

# This Week in the Raven's Nest



## Royal Bay Secondary School

3500 Ryder Hesjedal Way

Victoria, BC V9C 0J6

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November 18 — November 22, 2019

We would like to acknowledge the traditional territories of the Coast Salish, specifically Esquimalt Nation and Songhees Nation on which Royal Bay Secondary is built, and the nations that SD62 works with, Beecher Bay SCIA'NEW Nation, T'Sou-ke Nation, and Nuu-chah-nulth Pacheedaht Nation to the west.

We recognize the territory, the First Nations peoples, and thank them for sharing this beautiful land. Hych'ka — Coast Salish Kleco Kleco — Nuu-chah-nulth



<https://www.timescolonist.com/sports/reynolds-defends-colonist-cup-soccer-title-1.24008902>

### Congratulations to our Sr. Boys Soccer team on an amazing season!

The Ravens finished their season as Vancouver Island League Champions and Colonist Cup runners up. The boys battled Reynolds in the Colonist Cup Final Thursday night but lost in a nail biting penalty shoot-out! We would like to thank all the boys for their hard work and dedication this season and wish our graduating players the best in their future. A special thanks to Ravens Coaches Dan Cumming and Kay Otani for their great work with the team this season. After qualifying for BC's last year, the league title and Colonist final this year, expect Royal Bay to continue to make their mark in the lower Vancouver Island Soccer league. Go Ravens!!

### This week:

|           |  |
|-----------|--|
| Monday    |  |
| Tuesday   | Dr. Boe 9:30-1:00<br>Term 2 begins     |
| Wednesday | Island Sexual Health 12:00-4:00        |
| Thursday  | Early Dismissal—Learning Conferences   |
| Friday    | No school—Professional Development Day |

### What's inside!

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## Important dates to Remember:

|                       |                                      |
|-----------------------|--------------------------------------|
| November 21           | Early Dismissal—Learning Conferences |
| November 22           | NID—Professional Development         |
| November 28           | Fall music concert                   |
| December 11           | 10, 000 Tonight                      |
| December 13           | Grads to Butchart Gardens            |
| December 19           | Winter Formal                        |
| December 20           | Last Day before Winter Break         |
| December 20           | Santa Breakfast                      |
| December 23-January 3 | Winter break                         |
| January 6, 2020       | School reopens                       |
| January 21-24         | Graduation Assessments (gr.10-12)    |
| January 27            | Second Semester Begins               |
| February 6            | Music Concert                        |
| February 14           | NID—Professional Development         |
| February 17           | No School—Family Day                 |
| March 13              | Last day before Spring Break         |
| March 16— 27          | Spring Break                         |
| March 30              | School Re-opens                      |
| April 9               | Early Dismissal—Learning Conferences |
| April 10              | No school—Good Friday                |
| April 13              | No school—Easter Monday              |
| April 27              | NID—Professional Development         |
| May 9                 | Carnival—Dry Grad                    |
| May 15                | NID—Professional Development         |
| May 18                | No School—Victoria Day               |
| May 29                | R & B dinner and dance               |
| June 4                | Year End music concert               |
| June 7                | Grad                                 |
| June 19               | Prom                                 |
| June 19               | Last day of full classes             |
| June 22-26            | Graduation Assessments (Gr. 10-12)   |
| June 25               | Last day of school                   |

## RBSS CONTACTS

**Mike Huck—Principal**  
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Students A to Har

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Students Has-Mc + International

**Mark Johnston** -Vice-Principal  
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Students Me—Z

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Students A to Har

**Wendy Cooper** Counsellor  
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Students Me -Z

**Kazia Highton** - Counsellor  
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Students Has-Mc + International



# November 18 to November 21



| HOT SIDE  | <u>Item</u> | <u>Monday</u>       | <u>Tuesday</u>               | <u>Wednesday</u>                       | <u>Thursday</u>                       |
|-----------|-------------|---------------------|------------------------------|--|---------------------------------------|
|           | Breakfast   | Pancakes            | Breaky Sandwich              | Hash Brown with Sausage and Egg        | Closed early for learning conferences |
|           | Hot main    | Pulled pork poutine | Curry beef Marsala with rice | Smoked turkey sandwich with pickles    |                                       |
|           | Vegetarian  | Roast veg poutine   | Butter Vegetable Curry       | Grilled Portobello Burger with pickles |                                       |
|           | Soup        | Cream of Mushroom   |                              |  |                                       |
|           |             |                     |                              |  |                                       |
| COLD SIDE | Wrap        | Ham                 | Salami                       | Smoked Turkey                          | Closed early for learning conferences |
|           | Appie       | Potato Skins        | Pakorras                     | Mushroom Quiche                        |                                       |
|           | Salad Bar   | Potato Salad        |                              |  |                                       |
|           |             |                     |                              |  |                                       |

**Friday Pizza \$3.00 per slice or 2 for \$5.00**



**The RBSS Student Book Club meets every second Thursday at lunch in the Learning Commons.**

**New members are always welcome!**

## **RBSS PAC Corner**

Meetings will be held the 1<sup>st</sup> Wednesday of each month at 6:30 pm in the RBSS Learning Commons.



