

# Keeping Our Kids Alive: Parenting Through the Opioid Crisis

Tips and Courageous Conversations  
From Parents with Real Life Experience

*Presented by Parents from the Victoria Discovery SMART Recovery Support Group*

6:00 - 8:00 pm (Doors open at 5:30)

**Tuesday, November 13, 2018**

Esquimalt Health Unit, 530 Fraser Street, Victoria

*Free Event*

*Refreshments Provided*

## Who Should Attend?

Parents and other interested adults concerned about youth/young adult substance use OR suspected use

## Topics will include:

- How big is the problem?
- Tips for weathering the crisis and supporting your child
- Harm reduction tips

**Space is Limited**

**Please register early at:**

<http://true-first-responders.eventbrite.com>

Hosted by Discovery Youth & Family Substance Use Services

