

# This Week in the Raven's Nest



## Royal Bay Secondary School

3500 Ryder Hesjedal Road

Victoria, BC. V9C 0J6

royalbay@sd62.bc.ca T: 250-474-2377

### January 28th to February 1st, 2019

We would like to acknowledge the traditional territories of the Coast Salish, specifically Esquimalt Nation and Songhees Nation on which Royal Bay Secondary is built, and the nations that SD62 works with, Beecher Bay SCIA'NEW Nation, T'Sou-ke Nation, and Nuuchahnulth Pacheedaht Nation to the west.

We recognize the territory, the First Nations peoples, and thank them for sharing this beautiful land. Hych'ka – Coast Salish Kleco Kleco – Nuuchahnulth



### Your feedback is wanted: Draft SD62 calendars for 2019-2022

The school district has posted draft calendars for the next three years. Please provide any feedback you might have to [info@sd62.bc.ca](mailto:info@sd62.bc.ca). Feedback will be open until Friday, February 22, 2019. The SD62 Board of Education must submit a Board-approved calendar to the government by the end of March.

Check out the calendars here: <http://www.sd62.bc.ca/schools/>

### This week:

Monday	Dr. Mason 9:00-12:30 Semester # 2 starts
Tuesday	Dr. Boe 9:30—2:00
Wednesday	Island Sexual Health 12:00-4:00
Thursday	
Friday	Friday # 3 C, D, A B Report cards are available

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### Important dates to Remember:

January 28	Second Semester begins
February 1	Report cards are available
February 15	NID—Professional Development (no school)
February 18	Family Day—(no school)
February 19-20	Grad Photo retakes
February 21	Jazz-A-Live
February 25	Grad tickets go on sale
March 15	Last day before Spring Break
April 1	School Reopens
April 11	Early Dismissal—Parent/Teacher Conferences
April 12	NID—Curriculum Implementation (no school)
April 19	Good Friday—(no school)
April 22	Easter Monday—(no school)
May 10	NID—Professional Development (no school)
May 11	Dry Grad—Carnival
May 20	Victoria Day (no school)
May 31	R&B Dinner and Dance
June 2	Grad
June 6	Music Year End Concert
June 7	Prom
June 21	Last Day of classes
June 24-26	Provincial Exams (grades 10-12)
June 27	Last day of
School	



### RBSS CONTACTS

**Windy Beadall** Principal

[wbeadall@sd62.bc.ca](mailto:wbeadall@sd62.bc.ca)

**Mike Bobbitt** Vice-Principal

[mbobbitt@sd62.bc.ca](mailto:mbobbitt@sd62.bc.ca)

Students Has-Mc + International

**Martin Lait** Vice- Principal

[mlait@sd62.bc.ca](mailto:mlait@sd62.bc.ca)

Students Me-Z

**Mark Johnston** -Vice-Principal

[mjohnston@sd62.bc.ca](mailto:mjohnston@sd62.bc.ca)

Students A to Har

**Tebeth Barbour** Counselor

[tbarbour@sd62.bc.ca](mailto:tbarbour@sd62.bc.ca)

Students A to Har

**Wendy Cooper** Counselor

[wcooper@sd62.bc.ca](mailto:wcooper@sd62.bc.ca)

Students Me -Z

**Kim Hogan** - Counselor

[khogan@sd62.bc.ca](mailto:khogan@sd62.bc.ca)

Students Has-Mc + International

We will be reopening for full service on  
Monday, February 4th, 2019



Friday Pizza \$3.00 per slice or 2 for \$5.00



## RBSS Student Book Club!!

New members are always welcome! Join us for some great reads.  
Join us in the Learning Commons during Focus Block on  
Thursday, January 31st. Sign up to Mrs. Phillips' Focus Block.

Our new book is: Forgive Me, Mr. Hunter

The author will be visiting RBSS on January 31st to talk to our students about his book.

A HUGE Thank you to PAC for supporting the RBSS Student Book Club!



Grad fees will be  
accepted starting  
Monday, February  
25, 2019



## 2019 Grad's Important Dates/ Deadlines

Friday, April 5 <sup>th</sup>	<b>Grad Gown order</b> must be completed and submitted to office.
February 25 <sup>th</sup> – April 12 <sup>th</sup>	<b>Grad tickets available</b> to purchase at Royal Bay Secondary. Tickets are \$5.00 each and payment made by cash or cheque to SD62. <b>There is a maximum of 3 tickets per graduate.</b>
Wednesday, April, 24 <sup>th</sup>	<b>“O Canada” and Original Grad Song</b> audition at lunch in the Choir room. A copy of the lyrics <b>MUST</b> be presented at the time of audition.
Monday, April 29 <sup>th</sup>	<b>Final Deadline</b> for Ceremony comment form and \$50.00 graduation fee;  <b>Payments can be cheques (payable to SD62), cash, or school cash on-line</b>
April 22 <sup>nd</sup> - April 26 <sup>th</sup>	Valedictorian Nomination Week (20 signatures required)
Tuesday, May 7 <sup>th</sup>	<b>Vote for valedictorian</b> during lunch
Saturday, May 11 <sup>th</sup>	Carnival / Safe Grad @ Royal Bay Secondary
Wednesday, May 29 <sup>th</sup>	<b>Graduation ceremony rehearsal</b> at UVic Auditorium University Centre. Buses will depart RBSS at 9am and return when complete (approximately 1pm)
Sunday, June 2 <sup>nd</sup>	<b>Graduation ceremony</b> at UVic Auditorium University Centre @ 11:00 am
Friday, June 7 <sup>th</sup>	<b>Prom</b> at Empress

