

This Week in the Raven's Nest



Royal Bay Secondary School

3500 Ryder Hesjedal Way

Victoria, BC V9C 0J6

royalbay@sd62.bc.ca T: 250-474-2377

October 26 - October 30, 2020

We would like to acknowledge the traditional territories of the Coast Salish, specifically Esquimalt Nation and Songhees Nation on which Royal Bay Secondary is built, and the nations that SD62 works with, Beecher Bay SCIA'NEW Nation, T'Sou-ke Nation, and Nuu-chah-nulth Pacheedaht Nation to the west.

We recognize the territory, the First Nations peoples, and thank them for sharing this beautiful land. Hych'ka – Coast Salish Kleco Kleco – Nuu-chah-nulth



IMPORTANT CONSENT NEEDED!

Hello families, please complete your student's consent
for Daily Student Health Check Agreement

as soon as possible.

<https://consent.sd62.bc.ca>

This week:

Monday

Tuesday Wellness Centre—Appt. only

Wednesday

Thursday

Friday Halloween Costume Contest

What's inside!

Page 2 Admin Staff info, Important Dates

Page 3 PAC

Page 4 This and That

Page 5 Student ID and Photos

Page 6 Soccer Academy and PFC

Page 7 Student Vote, Grad Corner

Page 8 Scholarships, Reporting Periods

Page 9 Student opportunities

Important dates to Remember:

October 31	Halloween
November 4	PAC Meeting
November 11	Remembrance Day—no school
November 18	Octa 2 ends
November 19	Octa 3 starts
November 19	Early Dismissal—Learning Conferences
November 20	NID—Pro-D
November 20	Music Winter Show
November 25	Report cards published—My Ed
December 2	PAC Meeting
December 7-16	Grad Pictures
December 18	Last Day before Winter Break
December 18	Octa 3 ends
January 4	School Reopens
January 4	Octa 4 starts
January 8	Report cards published—My Ed
January 29	Semester 1 Ends
February 1	Semester 2 Begins
February 1	Octa 4 ends
February 2	Octa 5 begins
February 12	NID—Tri-District
February 15	Family Day
March 3-6	Theatre Production—TBD
March 5	Octa 5 ends
March 8	Octa 6 starts
March 12	Report cards published - My Ed
March 12	Last Day before Spring Break
March 15-26	Spring Break—no school
March 29	School Re-opens
April 2	Good Friday—no school
April 5	Easter Monday—no school
April 7	PAC Meeting
April 23	Octa 6 Ends
April 30	Report cards Published—My Ed

RBSS CONTACTS

Mike Huck - Principal

mhuck@sd62.bc.ca

Mike Bobbitt - Vice-Principal

mbobbitt@sd62.bc.ca

Students A to G

Martin Lait - Vice-Principal

mlait@sd62.bc.ca

Students H to N + International

Mark Johnston - Vice-Principal

mjohnston@sd62.bc.ca

Students O to Z

Tebeth Barbour - Counsellor

tbarbour@sd62.bc.ca

Students A to G

Kim Hogan - Counsellor

khogan@sd62.bc.ca

Students H to N + International

Wendy Cooper - Counsellor

wcooper@sd62.bc.ca

Students O to Z



RBSS PAC Corner

Meetings will be held the 1st Wednesday of each month at 6:30 pm via MS Teams

Please join us at our next RBSS PAC meeting

November 4, 2020 @ 6:30 pm

If you wish to attend the online meeting please contact royalbayPAC@gmail.com if you have not previously attended a meeting, all previous guests are forwarded automatically.

Thank you

2020-2021 PAC Executive Members:

President: Larissa Coates

Vice President: Marianne Chase

Treasurer: Salome Crowley

Secretary: Cindy Fizzard

SPEAC Rep (District PAC):
Paula Wilson

Communications Officer:
Marie Worden

PAC email: royalbaypac@gmail.com

Remaining Meeting Dates for the 2020-2021

PAC Year:

December 2

February 3

March 3

April 7

May 5

(Election of President and Treasurer)

June 2



This and That

Numeracy Assessments



Grade 12 students who have not yet written the numeracy assessment have been contacted and given a session on either November 2 or November 3 to write it at the school.

If you are in grade 12 and concerned about missing out on this opportunity, please contact your alpha counsellor or VP and we can check to see if this graduation requirement has been met.

Masks

Thank you everyone for wearing your masks and remembering to bring them to school. The Covid safety protocols have determined that masks with valves are no longer approved as personal protective equipment.

