

This Week in the Raven's Nest



Royal Bay Secondary School

3500 Ryder Hesjedal Road

Victoria, BC. V9C 0J6

royalbay@sd62.bc.ca T: 250-474-2377

January 14th to January 18th, 2019

We would like to acknowledge the traditional territories of the Coast Salish, specifically Esquimalt Nation and Songhees Nation on which Royal Bay Secondary is built, and the nations that SD62 works with, Beecher Bay SCIA'NEW Nation, T'Sou-ke Nation, and Nuu-chah-nulth Pacheedaht Nation to the west.

We recognize the territory, the First Nations peoples, and thank them for sharing this beautiful land. Hych'ka – Coast Salish Kleco Kleco – Nuu-chah-nulth



Please watch the Raven's Nest for important information about the construction for the RBSS expansion. See page 3 in this issue.



This week:

Monday	Dr. Mason 9:00-12:30
Tuesday	Dr. Boe 9:30—2:00
Wednesday	Island Sexual Health 12:00-4:00
Thursday	Parent information Night @ 6:00 (see page 3)
Friday	Friday #3 C,D,A, B

What's inside!

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Important dates to Remember:

January 24-25	Provincial Exams (gr. 10-12)
January 28	Second Semester begins
February 15	NID—Professional Development (no school)
February 18	Family Day—(no school)
February 21	Jazz-A-Live
March 15	Last day before Spring Break
April 1	School Reopens
April 11	Early Dismissal—Parent/Teacher Conferences
April 12	NID—Curriculum Implementation (no school)
April 19	Good Friday—(no school)
April 22	Easter Monday—(no school)
May 10	NID—Professional Development (no school)
May 11	Dry Grad—Carnival
May 20	Victoria Day (no school)
May 31	R&B Dinner and Dance
June 2	Grad
June 6	Music Year End Concert
June 7	Prom
June 21	Last Day of classes
June 24-26	Provincial Exams (grades 10-12)
June 27	Last day of School



RBSS CONTACTS

Windy Beadall Principal

wbeadall@sd62.bc.ca

Mike Bobbitt Vice-Principal

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Students Has-Mc + International

Martin Lait Vice- Principal

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Students Me-Z

Mark Johnston -Vice-Principal

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Students A to Har

Tebeth Barbour Counselor

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Students A to Har

Wendy Cooper Counselor

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Students Me -Z

Kim Hogan - Counselor

khogan@sd62.bc.ca

Students Has-Mc + International

CONSTRUCTION BEGINS ON ROYAL BAY SECONDARY EXPANSION

Planning is underway and action will be starting on a 600-seat expansion at Royal Bay Secondary. Led by Knappett Projects Inc., the expansion is set to open September, 2020.

The first phase of construction will begin with the student and staff parking their vehicles in the new lot located at the far end of the artificial turf field beginning Monday, January 14th, 2019. Only visitors, drop off and pick up will use the parking lot in front of the school. The gravel lot behind the portables will also be off limits when construction begins.

We will keep our parent and student community updated frequently on the progress of this build.

Thank you for your patience and understanding throughout this process.



New Student / Parent Information Night

Thursday, January 17th, 2019

6:00- AVID meeting in rooms 2125/2127

Open house to review display boards showing elective and course offerings

6:30 - Meet in the Theatre to have an introduction to RBSS and the administrative team

7:00 – Academy information by Wayne Kelly

7:30 – Specific Academy meetings in various rooms

January 22nd to January 25th Exam week schedule

The following is the schedule for exam week;

Tuesday, January 22nd - Grade 10 Numeracy

Wednesday, January 23rd - Grade 11 Numeracy

Thursday, January 24th - Grade 12 English

Friday, January 25th - Grade 12 Communication



If your student is not writing an exam and has not been requested by their teacher to attend, there will be no scheduled classes for them. If the student has been requested by their teacher to attend, the times will be arranged between the student and the teacher.

The office will not have this information or a list of when students are scheduled to write their provincial assessment.



Career Education Corner

Look for the dinner table discussion question in this weeks Raven's Nest. Encourage your child to plan their week and sign up for their focus block offerings on Sunday/Monday.

Focus blocks this week will be covering the following Career Education curriculum:

Tuesday, January 15th Focus Block: Fir

Grade 9 Last Name: F - I Rm 2125/2127

Grade 10 Last Name: Gi - K Rm 1100 Learning Commons

Grade 11 Last Name: G - K Rm 3101/3103

Grade 12 Last Name: I - Mc Rm NLC

Thursday, January 17th Focus Block: Hemlock

Grade 9 Last Name: J - Mc Rm 2125/2127

Grade 10 Last Name: L - O Rm 1100 Learning Commons

Grade 11 Last Name: L - N Rm 3101/3103

Grade 12 Last Name: Me - P Rm NLC

[MyBlueprint](#)

Have your child log in to myBlueprint and go to their home page. They can then click on their initial icon in the top right corner where they will be able to click on "my links" and add you. This will prompt an email invite for you to join their account.