## **Second Semester Fees**

Please watch for a fee schedule coming home on Monday, January 28th with your student.  
Check your students new schedule to see if any of these fees apply to this semester's courses.

Course fees can be paid online,  
workbooks payable at the school office.  
Cheques payable to SD 62.

## **First Semester Fees are now past due**

Please check with your student for outstanding invoices  
or contact Jeanette at [jcarlson@sd62.bc.ca](mailto:jcarlson@sd62.bc.ca)



## Explore UVic



**Saturday, February 2, 2019**

Whether you're applying for September 2019 or just thinking ahead, Explore UVic is your chance to see what we're all about.

### Who should attend

- High school students in grades 10 and 11 starting to research universities
- High school students in their graduating (Grade 12) years
- High school graduates ready to begin your post-secondary studies
- Students transferring to UVic from other post-secondary institutions

### Activities

There's lots to do at Explore UVic, and you can pick and choose what you'll do and when you'll do it. Take in everything we have to offer, or focus on the activities that matter most to you!

*Please note that activities, times and locations are subject to change.*

For more info contact [uvic.ca/explore](http://uvic.ca/explore)



# Teams



## Sr. Girls Basketball

Congratulations to the Senior girls Basketball team on their first place finish at the Brentwood College Winter shootout last weekend. The team came up big throughout the weekend. They defeated Wellington, Carihi and NDSS. The final was a two point game with the girls coming out victorious 67- 65 in a close game that found the girls down 9 with 1:30 left in the game. They rose to the occasion and pulled out the win! Emilie Daitl and Mikayla Strandberg were named to the first all-star team and Maggie Fehr was chosen as the MVP of the tourney. Maggie finished the final with 24 rebounds and 23 points in the final game. The girls are looking forward to playoffs, Islands and hopefully BC's. Good luck to the team.



Around



the



school



## **RBSS PAC Corner**

Meetings will be held every 1<sup>st</sup> Wednesday of the month at 6:30 pm in the RBSS Learning Commons.

The meeting dates are:

February 6

March 6

April 3

May 1 (elections for President and Treasurer)

June 5



## **2018/2019 PAC Executive Members:**

President: Sarah Melanson

Vice President: Larissa Coates

Treasurer: Kim Stewart

Secretary: Kim Mayoh

SPEAC Rep (District PAC): Caroline Aked

Communications Officer: Marie Worden

PAC email: [royalbaypac@gmail.com](mailto:royalbaypac@gmail.com)

**12<sup>th</sup> ANNUAL 2019 VANCOUVER ISLAND PARENT CONFERENCE**  
**CHANGE: IT'S HERE TO STAY**

**Saturday March 2, 2019**  
8:30 am to 4:00 pm

**Belmont Secondary School**  
3041 Langford Lake Road in Langford

**workshops & education on**  
RESILIENCE • EDUCATION • THE BRAIN • RELATIONSHIPS • SEXUALITY • TECHNOLOGY • ANXIETY

**FEATURED SPEAKERS**

**ALYSON SCHAFER**  
Alyson is the international bestselling author of three parenting books: *Breaking the Good Mom Myth*, *Honey I Wrecked the Kids*, and her latest, *Ain't Misbehavin'*. She has also been interviewed by publications such as *Compassion*, *Real Simple*, *Parent Magazine*, *Reader's Digest*, *Canadian Family*, *On Baby*, *Canadian Living*, *The Toronto Star*, *The Globe and Mail*, and *Metronews*. She was also on "Ask an Expert" featured on *Today's Parent* magazine. [www.alysonschaffer.com](http://www.alysonschaffer.com)

**ANN DOUGLAS**  
Ann Douglas speaks conversations that matter about parenting. She is the weekend parenting columnist for CBC Radio and the creator of Canada's bestselling series of pregnancy and parenting books, *The Mothers of All Books* series. In 2018, she will be releasing a brand new book—*Happy Parents Happy Kids*—and launching an online school for parents. [www.anndouglas.ca](http://www.anndouglas.ca)

Registration: \$100 includes lunch and refreshments.  
Registration deadline is Feb 17. Early bird rate: \$75 if registered by Feb 3.  
For info updates or to register visit [www.vipc.ca](http://www.vipc.ca) or email: [info@vipc.ca](mailto:info@vipc.ca)

**PRESENTED BY DISTRICT PARENTS' ADVISORY COUNCILS OF GREATER VICTORIA & SOOKE**

## **Vancouver Island Parent Conference**

**Saturday, March 2nd, 2019**

**8:30 am - 4:00 pm**

**Belmont Secondary School 3041 Langford Lake Road**

Registration is open!