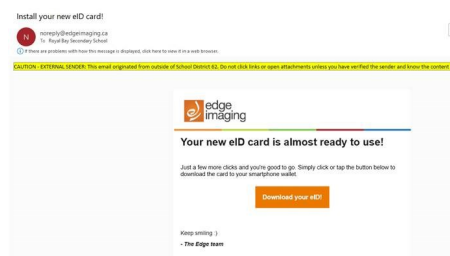
The school is handing out a new fabric mask to every student as we start Octa 2.



Vending machines are going to be available at Royal Bay Secondary on Monday, following specific protocols.

Photos and Student ID Cards

Student ID Cards—Families please watch your student's email or the family email for correspondence from Edge Imaging about how to access the student ID card. Please check your email/junk folder from September if you have not received any notification. There is a limit on how long the ID card can be accessed. If you are having difficulty accessing the student ID card, please email royalbay@sd62.bc.ca with the subject "Edge Imaging". We will do our best to send you the information as soon as possible.



Student photo proofs—if you have not received the proof of your student's photo, information can be forwarded to you. Please email royalbay@sd62.bc.ca with the subject "Edge Imaging". Student photo packages have an expiration date but can be purchased after the expiration date subject to a late fee.

Grad Photos—Please watch for information around Grad photos starting in December. Information will be in the Raven's Nest, on the app and on the school website.



Royal Bay Soccer Academy Partners with Pacific FC

When there's a professional soccer club in your community, you partner with it! The Royal Bay Soccer Academy is now 'Powered by Pacific' as the Pacific Football Club (Pacific FC) creates a partnership with Royal Bay Secondary.

Looking to bring enhanced training opportunities for the Soccer Academy students, RBSS contracted Pacific FC to provide a balanced program for both recreational and high-performance players. Training will include on-field skills and scenarios as well as off-field physical and mental preparation.

"We are looking forward to working with student athletes at Royal Bay, to help them develop, both as players and as people," says James Merriman, Associate Head Coach & Technical Director, Pacific FC. "These years are key to developing their technique, insight, personality and speed."

Club staff will work closely with Academy teachers to continue to provide a wholesome training experience for players.

"We have an active soccer community here at the school and this partnership will help our students take their game to the next level," says John Mennie, Soccer Academy Director, Royal Bay Secondary School. "Our Academy students will benefit from the guidance and expertise Pacific FC brings to the table."



Picture left to right **Josh Simpson** (PFC President), **Wayne Kelly** (Principal of SD62 Academies), **John Mennie** (Royal Bay Soccer Academy Director), **James Merriman** (Associate Head Coach/ Technical Director PFC)

A huge shout out to all of the student volunteers who demonstrated leadership and ran the Student Vote.

RBSS Students Vote!



Grad Corner



2020-2021 RBSS Grad Wear Order Form

<http://royalbay.web.sd62.bc.ca/students/graduation/graduation-forms/>

Deadline for orders is Friday, October 30, 2020

Cheques payable to SD62, cash or school cash on line

<https://sd62.schoolcashionline.com>

All forms to Mr. Burgess (2146)

or

Ms. Phillips (Learning Commons)



Scholarship Info



Link for the scholarship information / forms:

rbssscholarships.weebly.com

For more information visit the Career Commons or contact

Ms. Harrington

or

Mrs. Glanfield

lharrington@sd62.bc.ca

mglanfield@sd62.bc.ca

<u>Name of Scholarship</u>	<u>Date Due</u>
Remax Quest for Excellence Scholarship	Open Now
Schulich Leader Scholarships	January 15, 2021

Watch this space for upcoming information about scholarships!

Reporting Periods for 2020-2021 on the 1/8th Model

Octa 1 – Sept. 14 – Oct. 15

Oct. 22 Reports published via MyEd

Octa 5 – Feb. 2 – March 5

March 12 Reports published via MyEd

Octa 2 – Oct. 16 – Nov. 18

Nov. 25 Reports published via MyEd

Octa 6 – March 8 – April 23

April 30 Reports published via MyEd

Octa 3 – Nov. 19 – Dec. 18

Jan. 8 Reports published via MyEd

Octa 7 – April 26 – May 27

June 3 Reports published via MyEd

Octa 4 – Jan. 4 – Feb. 1

Feb. 8 Reports published via MyEd

Mid way report for linear courses

Octa 8 – May 28 – June 28

June 29 Reports Published via MyEd

Year End



WORKSHOPS & EXHIBITS FOR THOSE AGE 15-24 WHO SELF-IDENTIFY AS FEMALE

Take Charge of Your Future
Believe in Yourself
Find Your Way Forward

Thursday, November 5, 2020
10:00 am – 2:30 pm
Coming to you at YOUR SCHOOL!

