

# This Week in the Raven's Nest



## Royal Bay Secondary School

3500 Ryder Hesjedal Road

Victoria, BC. V9C 0J6

royalbay@sd62.bc.ca T: 250-474-2377

### October 8th to October 12th, 2018

We would like to acknowledge the traditional territories of the Coast Salish, specifically Esquimalt Nation and Songhees Nation on which Royal Bay Secondary is built, and the nations that SD62 works with, Beecher Bay SCIA'NEW Nation, T'Sou-ke Nation, and Nuu-chah-nulth Pacheedaht Nation to the west.

We recognize the territory, the First Nations peoples, and thank them for sharing this beautiful land. Hych'ka – Coast Salish Kleco Kleco – Nuu-chah-nulth



### This week:

Monday	Thanksgiving—no school
Tuesday	Dr. Boe 10:30-2:00
Wednesday	Island Sexual Health 11:00-3:00
Thursday	
Friday	Friday #3 C,D,A,B

### What's inside!

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### Important dates to Remember:

October 8	Thanksgiving
October 18	Photo Retake Day
October 19	NID—Professional Development ( no school)
November 12	Remembrance Day Observed
November 22	Early Dismissal—Parent/Teacher Conferences
November 23	NID—Professional Development ( no school)
December 3	NID—Professional Development (no school)
December 6	Music Christmas Concert
December 13	Winter Formal
December 21	Last day before Winter break
January 7, 2019	School Reopens
January 24-25	Provincial Exams ( gr. 10-12)
January 28	Second Semester begins
February 15	NID—Professional Development ( no school)
February 18	Family Day—no school
February 21	Jazz-A-Live
March 15	Last day before Spring Break
April 1	School Reopens
April 11	Early Dismissal—Parent/Teacher Conferences
April 12	NID—Curriculum Implementation (no school)
April 19	Good Friday—no school
April 22	Easter Monday—no school
May 10	NID—Professional Development (no school)
May 11	Dry Grad—Carnival
May 20	Victoria Day (no school)
May 31	R&B Dinner and Dance
June 2	Grad
June 6	Music Year End Concert
June 7	Prom
June 21	Last Day of classes
June 24-26	Provincial Exams ( grades 10-12)
June 27	Last day of School

### RBSS CONTACTS

Windy Beadall Principal

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Students A to Har

Wendy Cooper Counselor

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Students Me -Z

Kim Hogan - Counselor

[khogan@sd62.bc.ca](mailto:khogan@sd62.bc.ca)

Students Has-Mc + International





# Career Education Corner

Focus blocks this week will be covering Career Education curriculum for the following houses:

## **Tuesday October 9 Focus Block: Arbutus**

**Grade 9 Last Name: A-B Rm 2125/2127**

**Grade 10 Last Name: A-Ca Rm 1100 Learning Commons**

**Grade 11 Last Name: A-B Rm 3101/3103**

**Grade 12 Last Name: A-C Rm NLC**

## **Thursday October 11 Focus Block: Cedar**

**Grade 9 Last Name: C-E Rm 2125/2127**

**Grade 10 Last Name: Ce-G Rm 1100 Learning Commons**

**Grade 11 Last Name: C-F Rm 3101/3103**

**Grade 12 Last Name: D-H Rm NLC**

### **[MyBlueprint](#)**

To increase interaction between parents, students and teachers, we are bringing in a new program for teachers called MyBlueprint. The MyBlueprint platform is used for career education, digital portfolios and self-assessment core competencies from kindergarten to Grade 12.

This is a Canadian-based platform offering curriculum related to career education and storage space for digital portfolios for learning, communicating progress and assessment. MyBlueprint also offers a continuous look into each child's learning that teachers, parents and students share. Information on how parents can sign up to view their students' progress will be sent out soon. ?

