

# This Week in the Raven's Nest



## Royal Bay Secondary School

3500 Ryder Hesjedal Road

Victoria, BC. V9C 0J6

royalbay@sd62.bc.ca T: 250-474-2377

February 25th to March 1st, 2019

We would like to acknowledge the traditional territories of the Coast Salish, specifically Esquimalt Nation and Songhees Nation on which Royal Bay Secondary is built, and the nations that SD62 works with, Beecher Bay SCIA'NEW Nation, T'Sou-ke Nation, and Nuuchah-nulth Pacheedaht Nation to the west.

We recognize the territory, the First Nations peoples, and thank them for sharing this beautiful land. Hych'ka – Coast Salish Kleco Kleco – Nuuchah-nulth



### Changes at RBSS

We are pleased to announce that Windy Beadall, Principal of Royal Bay Secondary School, will be joining the Executive Team as Term-Associate Superintendent. Windy began her work on Wednesday, February 20th and will be there until July 31st or the return of the incumbent, whichever occurs first.

During Windy's absence at Royal Bay, Mike Bobbitt has been appointed Term-Principal with John Mennie (currently in our secondary Vice-Principal pool) assuming Mike's Vice-Principal's duties. John will be joining existing Vice-Principals Martin Lait and Mark Johnston as part of the Royal Bay administrative team.

### This week:

Monday	Grad fee accepted starting today
Tuesday	Dr. Boe 9:30—2:00
Wednesday	Island Sexual Health 12:00-4:00
Thursday	
Friday	Friday # 1 A, B, C, D

### What's inside!

Page 2	Dates to Remember
Page 3	Ravenous Café, Book Club
Page 4	Grad—Important dates and deadlines
Page 5	Island Health—Measles, Around the school
Page 6	Yearbook, Scholarships
Page 7	Peter and the Starcatcher, Spirit Days
Page 8	PAC, VIPC
Page 9,10,11, & 12	Parent and Student Opportunities

### Important dates to Remember:

February 25	Grad tickets go on sale
February 27	Pink Shirt Day
February 28	Tropical/Tacky Tourist Day
March 1	Lazy Day
March 15	Last day before Spring Break
April 1	School Reopens
April 11	Early Dismissal—Parent/Teacher Conferences
April 12	NID—Curriculum Implementation (no school)
April 19	Good Friday—(no school)
April 22	Easter Monday—(no school)
May 10	NID—Professional Development (no school)
May 11	Dry Grad—Carnival
May 20	Victoria Day (no school)
May 31	R&B Dinner and Dance
June 2	Grad
June 6	Music Year End Concert
June 7	Prom
June 21	Last Day of classes
June 24-26	Provincial Exams (grades 10-12)
June 27	Last day of School



