### This week in The Raven's Nest



### École Royal Bay Secondary School

3500 Ryder Hesjedal Way Victoria, BC V9C 0J6 royalbay@sd62.bc.ca T: 250-474-2377



### **February 14 – February 18, 2022**

We would like to acknowledge the traditional territories of the Coast Salish, specifically Esquimalt Nation and Songhees Nation on which Ecole Royal Bay Secondary is built, and the nations that SD62 works with, Beecher Bay SCIA'NEW Nation, T'Sou-ke Nation, and Nuu-chah-nulth Pacheedaht Nation to the west.

We recognize the territory, the First Nations peoples, and thank them for sharing this beautiful land. Hych'ka - Coast Salish Kleco Kleco - Nuu-chah-nulth



#### This week:

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Tuesday Wellness Centre 9:00-12:30

Wednesday Grad Photo retakes

Thursday Wellness Centre 9:00-12:30

**Grad Photo retakes** 

Friday NID - Pro- D no school

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#### **Important dates to Remember:**

February 16 & 17 Grad Photo Retakes

February 18 NID—Professional Day— no school

February 21 Family Day—no school

February 22 Pippin tickets go on sale

March 2 PAC Meeting @ 6:30

March 9 –12 Theatre Production—Pippin

March 14 Cut off for Year Book Orders

March 18 Last Day before Spring Break

Mar 21 to April 1 Spring Break

April 6 PAC Meeting @ 6:30

April 7 Early Dismissal—Learning Conferences

April 8 NID—Professional Development—no school

April 15 Good Friday—no school

April 18 Easter Monday—no school

May 4 PAC Meeting @ 6:30

May 4 AP Literature Exam

May 10 AP English Language Exam

May 13 NID—Professional Development—no school

May 23 Victoria Day—no school

May 25 Grad Rehearsal At UVic (tentative)

June 1 PAC Meeting @ 6:30

June 5 Grad @ UVic ( tentative)

June 9 Year—End Music Concert

June 10 R & B Social (tentative)

June 16 Music Dept. Final Concert (tentative)

June 17 Prom at the Empress (tentative)

June 29 Last Day of School

#### **RBSS CONTACTS**

Mike Huck - Principal

mhuck@sd62.bc.ca

Tanya Phillips - Vice-Principal

tphillips@sd62.bc.ca

Students A to G

Martin Lait - Vice-Principal

mlait@sd62.bc.ca

Students H to N +International

Mark Johnston - Vice-

Principal

mjohnston@sd62.bc.ca

Students O to Z

Tebeth Barbour - Counsellor

tbarbour@sd62.bc.ca

Students A to El

Kim Hogan - Counsellor

khogan@sd62.bc.ca

Students Em to Jc + International

**Christina Kadin** - Counsellor

ckadin@sd62.bc.ca

Students Jd to Pg

Wendy Cooper - Counsellor

wcooper@sd62.bc.ca

Students Ph to Z



#### **RBSS PAC Corner**

## 2021-2022 PAC Executive Members:

Meetings will be held the 1<sup>st</sup> Wednesday of each month at 6:30 pm

Please join us at our next RBSS PAC

March 2 @ 6:30 TBD

Meeting Dates for 2021-2022

April 6 May 4 (elections) June 1 President: Marianne Chase

Vice President: Michelle Alexander

Treasurer: Salome Crowley

Secretary: Peggi-Ann Marcoux

SPEAC Rep (District PAC): Paula Wilson

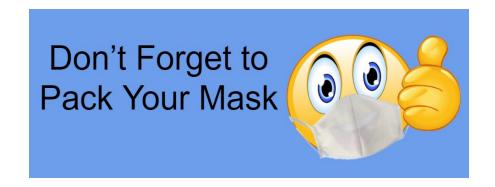
Communications Officer: Caroline Aked

PAC email: <a href="mailto:royalbaypac@gmail.com">royalbaypac@gmail.com</a>



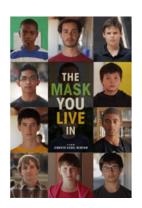
#### **RBSS PAC Fundraising**

Thank you for supporting your RBSS PAC :
Cobs Bread (Westshore)—mention RBSS at time of purchase
Co-op Gas (any Peninsula location) #134056

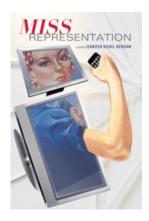


## From the Admin.

Our school community was looking for curricular content that spoke to the challenges our youth are facing around identity and mental health. We came across two films that we are using to spark conversations that would help students with these topics. We are currently showing these two films to academy and PHE students. Please feel free to watch along with us and join the conversation. Both films can be accessed through Kanopy streaming which is made available through your public library account.



