

This Week in the Raven's Nest



Royal Bay Secondary School

3500 Ryder Hesjedal Way

Victoria, BC V9C 0J6

royalbay@sd62.bc.ca T: 250-474-2377

January 13 to January 17, 2020

We would like to acknowledge the traditional territories of the Coast Salish, specifically Esquimalt Nation and Songhees Nation on which Royal Bay Secondary is built, and the nations that SD62 works with, Beecher Bay SCIA'NEW Nation, T'Sou-ke Nation, and Nuuchah-nulth Pacheedaht Nation to the west.

We recognize the territory, the First Nations peoples, and thank them for sharing this beautiful land. Hych'ka – Coast Salish Kleco Kleco – Nuuchah-nulth



This week:

Monday

Tuesday Dr. Boe 9:30-1:00

Wednesday Island Sexual Health 12:00-4:00

Thursday

Friday Friday # 3

What's inside!

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Important dates to Remember:

January 23-24	Graduation Assessments (gr.10-12)
January 27	Second Semester Begins
February 6	Music Concert
February 14	NID—Professional Development
February 17	No School—Family Day
March 13	Last day before Spring Break
March 16— 27	Spring Break
March 30	School Re-opens
April 9	Early Dismissal—Learning Conferences
April 10	No school—Good Friday
April 13	No school—Easter Monday
April 27	NID—Professional Development
May 9	Carnival—Dry Grad
May 15	NID—Professional Development
May 18	No School—Victoria Day
May 29	R & B dinner and dance
June 4	Year End music concert
June 7	Grad
June 19	Prom
June 19	Last day of full classes
June 22-26	Graduation Assessments (Gr. 10-12)
June 25	Last day of school



RBSS CONTACTS

Mike Huck—Principal
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Students A to Har

John Mennie Term Vice-Principal
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Students Has-Mc + International

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Students Me—Z

Steve Jones Counsellor
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Students A to Har

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Students Has-Mc + International

Wendy Cooper Counsellor
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Students Me -Z

RBSS PAC Corner

Meetings will be held the 1st Wednesday of each month at 6:30 pm in the RBSS Learning Commons.



Please join us at our next RBSS PAC meeting
Wednesday, February 5, 2020.
Room XXXX (TBD)

2019/2020 PAC Executive Members:

President: Larissa Coates
Vice President: Marianne Chase
Treasurer: Salome Crowley
Secretary: Cindy Fizzard
SPEAC Rep (District PAC):
Caroline Aked
Communications Officer:
Marie Worden
PAC email: royalbayspac@gmail.com

Grade 10 Graduation Numeracy Assessment

Dear Parent or Guardians,

All grade 10 students currently enrolled in a math course at Royal Bay Secondary will be writing the Graduation Numeracy Assessment 10 (GNA 10) during the timeframe January 23-24, 2020. All grade 10 students currently enrolled in an English 10 class will also be writing the Graduation Literacy Assessment (GLA) during this same period. An assessment schedule will be posted in the New Year. Please see the notes below about this assessment:

- The GNA 10 and GLA 10 are requirements for graduation.
- Students are assessed on a four point proficiency scale - Emerging, Developing, Proficient and Extending
- There is no "pass" or "fail" - students must write the assessments in order to meet the BC grad requirements. Students have a chance to rewrite the assessments if they like.
- The mark is not blended with any subject as was the case with past provincial examinations. The mark stands alone on the student's transcript.

For more information about these assessments, use the following links:

<https://curriculum.gov.bc.ca/assessment/grade-10-numeracy-assessment>

<https://curriculum.gov.bc.ca/assessment/literacy-assessment/grade-10-literacy-assessment>

Students are able to do a practice assessment using the same link.