Early Bird Rate \$75\* Register on line by February 3rd, 2019

\$100\* if registered after February 3rd, 2019

\*Includes lunch & refreshments

For more information and to register please visit the website at

<http://vipc.ca>

**Would you like to win a free ticket to the conference?! Please email**

**your name to the PAC at [royalbaypac@gmail.com](mailto:royalbaypac@gmail.com) by Friday, February**

**1st, by 5:00 pm to win! Time is running out!! Email today for a chance to win!**



**NO RSVP NEEDED, JUST DROP IN AND CONNECT!**



## COMMUNITY PARTNERS "MEET AND GREET" RESOURCE FAIR

Looking for information about what's available & how to access health and social services related support?

Join us for an opportunity to connect with community partners and service providers to learn more about what they have to offer, how they can support your efforts, how to access their services and more.

**Who's will be there?** 25+ community agencies and government service providers including:



**January 30<sup>th</sup>**

**3:00-5:00PM**

### LOCATION

Military Family Resource Center

2610 Rosebank Rd., Colwood

### Questions?

[candrew@sd62.bc.ca](mailto:candrew@sd62.bc.ca)

**LIGHT  
REFRESHMENTS  
SERVED  
PRIZES**

**AVID ROYAL BAY SECONDARY**

## AVID TUTOR AVAILABLE

*Struggling in one or more of your academic classes? Come for tutoring!*

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**SCIENCE**  
TUES & THURS FOCUS BLOCK | RM 3128

**MATH**  
TUES FOCUS BLOCK | RM 3108  
THURS FOCUS BLOCK | RM 3117

Tutors are available for subjects including: Math, Science, English, Social Studies, and more!

Contact Mr. Froess (room 2125) if you have any questions.

# PARENTING WITHOUT POWER STRUGGLES

## PARENTING A PRETEEN?

Would you like to feel better prepared for adolescence?

### JOIN US TO:

- Learn about what to expect in the teen years
- Receive support from other parents
- Boost your confidence as a parent

**Parenting Without Power Struggles**  
offers parents information on:

BRAIN DEVELOPMENT | TEMPERAMENT | SELF-CARE | BOUNDARIES  
COMMUNICATION | DEVELOPMENTAL TASKS | RESPECT | EMPATHY

**LOCATION:** Westshore Child, Youth, and Family Centre - 345 Wale Rd.

**DATE:** Mondays 6:30-8:30pm starting April 8th (9 weeks)

**COSTS:** \$60/person, \$90/family - subsidies available

**REGISTRATION:** Please contact for more information on registration

**CONTACT:** Beth at (250) 384-9133 ext 222 or [parentingprograms@bgvic.org](mailto:parentingprograms@bgvic.org)



Boys & Girls Club  
of Greater Victoria

Parenting Without Power Struggles was developed by staff and parents throughout BC and is administered under the auspices of Boys and Girls Clubs of Canada - Pacific Region. Funding for this program is generously provided by the Ministry of Children and Family Development.



**LIFE Seminars**  
Living In Families Effectively

## A Parenting Course

The Parent Child Connection:

Parenting All Ages

Dr. Allison Rees

Allison has worked with families and educators for over 30 years. She has published two parenting books: *Sidestepping the Power Struggle* and *The Parent Child Connection*

### Subjects covered:

- Communication: Listening, Speaking, Resolving Issues
- How to promote self-discipline in kids
- Boundaries and Limit Setting
- Understanding and managing feelings
- Nurturing self-esteem

An eight week course beginning, January 30<sup>th</sup>, 2019  
Wednesday Evenings, 7:00 to 9:15

Spectrum School Library

Contact: [lifeseminars.com](http://lifeseminars.com) [allisonrees@shaw.ca](mailto:allisonrees@shaw.ca)



Are you interested in a career in  
*Law? Government? Politics?*



Join David Merner to learn more!

### Focus Block Spotlight Session

When: Tuesday January 29<sup>th</sup>

Room: 1168 (wooden doors)

Host Teachers: Ms. Vincent/Ms. DiFelice



## Spotlight Session

*Do you enjoy working with children?  
Wondering how to make a career of it?*

Join Cindy from Almost Home Child Care

Thursday January 29<sup>th</sup>

Room: 1124

Host Teacher: Ms. Ruff



## Women in Trades and Technology Exploration Day

9:30AM - 2:00PM, Wednesday February 20, 2019  
Camosun College - Interurban Campus



### Trades and Technology Career Pathways

Trades	Technology
Electrical	Civil Engineering
Automotive	Computer Science
Sheet Metal & Metal Fabrication	Electronics
Carpentry	Mechanical Engineering

Explore these rewarding and well-paying careers  
through fun, hands-on activities.

*Sign up at your school's Career Centre today!*

## Focus Block Spotlight Session



## Programs. Admissions. Scholarships

Tuesday, February 26<sup>th</sup>

Host Teacher:

Portable 8