January 14 to January 17, 2019



	<u>Item</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>		
HOT SIDE	Breakfast	Crepes	Chocolate stuffed French toast	Closed for end of semester clean. See y'all in a couple weeks!			
	Hot main	Chicken Alfredo	Philly cheesesteak				
	Vegetarian	Grilled cheese with noodle soup	Spicy Ramen				
	Soup	Chicken noodle	Cocido Madrilenio (Spanish chick pea soup)				
COLD SIDE	Wrap	Spicy Italian	Chicken Caesar				
	Appie	Sushi	Poutine				
	Salad Bar						

Friday Pizza \$3.00 per slice or 2 for \$5.00



RBSS Student Book Club!!

New members are always welcome! Join us for some great reads.
Join us in the Learning Commons during Focus Block on Thursday, January 17th. Sign up to Mrs. Phillips' Focus Block.

Our new book is: Forgive Me, Mr. Hunter

The author will be visiting RBSS on January 31st to talk to our students about his book.

A HUGE Thank you to PAC for supporting the RBSS Student Book Club!





Grad Corner

Carnival—Dry Grad—May 11th, 2019

Grad—June 2nd, 2019

Prom—June 7th, 2019

Explore UVic



Saturday, February 2, 2019

Whether you're applying for September 2019 or just thinking ahead, Explore UVic is your chance to see what we're all about.

Who should attend

- High school students in grades 10 and 11 starting to research universities
- High school students in their graduating (Grade 12) years
- High school graduates ready to begin your post-secondary studies
- Students transferring to UVic from other post-secondary institutions

Activities

There's lots to do at Explore UVic, and you can pick and choose what you'll do and when you'll do it. Take in everything we have to offer, or focus on the activities that matter most to you!

Please note that activities, times and locations are subject to change.

For more info contact uvic.ca/explore

RBSS PAC Corner

Meetings will be held every 1st Wednesday of the month at 6:30 pm in the RBSS Learning Commons.

The meeting dates are:

February 6

March 6

April 3

May 1 (elections for President and Treasurer)

June 5



2018/2019 PAC Executive Members:

President: Sarah Melanson

Vice President: Larissa Coates

Treasurer: Kim Stewart

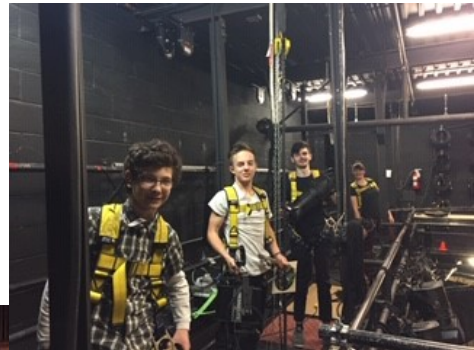
Secretary: Kim Mayoh

SPEAC Rep (District PAC): Caroline Aked

Communications Officer: Marie Worden

PAC email: royalbypac@gmail.com

*Members of the Theatre Production Lighting Crew were busy over the winter break!
They had the opportunity to work alongside the professional technicians at the Chemainus Theatre.*



'intheknow'

information + support

Special Local Speaker Anxiety: An Occupational Therapist's Approach

Please join us for a talk with special guest:
Sean Boulet BA (with distinction), MBR (OT).

Thursday, January 17, 2019
7:00pm – 9:00pm

Saanich Neighbourhood Place
3100 Tillicum Road
Victoria, BC V9A 6T2

FREE OF CHARGE

To secure your spot please RSVP by phone or email to:
lisa.tate@familysmart.ca
604.878.3400 / 1.855.887.8004



'intheknow' provides expert speakers on topics important to families and/or to those working to support the mental health of children and youth. The in person viewing also provides an opportunity for supported conversations between families and/or service providers.

Participating can happen either in person at various community sites or online at:
www.familysmart.ca/in-the-know

The Institute of Families is proud to be affiliated with here to help. Here to help is a project of the BC Partners for Mental Health and Substance Use Information, a group of non-profit agencies providing good-quality information to help individuals and families maintain or improve their mental well-being. The BC Partners are funded by the Provincial Health Services Authority. For more information, visit www.here-to-help.ca.



Women in Trades and Technology Exploration Day

9:30AM - 2:00PM, Wednesday February 20, 2019
Camosun College - Interurban Campus



Trades and Technology Career Pathways

Trades	Technology
Electrical	Civil Engineering
Automotive	Computer Science
Sheet Metal & Metal Fabrication	Electronics
Carpentry	Mechanical Engineering

Explore these rewarding and well-paying careers
through fun, hands-on activities.

Sign up at your school's Career Centre today!