Sincerely,

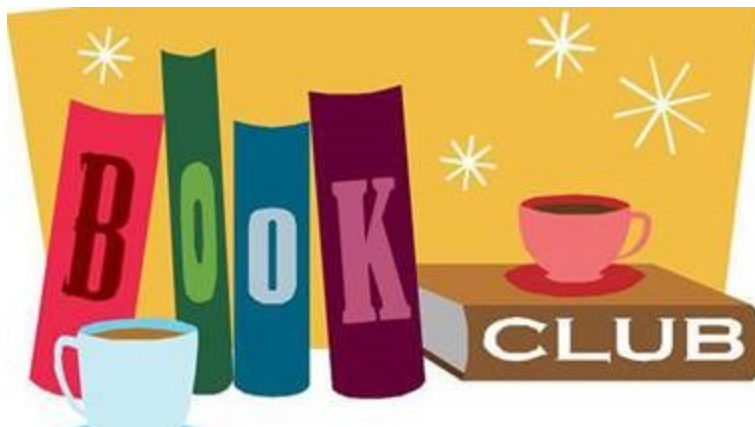
RBSS Admin

January 13 to January 16, 2020



	<u>Item</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>
HOT SIDE	Breakfast	Egg and sausage	Sandwich	Waffles with fruit compote and whipped cream	Bowl
	Hot main	Ramen	Croque Monsieur with potato roast garlic	Pulled pork with cornbread, potato salad and coleslaw	Mushroom and cheese Cannelloni
	Vegetarian	Ramen	Vegetarian Croque Monsieur with potato roast garlic	Pulled jackfruit with cornbread, potato salad and coleslaw	Mushroom and cheese Cannelloni
	Soup		Potato roast garlic		
COLD SIDE	Wrap	Trio	Capicola	BBQ chicken	Pizza
	Appie	Devilled eggs	Potato skins	Phyllo bundle	Fromage de tete
	Salad Bar			potato salad	

Friday Pizza \$3.00 per slice or 2 for \$5.00



The RBSS Student Book Club meets every second Thursday at lunch in the Learning Commons.

New members are always welcome!

Ab Ed

Students will be traveling by bus to UVic's First People's Ceremonial Hall on February 11, 2020 for the UVic/Camosun Indigenous Education Information Session. Any students who self-identify as First Nations, Metis or Inuit, or students who are interested in pursuing Indigenous Studies in post secondary, are inviting to attend. The event is free and lunch is provided.

Please see Lindsay Lockhart in room 2123 for a permission slip.

Belmont's Elder-in-Residence, Henry Chipps, is offering a free Pine Needle basket making event for the public at Beecher Bay First Nation on Saturday ,January 25, 2020. This event is inclusive and family friendly.

See the eventbrite link for tickets.

<https://www.eventbrite.com/e/pine-needle-basket-making-tickets-88458849801?aff=ebdssbeac>



[Pine Needle Basket Making Tickets, Sat, Jan 25, 2020 at 10:00 AM | Eventbrite](https://www.eventbrite.com/e/pine-needle-basket-making-tickets-88458849801?aff=ebdssbeac)

www.eventbrite.com

Eventbrite - Elder Henry Chipps and Natasha Parrish presents Pine Needle Basket Making - Saturday, January 25, 2020 at Beecher Bay First Nation Daycare, Sooke, BC. Find event and ticket information.



Grad Corner



February 18, 2020

Ski Trip to Mt. Washington

April 28, 2020

All forms and fees are due

May 9, 2020

Carnival—Dry Grad

June 7, 2020

Grad

June 19, 2020

Prom

Mittens and Toques—Thank you Royal Bay



Pammy at the Westshore Child, Youth & Family Centre was pleased to receive all of your generous donations.

Families and individuals in need can stop to take donations from the “Pay it Forward” section of the clinic.



Careers Department



Spotlight Session

<u>Date</u>	<u>Session Name</u>	<u>Presenter(s)</u>	<u>Room</u>
January 10	Yoga and Mindfulness	Marilyn Shepherd	1168
January 17	Careers in Engineering	<ul style="list-style-type: none"> Michelle Mahovlich, City of Langford Director of Engineering Katherina V Tarnai-Lokhorst, Faculty of Mechanical Engineering Technology, Camosun College, and UBC Timmons Wong Faculty of Engineering, UVic 	1168
January 31	Tuition Free Trades Programs with the South Island Partnership	Ben Haber	1168
January 31	Grizzly Bear Field Researcher	Sign up with Mr. Froess	2125



Parent Presenters Wanted!

The Career Education department is looking for presenters with experience in the following fields who are able to share information about their career:

- Health Sciences including doctor, nurse, midwife, allied health professionals, etc.
- Law
- Fine arts
- Creative writing
- Video game design/tech industry

If this is you, and you are able to join us for a Spotlight Session on a Friday from 10:00-11:00 am, please contact Danielle Huculak at dhuculak@sd62.bc.ca for more information.

