

This Week in the Raven's Nest



Royal Bay Secondary School

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April 1st—April 5th, 2019

We would like to acknowledge the traditional territories of the Coast Salish, specifically Esquimalt Nation and Songhees Nation on which Royal Bay Secondary is built, and the nations that SD62 works with, Beecher Bay SCIA'NEW Nation, T'Sou-ke Nation, and Nuu-chah-nulth Pacheedaht Nation to the west.

We recognize the territory, the First Nations peoples, and thank them for sharing this beautiful land. Hych'ka – Coast Salish Kleco Kleco – Nuu-chah-nulth



This week:

Monday	School reopens
Tuesday	Dr. Boe 9:30—2:00
Wednesday	Island Sexual Health 12:00-4:00 PAC Meeting @ 6:30
Thursday	
Friday	Friday # 3 C, D, B, A

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Important dates to Remember:

April 1	School Reopens
April 11	Early Dismissal—Parent/Teacher Conferences
April 12	NID—Curriculum Implementation (no school)
April 19	Good Friday—(no school)
April 22	Easter Monday—(no school)
May 10	NID—Professional Development (no school)
May 11	Dry Grad—Carnival
May 20	Victoria Day (no school)
May 31	R&B Dinner and Dance
June 2	Grad
June 6	Music Year End Concert
June 7	Prom
June 21	Last Day of classes
June 24-26	Provincial Exams (grades 10-12)
June 27	Last day of School



RBSS CONTACTS

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April 2nd to April 4th, 2019



	<u>Item</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	
HOT SIDE	Breakfast	Closed: Prep day	Eggs in the nest with bacon	Waffles with whipped cream and fruit compote	Wrap	
	Hot main		Mac and cheese	Roast chicken leg with gravy, mashed potatoes and veg	Turkey pot pie	
	Vegetarian		Mac and cheese	Fried tofu with carrot and quinoa salad	Vegetarian pot pie	
	Soup		Cauliflower	Roast tomato	Leek and potato	
COLD SIDE	Wrap		Ham and cheese	Cold cut trio	Roast beef	
	Appie		Spanakopita with tzatziki	Smoked salmon canapé	Pan fried dumplings	
	Salad Bar		Panzanella			

Friday Pizza \$3.00 per slice or 2 for \$5.00



RBSS Student Book Club!!

New members are always welcome! Join us for some great reads.

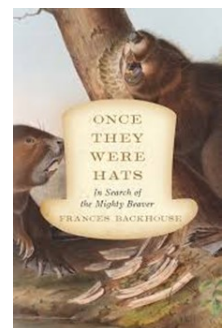
Join us in the Breakout Room in the Learning Commons

during Focus Block, on Thursday, April 4th, 2019.

Sign up to Mrs. Phillips' Focus Block.

Our new book will be:

Once They Were Hats



Vaping and E-Cigarettes at RBSS



Vape and E-Cigarette use has become a huge problem here at Royal Bay.

The number of students that are vaping has increased dramatically and they are vaping everywhere; bathrooms, hallways, even in class. We are currently working with a zero tolerance policy for vaping on our school grounds: if a student is caught, they will be sent home for the day on suspension.

After doing some digging, we are starting to realize that students get into vaping it because it's cool, their peers are doing it, and for the flavour. Unfortunately, the reason that many of them are keeping the habit is because they are addicted.

Vape and E-Cigarette companies are doing exactly what the tobacco industry did several decades ago; misleading the public, targeting teens through advertising, and endangering people's health for massive profit.

As a school, our next steps are to educate. We are planning to have guest speakers from Island Health come in and speak with each grade level, as well as hosting a Parent Information Night sometime in the spring. Stay tuned to The Raven's Nest after Spring Break for more information regarding these events.