The Mask You Live In ultimately illustrates how we, as a society, can raise a healthier generation of boys and young men.



Miss Representation draws back a curtain to reveal a glaring reality we live with every day but fail to see – how the media's limited and often disparaging portrayals of women and girls makes it difficult for women to feel powerful and achieve leadership positions.



### **February 15 – February 17, 2022**



Opening for service on Tuesday, February 15, 2022



Menu TBA

## From the Library Learning Commons

## Upcoming Book Club Dates

Fri. Feb. 25 Fri. Mar. 11

at lunch in the Learning Commons

All are welcome!



## **Around the Raven's Nest!**

The Career Education Department has a great deal in-store for students over the next couple of months.



Our Grade 10's will receive the *Alive After 5* virtual presentation on workplace safety, presented by the BC Federation of Labour.

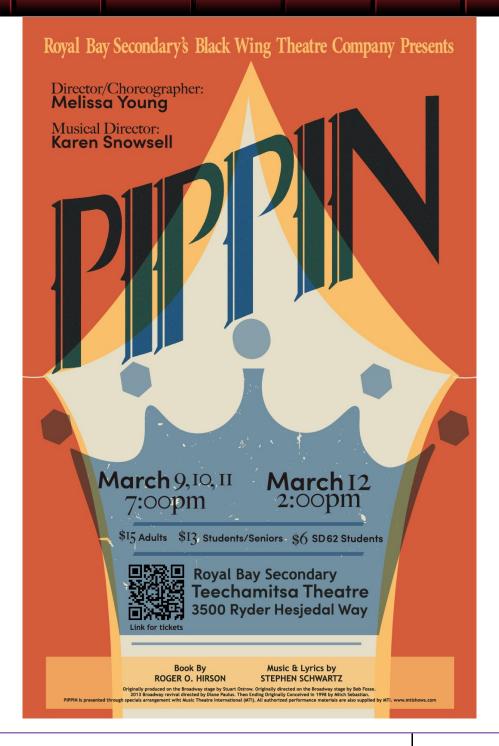
Grads had their final career mentorship session this week, exploring scholarships and the final stages of the Capstone Project with Ms. Huculak and Ms. Harrington. Both Ms. Harrington and Ms. Huculak are available for support in the Career Commons at any time. During these sessions, each grad received a booklet entitled *Scholarship Cents*. We encourage you to review this helpful document which is designed to support students on their scholarship journey.





Our school-wide **Career Exploration Day** is fast approaching! Thank you to all our community presenters. This in-person, half-day speaker series allows students to select and attend 3 different presentations exploring different career journeys. We have a robust schedule for the morning! Our list of over 80 presenters will mean that each student will have much to choose from. To learn more and see who is presenting, please visit our website: https://ecoleroyalbaycareerevent.weebly.com

### Tickets go on sale starting Tuesday, February 22, 2022





## **Careers Department**



## Are you a student in grades 9-12?



Explore your options at this **FREE** green collar career conference for secondary students on **Saturday February 12, 2022** from 9:00 - 3:00 held virtually this year.

The "green economy" is changing the face of the workplace in BC and around the world. This day is dedicated to students in secondary school to learn about exciting and endless career opportunities. Futures is much more than a career fair as it allows you to interact with career mentors from various sustainability related careers who have excelled in and are passionate about their green careers.

This interactive career workshop will be offered free of charge to 150 young people and will allow participants the opportunity to:



- Meet and interact with amazing and successful people who will share their sustainability career paths in breakout sessions where career mentors will share their career journeys
- Learn about emerging sustainability career opportunities in B.C. and internationally
- Listen to an inspirational keynote address from Dr. Love-Ese Chile, a sustainable plastic researcher
- Listen to an amazing entrepreneur, Julie Poitras-Saulneir who co-founded LOOP Mission, a circular economy company who transform rejected food into awesome products
- Find out what it takes to reach your goals

The workshop will conclude with a wrap-up session and a chance for the participants to win prizes, **including a \$500 scholarship**. You must be registered to attend. **Register early as space is very limited**.

