

This Week in the Raven's Nest



Royal Bay Secondary School

3500 Ryder Hesjedal Way

Victoria, BC V9C 0J6

royalbay@sd62.bc.ca T: 250-474-2377

October 12 - October 16, 2020

We would like to acknowledge the traditional territories of the Coast Salish, specifically Esquimalt Nation and Songhees Nation on which Royal Bay Secondary is built, and the nations that SD62 works with, Beecher Bay SCIA'NEW Nation, T'Sou-ke Nation, and Nuuchahnulth Pacheedaht Nation to the west.

We recognize the territory, the First Nations peoples, and thank them for sharing this beautiful land. Hych'ka – Coast Salish Kleco Kleco – Nuuchahnulth



Check out CHEK NEWS on Tuesday, October 13 between 5:00-7:00 pm to see our own Soul 62 R & B band and Vocal Jazz, as they will be featured with Ed Bains and Jeff King on the UPSIDE!



This week:

Monday	Thanksgiving—No school
Tuesday	Wellness Centre—Appt. only
Wednesday	
Thursday	
Friday	

What's inside!

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Important dates to Remember:

October 12	Thanksgiving - no school
October 15	Octa 1 ends
October 15	BC Shake Out@ 10:15
October 16	Octa 2 starts
October 22	School picture retakes
October 22	Reports cards published
October 23	NID—Provincial Pro-D
October 31	Halloween
November 4	PAC Meeting
November 11	Remembrance Day—no school
November 18	Octa 2 ends
November 19	Octa 3 starts
November 19	Early Dismissal—Learning Conferences
November 20	NID—Pro-D
November 20	Music Winter Show
November 25	Report cards published
December 2	PAC Meeting
December 7-16	Grad Pictures
December 18	Last Day before Winter Break
December 18	Octa 3 ends
January 4	School Reopens
January 4	Octa 4 starts
January 8	Report cards published
January 29	Semester 1 Ends
February 1	Semester 2 Begins
February 1	Octa 4 ends
February 2	Octa 5 begins
February 12	NID—Tri-District
February 15	Family Day
March 3-6	Theatre Production—TBD
March 5	Octa 5 ends
March 8	Octa 6 starts
March 12	Last Day before Spring Break

RBSS CONTACTS

Mike Huck - Principal

mhuck@sd62.bc.ca

Mike Bobbitt - Vice-Principal

mbobbitt@sd62.bc.ca

Students A to G

Martin Lait - Vice-Principal

mlait@sd62.bc.ca

Students H to N + International

Mark Johnston - Vice-Principal

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Students O to Z

Tebeth Barbour - Counsellor

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Students A to G

Kim Hogan - Counsellor

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Students H to N + International

Wendy Cooper - Counsellor

wcooper@sd62.bc.ca

Students O to Z



New Classes about to start

A Block (Octa 1) ends on Thursday, October 15th. We are starting B Block (Octa 2) on Friday, October 16th. Your student will receive a paper copy of their Octa 2 class on October 14th in their class via their teacher. Also included is a new entry point associated with their new class. More detailed information was sent home earlier this week through email. Information can be found on the RBSS website and through the MyEd Portal.

Link for parent information letter

<http://royalbay.web.sd62.bc.ca/wp-content/uploads/sites/4/2020/10/Parent-Letter-Octa-2.pdf>



RBSS PAC Corner

Meetings will be held the 1st Wednesday of each month at 6:30 pm via MS Teams

Please join us at our next RBSS PAC meeting

November 4, 2020 @ 6:30 pm

If you wish to attend the online meeting please contact royalbayPAC@gmail.com if you have not previously attended a meeting, all previous guests are forwarded automatically.

Thank you

2020-2021 PAC Executive Members:

President: Larissa Coates
Vice President: Marianne Chase
Treasurer: Salome Crowley
Secretary: Cindy Fizzard
SPEAC Rep (District PAC):
Paula Wilson
Communications Officer:
Marie Worden
PAC email: royalbaypac@gmail.com

Remaining Meeting Dates for the 2020-2021

PAC Year:

December 2

February 3

March 3

April 7

May 5

(Election of President and Treasurer)

June 2



Native Garden

Did you know that pre-colonization, the main source of carbohydrates from this place were camas bulbs, traditionally known as *qwháaʔ*? This week students in Ms. Ruff's Food Studies class, Ms. Hayne's English 12 and Mr. McRae's Outdoor Ed class worked with Lindsay, our Aboriginal Education Teacher to re-plant camas bulbs and other native plants in a celebration of reconciliation, decolonizing our foodscapes and gratitude for the Earth. Plants for this project were generously supplied by HAT (Habitat Acquisition Trust) and Saanich Native Plants. Unmasked students are in their learning groups.





AB ED Cookout and BBQ





Returns to Royal Bay!