Please check out the links below for some great information regarding vaping and the risks involved:

Global News Story

<https://globalnews.ca/news/4835469/health-canada-vaping-youth/>

Federal (Canadian)

https://www.canada.ca/en/services/health/campaigns/vaping.html?utm_source=google&utm_medium=cpc_en&utm_content=youth_risks_2&utm_campaign=vapingprevention2018&utm_term=vaping%20health

Centers for Disease Control and Prevention

https://www.cdc.gov/tobacco/basic_information/e-cigarettes/Quick-Facts-on-the-Risks-of-E-cigarettes-for-Kids-Teens-and-Young-Adults.html

Island Health

<https://www.islandhealth.ca/sites/default/files/2018-04/electronic-cigarette-kit.pdf>



2019 Grad's Important Dates/Deadlines

February 25 th – April 12 th	Grad tickets available to purchase at Royal Bay Secondary. Tickets are \$5.00 each and payment made by cash or cheque to SD62. There is a maximum of 3 tickets per graduate.
April 5 th	Grad Gown order must be completed and submitted to office.
April, 24 th	“O Canada” and Original Grad Song audition at lunch in the Choir room. A copy of the lyrics MUST be presented at the time of audition.
April 29 th	Final Deadline for Ceremony comment form and \$50.00 graduation fee; Payments can be cheques (payable to SD62), cash, or school cash on-line
April 22 nd - April 26 th	Valedictorian Nomination Week (20 signatures required)
May 7 th	Vote for valedictorian during lunch
May 11 th	Carnival / Safe Grad @ Royal Bay Secondary
May 29 th	Graduation ceremony rehearsal at UVic Auditorium University Centre. Buses will depart RBSS at 9am and return when complete (approximately 1pm)
Sunday, June 2 nd	Graduation ceremony at UVic Auditorium University Centre @ 11:00 am
Friday, June 7 th	Prom at Empress

Hello Grade 12's

Don't miss out applying for the upcoming **scholarships** listed in the **Post-Secondary Preparation 12 Weebly**. Access them via the links below. Make time over Spring Break to complete and submit your applications before their due dates.

Remember, some applications need letters of reference, scholarship resumes, essay responses, or other criteria. Ensure you give yourself ample time to complete all that you need to.

<https://scholarship12dl.weebly.com/march.html>

<https://scholarship12dl.weebly.com/april.html>

<https://scholarship12dl.weebly.com/may.html>

Scholarships to Note:

District Scholarships worth **\$1250** each.

The BC Ministry of Education is offering graduating students from all 3 secondary schools in the Sooke School District at total of **116** "District Scholarships" worth **\$1250** each.

The Counselling and Careers Departments would like to work with *each* of you to help you complete your application form so we can submit as many as possible to the Ministry. Our goal is 50 applications. Help us reach it. If we are successful, we can bring in over \$60,000 in scholarships for Royal Bay's 2019 Graduating Class.

Coast Capital Standing Tall and Youth Get It Awards (2 valued at \$3500 each):

Sooke District Elementary and Middle School Scholarships – Due Friday, April 26th to Mrs. Glanfield in the Career Centre.

Royal Bay Secondary Scholarships – Due Wednesday, May 1st

If you wish to start looking for **financial aid** resources, click on this link: <https://scholarship12dl.weebly.com/financial-aid-info1.html>

Please book an appointment during Focus Block if you need assistance. I'm in Room 2125. Good luck.

Mr. Froess

District Scholarship Award

This grade 12 scholarship is worth \$1250.00 and is based on a student showing outstanding achievement in one or more of these areas below rather than high academic marks.

There are 116 of these to be awarded to students in our District.

A student must have a concrete plan for attending post-secondary in the near future **or** have confirmation of acceptance by a post-secondary school for next year.

If your teen is interested in applying for this scholarship, please go to the following link:
Deadline is Monday April 15, 2019.

