# This week in The Raven's Nest



### École Royal Bay Secondary School

3500 Ryder Hesjedal Way Victoria, BC V9C 0J6 royalbay@sd62.bc.ca T: 250-474-2377



# February 7 – February 11, 2022

We would like to acknowledge the traditional territories of the Coast Salish, specifically Esquimalt Nation and Songhees Nation on which Ecole Royal Bay Secondary is built, and the nations that SD62 works with, Beecher Bay SCIA'NEW Nation, T'Sou-ke Nation, and Nuu-chah-nulth Pacheedaht Nation to the west.

We recognize the territory, the First Nations peoples, and thank them for sharing this beautiful land. Hych'ka - Coast Salish Kleco Kleco - Nuu-chah-nulth



### This week :

		Page 2	Admin Staff Info, Important Dates
Monday	Report Cards Published in My Ed	Page 3	PAC
Tuesday	Wellness Centre 9:00-12:30	Page 4 & 5	From the Admin
		Page 6	Ravenous Café , From the LC
Wednesday		Page 7	Around the Raven's Nest
Thursday Friday	Fire Drill @ 9:20	Page 8	Careers
	Jazz Alive	Page 9, 10, 11	This and That
	Wellness Centre 9:00-12:30	Page 12 & 13	Grad Corner, Valedictorian Vote, Grad Masks
		Page 14	Scholarships
		Page 15 & 16	Opportunities

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What's inside!

### **Important dates to Remember:**

February 7	Report Cards Published in My Ed
February 10	Jazz Alive
February 16 & 17	Grad Photo Retakes
February 18	NID—Professional Day— no school
February 21	Family Day—no school
March 2	PAC Meeting @ 6:30
March 9 –12	Theatre Production—Pippin
March 14	Cut off for Year Book Orders
March 18	Last Day before Spring Break
Mar 21 to April 1	Spring Break
April 6	PAC Meeting @ 6:30
April 7	Early Dismissal—Learning Conferences
April 8	NID—Professional Development—no school
April 15	Good Friday—no school
April 18	Easter Monday—no school
May 4	PAC Meeting @ 6:30
May 13	NID—Professional Development—no school
May 23	Victoria Day—no school
May 25	Grad Rehearsal At UVic (tentative)
June 1	PAC Meeting @ 6:30
June 5	Grad @ UVic ( tentative)
June 9	Year—End Music Concert
June 10	R & B Social (tentative)
June 16	Music Dept. Final Concert (tentative)
June 17	Prom at the Empress (tentative)
June 29	Last Day of School

#### **RBSS CONTACTS**

Mike Huck - Principal mhuck@sd62.bc.ca

<u>Tanya Phillips -</u>Vice-Principal <u>tphillips@sd62.bc.ca</u> Students A to G

<u>Martin Lait -</u> Vice-Principal <u>mlait@sd62.bc.ca</u> Students H to N +International

<u>Mark Johnston -</u> Vice-Principal <u>mjohnston@sd62.bc.ca</u> Students O to Z

<u>Tebeth Barbour -</u>Counsellor tbarbour@sd62.bc.ca Students A to El

<u>Kim Hogan</u> – Counsellor <u>khogan@sd62.bc.ca</u> Students Em to Jc + International

<u>Christina Kadin</u> -Counsellor

ckadin@sd62.bc.ca Students Jd to Pg

Wendy Cooper -Counsellor

wcooper@sd62.bc.ca

Students Ph to Z



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### **RBSS PAC Corner**

Meetings will be held the 1<sup>st</sup> Wednesday of each month at 6:30 pm

Please join us at our next RBSS PAC

March 2 @ 6:30 TBD

Meeting Dates for 2021-2022

April 6 May 4 (elections) June 1

### 2021-2022 PAC Executive Members:

President:	Ma	rianne Chase
Vice President:	Mich	elle Alexander
Treasurer:	Sa	alome Crowley
Secretary:	Pegg	i-Ann Marcoux
SPEAC Rep (District PAC): Paula Wilson		Paula Wilson
Communications Office	er:	Caroline Aked
PAC email: <u>royalbaypac@gmail.com</u>		



**RBSS PAC Fundraising** 

Thank you for supporting your RBSS PAC : Cobs Bread (Westshore)—mention RBSS at time of purchase Co-op Gas (any Peninsula location) #134056



# From the Admin.

### Welcome to Semester 2

As we settle into a new semester this is a great opportunity to remind families about the importance of **good attendance** – a student's overall growth increases significantly over time when they attend regularly and have strong connections to all aspects of the classroom and school environment. Research demonstrates there is a powerful link between successful learning and regular school attendance.