This conference is made possible by the support of our event sponsors:

BC Hydro, Hamber Foundation, Retread Solutions, Kane Consulting, BC Building Science, South Street Development Group, Rocky Point Engineering, GBL Architects, Iredale Architecture, Lithium Americas Corp, BTY Group, John Holland, GeoWest Engineering Ltd., Prism Engineering Ltd., and Green Bricks members.

## This and That



### Grad 2022 Mask!

The price is \$10 and we only have a limited number.

The mask can be purchased in Mr. Burgess' room (2146) or at the school store on Wednesdays.











#### Course fees

Semester Two fees will be available on school cash online as of Wednesday, February 2, 2022.

Payments can be made in the office with cash or cheque payable to SD62 or school cash online.

SchoolCashOnline.com: Welcome

## This and That, cont.

#### **COURSE SELECTION CONTINUES: Just a Reminder...**

### Post-Secondary 2<sup>nd</sup> Language Requirements in BC:

University of British Columbia (UBC) - Vancouver Campus

<u>Language 11</u> (includes all second language courses, including all Indigenous languages of Canada, but **excludes** introductory Grade 11 language courses)

#### Simon Fraser University (SFU) - Vancouver Campus

Any approved <u>Language 11</u> course (including all grade 11 and/or 12 second language courses, all Indigenous languages of Canada, and introductory Grade 11 language courses)

All other BC Universities and Colleges do not require a 2<sup>nd</sup> Language













#### **Grad Photo Retakes**

If you missed getting a grad photo studio sitting OR would like retakes, Book NOW!

Photo days: **February 16 and 17** in the RBSS Conference Room.

Visit the site below to get your appointment:

https://booking.edgeimaging.ca/portal/book/IRS





## Grad Corner





### 2022 Grad's Important Dates/Deadlines

February 16-17, 2022 Photo Re-Takes

Tuesday, March 8 Online Voting for Valedictorian

Friday, March 11 Grad Comments and Grad Ceremony

graduation fee due!

Saturday, May 14 Dry Grad Carnival at RBSS

Wednesday, May 25 Grad Rehearsal at UVic (tentative)

Sunday, June 5 Grad Ceremony at UVic (tentative)

Friday, June 17 Prom at Empress (tentative)



# Scholarship Opportunities

## Upcoming February Scholarships

Pathway to Teacher Education Scholarship - BC Ministry of Education

Due: February 15, 2022 at 2:59PM

**BC Boys Basketball Association** 

Due: February 18, 2022

**British Columbia School Trustees Association** 

Due: February 28, 2022

**BCCPAC Educational Award** 

Due: February 28, 2022

Jamie-Lynn Robertson Memorial Bursary

Due: March 1, 2022

**Lionel High School Chemistry Scholarship** 

Due: March 1, 2022

Sooke Teachers' Association Scholarships

Due: March 11, 2022

More information on these scholarships (and others) can be found on the school scholarship page: https://rbssscholarships.weebly.com/

Visit the Career Commons or email Ms. Harrington at lharrington@sd62.bc.ca for help.

### **Opportunities**











#### Try lacrosse for free!

February 12th 1:00-2:00pm for new players wanting to try it out. Current players encouraged to bring a friend to this session. Drop in, no registration required at Eagle Ridge Dry Floor Arena. Hockey helmet and gloves required, sticks provided.

Parents sign a waiver at sign in table

#### Registration is open!

Register at jdflacrosse.com Boys and girls born 2006-2017 New & returning players welcome Pre season practices on now Teams formed in March, games start in April-end of June.

#### **Practice Sessions**

Pre-season back to the box practices have started at Eagle Ridge indoor arena. See schedule on facebook/Instagram for different age divisions. Players must be registered for the 2022 season to attend. Gear required.

#### Special fees for Mini Tyke Players

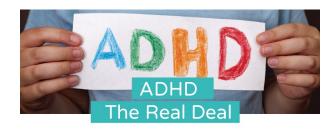
#### **Players born 2016-2017**

Save \$85 on Mini Tyke Registration!

JDF Lacrosse is offering a special rate for Mini Tyke players for the 2022 season! Register your player now for only \$100, which is a \$85 savings! That price includes the \$50 Fundraiser Fee that can be earned back through the sale of raffle tickets. If you know any kids born in 2016 or 2017, let them know about this great offer and get them out to try lacrosse!