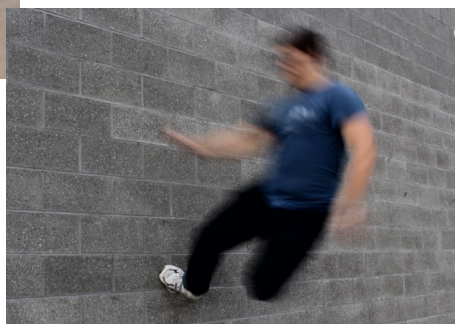
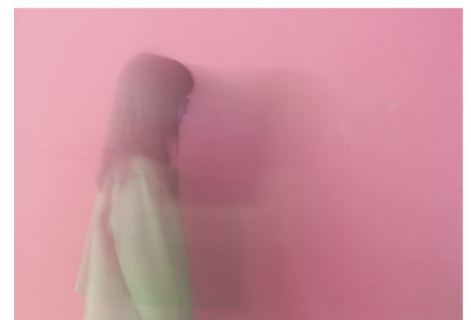
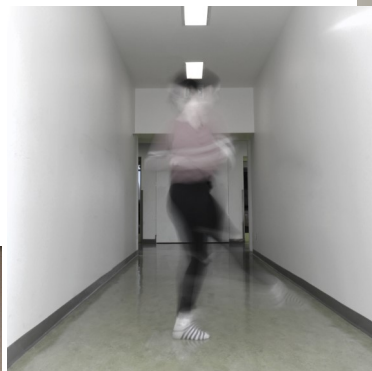
Areas of Achievement and Examples

Area of achievement	Examples
Indigenous Languages and Culture	Demonstrated at school or in the community
Fine Arts	Visual Arts, Dance, Drama, Music
Applied Design, Skills, and Technologies	Business, Technology, Home Economics, Information Communication Technology
Physical Activity	Athletics, Dance, Gymnastics, not limited to Physical Education
International Languages	International Languages Curriculum or External Assessments, including AP and IB courses
Community Service (Volunteer Activity)	Includes awareness of local, global, and cultural issues
Technical and Trades Training	Automotive, Robotics, Coding, Woodwork, Culinary Arts

Link to information on the Royal Bay website

<http://royalbay.web.sd62.bc.ca/wp-content/uploads/sites/4/2019/03/District-Scholarships-Application-and-Guidelines-2018-19-RBSS.pdf>

Digital Art students capturing motion. Great job everyone!!



Teams

Royal Bay Ravens Rugby

Practice times: Monday and Wednesday at 3:30 pm.

Stay tuned for remainder of the season schedule.



Golf



"Are you a golfer who is interested in playing on the Royal Bay Golf Team? If so, please see Mrs. Mackinnon or Mr.

Harrington to sign up or email Mr. Dunbar at rdunbar@sd62.bc.ca for more details."



After-School Spring Athletics @ Royal Bay



MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Drop in Volleyball Big Gym 3:30 - 5:00 All grades and levels of experience <ul style="list-style-type: none"> - Basic Drills - Game play 	Conditioning Weight Room 3:30 - 4:30 All grades and levels of experience <ul style="list-style-type: none"> - Cardio training - functional weight training - plyometrics and agility Badminton Big Gym 3:30 - 5:00 All grades and levels of experience Ultimate Frisbee Grass Field 3:30 - 5:00 Coed New players and experienced players welcome	Drop in Basketball Big Gym 3:30 - 5:00 All grades and levels of experience <ul style="list-style-type: none"> - Basic Drills - Game play  <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> Questions? Find Mr. Wheating in the PE office or by contact by email at jwheating@sd62.bc.ca </div>	Badminton Big Gym 3:30 - 5:00 All grades and levels of experience Ultimate Frisbee Grass Field 3:30 - 5:00 Co-ed New players and experienced players welcome



Murray's Pond Clean up!

Murray's Pond is one of three new Natural Parks in the Royal Bay development. These open spaces provide both recreational opportunities and ecosystem functions, such as restoring habitat connectivity between the forest and the shoreline, and managing the flow of storm water.



On Tuesday, March 13th, our Royal Bay Leadership students and Jr. Boys Lacrosse Academy, paired up to clean up all the garbage around Murray's Pond. This community project was supported by Royal Bay Development and the City of Colwood. Royal Bay Secondary looks forward to supporting more community clean-up projects in the future.





Boys Lacrosse **Academy**

The Boys' Lacrosse Academy travelled to Vancouver the week of March 6th to 8th to play in the Provincial Championship. But, due to weather, fields were shut down. Before the cancellations, all 3 teams had qualified for the semi finals, something no other school can say they had accomplished. Both junior teams placed 1st in their pool, and were to likely see each other in the finals. The senior boys came 2nd in their pool, only losing to the Claremont grade 12's by a score of 4-3, who are said to be one of the strongest groups to ever come out of BC. All young men represented Royal Bay very well, both on and off the field. Next up, a group of players will be travelling to Denver in June.