### RBSS CONTACTS

**Mike Bobbitt** Term Principal  
[mbobbitt@sd62.bc.ca](mailto:mbobbitt@sd62.bc.ca)

**John Mennie** Term Vice-Principal  
[jmennie@sd62.bc.ca](mailto:jmennie@sd62.bc.ca)  
Students Has-Mc + International

**Martin Lait** Vice- Principal  
[mlait@sd62.bc.ca](mailto:mlait@sd62.bc.ca)  
Students Me-Z

**Mark Johnston** -Vice-Principal  
[mjohnston@sd62.bc.ca](mailto:mjohnston@sd62.bc.ca)  
Students A to Har

**Tebeth Barbour** Counselor  
[tbarbour@sd62.bc.ca](mailto:tbarbour@sd62.bc.ca)  
Students A to Har

**Wendy Cooper** Counselor  
[wcooper@sd62.bc.ca](mailto:wcooper@sd62.bc.ca)  
Students Me -Z

**Kim Hogan** - Counselor  
[khogan@sd62.bc.ca](mailto:khogan@sd62.bc.ca)  
Students Has-Mc + International

February 25th to March 1st, 2019



	<u>Item</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>
<b>HOT SIDE</b>	<b>Breakfast</b>	Crepes	Sandwich	Chocolate chip banana pancakes	Scramble
	<b>Hot main</b>	Roast chicken leg with roast veggies and basil pesto	Spanakopita with Greek salad	Carne nachos with Guacamole	Pulled pork 'poutine'
	<b>Vegetarian</b>	Grilled tofu with roast veggies	Spanakopita with Greek salad	Nachos with Guacamole	Double baked potatoes
	<b>Soup</b>	Cauliflower Curry	Squash	Chipotle black bean	Green pea
<b>COLD SIDE</b>	<b>Wrap</b>	Salami with pesto mayo	Egg salad	Chicken something	Cold cut trio
	<b>Appie</b>	Sushi	Chicken fingers	Tostada	Octopus
	<b>Salad Bar</b>	Greek salad		Edamame salad	

Friday Pizza \$3.00 per slice or 2 for \$5.00



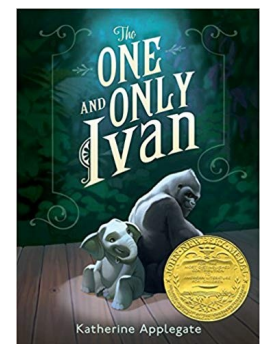
## RBSS Student Book Club!!

New members are always welcome! Join us for some great reads.

**Join us in the Breakout Room in the Learning Commons, during Focus Block on Thursday, February 28th. Sign up to Mrs. Phillips' Focus Block.**

**Our new book is:**

The One and Only Ivan



Grad fees will be  
accepted starting  
Monday, February  
25, 2019



## 2019 Grad's Important Dates/ Deadlines

February 25 <sup>th</sup> – April 12 <sup>th</sup>	<b>Grad tickets available</b> to purchase at Royal Bay Secondary. Tickets are \$5.00 each and payment made by cash or cheque to SD62. <b>There is a maximum of 3 tickets per graduate.</b>
April 5 <sup>th</sup>	<b>Grad Gown order</b> must be completed and submitted to office.
April, 24 <sup>th</sup>	<b>“O Canada” and Original Grad Song</b> audition at lunch in the Choir room. A copy of the lyrics <b>MUST</b> be presented at the time of audition.
April 29 <sup>th</sup>	<b>Final Deadline</b> for Ceremony comment form and \$50.00 graduation fee; <b>Payments can be cheques (payable to SD62), cash, or school cash on-line</b>
April 22 <sup>nd</sup> - April 26 <sup>th</sup>	Valedictorian Nomination Week (20 signatures required)
May 7 <sup>th</sup>	<b>Vote for valedictorian</b> during lunch
May 11 <sup>th</sup>	Carnival / Safe Grad @ Royal Bay Secondary
May 29 <sup>th</sup>	<b>Graduation ceremony rehearsal</b> at UVic Auditorium University Centre. Buses will depart RBSS at 9am and return when complete (approximately 1pm)
Sunday, June 2 <sup>nd</sup>	<b>Graduation ceremony</b> at UVic Auditorium University Centre @ 11:00 am
Friday, June 7 <sup>th</sup>	<b>Prom</b> at Empress

## Island Health - Information for Students and Families

With the outbreak of measles in Vancouver, BC, families may be wondering what steps they can take to protect themselves from measles. Vaccination is the best method of protection. All school-age children and adults born in 1970 or later should have 2 doses of MMR vaccine for full protection. Most people born before 1970 are immune to measles because of past exposure or disease.

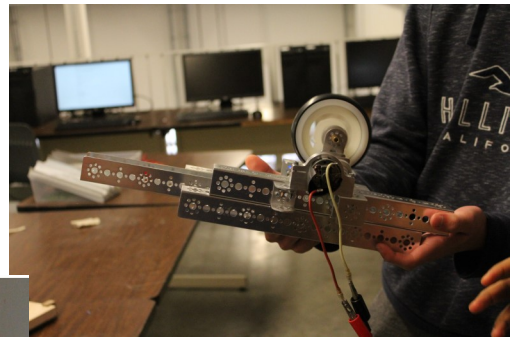
Please take some time to check your vaccination records to see if you or your children need additional vaccinations. Vaccinations are available from physicians, pharmacists (for adults and children over 5 years), and public health units (for children). Call ahead to your healthcare provider to ensure that MMR is available at your appointment.