Please join us at our next RBSS PAC meeting  
Wednesday, December 4, 2019 .  
Room to be determined.  
There will be no conflict with 10, 000 tonight.

## **2019/2020 PAC Executive Members:**

|                           |  |
|---------------------------|--|
| President:                | Larissa Coates   |
| Vice President:           | Marianne Chase   |
| Treasurer:                | Salome Crowley   |
| Secretary:                | Cindy Fizzard  |
| SPEAC Rep (District PAC): | Caroline Aked  |
| Communications Officer:   | Marie Worden   |
| PAC email:                | <a href="mailto:royalbaypac@gmail.com">royalbaypac@gmail.com</a> |

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## **Teams**

### **Soccer Academy Fund Raiser**



Royal Bay Soccer England Trip is fundraising with Purdy's Chocolatier, just in time for Christmas!

If you'd like to support us through purchasing some very sweet Christmas gifts for friends, family and yourself, please click the link below:

<https://fundraising.purdys.com/1043493-69522>

After you've signed in you can buy our amazing chocolates or invite others to join and support our Fundraising Campaign.

Thank you so much!



# Careers Department



## SpotLight Session

| <u>Date</u> | <u>Session Name</u> | <u>Presenter(s)</u> | <u>Room</u> |
|-------------|---------------------|---------------------|-------------|
| November 29 | Veterinary Medicine | Lauren Di Ponio     | 1168        |

## “Totally Terrific Tarot!”

Students in Studio Art 10 currently have a display of their work on the third floor, outside the art room. Students painted their own tarot card designs with the intention that their card would say something about who they are through metaphor. We are incredibly proud to show this work to the school community, so please stop by and take a look at their hard work!

-Ms. Paul (student teacher)



# Chromebooks and Google Apps for Education



Royal Bay is a Google Apps for Education School. The computers that we primarily use in our classrooms are Chromebooks. Chromebooks are laptops running a Linux based Chrome OS as its operating system. They are fast, allow students to print or digitally submit their school work, and have almost all of the tools required for daily school tasks.

We have graduated students visit to let us know how grateful they are that they were taught how to use this tool while in high school. Additionally Chromebooks are the only computer that they use for post-secondary studies.

If you are looking for tech for your student, Chromebooks are an affordable option with a starting cost of \$230. Royal Bay is "bring your own device" friendly. Additionally, students are able to print, from their own device, while at school.

## Hello Grade 12 Students:

If you are planning to attend **Camosun College** or **UVIC** next year, take some time now to look over their websites via the **Post-Secondary Preparation 12 Weebly** links below.

**Camosun College:** <https://scholarship12dl.weebly.com/camosun-college.html>

**University of Victoria:** <https://scholarship12dl.weebly.com/uvic.html>

Also, continue to check the upcoming monthly scholarship application deadlines:

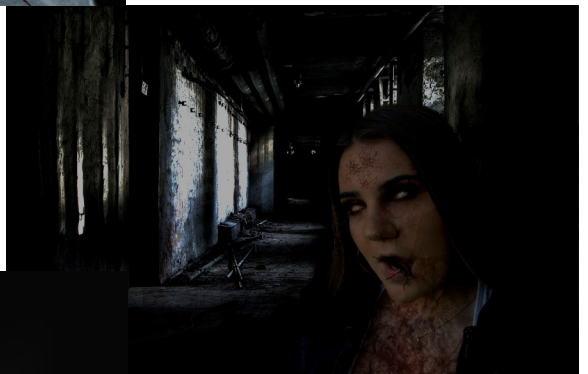
<https://scholarship12dl.weebly.com/scholarship-application-deadlines.html>

To link to **all** BC post-secondary institutions approved & accredited by the provincial government - [Click Here](#)

Mr. Froess



Media Design students did a fantastic job creating believable transformations within a Halloween theme.





## Grad Corner



*December 9 to 18, 2019*

*Grad Photo sessions*

*December 13, 2019*

*Butchart Gardens Event 6:00-9:00 pm*

*December 19, 2019*

*Winter Formal*

*April 28, 2020*

*All forms and fees are due*

*May 9, 2020*

*Carnival—Dry Grad*

*June 7, 2020*

*Grad*

## Grad Wear

Order forms will be available in the office and from Mr. Burgess. ALL ORDERS GO DIRECTLY TO MR. BURGESS. Cash or cheques payable to School District 62.







## Introducing a new way to help shape the future of Colwood.

Colwood Council and staff want to provide as many ways as possible for you to have your say about decisions that affect you and your neighbourhood.

Let's Talk Colwood is an online site where you can share your ideas on a range of topics. Your input will be included in reports to Council along with related data and information to help them make informed and durable decisions that reflect the needs and wishes of the community as a whole. Ongoing updates will allow you to see how your input is being considered.

## Topics you care about.

Some of the topics of discussion over the coming year could include: Transportation Planning, a Parks & Trails Master Plan, Boulevards & Beautification, a Master Plan for the Waterfront and Creating an Area Plan for the Colwood Corners area bordered by Wale Road, Goldstream Avenue and Sooke Road.

