

October 4-7



	<u>Item</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>
HOT SIDE	Hot main	Roast chicken leg with mashed potatoes and roast veg	Fish cake with tartar sauce and side salad	Lamb burger with pickled veg	Ramen
	Vegetarian	Falafel pita	Crispy polenta with roast tomatoes	Portabello burger with pickled veg	Ramen
COLD SIDE	Wrap	Pastrami and swiss	Turkey and brie	Chicken Caesar	Black bean and feta
	Appie	Trio of dips (hummus, beet humus, edamame)	Trio of dips (hummus, beet humus, edamame)	Trio of dips (hummus, beet humus, edamame)	Trio of dips (hummus, beet humus, edamame)
	Salad	Chef salad/Roast squash, leek and goat cheese	Chef salad/Roast squash, leek and goat cheese	Chef salad/Roast squash, leek and goat cheese	Chef salad/Roast squash, leek and goat cheese
BAKING	Cookies	Oatmeal craisin/ snickerdoodle/ gingersnap	Choc chip/ oatmeal crasin/ snickerdoodle	Double choc rye/ choc chip/ gingersnap	Popcorn caramel/ CWC/ Snickerdoodle
	Dessert	Cheese cake/ Vegan avocado mousse	Cheese cake/ Vegan avocado mousse	Cheese cake/ Vegan avocado mousse	Cheese cake/ Vegan avocado mousse