Presented by



Rachael D Sansom
Lead Development Consulting



FREEDOM ACCOUNTING



Crafty Phases



Thank You to Our Event Sponsor!

To register, see your Career Counsellor



Presentations to Inspire & Enlighten You



This conference is a
Soroptimist "Dream It Be It" Program

Conference Includes:

- Fabulous Interactive Workshop Sessions
- Virtual Career Library – visit any of 50+ women sharing their careers & lives
- Scavenger Hunt – post pics to win prizes

Schedule:

- 9:45-10:00 Registration
- 10:00-10:45 Virtual Career Library
- 10:45-11:00 Break
- 11:00-11:45 Careers Panel & Q&A
- 11:45-12:45 Your choice of Workshop
- 12:45-1:35 Lunch by Touque Catering (all dietary options available)
- 1:35-2:35 Keynote Workshop
- 2:35-2:50 Scavenger hunt prizes, evaluation & swag bag!

Keynote Workshop:

You Create Your Own Future

The stories we tell ourselves about ourselves and our world have the power to shape our future. That means that you have the power within you to change your life and create the future you want. In this workshop, run by an epidemiologist named entrepreneur, Anne-Lia Tamburini will challenge you to look at the stories you are telling yourself and bravely ask the question: What is the future I want for myself? Gain inspiration as she shares her own story of transformation, then dive in to rewrite your own story and create a future with endless possibilities.

—Anne-Lia Tamburini,
Founder, Hux Consulting

Cost of Registration: FREE!

Please bring one item of non-perishable food for our Seasonal Hampers for women. Talk to your school's Career Counsellor to register. For more info email: lp@slvw.ca.

Choose any 1 Workshop Session from the list below:

Healthy Relationships

How do you build a healthy relationship? What are some red flags warning you that it might be unhealthy? If you're worried, how do you get support – or give it?

— Bridges for Women

What Do I Value?

In a world with so many influences, knowing yourself is the first step to making choices that will make you happy. This workshop will help you answer the questions: "Who am I?" and "What's most important to me?"

— Carrol Ecker, Spark New Life Coaching

Get Out of Your Own Way

You can't see future possibilities if you're talking negatively to yourself! You CAN re-train your mind to make room for your own wisdom and potential. Learn the tools to decrease "stuck thinking" and activate your wise centre to turn on your potential.

— Pamela Syham, Mojo Mojo

Build Resilience and Thrive

Life is full of ups and downs. What happens when you hit a snag? How do you bounce back from all the craziness that life throws at you... every day? In this workshop, you will learn how the power of being resilient can help you navigate the world with more calm and less chaos.

— Serena Klarer, Klarer Consulting

Creating Achievable Goals

Setting goals gives you long-term vision and short-term motivation. Try out the SMART model of goal setting – set your goals so that the steps you need to achieve them are right in front of you.

— Pat Masters, Master & Boychuk Consulting

Balancing Stress: Tips and practices to help you tame it!

School, relationships, work, finances, decisions, your inner critic, parents! Who doesn't feel stressed? Learn tools to manage everyday stress so you can be empowered to enjoy your life.

— Marnie Dengerfeld,
Marnie Dengerfeld Coaching

It's Okay to Say NO

Set your own boundaries for school, for work and in life. Know when and where you want to draw the line and say No - respectfully, clearly and firmly.

— Rubra Algodori, Victoria Immigrant & Refugee Centre Society

Simple Tools for Emotional Well Being

Learn and practice specific tools with very positive outcomes to get balanced and control, and control anxiety. Discover the power of gratitude, breathing and energy to maintain your emotional calm.

— Nadine Handcar, Progressive Edge Plus

Dealing with Gender & Racial Microaggressions

They happen all the time, those "little" words and actions that put you off balance. They are not little! How to challenge the prejudices you live with every day.

— Lisa Gaudreau, Our Love Consulting

Rising Above Obstacles

Have you ever felt "shut down" or disempowered because you are female? Our culture values men over women and makes discrimination in work, school, life, seem normal. Learn strategies to combat unfair obstacles to your career success.

— Suzanne Mendy - Life Coach & Entrepreneur

Soroptimist International is the largest group of women in the world totally focused to improve the lives of women and girls. "Soroptimist", a latin-based word meaning, "best for women" is our call to continuous action. Our club - Soroptimist International of Victoria Westshore (SIWV) - is 10 years old and responsible for the award-winning program Anne's Closet, a free store for women transitioning to a new home; Dream It Be It; scholarships to women; and much more.

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