Bring your old cell phones and accessories to the Learning Commons for Recycling and raise money for RBSS!

What can be collected?

The Challenge will accept all old, damaged and out-of-use cell phones, smartphones, wireless PDAs, and pagers. We will also accept rechargeable cell phone batteries and accessories, but these will not count towards your total.

We do not accept cordless phones, walkie-talkies, non-wireless PDAs, Mp3 players, any battery not commonly found in a cell phone (example: single use batteries, rechargeable AA batteries), laptop computers or answering machines.

What happens to the phones and other items that we collect?

Mobile devices that are collected are sent to GREENTEC for processing. Shipments arriving at GREENTEC are sorted, evaluated and tested to assess their functionality.

Phones are first tested to assess their ability to power on. Devices which power on then receive a data wipe to remove any confidential information which may have been left on by the consumer. Components, including the LCD screen, keypad, battery, antenna and casing, are evaluated. Phones deemed to be in good condition are then inspected for water damage and "call tested" to confirm their functionality. Phones that pass as functional are then sold for reuse.

Phones that do not power on, or do not pass the functionality evaluation, are separated for material recovery by recycling. Devices are broken down to their base components (metals or plastics), and then sent to approved processors.

The money raised will go to the Leadership Class, with the request that it be put toward another environmental initiative in our school.

RBSS PAC Corner

Meetings will be held every 1st Wednesday of the month at 6:30 pm in the RBSS Learning Commons.

The meeting dates are:

April 3

May 1 (elections for President and Treasurer)

June 5



2018/2019 PAC Executive Members:

President: Sarah Melanson

Vice President: Larissa Coates

Treasurer: Kim Stewart

Secretary: Kim Mayoh

SPEAC Rep (District PAC): Caroline Aked

Communications Officer: Marie Worden

PAC email: royalbaypac@gmail.com

Do you...
Love art & design?
Enjoy being creative and original?

Graphic Design Program

July 2019 :
Skill Development & Software Training
(4 credits) @
Pacific Design Academy

August 2019:
Work Experience
(4 credits)
Local Companies

8 week program:
Foundation of graphic design knowledge, connection to local industry, advance soft skills, and gain life experience and passion for the industry.


Apply today with your career coordinator
Applications due: April 2019

pda pacific design academy

 SOOKE 62 SCHOOLS
Shaping Tomorrow Today

FREE COURSE

Photography and Imaging



Pacific Design Academy 4 week course for students Grade's 10-12
July 2nd – July 30th
Students will receive 4 Photography 12 Credits

Please see your Careers Teacher for more information and application. **Applications are due to your Career's Teacher April 5th, 2019.** Interviews will be conducted in late April.

Required: Students must have DSLR Camera for the course. Laptop with Adobe Photoshop is not required but is recommended.

Students will learn: photographic composition, photographic light, image processing, image technology, history, and photojournalism

Girls STEM Leadership Conference at St. Margaret's School

Sustaining Our Future

*Inspiring young leaders by
environmental stewardship*



– April 26, 2019

*sharing stories integrity,
and green innovation*

- For female-identifying students in grades 7-10
- \$35/student (possible sponsorship available)
- Students must provide own transportation
- Register by March 15th

For more information, or to register, see Ms. Huculak in the Careers Office.

Focus Block Spotlight Session

March 14th, 2019

April 23rd, 2019

Pacific Animal Therapy Society



Pacific Animal Therapy Society (PATS)
is an animal therapy program serving Greater Victoria
for over 25 years.



Host Teachers:

March 14th, 2019 Ms. Cooper

April 23rd, 2019 Mr. Moyes &
Ms. Leswal

Room: 1168

AVID ROYAL BAY SECONDARY

AVID TUTORS AVAILABLE

*Struggling in one or more of your academic
classes? Come for tutoring!*

SCIENCE
TUES & THURS FOCUS BLOCK | RM 3128

MATH
TUES FOCUS BLOCK | RM 3108
THURS FOCUS BLOCK | RM 3117

Tutors are available for subjects including: Math, Science, English, Social
Studies, and more!

Contact Mr. Froess (room 2125) if you have any questions.