If you have any questions or would like more information about measles and MMR vaccine, please visit [healthlinkbc.ca](http://healthlinkbc.ca) and [immunizebc.ca](http://immunizebc.ca).

---



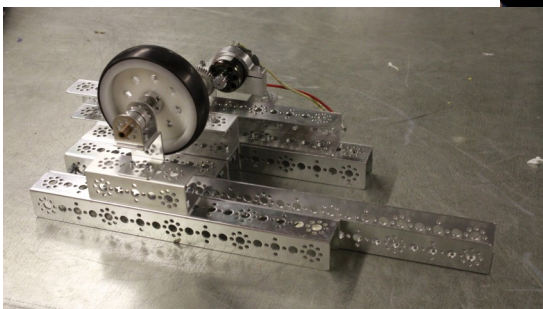
Around



the



school







<https://sd62.schoolcashonline.com>

---

### **Upcoming Scholarships – February & March Deadlines**

#### **Grade 12's:**

Here are some upcoming scholarship deadlines to consider:

**University of Victoria Entrance Scholarships** – February 28<sup>th</sup>

<https://www.uvic.ca/registrar/safa/index.php>

**RBC Indigenous Student Awards** – February 28<sup>th</sup>

**BCCPAC Educational Award** – February 28<sup>th</sup>

<https://scholarship12dl.weebly.com/february.html>

**BC School Trustees Association** – March 4<sup>th</sup>

**Sooke Teachers Association** – March 15<sup>th</sup>

**Trevor Linden Community Spirit Scholarship** – March 15<sup>th</sup>

**BC Aboriginal Student Award** – March 31<sup>st</sup>

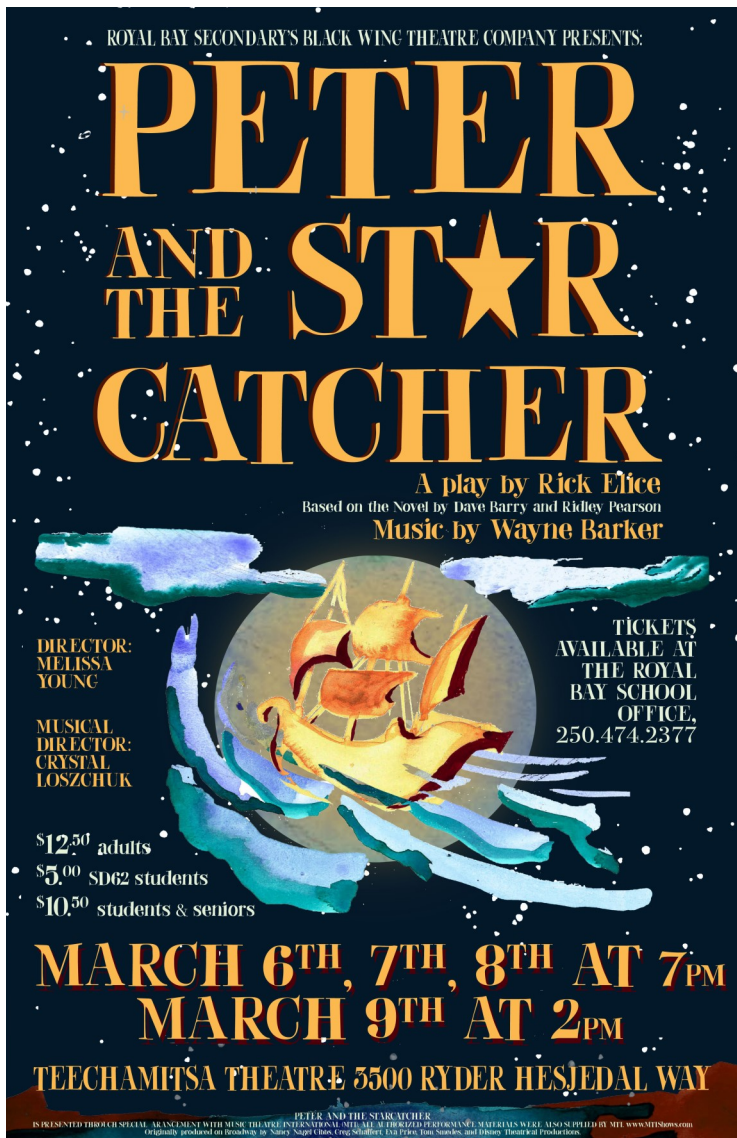
Peninsula Co-op – *Application process now open*

