

Harm Reduction Resources

AVI Health and Community Resources

Toward the Heart (check out their whole website for lots of info, resources, videos, and more)

<http://towardtheheart.com>

- As well as their **free online Naloxone Training**:
<http://www.naloxonetraining.com>

CATIE (great information hub for all things HIV, HCV, substance use, and sexual health):

www.CATIE.org

Smart Sex Resource (great BC resource for all questions, concerns and just general info regarding sexual health, STI's and relationships):

www.smartsexresource.ca

Drug Testing Resources (for ordering drug testing supplies including fentanyl test strips):

- <https://dancesafe.org/product/fentanyl-test-strips-pack-of-10/>
- <http://bunkpolice.com/>
- Ebay – search “Fentanyl Test Strips”
- **Free drug testing offered at AIDS Vancouver Island** (3rd floor – 713 Johnson Street) on Tuesdays and Wednesdays from 3-7pm; **and at SOLID** (1056 North Park Street) on Mondays and Thursdays from 12-4pm.

DanceSafe:

<http://www.dancesafe.org>

Discovery Youth & Family Counselling (counselling for those affected by substance use - can be used for both youth and parents):

<https://www.viha.ca/youth-substance-use/discovery.html>

A **video on the War on Drugs** by Kerzgesagt:

<https://www.youtube.com/watch?v=wJUXLqNHCal>

A cute **video on Harm Reduction 101**:

<https://www.youtube.com/watch?v=W7epsLmN604>

Erowid (drug info database):

<https://www.erowid.org/>

TripSit (provides info on risks associated with drug combinations, you can also download their app):

<http://combo.tripsit.me>

Karmik (west coast harm reduction collective):

<http://www.karmik.ca/>

Foundry Victoria (health care, substance use counselling, mental health counselling, etc.)

<https://foundrybc.ca/victoria> 250-383-3552 // 818 Douglas Street

AVI Health and Community Resources (free harm reduction education, support, supplies, resources, etc.)

www.avi.org 250-384-2366 // 3rd floor – 713 Johnson Street