

This Week in the Raven's Nest



Royal Bay Secondary School

3500 Ryder Hesjedal Way

Victoria, BC V9C 0J6

royalbay@sd62.bc.ca T: 250-474-2377



February 22 – February 26, 2021

We would like to acknowledge the traditional territories of the Coast Salish, specifically Esquimalt Nation and Songhees Nation on which Royal Bay Secondary is built, and the nations that SD62 works with, Beecher Bay SCIA'NEW Nation, T'Sou-ke Nation, and Nuuchah-nulth Pacheedaht Nation to the west.

We recognize the territory, the First Nations peoples, and thank them for sharing this beautiful land. Hych'ka – Coast Salish Kleco Kleco – Nuuchah-nulth



Dear RBSS Families

We are sifting through our student achievements for Semester One and are just about ready to push out the Honour Roll results to students, families and staff. In a regular year this is a “fairly” easy process, but with the reconfiguration of the semester this year it has made the task far more complex. So far the data looks incredible, our students have done a great job. We are hoping to have the information out to you in the next week so that we can officially recognize the hard work of our students. Stay tuned!



Go Ravens!

Mike Huck

This week :

Monday

Tuesday Wellness Centre—Appt. only

Wednesday Pink Shirt Day

Thursday

Friday

What's inside!

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Important dates to Remember:

March 3-6	Theatre Production—TBD
March 5	Octa 5 ends
March 8	Octa 6 starts
March 12	Report cards published - My Ed
March 12	Last Day before Spring Break
March 15-26	Spring Break—no school
March 29	School Re-opens
April 2	Good Friday—no school
April 5	Easter Monday—no school
April 7	PAC Meeting
April 23	Octa 6 Ends
April 26	Octa 7 Begins
April 30	Report cards Published—My Ed
May 5	PAC Meeting
May 14	NID- Pro-D - no school
May 24	Victoria Day—no school
May 27	Octa 7 ends
May 28	Octa 8 begins
May 28	R n B Night—tentative
June 3	Report cards published— My Ed
June 3	Year End Music Concert—tentative
June 5	Dry Grad Livestream Prize Giveaway
June 9-10	RBSS Spring Dance Performances—tentative
June 16	Year End Dance Show—tentative
June 18	Prom—tentative
June 23,24,25	Grad Ceremonies—Tentative
June 28	Octa 8 Ends
June 29	Last Day of school

RBSS CONTACTS

Mike Huck - Principal

mhuck@sd62.bc.ca

Mike Bobbitt -Vice-Principal

mbobbitt@sd62.bc.ca

Students A to G

Martin Lait - Vice-Principal

mlait@sd62.bc.ca

Students H to N

Mark Johnston - Vice-Principal

mjohnston@sd62.bc.ca

Students O to Z + International

Tebeth Barbour - Counsellor

tbarbour@sd62.bc.ca

Students A to G

Kim Hogan - Counsellor

khogan@sd62.bc.ca

Students H to N + International

Wendy Cooper - Counsellor

wcooper@sd62.bc.ca

Students O to Z



RBSS PAC Corner

Meetings will be held the 1st Wednesday of each month at 6:30 pm via MS Teams

Please join us at our next RBSS PAC meeting

March 3, 2021 @ 6:30 pm

*If you wish to attend the online meeting please contact royalbayPAC@gmail.com if you have not previously attended a meeting, all previous guests are forwarded automatically.
Thank you*

2020-2021 PAC Executive Members:

President:	Larissa Coates
Vice President:	Marianne Chase
Treasurer:	Salome Crowley
Secretary:	Cindy Fizzard
SPEAC Rep (District PAC):	Paula Wilson
Communications Officer:	Marie Worden

PAC email: royalbaypac@gmail.com

Remaining Meeting Dates for the 2020-2021

PAC Year :

April 7

May 5

(Election of President and Treasurer)

June 2



PAC is a great way to get the latest the school news.

Join us for an update!

While you do need to register your email to join the meeting, it is always your choice whether you are on camera or just listening in.

From the Admin.

The Salish Weave

Art Show at Royal Bay In Learning Commons

February 24 –February 25

The Salish Weave Collection will be exhibited in the Learning Commons on February 24 and February 25, 2021.

The Salish Weave is a collection of 30 contemporary Coast Salish fine art prints. We are creating an interactive, sensory experience for students that will include music, tactile objects, and an optional scavenger hunt. Through the prints, students will explore relationships between identity, place, and culture.