Making the Transition

Understanding the pressures of your first year at university

Presentation by Rebecca Gagan, Assistant Teaching Professor in the Department of English and founder of UVic Bounce

Thursday, January 23, 2020

6:30pm – 7:30pm

Oak Bay High School Theatre, 2121 Cadboro Bay Rd



Alexandra D'Arcy, Professor of Linguistics and Associate Dean Research, University of Victoria. Photo by: Chorong Kim

Today's first-year university students are experiencing stress, anxiety, and depression at record levels, caused by everything from moving away from home, to social expectations, to work pressures, to academic pressures. Without intervention, the weight of all this can be overwhelming leading to various mental health conditions that can negatively impact their academic performance.

Join Rebecca Gagan, Assistant Teaching Professor, Department of English, and Founder and Director of the University of Victoria's Bounce program (www.uvic.ca/bounce) for this informative presentation to discuss strategies for successfully navigating the transition to first-year university. By changing the way we understand and talk to students about their struggles, we can help students before they become overwhelmed. This presentation will explore how to build positive coping skills that will change the course of a student's academic journey and particularly their experience of first-year university.

This talk is suitable for students, parents and guardians. Presented by:



University
of Victoria

Humanities



let's talk
science
outreach

Let's Talk Science Neuroscience Symposium January 27, 2020

Are you interested in learning more about the brain and how it is studied? Join us for a field trip to UVic on January 27th, 2020 for the annual Neuroscience Symposium. This full day event will be interactive and exploration based. See the Careers Office for a field trip form.



2020 National Youth Engagement Week at the RCMP Training Academy

Applications are now available for a unique, all-expense paid, one week police academy experience is available to side 12 students. If you are interested in a career in law enforcement, see the Careers Office today for an application to attend Depot in Regina March 23rd – 27th, 2020. Applications are due January 31st, 2020.



PARENTING TEENS IN A DIGITAL WORLD

MON JAN 13TH 6:30PM

LOCATION: ESQUIMALT REC CENTRE SENIORS CENTRE ROOM
GUEST SPEAKERS: SHANNON HUSK & MIRIAM MILLER

Adults only, RSVP preferred. Please Contact Boys & Girls Club
parentingprograms@bgcvc.org or call 250-384-9133 ext 222
This is a BGCVIC & SD61 Presentation

PARENTING A PRETEEN?

PARENTING WITHOUT POWER STRUGGLES

This 10-week program helps parents of preteens gain confidence, discover practical tips and resources, and find support from other parents

MONDAYS, 6:30PM - 8:30PM • STARTING JAN. 13TH*

LOCATION: JOURNEY MIDDLE SCHOOL LIBRARY

COSTS: \$60/PERSON, \$90/FAMILY - SUBSIDIES AVAILABLE

MUST PRE-REGISTER (MAXIMUM 15 PARTICIPANTS)

*start dates subject to change based on enrollment – please inquire

Miriam Miller or Deanna Riedke

P: 250.384.9133 ext.222



E: parentingprograms@bgcvc.org



BGCC - Parenting Programs were developed by staff and parents throughout BC and is administered under the auspices of Boys and Girls Clubs of Canada. Provincially, Parenting Programs are generously funded by the Ministry of Children and Family Development.

DO YOU FEEL CONCERNED ABOUT YOUR TEEN?

JOIN OUR PARENTS TOGETHER PROGRAM

TUESDAYS, 6:30PM-8:30PM • STARTING* JAN. 14TH (ONGOING)

LOCATION: ESQUIMALT (Contact us for location)

COSTS: \$60/PERSON, \$90/FAMILY - SUBSIDIES AVAILABLE

MUST PRE-REGISTER (MAXIMUM 15 PARTICIPANTS)

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DO YOU FEEL UNSURE OF HOW TO SUPPORT YOUR TEEN?

JOIN OUR PARENTS IN THE KNOW PROGRAM

WHERE: Belmont Secondary, 3041 Langford Lake Rd.

WHEN: January 20th, 6:30PM-8:30PM, Mondays* (for 10 weeks)

COST: \$60/person or \$90/couple, subsidies available
(Please Inquire)

REGISTRATION: Must pre-register

Miriam Miller or Deanna Riedke

P: 250.384.9133 ext.222

E: parentingprograms@bgcvc.org

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