Coast Capital Savings – *Application process now open*

<https://scholarship12dl.weebly.com/march.html>

If you need assistance or have any questions, book yourself into my Focus Block or drop by Room 2125.

Mr. Froess



Tickets for *Peter and the Starcatcher* are on sale now!

***Peter and the Starcatcher*** is a whimsical tale that tells the story of how an orphaned boy becomes Peter Pan. This Tony Award winning play (that contains lots of music) promises to be an adventure for the young, young at heart, and those determined to never grow up.

**Tickets:**

\$12.50 for adults

\$10.50 for students/seniors

\$5.00 for SD62 students

Tickets are available at the Royal Bay School Office, 250-474-2377

Or

<https://sd62.schoolcashionline.com/Fee/Index>

## Spirit Days

SPIRIT  
DAYS

The results are in Royal Bay- YOU voted for your spirit days and the most voted will take place next week.

Wednesday, February 27th is Anti-Bulling Day wear pink to show your support.

Thursday, February 28th is Tropical/Tacky Tourist Day.

Friday, March 1st is Lazy Day.

Let's see that spirit!

## **RBSS PAC Corner**

Meetings will be held every 1<sup>st</sup> Wednesday of the month at 6:30 pm in the RBSS Learning Commons.

The meeting dates are:

March 6

April 3

May 1 (elections for President and Treasurer)

June 5



## **2018/2019 PAC Executive Members:**

President: Sarah Melanson

Vice President: Larissa Coates

Treasurer: Kim Stewart

Secretary: Kim Mayoh

SPEAC Rep (District PAC): Caroline Aked

Communications Officer: Marie Worden

PAC email: [royalbaypac@gmail.com](mailto:royalbaypac@gmail.com)

**12<sup>th</sup> ANNUAL 2019 VANCOUVER ISLAND PARENT CONFERENCE**  
**CHANGE: IT'S HERE TO STAY**

**Saturday March 2, 2019**  
8:30 am to 4:00 pm

**Belmont Secondary School**  
3041 Langford Lake Road in Langford

**BREAKING THE GOOD MOM MYTH**  
Alyson Schaffer

**HONEY, I WRECKED THE KIDS**  
Alyson Schaffer

**AIN'T MISBEHAVIN'**  
Alyson Schaffer

**WORKSHOPS & EDUCATION ON**  
RESILIENCE • EDUCATION • THE BRAIN • RELATIONSHIPS • SEXUALITY • TECHNOLOGY • ANXIETY

**FEATURED SPEAKERS**

**ALYSON SCHAFER**  
Alyson is the international bestselling author of three parenting books: *Breaking the Good Mom Myth*, *Honey, I Wrecked the Kids*, and her latest, *Ain't Misbehavin'*. She has also been interviewed by publications such as *Compassionate*, *Real Simple*, *Parent Magazine*, *Parent's Edge*, *Canadian Family*, *Off Baby*, *Canadian Living*, *The Toronto Star*, *The Globe and Mail*, and *McGill News*. She was also on "Ask an Expert" Columnist for *Today's Parent* magazine. [www.alysonschaffer.com](http://www.alysonschaffer.com)

**ANN DOUGLAS**  
Ann Douglas speaks conversations that matter about parenting. She is the weekend parenting columnist for CBC Radio and the creator of Canada's bestselling series of pregnancy and parenting books, *The Mother of All Books*. In 2018, she will be releasing a brand new book—*Happy Parents Happy Kids*—and launching an online school for parents. [www.anndouglas.ca](http://www.anndouglas.ca)