Voting day will happen on Thursday, October 22. Due to the current circumstances, we will be conducting the student vote by visiting classes; this would be analogous to the mail in voting option.

We NEED student volunteers to roll this out. Students interested in learning more about what being an election official involves AND earning Career Exploration hours please attend a **meeting in the LC on Thursday, October 15 at 11:45**. For more information, see Mrs. Phillips.

Note: Students will not miss class time, they will volunteer during the half of the day they are not in class.

This is also a great thing to add to a resume!

This and That



Student Parking is the lot past the turf fields ONLY.

The front parking lots are for staff and guests.

Here is the new link for students to register their
vehicles

for a parking pass

<https://forms-reg.sd62.bc.ca/royal-bay-vehicle-reg>

2019-2020 Yearbooks

The 2019-2020 RBSS Yearbooks are here. If your student has purchased and not received their book please ask them to come to the school office.

Last year graduates are welcome to come to the school to pick their books up. Please call into the school office and a clerical member will bring it to the front door of the school for you. 250-474-2377

We do have some yearbooks available for purchase. Please contact the school office. The cost is \$55.00.



Wellness Centre hours will be

Tuesdays from 9:00-3:30 .

Students will need to make an appointment.

Please call 250-519-3580

The Library Learning Commons Welcomes Students



Accessing the Library Catalogue

Google: rbslc and click
on this image



- Log in using your SD62 login credentials
- Add holds to your next great read and pick up from here:



If students require a quiet place to get caught up on some school work or need access to technology, they are welcome to enter the school with the morning or afternoon cohort and use the Library/Learning Commons for the time they are not in class. *Please note: Masks must be worn at all times and students must sanitize hands and sign in and out upon entry and exit.*

Our Library collection is not open to physically browse, but we encourage students to browse using our online library catalogue and select their next great read. We will have their books ready for pick up the next day.



Scholarship Info



Link for the scholarship information / forms:

rbssscholarships.weebly.com

For more information visit the Career Commons or contact

Ms. Harrington

or

Mrs. Glanfield

lharrington@sd62.bc.ca

mglanfield@sd62.bc.ca

<u>Name of Scholarship</u>	<u>Date Due</u>
Remax Quest for Excellence Scholarship	Open Now
Loran Scholars Foundation	October 22, 2020
Schulich Leader Scholarships	January 15, 2021

Watch this space for upcoming information about scholarships!

The Vancouver Island Construction Association: Construct Your Future Program is now recruiting!

- Earn \$10/hour while completing the training
- Startup package includes a \$200 Marks Work Warehouse gift card, tools, a temporary laptop to use while in the program, plus program workshop supplies
- Gain numerous important industry training certificates
- This is a trades employment program for those who are 17-29 years, a Canadian Citizen, Permanent Resident or those with Refugee Status.

VICA
Vancouver Island
Construction Association

The next program starts on November 9th.



Check out the You Tube link for more information:

https://www.youtube.com/watch?v=XDo_KYxD4J0&feature=youtu.be

Contact Sharlot at 250.800.1162 or by e-mail at Sharlot@vicabc.ca to set up a pre-screening interview today.



TASK Program

Trades Awareness, Skills, and Knowledge



WHAT:

- Full day, cohort, hands-on program
- Open to Grades 10-12 students
- Explores carpentry, electrical, plumbing, and metal trades

WHERE: Royal Bay Secondary School

WHEN: February 1, 2021 to June 25, 2021

CREDITS: Up to 12 high school credits (Math, WEX, STX), plus 8 dual-credits from Camosun College

HOW TO APPLY: Visit your school's Career Centre TODAY to learn more. Application deadline is **Friday November 13, 2020**.



SOOKE 62
SCHOOLS
CAREERS & TRANSITIONS



CAREER FAIR

Bring your friends, your resumes and join the
Farmer Construction Team on

Saturday October 17, 2020

10:00am to 2:00pm

360A Harbour Road
(across from Point Hope Shipyard)

Hotdogs, chips, pop, coffee, and donuts will be provided as well as a
chance to win draw prizes!

Who we are looking for:

Carpenters
Carpenter Apprentices
Concrete Finishers
Estimators

Project Coordinators
Project Managers
Site Superintendents
Skilled Workers

Join Our Team Today!

www.farmer-ltd.com

careers@farmer-ltd.com

FUTURE HEROES

JDF Fire/Rescue Cadet Camp
For Teens 15-18
March 15 - 19, 2021



Do you have what it takes to...

Run into a burning building when everyone else is running away?
Handle a hose so powerful it takes two people to hold it?
Dangle off the end of a rope 50 feet in the air?
Use the Jaws of Life and other tools to save someone trapped in a car?