**Sleep hygiene** is another tool for supporting our students' mental, emotional, and physical health. Check out the BC Children's Hospital's <u>Sleeping Well</u> resource.



### **Around our School**



The tiger embodies courage and bravery; resilience and strength. Our students enjoyed decorating the Learning Commons to celebrate Chinese New Year.



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# From the Admin Cont.

### November 2022 Assessment Results are Now Posted in MyEdBC

#### Click on Family, then click on Assessments: Next, click on the date:

Pages Far	nily Academics Groups Calendar
Students	
Details	Options ▼ Reports ▼ Help ▼ Search on Nan
Contacts	□ Name
Attendance Transcript	
Assessments	
паньопрі	Date
Assessments Details	s 11/1/2021

#### From here you will see the numerical result:

Results will be reported using a four category proficiency scale and will appear on a student's transcript as a number, representing one of the four categories:

- emerging (1)
- developing (2)
- proficient (3)
- extending (4)

The Ministry of Education has indicated that more information on the upcoming April and June 2022 sessions will be provided by mid-February. Additionally, please see the <u>Q&A document</u> for further guidance on key questions related to the cancellation of the January 2022 provincial graduation assessment sitting.

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# February 8 – February 10, 2022

	<u>ltem</u>	Monday	<b>Tuesday</b>	Wednesday	<b>Thursday</b>
HOT SIDE	Hot main	Closed for prep	Spaghetti and meatballs	Pastrami sandwich with squash soup	Chicken curry with rice
	Vegetarian		Squash ravioli	Veggie burrito	Chickpea curry with rice
	Wrap		Ham and cheese	Grilled chicken	Turkey
COLD SIDE	Appie		BLT boat	BLT boat	BLT boat
BAKING	Desserts		Brownies/ tiramisu	Brownies/ tiramisu	Brownies/ tiramisu

# From the Library Learning Commons

# Upcoming Book Club Dates

Fri. Feb. 11 Fri. Feb. 25 Fri. Mar. 11

### at lunch in the Learning Commons

All are welcome!



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# Around the Raven's Nest!

### From the Social Studies Department

We're off to a great start in the Social Studies Department. Teachers and students alike are looking forward to a fresh start with many new and familiar faces in this new semester. Things are just gearing up but Mr. Waterlander, Mr. Simms, Mr. Barkwill, Ms. Wood, Ms. Willson, Ms. Mathieu, Mr. Eldredge, Mr. Burgess, Mr. McElroy, Mr. Wheating and Ms. Vincent are all excited about what the future will bring. We can't wait to help students explore humanities concepts like Law, Genocide, BC First Nations, Psychology, and Social Studies.

Mr. Barkwill continues to build the department's collection of historical artifacts. He is looking forward to sharing his most recent find, which includes these World War II medals, with students. This semester, students in Law will be exploring contemporary legal issues around race, justice, and Charter Rights and Freedoms in a series of weekly structured discussions called 'Conversation Series.' Ms. Willson is looking forward to hearing their nuanced contributions.



We wish everyone a smooth start to the semester. Take care of yourselves.





# Careers Department





### Are you a student in grades 9-12?

Explore your options at this FREE green collar career conference for secondary students on Saturday February 12, 2022 from 9:00 - 3:00 held virtually this year.

The "green economy" is changing the face of the workplace in BC and around the world. This day is dedicated to students in secondary school to learn about exciting and endless career opportunities. Futures is much more than a career fair as it allows you to interact with career mentors from various sustainability related careers who have excelled in and are passionate about their green careers.

This interactive career workshop will be offered free of charge to 150 young people and will allow participants the opportunity to:



• Meet and interact with amazing and successful people who will share their sustainability career paths in breakout sessions where career mentors will share their career journeys

- Learn about emerging sustainability career opportunities in B.C. and internationally
- Listen to an inspirational keynote address from Dr. Love-Ese Chile, a sustainable plastic researcher
- Listen to an amazing entrepreneur, Julie Poitras-Saulneir who co-founded LOOP Mission, a circular economy company who transform rejected food into awesome products
- Find out what it takes to reach your goals

The workshop will conclude with a wrap-up session and a chance for the participants to win prizes, **including a \$500 scholarship**. You must be registered to attend. <u>Register early as space is very limited</u>.

This conference is made possible by the support of our event sponsors:

BC Hydro, Hamber Foundation, Retread Solutions, Kane Consulting, BC Building Science, South Street Development Group, Rocky Point Engineering, GBL Architects, Iredale Architecture, Lithium Americas Corp, BTY Group, John Holland, GeoWest Engineering Ltd., Prism Engineering Ltd., and Green Bricks members.

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# This and That







Students pitching in around the community.