**IMPORTANT: Your consent is needed in order to set this up with your child**

To learn more about MyBlueprint and give consent, please visit the consent page online now. <https://consent.sd62.bc.ca/apps/OnlineConsent>

# October 8 to October 11, 2018



	<u>Item</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>
HOT SIDE	Breakfast	Happy Thanksgiving	Eggs Benedict	Pancakes with whipped butter and syrup	Ravenous Scramble
	Hot main		Fettucine Alfredo	Jerk Chicken with barley salad	Korean BBQ beef with homemade Kimchi and rice
	Vegetarian		Fettucine Alfredo	Tamale Pie	Homemade Kimchi and Tofu stew with rice
	Soup		Split pea and ham	Corn chowder	Mushroom soup
COLD SIDE	Wrap	Roast Beef with RBSS garden horseradish mayo	BBQ Chicken	Cold cut trio	
	Appie	Edamame	Corn Fritters	Shrimp toast	
	Salad Bar	Charred cabbage slaw		Fennel and Kohlrabi	

**Friday Pizza \$3.00 per slice or 2 for \$5.00**

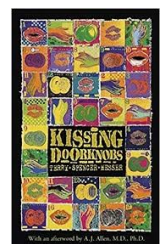


**RBSS Student Book Club!!**

New members are always welcome! Join us for some great reads.....and cookies.

**Join us in the Learning Commons at LUNCH on Wednesday Oct 10th.**

**Our first book will be:  
Kissing Doorknobs**





## Grad Corner

Grad Photos - December 10th— December 19th

Winter Formal –December 13th, 2018

Carnival—Dry Grad—May 11th, 2019

Grad—June 2nd, 2019

Prom—June 7th 2019

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**To:** All Grade 12's

**From:** Mr. Froess

### ***Post-Secondary Preparation 12DL*** **(PSP 12DL)**

Dear Royal Bay Students and Parents,

Please note that the **Post Secondary Preparation 12DL Weebly** is open to *all* students at any grade level (and their parents) who would like direct access and information as to what educational and career avenues are available after graduation. Students *do not* have to be registered in the course (PSP 12DL) in order to visit/ use the site.

If you are planning to go onto *any* form of post-secondary education, or if you are unsure of what you want to do after you leave Royal Bay, the **PSP 12 Weebly** can help you:

figure out what you want to study

discover which schools offer the program(s) best suit your needs/interests/aptitudes

find career paths that interest you

investigate which institutions you might want to attend *and* how/when to apply

understand what a GAP Year entails and which program best fits your needs

access direct links to a variety of scholarships and bursaries, in addition to government financial aid.

You can access the Weebly at <https://scholarship12dl.weebly.com/>. If you have any questions, please e-mail me at [jfroess@sd62.bc.ca](mailto:jfroess@sd62.bc.ca).

Mr. Froess



# Teams

## 2018 Junior Boys Soccer Schedule

**Wednesday, October 10<sup>th</sup>** Royal Bay @ Stelly's

**Monday, October 15<sup>th</sup>** St Andrews @ Royal Bay

**Wednesday, October 17<sup>th</sup>** Royal Bay @ Claremont

**Monday, October 22<sup>nd</sup>** Lambrick @ Royal Bay

**WEDNESDAY, OCTOBER 24<sup>th</sup>**

### **QUARTER-FINALS**

Game 1: # 8 vs #1    Game 2: #7 vs #2

Game 3: #6 vs #3    Game 4: #5 vs #4

**MONDAY, OCTOBER 29<sup>th</sup>**

**WEDNESDAY, OCTOBER 31<sup>st</sup>**

### **SEMI-FINALS**

Game 5: Winner Game 1 vs Game 4

Game 6: Winner Game 2 vs Game 3

### **CITY FINAL and BRONZE MEDAL**

Game 7: Winner of Games 5 / 6

Game 8: Losers of Games 5 / 6

**Monday/Tuesday November 5<sup>th</sup> and 6<sup>th</sup>**

Island Championships hosted by Stelly's (Lower Island)



## Volleyball

2018 Royal Bay Senior Girls Volleyball

### **Schedule**

**Practices:** Mon/Wed 3:15-4:45

**Oct 16:** @ Royal Bay    6 & 7:15pm

**Oct 23:** @TBA (Playoffs)

**Oct 26/27:** @ Belmont Tournament

**Oct 30** @TBA (Playoffs)

**Nov 6:** @TBA (Playoffs)

## Junior Girls Volleyball Team

The games are as follows:

Oct. 10 at HOME against Oak Bay and Mt. Doug

Oct. 15 at Claremont playing PCS and Claremont 2 leaving the school at 2:50

Oct. 19/20 Tournament at Royal Bay and Belmont

Oct. 22 at Spectrum playing Oak Bay and Stellys leaving the school at 2:50

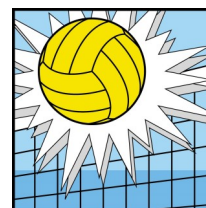
Oct. 24 – Challenge games TBA

Oct. 26/27 Mt. Doug tournament

Oct. 29, City playoffs

Nov. 5 City Championships

Please email [dmackinnon@sd62.bc.ca](mailto:dmackinnon@sd62.bc.ca) for further information.