**For information and applications go to:
metchosinfire.ca or sooke.ca or call 250.478.1307**

Application deadline: October 23, 2020

Made possible by area Fire Departments:





WORKSHOPS & EXHIBITS FOR THOSE AGE 15-24 WHO SELF-IDENTIFY AS FEMALE

Take Charge of Your Future
Believe in Yourself
Find Your Way Forward

Thursday, November 5, 2020
10:00 am – 2:30 pm
Coming to you at YOUR SCHOOL!



Presented by



Thank You to Our Event Sponsor!

To register, see your Career Counsellor

Presentations to Inspire & Enlighten You



This conference is a Soroptimist "Dream It Be It" Program

Conference Includes:

- Fabulous Interactive Workshop Sessions
- Virtual Career Library – visit any of 50+ women sharing their careers & lives
- Scavenger Hunt – post pics to win prizes

Schedule:

- 9:45-10:00 Registration
- 10:00-10:45 Virtual Career Library
- 10:45-11:00 Break
- 11:00-11:45 Careers Panel & Q&A
- 11:45-12:45 Your choice of Workshop
- 12:45-1:15 Lunch by Touque Catering (all dietary options available)
- 1:15-2:15 Keynote Workshop
- 2:15-2:30 Scavenger hunt prizes, evaluation & swag bag!

Keynote Workshop:

You Create Your Own Future

The stories we tell ourselves about ourselves and our world have the power to shape our future. That means that you have the power within you to change your life and create the future you want. In this workshop, run by an epidemiologist named entrepreneur, Anne-Lia Tamburini will challenge you to look at the stories you are telling yourself and bravely ask the question: What is the future I want for myself? Gain inspiration as she shares her own story of transformation, then dive in to rewrite your own story and create a future with endless possibilities.

—Anne-Lia Tamburini,
Founder, Hunt Consulting

Cost of Registration: FREE!

Please bring one item of non-perishable food for our Seasonal Hampers for women. Talk to your school's Career Counsellor to register. For more info email: lp@slvw.ca.

Choose any 1 Workshop Session from the list below:

Healthy Relationships

How do you build a healthy relationship? What are some red flags warning you that it might be unhealthy? If you're worried, how do you get support – or give it?

— Bridges for Women

What Do I Value?

In a world with so many influences, knowing yourself is the first step to making choices that will make you happy. This workshop will help you answer the questions: "Who am I?" and "What's most important to me?"

—Carol Ecker, Spark New Life Coaching

Get Out of Your Own Way

You can't see future possibilities if you're talking negatively to yourself! You CAN re-train your mind to make room for your own wisdom and potential. Learn the tools to decrease "stuck thinking" and activate your wise centre to turn on your potential.

— Pamela Sykes, Mojo Mojo

Build Resilience and Thrive

Life is full of ups and downs. What happens when you hit a snag? How do you bounce back from all the craziness that life throws at you... every day? In this workshop, you will learn how the power of being resilient can help you navigate the world with more calm and less chaos.

—Sereva Klavner, Klavner Consulting

Creating Achievable Goals

Setting goals gives you long-term vision and short-term motivation. Try out the SMART model of goal setting – set your goals so that the steps you need to achieve them are right in front of you.

—Pat Masters, Masters & Boyd Consulting

Balancing Stress: Tips and practices to help you tame it!

School, relationships, work, finances, decisions, your inner critic, parents! Who doesn't feel stressed? Learn tools to manage everyday stress so you can be empowered to enjoy your life.

—Marnie Dengerfeld,
Marnie Dengerfeld Coaching

It's Okay to Say NO

Set your own boundaries for school, for work and in life. Know when and where you want to draw the line and say No - respectfully, clearly and firmly.

—Brenda Algodreg, Victoria Immigrant & Refugee Centre Society

Simple Tools for Emotional Well Being

Learn and practice specific tools with very positive outcomes to get balanced and control, and control anxiety. Discover the power of gratitude, breathing and energy to maintain your emotional calm.

—Nadine Handman, Progressive Edge Plus

Dealing with Gender & Racial Microaggressions

They happen all the time, those "little" words and actions that put you off balance. They are not little! How to challenge the prejudices you live with every day.

—Lisa Gaudreau, Our Love Consulting

Rising Above Obstacles

Have you ever felt "shut down" or disempowered because you are female? Our culture values men over women and makes discrimination in work, school, life, seem normal. Learn strategies to combat unfair obstacles to your career success.

—Suzanne Mendy - Life Coach & Entrepreneur

Soroptimist International is the largest group of women in the world totally focused to improve the lives of women and girls. "Soroptimist", a latin-based word meaning, "best for women" is our call to continuous action. Our club - Soroptimist International of Victoria Westshore (SIWV) - is 10 years old and responsible for the award-winning program Anne's Closet, a free store for women transitioning to a new home; Dream It Be It; scholarships to women; and much more.

Proudly sponsored by



To learn more about Soroptimist International, visit www.slvw.ca