## Sign in and speak up.

Anyone can view the Let's Talk Colwood site. To share your ideas you'll need to complete the simple sign in. All you need is your name, email, age group and postal code.

Let's talk, Colwood. Have a look at [letstalkcolwood.ca](http://letstalkcolwood.ca)!





Celebrate the Joy of the Season

# LANGFORD

# Light Up

SATURDAY, DECEMBER 7

**Veterans Memorial Park • 6pm**

6:00 ★ Kids Crafts, Market Vendors, Entertainment

6:00 ★ Free Hot Dogs, Coffee & Hot Chocolate  
& Cookie Decorating *(while supplies last)*

7:30 ★ Official Light Up

8:00 ★ IEOA Truck Light Convoy Arrival *(approx.)*

**Santa** ARRIVES AT 6:30pm

Santa Photobooth Station Created by  
**TREND GOOD PARTY**  
RENTALS & DESIGN STUDIO      CREATIVE PLANNING & PRODUCTION

**Musical Entertainment by  
Westshore Community Concert Band & the Ablaze Singers Choir**

PLEASE BRING A NON-PERISHABLE FOOD OR CASH DONATION ITEM FOR THE GOLDSTREAM FOODBANK





**“The Impact of Screen Time, Social Media and Video Gaming on Today’s Families”**

**Join us for an In-Person Presentation**

Social media and video gaming is an ever-changing world. This presentation will provide tips and strategies to help families manage their struggles around these concerns.

**Topic Presenters:**

Shannon Husk Prevention and Community Engagement Service Provider BC Gaming

**Tuesday November 19<sup>th</sup>, 2019**  
**6:30pm – 8:30pm**

**Military Family Resource Centre**  
**2610 Rosebank Rd**  
**Victoria, BC**

**FREE OF CHARGE**

Please RSVP by or by email: [lisa.tate@familysmart.ca](mailto:lisa.tate@familysmart.ca)



‘intheknow’ provides expert speakers on topics important to families and/or to those working to support the mental health of children and youth.

Viewing is available:

Online at:  
[www.familysmart.ca/in-the-know](http://www.familysmart.ca/in-the-know)

In person at community sites:  
[www.familysmart.ca/events/](http://www.familysmart.ca/events/)

The in person viewing also provides an opportunity for supported conversations.

The Institute of Families is proud to be affiliated with HereToHelp. HereToHelp is a project of the BC Partners for Mental Health and Substance Use Information, a group of non-profit agencies providing good-quality information to help individuals and families understand or improve their mental well-being. The BC Partners are funded by the Provincial Health Services Authority. For more information, visit [www.here-to-help.ca](http://www.here-to-help.ca).



## Cool Cues

Cool Cues is a social skills program for 8-10 year olds. Join us for some fun with games, art, crafts, group activities, and snacks! Make new friends and increase your confidence. This program is free.

**Mondays 3:15 pm - 4:30 pm**

**November 18 – December 16, 2019**

Program is FREE but registration is required.

Call Janessa at 250-415-7721

or email [jserediuk@jbcp.bc.ca](mailto:jserediuk@jbcp.bc.ca)

**“Building Community Together”**

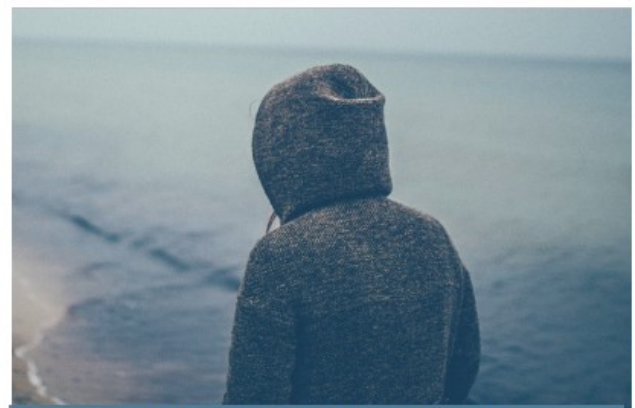
547 Michigan Street 250-388-7844 [askus@jbcp.bc.ca](mailto:askus@jbcp.bc.ca) [www.jbcp.bc.ca](http://www.jbcp.bc.ca)

## Let’s Talk about Vaping (and other substance use) November 28, 2019 at Spencer Middle School

An evening just for parents and other caring adults. This evening will focus on helping parents/caregivers learn more about vaping and most importantly learn practical tips and strategies for how to address it (and other substance use) with their children.

**Time: 7:00pm - 8:30pm**

**RSVP: Not required**



## What We Wish We Had Known

Tips from Parents Living Through the Opioid Crisis

For parents and other interested adults concerned about youth/young adult substance use or suspected use

**6:00 – 8:00 (Doors open at 5:30)**

**Thursday, November 21, 2019**

Esquimalt Health Unit, 530 Fraser Street, Victoria

**SPACE IS LIMITED!**

PLEASE REGISTER EARLY AT <http://true-first-responders.eventbrite.com>

Hosted by Discovery Youth and Family Services through Island Health