## **RBSS PAC Corner**

Meetings will be held every 1<sup>st</sup> Wednesday of the month at 6:30 pm in the RBSS Learning Commons.



The meeting dates are:

November 7  
December— no meeting  
January 9 (second Wednesday due to the break)  
February 6  
March 6  
April 3  
May 1 (elections for President and Treasurer)  
June 5

### **2018/2019 PAC Executive Members:**

President: Sarah Melanson

Vice President: Larissa Coates

Treasurer: Kim Stewart

Secretary: Kim Mayoh

SPEAC Rep (District PAC): Caroline Aked

Communications Officer: Marie Worden

PAC email: [royalbaypac@gmail.com](mailto:royalbaypac@gmail.com)

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## **SPC Card Fundraiser for the PAC!**

### **Each card only \$10!**

The PAC is selling SPC discount cards again this year! We are fundraising to pay for our membership fees and to help with various school initiatives.

Purchase an **SPC card** for only **\$10**, taxes included!! You will receive offers and discounts at over 120 retailers and restaurants!!

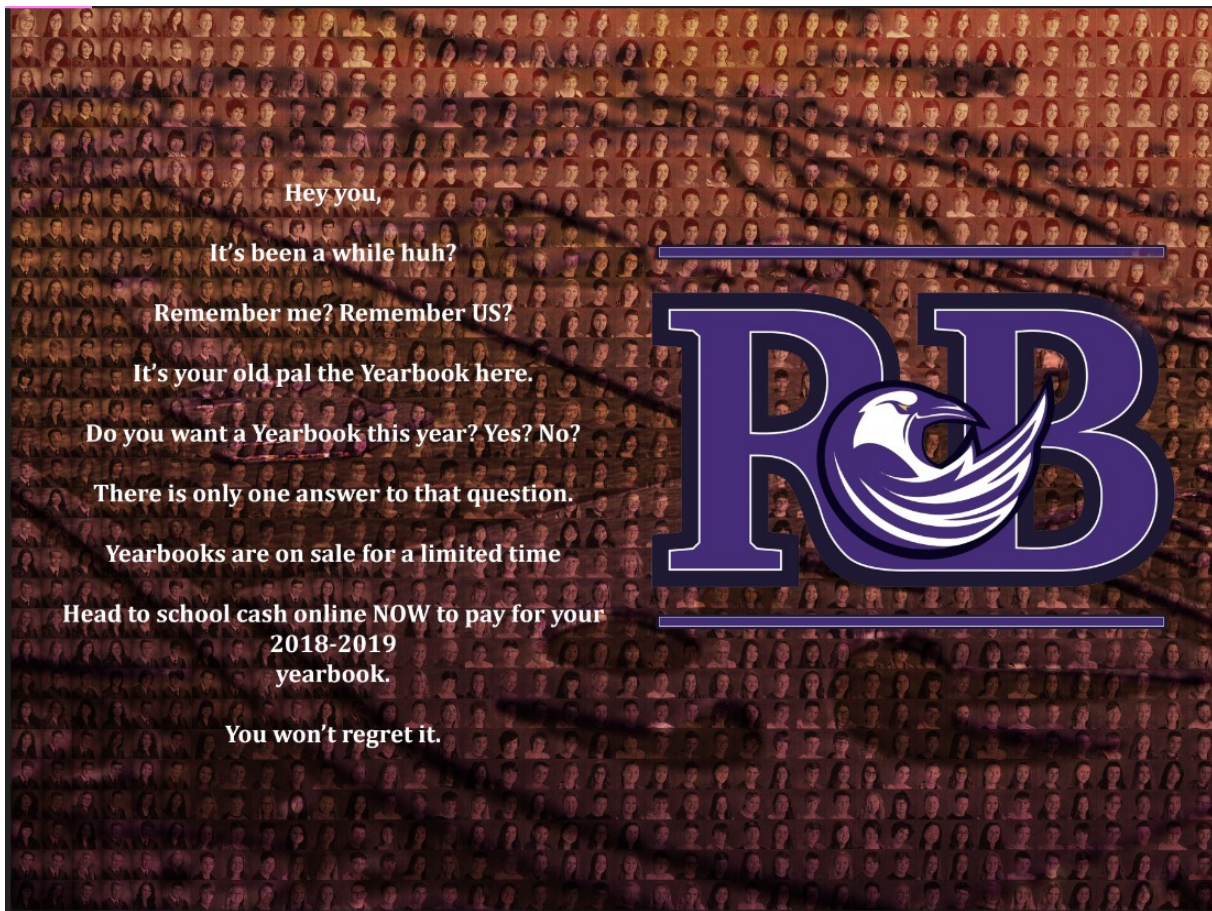
There are two ways to buy your card:

1. Through school cash online, **PRINT YOUR RECEIPT**, bring it to the office, and receive your card.
2. Directly at the office by cash.

**Cards valid until July 31, 2019.**

**Deadline for purchasing Cards is Nov. 16, 2018.**





## RBSS Youth For Change

**The group is looking for new members!**

Last year's group was mostly grade 12s, so we need to revive **Youth For Change** with new passionate people! **All grades welcome!**

**Youth For Change** is a group that pushes for social justice, awareness around the school, community connection, and positive changes!

Meeting date and time to be announced. Please let us know if you are interested:

Ms. Wood

OR

Mr. Carr

[mwood@sd62.bc.ca](mailto:mwood@sd62.bc.ca)

[jcarr@sd62.bc.ca](mailto:jcarr@sd62.bc.ca)

Portable 7 (C/D)

Portable 9

Office 2105B (A/B)





## Music Social

**CanWES** is a registered non-profit society which has built, currently operates and maintains the **Everest English School** in **Sanitar, Nepal**. We raise funds for school supplies, equipment, uniforms, building maintenance and teacher salaries. EES is currently in its eleventh year of operation – currently educating over 200 students from Kindergarten to Grade 8. In addition, CanWES supports education locally: money raised from all of our fundraising efforts also provides **annual scholarships to graduating students from the Sooke School district**. To date, we have issued over \$15 000 in scholarships in the last ten years.

Please visit our website, [www.canwes.org](http://www.canwes.org), to see what we are working on.

If you have any further questions, please feel free to contact me via e-mail and/or phone.

Thank you for your consideration!

Troy Harris

Founder and Executive Director – Canadian World Education Society (CanWES)

[www.canwes.org](http://www.canwes.org)

[tharris@sd62.bc.ca](mailto:tharris@sd62.bc.ca)

1.250.661.3226

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Together-Centred™

in partnership with:  
**heretohelp**  
Mental health and substance use  
information you can trust

# 'intheknow'

education + networking sessions

## WESTSHORE COMMUNITY SITE

Together-Centred® for  
Child & Youth Mental Health

'in the know' is a monthly networking and information sharing session that explores topics related to child and youth mental health and substance use challenges for families and those working with young people and families.

Participate in person at a community site near you or view a webinar from our library online anytime.

For more information and other topics go to  
[www.familysmart.ca/in-the-know](http://www.familysmart.ca/in-the-know)

upcoming  
'intheknow'  
info...

**"Social Media & Video Gaming:  
How it affects our Kids"**

Monday, October 22, 2018  
6:30pm – 8:30pm

Please RSVP by phone or email to:  
[lisa.tate@familysmart.ca](mailto:lisa.tate@familysmart.ca) / 1.855.887.8004

'in the know' webinars and guest speaker presentations are free of charge.  
all are welcome!

Military Family Resource Center-  
Winnipeg Room,  
2610 Rosebank Rd, Victoria

ME  
RC

## Focus Block Spotlight Session

Are you considering attending the



**University  
of Victoria**

Learn about [programs and admissions](#) during  
Focus Block on:

Tuesday October 23<sup>rd</sup>  
Room 3102  
Host Teacher: Ms. Haddon



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Mental health and substance use  
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## VICTORIA COMMUNITY SITE

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upcoming  
'intheknow'  
info...