### **Opportunities**





#### Connect and Learn with Us AN ONLINE EVENT FOR FAMILIES AND CAREGIVERS

#### ADHD - The Real Deal

Dr. Duncan will dispel the many myths surrounding ADHD by presenting up to date scientific facts about cause, prevalence, diagnosis and treatment. He will explain how and why the ADHD brain works the way it does. Plenty of time will be reserved for questions to ensure the information is understood and relevant to those attending

Dr. Don Duncan is a Child and Adolescent Psychiatrist in Kelowna, BC where he serves as Clinical Director of the BC Interior ADHD Clinic and operates an assessment clinic for students at the University of British Columbia. Dr. Duncan holds an appointment as Assistant Clinical Professor with the Department of Psychiatry, University of British Columbia and has been honoured by appointments to the Board of Examiners for Psychiatry (Royal College of Physicians and Surgeons of Canada), the Board of Directors for the Canadian Academy of Child and Adolescent Psychiatry (CACAP), and the Board of Directors for the Canadian ADD/ADHD Resource Alliance (CADDRA).



Date: Wednesday, Feb 16th Time: 6pm - 8pm (1 hour Presentation and 1 hour Q & A) Cost: Free Required Registration: familysmart.ca/events









#### Connect and Learn with Us

What to Say to Kids (and Teens) When Nothing Seems to Work

that strengthens resilience and relationships.

Dr. Ashley Miller will share quick and effective strategies to help your child and you weather difficult moments in a way

Dr. Ashley Miller is a Child and Adolescent Psychiatrist, Family Therapist and Clinical Associate Professor of Psychiatry at the University of British Columbia. She loves working with children, teens and families daily, helping them to reconnect to their own strengths and to each other. She is also the co-author with Dr. Adele Lafrance of What to Say to Kids When Nothing Seems to Work: A Practical Guide for Parents and Caregivers



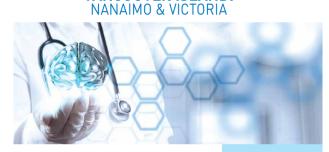
Date: Wednesday, Feb 23rd Time: 6pm - 8pm (1 hour Presentation and 1 hour Q & A) Cost: Free Required Registration: familysmart.ca/events











#### LEARN, ENGAGE, BE INSPIRED Are you a grade 10-12 student with a passion for

Join BC Children's Hospital Research Institute for a day of presentations and hands-on activities that explore the ne discoveries and innovations in health research.

At Mini Med School, you'll have the opportunity to:
• Engage with world-class researchers and health professionals

- Learn about the latest medical research happening in BC
- Explore the diverse careers available in science and medicine
- Network with like-minded students from across Vancouver Island

#### WWW.MINIMEDSCHOOLBC.CA Admission is free but space is limited









### Thursday, April 28, 2022 8:30 am - 3:30 pm Coast Bastion Hotel 11 Bastion Street

## Friday, April 29, 2022 8:30 am - 3:30 pm Coast Victoria Hotel & Marina 146 Kingston Street

Proof of vaccination is required to attend.

Mini Med School is a special event held outside the classroom. Students will be expected to make their own arrangements to miss a day of classes and transportation.

### Opportunities, cont.



An online group workshop and discussion for youth ages 13-18, who have a family member with mental illness.

For more information and registration, please contact:

www.bcss.org/bcssyouth kidsincontrol@bcss.org



#### Follow us at:







Funding for these programs provided by:









### **Career Exploration Conversations**

A CAREER DEVELOPMENT WEBINAR FOR PARENTS AND GUARDIANS TO SUPPORT YOUTH

Wondering how to start a career conversation with a young person in your family?

Looking for tools to help your youth discover the career of their dreams?

WorkBC.ca can help!

## BRITISH COLUMBIA VIRTUAL WEBINAR THROUGH ZOOM 7 to 8 p.m.

 February 8, 2022
 March 1, 2022

 February 17, 2022
 March 10, 2022

Please select the one event date that works best for you.

JOIN US ON ZOOM!

Click on hyperlink to register.

This event is free. | For questions, contact the WorkBC team

WorkBC.ca is facilitating one-hour interactive webinars to help parents and guardians support youth as they explore career options. The virtual events are designed for parents of grade 9-12 students to support career conversations with their youth.

Co-hosted by CES Career Education Society