Registration: \$100 includes lunch and refreshments.  
Registration deadline is Feb 17. Early bird rate: \$75 if registered by Feb 3.  
For info updates or to register visit [www.vipc.ca](http://www.vipc.ca) or email: [info@vipc.ca](mailto:info@vipc.ca)

**PRESENTED BY DISTRICT PARENTS' ADVISORY COUNCILS OF GREATER VICTORIA & SOOKE**

## **Vancouver Island Parent Conference**

**Saturday, March 2nd, 2019**

**8:30 am - 4:00 pm**

**Belmont Secondary School 3041 Langford Lake Road**

Registration is open!

\$100\* Cost of registration

\*Includes lunch & refreshments

For more information and to register please visit the website at

<http://vipc.ca>

**The winner of the ticket to the Vancouver Island Parent Conference is Laureen Card!!!**

**Congratulations and enjoy the conference!!**



# PARENTING WITHOUT POWER STRUGGLES

## PARENTING A PRETEEN?

Would you like to feel better prepared for adolescence?

### JOIN US TO:

- Learn about what to expect in the teen years
- Receive support from other parents
- Boost your confidence as a parent

### Parenting Without Power Struggles

offers parents information on:

BRAIN DEVELOPMENT | TEMPERAMENT | SELF-CARE | BOUNDARIES  
COMMUNICATION | DEVELOPMENTAL TASKS | RESPECT | EMPATHY

LOCATION: Westshore Child, Youth, and Family Centre - 345 Wale Rd.

DATE: Mondays 6:30-8:30pm starting April 8th (9 weeks)

COSTS: \$80/person, \$90/family - subsidies available

REGISTRATION: Please contact for more information on registration

CONTACT: Beth at (250) 384-9133 ext 222 or parentingprograms@bgcvc.org



Boys & Girls Club  
of Greater Victoria

Parenting Without Power Struggles was developed by staff and parents throughout BC and is administered under the auspices of Boys and Girls Clubs of Canada - Pacific Region. Funding for this program is generously provided by the Ministry of Children and Family Development.

## Emergency Services Fire Prevention Boot camp



February 27th - Metchosin Fire Hall

February 28th - Hans Helgesen Elementary School

Grades 9 - 12

Hands On Experience

Swag & Lunch Provided

Sign up & pick up a permission form in the Career Centre today!!



## Chess2Inspire Association

**2019 BC Youth Chess Championship**  
Official BC Chess Federation Provincial Tournament  
Mar 9 - 10, 2019, Richmond Lansdowne Centre

### Do You Know Chess ...?

- Improves Creativity, Memory, Problem-solving Skills, Concentration
- Teaches Planning and Foresight, Decision-making, Logic and Reasoning
- Is Fun, Fun, Fun and Challenging

### BC Youth CHESS CHAMPIONSHIP 2019

Open to all B.C. Juniors (born after: Jan 1, 2001), Limited 150 seats  
Qualifier for the 2019 Canadian Youth Chess Championship (CYCC), Regina

6 Open Sections by Age and 6 Girls Sections by Age:

- Open Sections - Under 8, Under 12, Under 14, Under 16, Under 18
- Girls Sections - under 8, Under 12, Under 14, Under 16, Under 18

Guaranteed CYCC entry fee (\$250) for the top player in the section with more than 7 players

Location: Unit 420 Lansdowne Centre, Richmond BC

Date: March 9-10, 2019 (2-day event)

Organizer: Chess2Inspire Association

Chief Arbiters: Stephen Wright (FIDE International Arbitrator)

### PRE-REGISTRATION Required

Online Registration Only: Early Bird Ends Feb 24<sup>th</sup>, Registration Ends Mar 8<sup>th</sup>, 2019 5pm

Details & Pre-register online at:

<http://chess2inspire.org/bccyc-2019>

Chess2Inspire Association & BC Chess Federation are registered non-profit organizations promoting chess to BC communities



