Lafrance provides techniques to support parents to heal relational ruptures with kids and teens using an emotion-focused approach.

Come together with other families to watch this one hour video presentation followed by a 30 minute facilitated discussion by a FamilySmart Parent Peer Support Worker.

## Event Date(s):

Thursday, November 3 at 5:00pm (PST)  
Monday, November 6 at 6:30pm (PST)  
Tuesday, November 15 at 5:00pm (PST)  
Wednesday, November 23 at 12:00pm (PST)  
Tuesday, November 29 at 6:30pm (PST)

Registration required:  
[www.familysmart.ca/events](http://www.familysmart.ca/events)  
Cost: Free of Charge





## Counsellors' Corner, cont.



CONCERNED ABOUT YOUR TEEN?

ONLINE GROUP

**JOIN OUR  
PARENTS IN THE KNOW  
PROGRAM**  
VIA ZOOM

**23 NOV - 1 FEB  
WEDNESDAYS, 6:30PM-8:30PM**

FOR MORE INFORMATION CONTACT  
Deanna Riedke: 250.686.9122  
referrals@bgcsvi.org



DO YOU FEEL UNSURE OF HOW TO SUPPORT YOUR TEEN?

**JOIN OUR  
PARENTS TOGETHER  
PROGRAM**  
VIA ZOOM

ONGOING SUPPORT

**TUESDAYS  
12PM - 1:30PM**

ONLINE GROUP

FOR MORE INFORMATION CONTACT  
Deanna Riedke: 250.686.9122  
referrals@bgcsvi.org



VIRTUAL ONLINE GROUP FOR PARENTS OF PRETEENS

**PARENTING  
WITHOUT  
POWER  
STRUGGLES**

EVENING • VIA ZOOM

**24 NOV - 2 FEB  
THURSDAYS, 6:30PM - 8PM**

FOR MORE INFORMATION CONTACT  
Deanna Riedke: 250.686.9122  
referrals@bgcsvi.org



DO YOU FEEL UNSURE OF HOW TO SUPPORT YOUR TEEN?

**JOIN OUR  
PARENTS TOGETHER  
PROGRAM**  
VIA ZOOM

ONGOING SUPPORT

**TUESDAYS  
6:30PM - 8PM**

ONLINE GROUP

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# Careers Department

## Life Skills Symposium Career Life Education 10 November 30<sup>th</sup>, 2022



The Career Education Department at École Royal Bay Secondary is excited to announce our first ever Life Skills Symposium! This month, all students who are currently enrolled in English 10, will participate in this event.

### Session Topics

We are exceedingly grateful to our **community presenters**! Because of their generosity, we are able to offer twenty-five different sessions! Students will get to attend three of these sessions that are of interest to them. Some of the topics that will be explored include:

- Changing a tire
- Cooking and eating on a budget
- Greening up your home
- Life as a new parent
- Budgeting and banking
- Sexual health
- Mental health
- Starting your own business
- Cultural awareness
- Taking a GAP year
- Bike maintenance
- Interpersonal communication
- And so much more!!



### Do you have a life skill you want to share?

If you have a skill that you'd like to share for our 2<sup>nd</sup> semester Life Skills Symposium, please reach out to the Career Education Department at École Royal Bay Secondary School by emailing [dhuculak@sd62.bc.ca](mailto:dhuculak@sd62.bc.ca).

# Careers Department



## WHAT MAKES A GOOD SIDE-HUSTLE?

A Zoom-based entrepreneurship workshop for students, grades 10-12, by UVIC's Gustavson School of Business

- Side-hustles are micro businesses you can run out of your home to make some money
- How do you know if you have a good idea for a side-hustle business?
- Learn from UVIC, TV and industry experts how to evaluate side-hustles and other new business ideas
- Consider applying what you learn in the session in your own side-hustle this summer

See what a university entrepreneurship class is like and learn why you might want to consider UVIC's Gustavson School of Business.

This free entrepreneurship workshop for grade 10 and 11 students allows attendees to test drive what it's like to be in a UVIC Business classroom. This workshop is being led by Entrepreneurship faculty members Brock Smith and Claudia Smith, and will give you a taste of Gustavson and entrepreneurship through a fun and engaging session.

This workshop is a good fit if one or more of these apply to you:

- You are in grade 10-12
- You've seen some neat ideas on Tik Tok or Insta and wonder about doing something similar
- You want to learn some entrepreneurial skills, or about business in general
- You are interested in what a university class might be like
- You and your friends want to make some money this summer with an idea of your own

The workshop will be delivered on Zoom on **Tuesday, November 22<sup>nd</sup> at 6:00 pm (PST)**

[CLICK HERE TO REGISTER ON OUR EVENTS PAGE](#)

Contact Recruitment Manager, Daniel Nair, at [bizrecruit@uvic.ca](mailto:bizrecruit@uvic.ca) for more information

Contact Daniel Nair, UVIC Business advisor at [bcom.admissions@uvic.ca](mailto:bcom.admissions@uvic.ca) for more information



[uvic.ca/gustavson](http://uvic.ca/gustavson)



@gustavsonuvic



## EXPLORE UVIC

Come see what we're all about.

VICTORIA | SATURDAY, NOVEMBER 26, 2022

Register for Explore UVic at [uvic.ca/explore](http://uvic.ca/explore)