**"Sleep Tips for Kids and Teens"**

Local Speaker: Sean Boulter BA (with distinction),  
MBA (OT)

Thursday, October 18, 2018  
7:00pm – 9:00pm

Please RSVP by phone or email to:  
[lisa.tate@familysmart.ca](mailto:lisa.tate@familysmart.ca) / 1.855.887.8004

'in the know' webinars and guest speaker presentations are free of charge.  
all are welcome!

Saanich Neighbourhood Place,  
Pearkes Rec. Centre  
3100 Tillicum Rd, Victoria

## Focus Block Spotlight Session



Naloxone training session during Focus Block on:

Thursday October 25<sup>th</sup>  
Portable 9  
Host Teacher: Mr. Carr

Presented by





Society for Canadian Women in Science and Technology

## STEM Careers eMentoring Program

Feel empowered towards a future in STEM!

Our **free** eMentoring program pairs girls in high school across Canada with female role models in science, tech, engineering and math careers. Sign up to join us for an 8-week guided discussion with your own personal mentor. Topics: Introductions, career path, post-secondary life, work environments, finances, work/life balance, what to do with your degree, wrap-up.

Next session: October 7-November 30, 2018  
Applications due October 3

Email [msinfinity@scwist.ca](mailto:msinfinity@scwist.ca) for information and application forms.

*Although women make up over half of the population, they are a small minority of the professionals in math, science, engineering and technology careers. The reasons for under representation of women are complex, but one strong factor is that young women lack the necessary role models and encouragement to pursue the required education. Our program is available for any students who identify as female or as non-male.*

SCWIST is a non-profit association that promotes, encourages and empowers women and girls in science, engineering and technology. <http://www.scwist.ca/>

Canada

## Canadian Forces Spotlight Session

Date:  
Tues. October 16

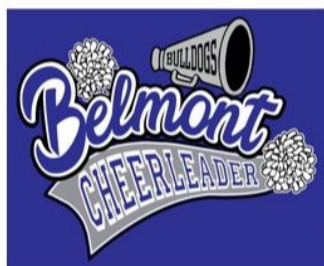
Location:  
Room 1168

Host Teacher:  
Mr. Froess

Sign up for this  
presentation  
through the App.



## Focus Block Spotlight Session



## MINI CHEER CAMP

**WHAT:** Great opportunity for an introduction to cheerleading or to improve cheerleading skills. Meet the Belmont Secondary Cheerleaders and enjoy fun games and activities. Camp will be taught by current Belmont Secondary Cheerleaders and supervised by current program coaches.

**WHEN:** Friday October 19, 2018 (Pro-D day)

9 am to 4 pm

**WHERE:** Belmont Secondary School  
(3041 Langford Lake Rd)

**WHO:** Girls and Boys, age 7 to 13, NO EXPERIENCE NECESSARY!

**THEY WILL LEARN:** proper cheer motions and techniques, jumps, cheers, some "tumbling" and minor "stunting". They will also be making cheer crafts, and if weather permits, they'll help the Belmont Cheer team by cheering at a football game!

**WEAR:** athletic shorts or leggings, running shoes, t-shirt. Hair must be pulled back and off the shoulders. For safety purposes no jewelry or gum is permitted.

**COST:** \$40 / person

**REGISTRATION DEADLINE:** Please email Rachael Sandberg (Belmont Cheer team coach / teacher) at [rsandberg@sd62.bc.ca](mailto:rsandberg@sd62.bc.ca) before October 12, 2018. **SPACE IS LIMITED! MUST PRE-REGISTER. NO DAY-OF DROP OFF IS ALLOWED.**



2018  
*Imagining Possibilities*  
CONFERENCE

**WORKSHOPS & EXHIBITS  
FOR YOUNG WOMEN  
AGES 15-24**

**Take Charge of Your Future  
Believe in Yourself  
Find Your Way  
Forward**

Thursday, November 1, 2018 | 9:00 am – 2:30 pm  
Chiefs' & Petty Officers' Mess, 1575 Lyall St.  
Presented by Soroptimist International of Victoria Westshore

**SOROPTIMIST**  
Best for Women

To register visit [sivv.com/events/](http://sivv.com/events/) or contact \_\_\_\_\_ Career Education Office \_\_\_\_\_