Dinner Table Discussion Question:



Students will be learning about course selection in January. Ask your child what electives they might be interested in taking next year. Check out the course calendar on the school website and the Raven's App (in information).

Focus Block Spotlight Session



The only college in Canada that offers internationally-accredited
Yoga Therapy programs.

Thursday January 17th
Host Teacher: Ms. May
Room: 3109

Focus Block Spotlight Session

Mentoring, Volunteering, and More!

Big Brothers and Sisters is all about community and run numerous programs.

Come and find out what they are all about.

Tuesday January 15th

Host Teacher: Mx. Fisher

Room: Portable 10



Big Brothers Big Sisters
of Victoria and Area



Investing in Youth



Get Active, Feel Good and Thrive

Mind Fit, Ages 13-19

Learn how to cope with low mood, depression and/or anxiety.
Mind Fit can help improve mind and body wellness. Plus, it's fun!

Next Information Session: Jan. 8th & Jan. 15th, 4-6pm

Program Location: Westhills YMCA-YWCA, 1319 Westhills Dr.

Contact us to register today, mindfit@vancouverislandy.ca

The program is run by caring, trained staff, in a safe supportive
environment. **There is no cost to participate.**



SOOKE 62
SCHOOLS
Shaping Tomorrow Today

BC Alliance
for Healthy Living



Supported by the Province of British Columbia

AVID ROYAL BAY SECONDARY

AVID TUTORS AVAILABLE

*Struggling in one or more of your academic
classes? Come for tutoring!*

SCIENCE
TUES & THURS FOCUS BLOCK | RM 3128

MATH
TUES FOCUS BLOCK | RM 3108
THURS FOCUS BLOCK | RM 3117

Tutors are available for subjects including: Math, Science, English, Social
Studies, and more!

Contact Mr. Froess (room 2125) if you have any questions.

PARENTING WITHOUT POWER STRUGGLES

PARENTING A PRETEEN?

Would you like to feel better prepared for adolescence?

JOIN US TO:

- Learn about what to expect in the teen years
- Receive support from other parents
- Boost your confidence as a parent

Parenting Without Power Struggles

offers parents information on:

BRAIN DEVELOPMENT | TEMPERAMENT | SELF-CARE | BOUNDARIES
COMMUNICATION | DEVELOPMENTAL TASKS | RESPECT | EMPATHY

LOCATION: Westshore Child, Youth, and Family Centre - 345 Wale Rd.

DATE: Mondays 6:30-8:30pm starting April 8th (9 weeks)

COSTS: \$80/person, \$90/family - subsidies available

REGISTRATION: Please contact for more information on registration

CONTACT: Beth at (250) 384-9133 ext 222 or parentingprograms@bgcvc.org



Boys & Girls Club
of Greater Victoria

Parenting Without Power Struggles was developed by staff and parents throughout BC and is administered under the auspices of Boys and Girls Clubs of Canada - Pacific Region. Funding for this program is generously provided by the Ministry of Children and Family Development.



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COMMUNICATION | DEVELOPMENTAL TASKS | RESPECT | EMPATHY

LOCATION: Colwood Pacific Activity Centre (CPAC), 2610 Rosebank Rd. Wednesdays.

DATE: 9:30am-11:30am

January 23, 2019 for 9 weeks

COSTS: \$80/person, \$90/family - Military family discount & subsidies available

REGISTRATION: Must pre-register (Maximum 15 participants)

CONTACT: Miriam at (250) 384-9133 ext 222 or parentingprograms@bgcvc.org

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SD62 Youth Work in Trades Program

Is your Son/Daughter a Hidden Apprentice?

Sooke School District is currently looking for hidden apprentices in our schools. A Hidden Apprentice is any student that is currently working, or has previous work experience, in a recognized Red Seal trade (carpentry, cooking, electrical, baking and many more, see itabc.ca). These students can earn up to **16 school credits** and a possible **\$1000 scholarship**.

The Youth Work in Trades program (YWT) is a career program jointly sponsored by the Ministry of education and the Industry Training Authority (ITA). The program is open to any students 14 years + and enables them to receive "**time in trade**" or apprenticeship hours through practical, hands-on work experience. Students will be registered with the ITA and begin accumulating hours towards a trade certification while in secondary school. Students will also be signed up for Youth Work in Trades courses and gain school credits for work experience. *Successful completion of the program earns students 16 credits towards graduation. Some may also qualify for the YWT Scholarship - a \$1000 award given to students that complete all four YWT courses, graduate with a C+ average and complete 900 work based training hours by Aug 31st the year the student turns 19.*

If you are a high school student already working in a trade, or interested in the program, please contact Mr. John Mennie for more information.

Sincerely,

John Mennie
SD62 Youth Work in Trades Coordinator
jmennie@sd62.bc.ca
250-514-7038