Presents

# Imagine...

**March 9, 2019 - 2pm & 7pm**

**March 10, 2019 - 1pm**

**Juan de Fuca Arena • Colwood, B.C.**

### Ticket Prices:

General Admission Adult	\$12.00
General Admission Child/Senior	\$8.00
Reserved Ice Level Seat	\$10.00

### Contact:

[juandefucasc@gmail.com](mailto:juandefucasc@gmail.com)  
[stephanie.crighton5@gmail.com](mailto:stephanie.crighton5@gmail.com)  
250-818-7151

Tickets on Sale at Main Reception Desk  
JDF Rec Centre and JDFSC Members





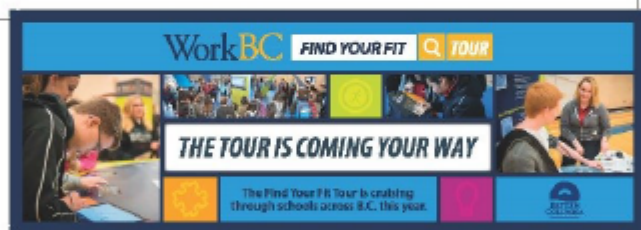
## Work BC Find Your Fit Tour

**Feb. 28<sup>th</sup> 4:30- 7:00pm**

***Parents, friends and families – everyone welcome.***

This evening event will encompass a variety of hands on and learning opportunities for Middle and Secondary years, plus adults. The event will host vendors such as Work BC, currently industry employers, Health and Wellness businesses, the BC Construction Foundation, the technology sector and more.

Attendees will have the opportunity to engage in: career activity stations, a career technology zone, labour market information stations, as well as learn about career tool kits, career profiles, and careers treks.



### **Work BC – Find Your Fit Tour - Thursday February 28<sup>th</sup>, 2019**

Find Your Fit and community partners have paired up to offer our grade 11 students a great day of hands on activities and career exploration opportunities. Students will explore careers, engage with community partners, explore apprenticeship opportunities, meet local business owners and learn about Work BC and all they have to offer.

### **Work BC – Find Your Fit Tour - Friday March 1<sup>st</sup>, 2019**

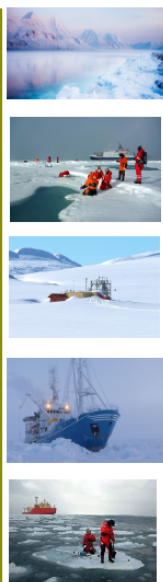
Grade 9 students will visit career activity stations and labour market information stations where they can take part in hands-on activities related to specific careers. These activities will help students uncover their strengths and interests, giving them the knowledge they need to get started with their careers planning.

# FIELD RESEARCH IN THE ARCTIC

**WHEN**  
March 7th, 2019  
9:50 am

**WHERE**  
Room: 3125  
Ms. Funk

**FEATURING • Dr. David Atkinson of the U-Vic Speakers Bureau**



**AVID ROYAL BAY SECONDARY**

## AVID TUTOR AVAILABLE

*Struggling in one or more of your academic classes? Come for tutoring!*

---

**SCIENCE**  
TUES & THURS FOCUS BLOCK | RM 3128

**MATH**  
TUES FOCUS BLOCK | RM 3108  
THURS FOCUS BLOCK | RM 3117

Tutors are available for subjects including: Math, Science, English, Social Studies, and more!

Contact Mr. Froess (room 2125) if you have any questions.

## Focus Block Spotlight Session

March 14th, 2019

April 23rd, 2019

## Pacific Animal Therapy Society



Pacific Animal Therapy Society (PATS) is an animal therapy program serving Greater Victoria for over 25 years.



Host Teachers:

March 14th, 2019 Ms. Cooper

April 23rd, 2019 Mr. Moyes &  
Ms. Leswal

Room: 1168

## Focus Block Spotlight Session



## Programs. Admissions. Scholarships



Tuesday, February 26<sup>th</sup>

Host Teacher:  
Portable 8