Course fees

Semester Two fees will be available on school cash online as of Wednesday, February 2, 2022.

Payments can be made in the office with cash or cheque payable to SD62 or school cash online.

SchoolCashOnline.com: Welcome

# This and That, cont.

### COURSE SELECTION CONTINUES: Just a Reminder...

### Post-Secondary 2<sup>nd</sup> Language Requirements in BC:

#### University of British Columbia (UBC) – Vancouver Campus

Language 11 (includes all second language courses, including all Indigenous languages of Canada, but excludes introductory Grade 11 language courses)

#### Simon Fraser University (SFU) – Vancouver Campus

Any approved <u>Language 11</u> course (including all grade 11 and/or 12 second language courses, all Indigenous languages of Canada, and introductory Grade 11 language courses)

All other BC Universities and Colleges do not require a 2<sup>nd</sup> Language













# **Grad Photo Retakes**

#### If you missed getting a grad photo studio sitting OR would like retakes, Book NOW!

Photo days: February 16 and 17 in the RBSS Conference Room.

Visit the site below to get your appointment: <u>https://booking.edgeimaging.ca/portal/book/IRS</u>

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# This and That, cont.

# **Attention Parents and Students!**

Worried you won't get a yearbook this year? **Now** is the time to pre-order to ensure you get one. <u>The pre-order deadline is March 14th</u>, after that it will be first come first serve. Last year more than 60 students did not get a yearbook as they did not pre-order and we sold out.

\*\*Yearbooks can be purchased through School Cash Online with a credit card, or with cash or cheque payable to SD 62 in the school office.

### Books are \$55.

School cash online



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# **Grad Corner**





# 2022 Grad's Important Dates/Deadlines

Friday, February 11	Grad Ski Trip to Mt. Washington
Friday, February 11	Valedictorian Nominations sent to mlait@sd62.bc.ca
February 16-17, 2022	Photo Re-Takes
Tuesday, March 8	Online Voting for Valedictorian
Friday, March 11	Grad Comments and Grad Ceremony graduation fee due!
Saturday, May 14	Dry Grad Carnival at RBSS
Wednesday, May 25	Grad Rehearsal at UVic (tentative)
Sunday, June 5	Grad Ceremony at UVic (tentative)
Friday, June 17	Prom at Empress (tentative)



### Valedictorian Voting



#### Hello Grads,

I am calling on the Grad Class of 2022 to elect two Valedictorians.

The ceremony structure hasn't been finalized yet. The Valedictorian may be asked to prepare a speech to be delivered in person or by video.

The nomination process is as follows:

#### Criteria:

1. Provide a 500 word Leadership letter outlining what leadership/volunteer work you have done, while explaining what your leadership/volunteer work has done to better Royal Bay School and/or outside community.

2. Your teachers from first and second semester will be asked by RBSS admin to confirm your nomination, recognizing your work ethic and contributions to the classroom.

The Valedictorian nomination committee will consider your GPA in the selection process.

Valedictorian by definition is a top academic student, and RBSS admin will limit the finalists based on academic achievement.

The completed Leadership letter, are to be submitted to <u>mlait@sd62.bc.ca</u> by **12:00 noon Friday, February 11<sup>th</sup>.** 

Candidates who have fulfilled <u>ALL</u> of the criteria will be notified **Wednesday, February 18th**. All nominations are subject to review by Administration.

Top nominees will provide a video speech that must include enough information to explain why they would be a great representative of the graduating class. The speeches will be shared with the graduating class, and voted on.

Thank you,

Martin Lait





Grad 2022 Mask! The price is \$10 and we only have a limited number.

# Scholarship Opportunities

# **Upcoming January Scholarships**

Cmolik Foundation Scholarships

Due: February 8, 2022

BC Excellence Scholarships

Due: February 8, 2022

Peninsula CO-OP Scholarships

Due: February 15-May 1, 2022

**BCCPAC Educational Award** 

Due: February 28, 2022

British Columbia School Trustees Association

Due: February 28, 2022

BC School Superintendents Association Education Scholarship

Due: March 31, 2022

YVR Emerging Artist Scholarship Program Art

Due: September 13, 2021—March 14, 2022

More information on these scholarships (and others) can be found on the school scholarship page: https://rbssscholarships.weebly.com/

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# **Opportunities**



Tell us why workplace mental health is important and share your strategies for staying mentally well at work.

Submit your video and you could win a cash prize.

Bonus prize: Actsafe Aspiring Filmmaker Award Prize includes tickets to the 2023 Actsafe Entertainment Safety Conference, screening of the video at a future Directors Guild of Canada event, and more

Deadline for submissions is Tuesday, March 29, 2022 at 5 p.m. Visit worksafebc.com/studentvideocontest.