Teachers are invited to sign their class up for a 30 minute time slot. Due to health and safety protocols, there are limited slots available. Students will remain in their cohorts, and will have to sanitize their hands and wear masks during their attendance in the Learning Commons.



Around the Raven's Nest!

Royal Bay Counselling Department

A-G	Ms T Barbour	tbarbour@sd62.bc.ca
H-N & International	Ms K Hogan	khogan@sd62.bc.ca
O-Z	Ms W Cooper	wcooper@sd62.bc.ca

All the counsellors at Royal Bay are here to support all our students' diverse needs. This includes timetable planning and changes, post-secondary information, academic issues, and 1 to 1 counselling.

Course Selection 2021-2022 Information

We have been very busy during the last month completing course selections with all our students. If your student has been at home sick or doing online classes, please be sure they complete their course selection for next year. Go to <http://royalbay.web.sd62.bc.ca/students/course-handbook> to find the course selection forms for each grade; as well you can review the RBSS Course Selection Guide.

Please email your student's completed course selection to their counsellor (email provided above).

The deadline for all course selections is **FRIDAY FEBRUARY 25, 2021**

And here's more from your counselling team....

Grade 12 Information

Grade 12 students who are planning to attend to UVic next September or may be interested in attending



Applying to UVic for September 2021?

Join us online to learn the next steps for applicants.

uvic.ca/join-us



University of Victoria

"Drop in" on an "Ask Rebecca"

Zoom session to get your questions answered and find out what it's like to be a UVic student. Click on the link below.

www.uvic.ca/undergraduate/tours-events/events/index.php

Student Transcripts:

All grade 12 students should complete their application to the Student Transcript Service:

- It will allow students to have access to their transcripts after they have completed high school
- It will also send transcripts to selected post-secondary schools electronically in order for the student's application to be completed
- royalbay.web.sd62.bc.ca/wp-content/uploads/sites/4/2021/01/Student-Transcript-Service-student.pdf

Around the Raven's Nest, cont.

Parent Opportunities – Workshops and Support



'intheknow'
Information and Support
For families and caring adults who are parenting a child or youth with mental health challenges.

IN THE KNOW PROVIDES EXPERT SPEAKERS ON TOPICS IMPORTANT TO FAMILIES. CONNECT AND LEARN WITH OTHER FAMILIES FOR AN ONLINE DISCUSSION. JOIN BY COMPUTER OR PHONE.

For Families: A Conversation about Eating Disorders
Families don't cause eating disorders but they can be one of the most effective influences in their child's recovery. Listen to a young person, parent and Eating Disorders Therapist share their perspective and knowledge as they talk about the continuum of disordered eating, what to be aware of, the importance of connection and strategies that can support recovery.

Comments: Victoria, BC, Western
Cost: Free of Charge
Date: Wednesday, February 24, 2021 at 4:00pm
Registration required: www.familysmart.ca/itk
Discussion facilitated by FamilySmart Parent in Residence.
Watch a video with us and come together with other families for a facilitated discussion.

FamilySmart
BC Children's Hospital
Eating Disorders
familysmart.ca

FamilySmart Topic is Eating Disorders: Cost: Free

What is unique about this 30-minute video is that you will hear from a youth and how she experienced disordered eating starting at age 15.

You will also hear her mother's perspective, what she noticed, and how she supported her child.

Also on the panel is an Eating Disorders Therapist and they talk about the continuum of disordered eating, what to be aware of, the importance of connection, and strategies that can support recovery.

Families don't cause eating disorders but they can be one of the most effective influences in their child's recovery.

Watch a video with us and come together with other families for a facilitated discussion.

Date: Wednesday, February 24, 2021, at 4:00 pm (You are welcome to join other dates and times)

Registration: www.familysmart.ca/itk

Watch Now: <https://youtu.be/KMvvWz89YE8>

Discussion facilitated by FamilySmart Parent in Residence.
Lisa Tate

Parenting Without the Power Struggles Starts: Feb. 17th (you can still join Feb. 24) Cost: Free

Aimed for parents of preteens (but applicable for parents of teens), this popular 10-week program encourages parents to build on their family strengths, gain confidence in parenting an emerging teen, and discover practical ideas on how to prepare for the transition from preteen to teen. Our professionally facilitated programs offer an opportunity to connect with other parents while learning new skills and knowledge that help parents feel better equipped to parent their preteens.