**⊚seaspan** act**safe**<sup>★</sup>

WORK SAFE BC



#### Connect and Learn with Us AN ONLINE EVENT FOR FAMILIES AND CAREGIVERS

### What to Say to Kids (and Teens) When Nothing Seems to Work

Dr. Ashley Miller will share quick and effective strategies to help your child and you weather difficult moments in a way that strengthens resilience and relationships.

Dr. Ashley Miller is a Child and Adolescent Psychiatrist, Family Therapist and Clinical Associate Professor of Psychiatry at the University of British Columbia. She loves working with children, teens and families daily, helping them to reconnect to their own strengths and to each other. She is also the co-author with Dr. Adele Lafrance of What to Say to Kids When Nothing Seems to Work: A Practical Guide for Parents and Caregivers.

#### Date: Wednesday, Feb 23rd Time: 6pm - 8pm (I hour Presentation and I hour Q & A) Cost: Free Required Registration: familysmart.ca/events

FamilySmart



Dr. Ashley Miller



#### Connect and Learn with Us AN ONLINE EVENT FOR FAMILIES AND CAREGIVERS

#### ADHD - The Real Deal

Dr. Duncan will dispel the many myths surrounding ADHD by presenting up to date scientific facts about cause, prevalence, diagnosis and treatment. He will explain how and why the ADHD brain works the way it does. Plenty of time will be reserved for questions to ensure the information is understood and relevant to those attending.



Dr. Don Duncan

Dr. Don Duncan is a Child and Adolescent Psychiatrist in Kelowna, BC where he serves as Clinical Director of the BC Interior ADHD Clinic and operates an assessment clinic for students at the University of British Columbia. Dr. Duncan holds an appointment as Assistant Clinical Professor with the Department of Psychiatry, University of British Columbia and has been honoured by appointments to the Board of Examiners for Psychiatry (Royal College of Physicians and Surgeons of Canada), the Board of Directors for the Canadian Academy of Child and Adolescent Psychiatry (CACAP), and the Board of Directors for the Canadian ADD/ADHD Resource Alliance (CADDRA).

Date: Wednesday, Feb 16th Time: 6pm - 8pm (1 hour Presentation and 1 hour Q & A) Cost: Free Required Registration: familysmart.ca/events

FamilySmart



### MINI MED SCHOOL 2022 VANCOUVER ISLAND: NANAIMO & VICTORIA



LEARN. ENGAGE. BE INSPIRED Are you a grade 10-12 student with a passion for science and health research?

Join BC Children's Hospital Research Institute for a day of presentations and hands-on activities that explore the newest discoveries and innovations in health research.

At Mini Med School, you'll have the opportunity to: • Engage with world-class researchers and health professionals • Learn about the latest medical research happening in BC • Explore the diverse careers available in science and medicine • Network with like-minded students from across Vancouver Island

#### WWW.MINIMEDSCHOOLBC.CA



NANAIMO Thursday, April 28, 2022 8:30 am - 3:30 pm Coast Bastion Hotel 11 Bastion Street

VICTORIA Friday, April 29, 2022 8:30 am - 3:30 pm Coast Victoria Hotel & Marina 146 Kingston Street

Proof of vaccination is required to attend.

Mini Med School is a special event held outside the classroom. Students will be expected to make their own arrangements to miss a day of classes and transportation.

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and heretohelp

# **Opportunities**, cont.



An online group workshop and discussion for youth ages 13-18, who have a family member with mental illness.

> For more information and registration, please contact: www.bcss.org/bcssyouth kidsincontrol@bcss.org

Follow us at:





Funding for these programs provided by:



A REASON TO HOPE. THE MEANS TO COPE. BRITISH COLUMBIA







# Career Exploration Conversations

A CAREER DEVELOPMENT WEBINAR FOR PARENTS AND GUARDIANS TO SUPPORT YOUTH

Wondering how to start a career conversation with a young person in your family? Looking for tools to help your youth discover the career of their dreams? WorkBC.ca can help! BRITISH COLUMBIA

VIRTUAL WEBINAR THROUGH ZOOM 7 to 8 p.m. February 8, 2022 March 1, 2022

 February 17, 2022
 March 10, 2022

 Please select the one event date that works best for you.

JOIN US ON ZOOM! Click on hyperlink to register.

This event is free. | For questions, contact the WorkBC team

WorkBC.ca is facilitating one-hour interactive webinars to help parents and guardians support youth as they explore career options. The virtual events are designed for parents of grade 9-12 students to support career conversations with their youth.

Co-hosted by CES Career Education Society

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