Date: Wednesday, Feb. 17th - March 14th, 12 pm -1:30 pm Via Zoom Offered by The Boys & Girls Club

Register: Lisa Hoffman lhoffman@bgcvc.org call (250) 217-4929 Deanna Riedke Driedke@bgcvc.org Cell 250-686-9122

Lunch Hour Workshop Series followed by an optional 30 minute Q&A

Monday, February 22nd, 2021 - Stress and Anxiety

Monday, March 1st, 2021 - Boundaries and Self-Care

Monday, March 8th, 2021 - Communicating With Youth

Monday, March 29th, 2021 - Defining Family Values and Beliefs

To Register: either

Deanna Riedke Driedke@bgcvc.org Cell 250-686-9122

Lisa Hoffman lhoffman@bgcvc.org Cell 250-217-4929

Cost: Free



Virtual Lunch & Learn
Parenting Workshops
February 22, 2021 - Stress and Anxiety
March 1, 2021 - Boundaries and Self-Care
March 8, 2021 - Communicating With Youth
March 29, 2021 - Defining Family Values and Beliefs

For more info:
Deanna Riedke 250-686-9122
Lisa Hoffman 250-217-4929
E: parentingprograms@bgcvc.org

Boys & Girls Club of Greater Victoria

This and That



Pink Shirt Day

This year, Pink Shirt Day, or Anti-Bullying Day, is on February 24.

It is a day when people come together by wearing pink shirts to school or work to show they are against bullying.

Hello Royal Bay Families.

Please review this info provided by the Ministry of Education. It is a simple to use resource which will help you identify whether or not you should have your child remain at home if they have any concerning health symptoms. Thanks for your continued support in keeping our RBSS school community a safe and healthy place to work and learn!

New App Simplifies Students' Daily Health Check

Thanks to a new app, it's easier than ever for students or their parents to complete their daily health check each morning.

Developed in partnership with Public Health and the BC Centre for Disease Control, and a group of students, the [K-12 daily health check website](#) and [mobile app](#) help students and families make the best decisions on whether to attend school, stay home, or take other measures. Questions and answers are easy to understand and are based on current health guidelines. All content is written with the K-12 age group in mind.



As indicated in the [Provincial COVID-19 Health Safety Guidelines for K-12 Settings](#), parents and caregivers should assess their children daily for illness before sending them to school.



Grad Corner



On sale on school cash on line!!

Grad Mask \$10.00 Grad Lanyards \$5.00

<https://sd62.schoolcashonline.com>

GRAD CLOTHING RE-ORDER!!

If you missed ordering your Grad clothing the first time, we are offering a second opportunity to order .

There will be hoodies, 1/4 zips, & sweat pants available.

Please see pictures below for styles & colours, plus an order form.

Put your order in ASAP!

You can pay by cheque (payable to SD62) cash or school cash online.



<http://royalbay.web.sd62.bc.ca/wp-content/uploads/sites/4/2020/10/2021-Grad-Wear-Order-Form-1.pdf>



Scholarship Info



Link for the scholarship information / forms:

<https://rbssscholarships.weebly.com/>

For more information visit the Career Commons or contact

Ms. Harrington

or

Mrs. Glanfield

lharrington@sd62.bc.ca

mglanfield@sd62.bc.ca

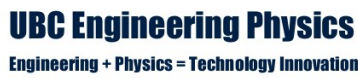
<u>Name of Scholarship</u>	<u>Date Due</u>
RBS Indigenous Student Award	February 28, 2021
BCCPAC Education Award	February 28, 2021
British Columbia School Trustees	March 1, 2021
BC Superintendents Association	March 5, 2021
Sooke Teachers' Association	March 10, 2021
RE/MAX Quest for Excellence	March 15, 2021
Daneen Skilling Scholarship	March 15, 2021
Union of National Employees	March 31, 2021

Scholarship Opportunities

Hello Grade 12's

If you want information on upcoming Scholarships, please come to the Career Commons room 1168 for more information. Or check out the following link: <https://rbssscholarships.weebly.com/>

Some Royal Bay Scholarships & PAC Bursaries are **NOW AVAILABLE** – check out the website or come to the Career Commons to pick up your application.



Students interested in invention,
entrepreneurship, and discovery!



Emerging industries and top graduate schools



What's special about Engineering Physics at UBC?

How do I learn more?

We're inviting students, parents, and teachers to Join us via Zoom on Tuesday, February 23rd, 2021, 6:30 - 8:30 pm, to learn about Engineering Physics. **>>REGISTER HERE<<** for the event.



Learn about taxes, take the online course, and get the tools to do your tax return. Using the learning-focused model, students will gain the basic concept of taxes.

For more information please click here <https://www.canada.ca/en/revenue-agency/services/tax/individuals/educational-programs.html>